

III Runda Klubowego Pucharu Polski w pływaniu w płetwach  
Toru , 13- - 14-10-2018

Konkurencja 22  
14-10-2018 - 10:15

Kobiet, 400m.SF

Open  
Wyniki

Pozycja			Rok ur.					Czas		
11 lat i młodszy										
1.	KLASA Kinga		07	WODNIACY Garczyn				<b>4:51.20</b>		
	50m:	32.94 32.94	150m:	1:45.68 37.04	250m:	3:01.16 38.08	350m:	4:16.51 37.61		
	100m:	1:08.64 35.70	200m:	2:23.08 37.40	300m:	3:38.90 37.74	400m:	4:51.20 34.69		
12 - 13 lat										
1.	SAŁATA Anna		05	DELFIN SP1 Chodzie				<b>4:08.13</b>		
	50m:	28.24 28.24	150m:	1:32.01 32.13	250m:	2:36.38 31.99	350m:	3:38.53 31.20		
	100m:	59.88 31.64	200m:	2:04.39 32.38	300m:	3:07.33 30.95	400m:	4:08.13 29.60		
2.	KILISZEWSKA Sonia		06	NAUTILIUS Jastrz bie				<b>4:16.22</b>		
	50m:	29.06 29.06	150m:	1:33.97 32.88	250m:	2:40.82 33.67	350m:	3:46.23 32.80		
	100m:	1:01.09 32.03	200m:	2:07.15 33.18	300m:	3:13.43 32.61	400m:	4:16.22 29.99		
3.	GUZI SKA Olga		06	MANTA Ko cierzyna				<b>4:22.31</b>		
	50m:	28.46 28.46	150m:	1:34.20 33.91	250m:	2:43.11 34.55	350m:	3:50.51 34.25		
	100m:	1:00.29 31.83	200m:	2:08.56 34.36	300m:	3:16.26 33.15	400m:	4:22.31 31.80		
4.	KRAINSKA Judyta		06	LAGUNA 24 Toru				<b>4:22.92</b>		
	50m:	30.60 30.60	150m:	1:38.23 34.71	250m:	2:44.47 32.29	350m:	3:49.70 32.09		
	100m:	1:03.52 32.92	200m:	2:12.18 33.95	300m:	3:17.61 33.14	400m:	4:22.92 33.22		
5.	SCHUTZ Maria		06	WODNIACY Garczyn				<b>4:53.10</b>		
	50m:	32.62 32.62	150m:	1:46.60 37.56	250m:	3:03.19 38.25	350m:	4:18.68 37.57		
	100m:	1:09.04 36.42	200m:	2:24.94 38.34	300m:	3:41.11 37.92	400m:	4:53.10 34.42		
14 - 15 lat										
1.	WOLNIEWICZ Weronika		04	DELFIN SP1 Chodzie				<b>3:51.95</b>		
	50m:	25.40 25.40	150m:	1:20.95 28.61	250m:	2:19.97 29.19	350m:	3:21.31 30.80		
	100m:	52.34 26.94	200m:	1:50.78 29.83	300m:	2:50.51 30.54	400m:	3:51.95 30.64		
2.	GRONOWSKA Agata		03	LAGUNA 24 Toru				<b>4:00.03</b>		
	50m:	26.98 26.98	150m:	1:26.63 30.30	250m:	2:28.24 30.84	350m:	3:29.98 31.05		
	100m:	56.33 29.35	200m:	1:57.40 30.77	300m:	2:58.93 30.69	400m:	4:00.03 30.05		
3.	OSZKIEL Wiktoria		04	NAUTILIUS Jastrz bie				<b>4:03.13</b>		
	50m:	26.66 26.66	150m:	1:27.04 30.90	250m:	2:30.78 32.11	350m:	3:33.91 30.87		
	100m:	56.14 29.48	200m:	1:58.67 31.63	300m:	3:03.04 32.26	400m:	4:03.13 29.22		
4.	SZWICHTENBERG Wiktoria		03	MANTA Ko cierzyna				<b>4:12.08</b>		
	50m:	27.55 27.55	150m:	1:29.70 31.75	250m:	2:35.05 32.72	350m:	3:40.49 32.85		
	100m:	57.95 30.40	200m:	2:02.33 32.63	300m:	3:07.64 32.59	400m:	4:12.08 31.59		
16 - 17 lat										
1.	POKWICKA Małgorzata		02	LAGUNA 24 Toru				<b>4:04.78</b>		
	50m:	27.16 27.16	150m:	1:26.46 30.55	250m:	2:30.64 32.41	350m:	3:34.54 31.67		
	100m:	55.91 28.75	200m:	1:58.23 31.77	300m:	3:02.87 32.23	400m:	4:04.78 30.24		
18 lat i starsi										
1.	STRACHANOWSKA Helena		99	DELFIN Jastarnia				<b>3:57.55</b>		
	50m:	26.42 26.42	150m:	1:25.85 30.39	250m:	2:26.71 30.52	350m:	3:28.36 30.75		
	100m:	55.46 29.04	200m:	1:56.19 30.34	300m:	2:57.61 30.90	400m:	3:57.55 29.19		