

2018 Główny Mistrzostwa Polski Seniorów i Młodzie ovców
Łód , 24. - 27.5.2018

Konkurencja 18 M czyzn, 400m zmienny 14 lat i starsi
25.05.2018 - 18:28 Wyniki Finał

Rekord Polski Open	4:12.28	MATCZAK Mateusz	00905	Belgrade (SRB)	11.07.2009
Rekord Polski 19 - 23	4:12.28	MATCZAK Mateusz	00905	Belgrade (SRB)	11.07.2009
Rekord Polski 18	4:18.40	MATCZAK Mateusz	00905	Antwerp (BEL)	22.07.2007
Rekord Polski 17	4:20.27	MATCZAK Mateusz	00905	Palma de Mallorca (ESP)	06.07.2006
Rekord Polski 16	4:26.91	KAŁUSOWSKI Jan	00905	Ostrowiec Sw	15.07.2016
Rekord Polski 15	4:30.55	KAŁUSOWSKI Jan	00905	Ostrowiec Sw	10.07.2015
Rekord Polski 14	4:39.38	SOBEK Nikodem	02303	Berlin (GER)	16.12.2016

Minimum-ME Glasgow M Open: 4:18.88 / Minimum-MEJ Helsinki M 15 - 18: 4:28.17

Punkty: FINA 2018

Pozycja			Wiek			Czas	Pkt.	CR				
Finał A												
1.	SZWEDZKI Dawid		24	WKS I sk Wrocław		4:18.82	836	+0,73				
	<i>Minimum-ME Glasgow</i>											
	50m:	27.81	27.81	150m:	1:33.77	34.26	250m:	2:42.96	35.42	350m:	3:49.32	30.05
	100m:	59.51	31.70	200m:	2:07.54	33.77	300m:	3:19.27	36.31	400m:	4:18.82	29.50
2.	BUJAK Dominik		19	St. Lok. SALOS Cortile Kielce		4:23.09	796	+0,64				
	50m:	28.30	28.30	150m:	1:34.71	34.42	250m:	2:44.61	36.71	350m:	3:52.80	30.43
	100m:	1:00.29	31.99	200m:	2:07.90	33.19	300m:	3:22.37	37.76	400m:	4:23.09	30.29
3.	W GROWSKI Marcel		19	KU AZS Politechniki Łódzkiej		4:24.30	785	+0,70				
	50m:	27.23	27.23	150m:	1:32.86	33.89	250m:	2:44.30	38.48	350m:	3:53.23	30.62
	100m:	58.97	31.74	200m:	2:05.82	32.96	300m:	3:22.61	38.31	400m:	4:24.30	31.07
4.	DUBAS Mateusz		17	AZS AWF Katowice		4:27.80	754	+0,73				
	<i>Minimum-MEJ Helsinki</i>											
	50m:	28.37	28.37	150m:	1:35.13	34.43	250m:	2:46.57	36.69	350m:	3:56.10	31.89
	100m:	1:00.70	32.33	200m:	2:09.88	34.75	300m:	3:24.21	37.64	400m:	4:27.80	31.70
5.	CIASTO Sebastian		19	UKP Unia O wi cim		4:28.53	748	+0,66				
	50m:	29.39	29.39	150m:	1:37.61	34.75	250m:	2:49.23	36.93	350m:	3:57.83	30.64
	100m:	1:02.86	33.47	200m:	2:12.30	34.69	300m:	3:27.19	37.96	400m:	4:28.53	30.70
6.	BAŁABUCH Krystian		23	BOSiR Brzesko		4:29.89	737	+0,74				
	50m:	28.25	28.25	150m:	1:37.15	35.86	250m:	2:50.32	37.40	350m:	3:59.36	31.02
	100m:	1:01.29	33.04	200m:	2:12.92	35.77	300m:	3:28.34	38.02	400m:	4:29.89	30.53
7.	CHMIELEWSKI Jakub		19	WKS I sk Wrocław		4:30.19	735	+0,70				
	50m:	27.76	27.76	150m:	1:34.67	35.08	250m:	2:47.33	38.10	350m:	3:58.06	31.37
	100m:	59.59	31.83	200m:	2:09.23	34.56	300m:	3:26.69	39.36	400m:	4:30.19	32.13
8.	WARZOCHA Albert		17	Uks Cityzen		4:30.24	734	+0,73				
	50m:	28.05	28.05	150m:	1:35.46	34.87	250m:	2:47.28	37.76	350m:	3:58.50	32.46
	100m:	1:00.59	32.54	200m:	2:09.52	34.06	300m:	3:26.04	38.76	400m:	4:30.24	31.74
9.	SUCHA SKI Przemysław		17	UKP Unia O wi cim		4:33.61	707	+0,61				
	50m:	28.70	28.70	150m:	1:38.15	35.02	250m:	2:50.59	39.46	350m:	4:02.75	32.28
	100m:	1:03.13	34.43	200m:	2:11.13	32.98	300m:	3:30.47	39.88	400m:	4:33.61	30.86
10.	MA KA Filip		18	UKS 190 Łód		4:36.83	683	+0,74				
	50m:	29.48	29.48	150m:	1:37.76	34.45	250m:	2:52.08	39.02	350m:	4:04.83	33.15
	100m:	1:03.31	33.83	200m:	2:13.06	35.30	300m:	3:31.68	39.60	400m:	4:36.83	32.00
Finał B												
11.	KUCZAK Adam		18	TP Zielona Góra		4:30.54	732	+0,66				
	50m:	28.54	28.54	150m:	1:37.05	35.45	250m:	2:49.33	38.09	350m:	3:59.57	30.80
	100m:	1:01.60	33.06	200m:	2:11.24	34.19	300m:	3:28.77	39.44	400m:	4:30.54	30.97
12.	SACHA Kamil		17	WKS I sk Wrocław		4:34.64	699	+0,62				
	50m:	28.66	28.66	150m:	1:38.19	36.49	250m:	2:53.29	38.74	350m:	4:04.20	31.07
	100m:	1:01.70	33.04	200m:	2:14.55	36.36	300m:	3:33.13	39.84	400m:	4:34.64	30.44
13.	ZDZIEBŁO Piotr		16	UKS Salmo ory		4:37.38	679	+0,78				
	50m:	29.16	29.16	150m:	1:39.40	36.64	250m:	2:54.48	39.74	350m:	4:06.33	32.09
	100m:	1:02.76	33.60	200m:	2:14.74	35.34	300m:	3:34.24	39.76	400m:	4:37.38	31.05

