

2018 Główny Mistrzostwa Polski Seniorów i Młodzie ovców
Łód , 24. - 27.5.2018

Event 27 Women, 400m Freestyle 14 years and older
26.05.2018 - 18:01 Results Finals

Rekord Polski Open	4:04.23	JEDRZEJCZAK Otylia	00114	Melbourne (AUS)	25.03.2007
Rekord Polski 19 - 23	4:05.84	JEDRZEJCZAK Otylia	00114	Budapeszt (HUN)	03.08.2006
Rekord Polski 18	4:12.62	UKOWSKA Paula	00107	Doha (UAE)	09.12.2009
Rekord Polski 17	4:12.62	UKOWSKA Paula	00107	Doha (UAE)	09.12.2009
Rekord Polski 16	4:12.62	ZUKOWSKA Paula	00107	Doha (QAT)	09.12.2009
Rekord Polski 15	4:16.54	KILIJA SKA Donata	00612	Tampere (FIN)	20.07.2009
Rekord Polski 14	4:16.54	KILIJA SKA Donata	00612	Tampere (FIN)	20.07.2009

Minimum-ME Glasgow K Open: 4:13.85 / Minimum-MEJ Helsinki K 14 - 17: 4:18.95

Points: FINA 2018

Rank	Age		Time		Pts	RT
Final A						
1.	PIECHOTA Paulina	19	UKS 190 Lodz	4:15.90	788	+0,84
	50m: 30.12 30.12	150m: 1:36.07 32.80	250m: 2:41.00 32.16	350m: 3:44.94 31.65		
	100m: 1:03.27 33.15	200m: 2:08.84 32.77	300m: 3:13.29 32.29	400m: 4:15.90 30.96		
2.	KNOP Aleksandra	15	UKS 190 Lodz	4:16.14	786	+0,50
	<i>Rekord Polski, Minimum-MEJ Helsinki</i>					
	50m: 30.10 30.10	150m: 1:36.25 33.08	250m: 2:41.10 32.02	350m: 3:45.19 31.53		
	100m: 1:03.17 33.07	200m: 2:09.08 32.83	300m: 3:13.66 32.56	400m: 4:16.14 30.95		
3.	KARPISZ Milena	21	AZS Lodz	4:18.07	769	+0,66
	50m: 30.28 30.28	150m: 1:35.87 32.68	250m: 2:41.29 32.36	350m: 3:45.97 32.11		
	100m: 1:03.19 32.91	200m: 2:08.93 33.06	300m: 3:13.86 32.57	400m: 4:18.07 32.10		
4.	BURSKA Justyna	23	KS AZS UWM Olsztyn	4:18.32	767	+0,53
	50m: 30.45 30.45	150m: 1:36.39 33.05	250m: 2:41.80 32.45	350m: 3:46.69 32.32		
	100m: 1:03.34 32.89	200m: 2:09.35 32.96	300m: 3:14.37 32.57	400m: 4:18.32 31.63		
5.	ZUKOWSKA Paula	25	AZS AWF Katowice	4:19.97	752	+0,72
	50m: 30.62 30.62	150m: 1:37.05 33.27	250m: 2:42.91 32.74	350m: 3:47.97 32.30		
	100m: 1:03.78 33.16	200m: 2:10.17 33.12	300m: 3:15.67 32.76	400m: 4:19.97 32.00		
6.	MARGULA Weronika	18	MKP Szczecin	4:26.26	700	+0,71
	50m: 30.95 30.95	150m: 1:37.76 33.65	250m: 2:45.02 33.76	350m: 3:52.98 33.99		
	100m: 1:04.11 33.16	200m: 2:11.26 33.50	300m: 3:18.99 33.97	400m: 4:26.26 33.28		
7.	ZABOROWICZ Julia	17	KS „Gornik” Sosnowiec	4:28.12	685	+0,64
	50m: 31.36 31.36	150m: 1:38.57 33.75	250m: 2:47.04 34.10	350m: 3:55.72 34.25		
	100m: 1:04.82 33.46	200m: 2:12.94 34.37	300m: 3:21.47 34.43	400m: 4:28.12 32.40		
8.	RAJCA Olivia	16	UKS 190 Lodz	4:30.73	666	+0,64
	50m: 31.46 31.46	150m: 1:39.72 34.29	250m: 2:48.57 34.45	350m: 3:57.31 34.15		
	100m: 1:05.43 33.97	200m: 2:14.12 34.40	300m: 3:23.16 34.59	400m: 4:30.73 33.42		
9.	NITA Daria	17	KS Korona Krakow	4:34.00	642	+0,68
	50m: 31.36 31.36	150m: 1:40.26 34.46	250m: 2:50.02 34.98	350m: 4:00.22 34.38		
	100m: 1:05.80 34.44	200m: 2:15.04 34.78	300m: 3:25.84 35.82	400m: 4:34.00 33.78		
10.	MICIAK Agata	16	MKP „SLOWIANKA” Gorzow Wlkp.	4:34.10	642	+0,58
	50m: 31.53 31.53	150m: 1:39.06 34.19	250m: 2:48.82 35.00	350m: 3:59.71 35.07		
	100m: 1:04.87 33.34	200m: 2:13.82 34.76	300m: 3:24.64 35.82	400m: 4:34.10 34.39		
Final B						
11.	ANDRZEJEWSKA Kamila	19	KU AZS UMCS Lublin	4:23.78	720	+0,71
	50m: 29.88 29.88	150m: 1:36.33 33.62	250m: 2:43.44 33.41	350m: 3:50.69 33.82		
	100m: 1:02.71 32.83	200m: 2:10.03 33.70	300m: 3:16.87 33.43	400m: 4:23.78 33.09		
12.	SKIBIAK Klaudia	16	UKS 190 Lodz	4:27.78	688	+0,81
	50m: 30.54 30.54	150m: 1:38.09 34.17	250m: 2:46.81 34.45	350m: 3:55.29 34.11		
	100m: 1:03.92 33.38	200m: 2:12.36 34.27	300m: 3:21.18 34.37	400m: 4:27.78 32.49		
13.	KAWKA Nina	15	UKS „GIM 92 Ursynow”	4:30.42	668	+0,54
	50m: 30.30 30.30	150m: 1:38.43 34.11	250m: 2:48.10 34.81	350m: 3:57.04 33.79		
	100m: 1:04.32 34.02	200m: 2:13.29 34.86	300m: 3:23.25 35.15	400m: 4:30.42 33.38		
14.	URBAN Karolina	15	UKS „Osemka” Starogard Gdans	4:30.50	667	+0,53
	50m: 30.67 30.67	150m: 1:37.81 33.76	250m: 2:46.99 34.56	350m: 3:56.81 34.78		
	100m: 1:04.05 33.38	200m: 2:12.43 34.62	300m: 3:22.03 35.04	400m: 4:30.50 33.69		

