

OGÓLNOPOLSKIE MISTRZOSTWA RADOMIA W PŁYWANIU 2018  
RADOM, 20-10-2018

Konkurencja 5  
2018-10-20 - 10:45

Kobiet, 400m dowolny

Open  
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
<b>10 - 11 lat</b>									
1.	DZI GIEL, Marta		07	MKS Ochota Warszawa				<b>5:13.31</b>	419
	50m:	35.53	35.53	150m:	1:54.12	39.87	250m:	3:14.53	40.14
	100m:	1:14.25	38.72	200m:	2:34.39	40.27	300m:	3:54.83	40.30
				350m:	4:35.58	40.75	400m:	5:13.31	37.73
2.	PAPLAUSKAITE, Deimante		07	KSM Startas				<b>5:22.65</b>	384
	50m:	37.03	37.03	150m:	1:58.45	41.63	250m:	3:21.62	41.35
	100m:	1:16.82	39.79	200m:	2:40.27	41.82	300m:	4:02.96	41.34
				350m:	4:44.23	41.27	400m:	5:22.65	38.42
3.	TOMKIEL, Anna		07	Ukp Polonia Warszawa				<b>5:58.12</b>	280
	50m:	38.00	38.00	150m:	2:10.19	46.84	250m:	3:45.17	47.96
	100m:	1:23.35	45.35	200m:	2:57.21	47.02	300m:	4:29.98	44.81
				350m:	5:16.02	46.04	400m:	5:58.12	42.10
4.	SAC, Sylwia		07	Nowodworski OSiR				<b>6:29.03</b>	219
	50m:	40.61	40.61	150m:	3:08.54	1:41.02	250m:	4:49.62	51.24
	100m:	1:27.52	46.91	200m:	3:58.38	49.84	300m:	5:41.30	51.68
				350m:	6:29.03		400m:	6:29.03	
<b>12 - 13 lat</b>									
1.	SKALI SKA, Ewa		05	MKS Piaseczno				<b>4:52.53</b>	515
	50m:	33.01	33.01	150m:	1:45.28	36.63	250m:	2:59.47	37.20
	100m:	1:08.65	35.64	200m:	2:22.27	36.99	300m:	3:37.39	37.92
				350m:	4:14.94	37.55	400m:	4:52.53	37.59
2.	SZOK, Wiktoria		05	MKS Ochota Warszawa				<b>4:55.27</b>	501
	50m:	32.92	32.92	150m:	1:48.33	37.80	250m:	3:04.20	38.05
	100m:	1:10.53	37.61	200m:	2:26.15	37.82	300m:	3:42.13	37.93
				350m:	4:19.66	37.53	400m:	4:55.27	35.61
3.	SAMORAJ, Oliwia		05	MKS Piaseczno				<b>4:56.46</b>	495
	50m:	32.59	32.59	150m:	1:46.04	37.36	250m:	3:02.41	38.46
	100m:	1:08.68	36.09	200m:	2:23.95	37.91	300m:	3:41.11	38.70
				350m:	4:19.95	38.84	400m:	4:56.46	36.51
4.	OLECKA, Amelia		05	Uks Gim 92 Ursynów Warszawa				<b>5:07.76</b>	442
	50m:	34.27	34.27	150m:	1:52.82	39.96	250m:	3:11.78	39.21
	100m:	1:12.86	38.59	200m:	2:32.57	39.75	300m:	3:52.10	40.32
				350m:	4:31.06	38.96	400m:	5:07.76	36.70
5.	ORLI SKA, Monika		05	Uks Gim 92 Ursynów Warszawa				<b>5:08.30</b>	440
	50m:	32.64	32.64	150m:	1:49.39	39.47	250m:	3:09.38	40.06
	100m:	1:09.92	37.28	200m:	2:29.32	39.93	300m:	3:48.65	39.27
				350m:	4:28.88	40.23	400m:	5:08.30	39.42
6.	RUTWA, Wiktoria		05	MKS Piaseczno				<b>5:17.75</b>	402
	50m:	35.70	35.70	150m:	1:56.13	40.62	250m:	3:17.44	40.27
	100m:	1:15.51	39.81	200m:	2:37.17	41.04	300m:	3:58.77	41.33
				350m:	4:38.83	40.06	400m:	5:17.75	38.92
7.	MACIULEVICIUTE, Martyna		06	KSM Startas				<b>5:19.82</b>	394
	50m:	36.05	36.05	150m:	1:56.00	40.84	250m:	3:18.41	41.48
	100m:	1:15.16	39.11	200m:	2:36.93	40.93	300m:	3:59.26	40.85
				350m:	4:40.70	41.44	400m:	5:19.82	39.12
8.	SZABRA SKA, Oliwia		06	Uks Gim 92 Ursynów Warszawa				<b>5:23.20</b>	382
	50m:	37.10	37.10	150m:	1:59.66	41.79	250m:	3:22.03	40.82
	100m:	1:17.87	40.77	200m:	2:41.21	41.55	300m:	4:02.88	40.85
				350m:	4:43.75	40.87	400m:	5:23.20	39.45
9.	MAGIEREK, Karolina		06	MKS Ochota Warszawa				<b>5:33.28</b>	348
	50m:	37.49	37.49	150m:	2:01.53	42.55	250m:	3:26.80	43.07
	100m:	1:18.98	41.49	200m:	2:43.73	42.20	300m:	4:09.38	42.58
				350m:	4:51.83	42.45	400m:	5:33.28	41.45
10.	GRZYSKOWSKA, Aleksandra		06	Klub Pływacki Signovum				<b>6:05.32</b>	264
	50m:	38.87	38.87	150m:	2:08.83	46.48	250m:	3:43.26	47.76
	100m:	1:22.35	43.48	200m:	2:55.50	46.67	300m:	4:30.42	47.16
				350m:	5:18.53	48.11	400m:	6:05.32	46.79