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Pozycja			Wiek				Czas	Pkt.	CR	
14.	GOTSZLING Dawid		17				Starachowicki Klub Pływacki BA	4:38.55	670	+0,79
	50m:	27.89 27.89	150m:	1:37.36 35.86	250m:	2:53.83 41.81	350m:	4:07.81 32.26		
	100m:	1:01.50 33.61	200m:	2:12.02 34.66	300m:	3:35.55 41.72	400m:	4:38.55 30.74		
15.	GAWRON Oskar		19				WKS I sk Wrocław	4:38.62	670	+0,83
	50m:	29.53 29.53	150m:	1:40.16 36.53	250m:	2:54.05 38.10	350m:	4:05.84 32.40		
	100m:	1:03.63 34.10	200m:	2:15.95 35.79	300m:	3:33.44 39.39	400m:	4:38.62 32.78		
16.	WALCZYSKO Jakub		18				KU AZS UMCS Lublin	4:39.53	663	+0,55
	50m:	28.76 28.76	150m:	1:38.52 36.08	250m:	2:54.11 39.80	350m:	4:07.79 32.53		
	100m:	1:02.44 33.68	200m:	2:14.31 35.79	300m:	3:35.26 41.15	400m:	4:39.53 31.74		
17.	ZAREMBA Jakub		17				UKS G-8 Bielany Warszawa	4:41.93	646	+0,70
	50m:	29.26 29.26	150m:	1:40.28 37.32	250m:	2:56.96 40.13	350m:	4:10.52 32.78		
	100m:	1:02.96 33.70	200m:	2:16.83 36.55	300m:	3:37.74 40.78	400m:	4:41.93 31.41		
18.	BARUSI SKI Kordian		17				UKS G-8 Bielany Warszawa	4:43.25	637	+0,76
	50m:	28.09 28.09	150m:	1:37.21 36.04	250m:	2:54.09 40.24	350m:	4:09.89 34.93		
	100m:	1:01.17 33.08	200m:	2:13.85 36.64	300m:	3:34.96 40.87	400m:	4:43.25 33.36		
19.	JA KIEWICZ Adrian		16				IUKS „Muszelka” Warszawa	4:43.60	635	+0,60
	50m:	28.07 28.07	150m:	1:36.24 36.12	250m:	2:54.39 42.81	350m:	4:11.21 32.93		
	100m:	1:00.12 32.05	200m:	2:11.58 35.34	300m:	3:38.28 43.89	400m:	4:43.60 32.39		
20.	B CZKOWSKI Bartosz		21				MKS Polonia Warszawa	4:54.08	570	+0,70
	50m:	28.68 28.68	150m:	1:43.92 39.94	250m:	3:02.53 40.61	350m:	4:19.63 35.32		
	100m:	1:03.98 35.30	200m:	2:21.92 38.00	300m:	3:44.31 41.78	400m:	4:54.08 34.45		