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Rank					Age					Time	Pts	RT
15.	SZLEK Katarzyna				16	TP Olimpijczyk Aleksandrow Lod				4:31.92	657	+0,68
	50m:	31.40	31.40	150m:	1:39.99	34.61	250m:	2:49.25	34.38	350m:	3:58.87	34.39
	100m:	1:05.38	33.98	200m:	2:14.87	34.88	300m:	3:24.48	35.23	400m:	4:31.92	33.05
16.	RABINIAK Zuzanna				17	KU AZS UMCS Lublin				4:32.40	654	+0,68
	50m:	30.15	30.15	150m:	1:37.23	33.83	250m:	2:46.19	34.78	350m:	3:57.12	35.42
	100m:	1:03.40	33.25	200m:	2:11.41	34.18	300m:	3:21.70	35.51	400m:	4:32.40	35.28
17.	KLIMEK Marta				15	UKP Unia Oswiecim				4:34.02	642	+0,65
	50m:	29.85	29.85	150m:	1:37.18	34.44	250m:	2:48.09	35.83	350m:	4:00.37	35.98
	100m:	1:02.74	32.89	200m:	2:12.26	35.08	300m:	3:24.39	36.30	400m:	4:34.02	33.65
18.	WOJCIECHOWSKA Joanna				20	KU AZS UMCS Lublin				4:35.20	634	+0,64
	50m:	30.62	30.62	150m:	1:38.14	34.30	250m:	2:48.43	35.13	350m:	4:00.29	35.95
	100m:	1:03.84	33.22	200m:	2:13.30	35.16	300m:	3:24.34	35.91	400m:	4:35.20	34.91
19.	BOCIEK Wiktoria				14	KS „Gornik" Sosnowiec				4:36.45	625	+0,61
	50m:	31.09	31.09	150m:	1:40.36	35.27	250m:	2:50.92	34.73	350m:	4:01.69	35.44
	100m:	1:05.09	34.00	200m:	2:16.19	35.83	300m:	3:26.25	35.33	400m:	4:36.45	34.76
20.	BARYLA Julia				18	MKP Szczecin				4:37.35	619	+0,63
	50m:	31.30	31.30	150m:	1:40.44	34.99	250m:	2:51.49	35.67	350m:	4:02.57	35.83
	100m:	1:05.45	34.15	200m:	2:15.82	35.38	300m:	3:26.74	35.25	400m:	4:37.35	34.78