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14 - 15 lat

1.	HERBREder, Gabriela	03	Uks Gim 92 Ursynów Warszawa	<b>4:27.20</b>	676
	50m: 29.95 29.95	150m: 1:36.45	33.30 250m: 2:45.06 34.40	350m: 3:53.52 33.65	
	100m: 1:03.15 33.20	200m: 2:10.66	34.21 300m: 3:19.87 34.81	400m: 4:27.20 33.68	
2.	AMBRO Y, Antonina	03	MKS Ochota Warszawa	<b>4:33.33</b>	631
	50m: 30.52 30.52	150m: 1:39.55	34.92 250m: 2:48.85 34.44	350m: 3:59.07 35.05	
	100m: 1:04.63 34.11	200m: 2:14.41	34.86 300m: 3:24.02 35.17	400m: 4:33.33 34.26	
3.	BIDNIK, Wiktoria	04	Uks Gim 92 Ursynów Warszawa	<b>4:43.27</b>	567
	50m: 31.31 31.31	150m: 1:42.31	35.73 250m: 2:54.00 35.32	350m: 4:06.78 36.62	
	100m: 1:06.58 35.27	200m: 2:18.68	36.37 300m: 3:30.16 36.16	400m: 4:43.27 36.49	
4.	CH CIAK, Sandra	03	Uks Gim 92 Ursynów Warszawa	<b>4:46.03</b>	551
	50m: 32.03 32.03	150m: 1:42.63	35.95 250m: 2:55.99 36.73	350m: 4:09.58 37.01	
	100m: 1:06.68 34.65	200m: 2:19.26	36.63 300m: 3:32.57 36.58	400m: 4:46.03 36.45	
5.	KOZACZUK, Klara	03	Uks oliborz	<b>4:47.30</b>	543
	50m: 31.75 31.75	150m: 1:42.75	36.12 250m: 2:56.00 36.97	350m: 4:10.89 37.53	
	100m: 1:06.63 34.88	200m: 2:19.03	36.28 300m: 3:33.36 37.36	400m: 4:47.30 36.41	
6.	KA MIEROWSKA, Nina	04	Uks oliborz	<b>5:07.42</b>	443
	50m: 34.75 34.75	150m: 1:51.25	38.71 250m: 3:10.05 39.55	350m: 4:29.25 39.97	
	100m: 1:12.54 37.79	200m: 2:30.50	39.25 300m: 3:49.28 39.23	400m: 5:07.42 38.17	
7.	STEIKUNAITE, Indre	03	KSM Startas	<b>5:19.04</b>	397
	50m: 33.98 33.98	150m: 1:53.34	40.04 250m: 3:13.57 40.51	350m: 4:36.95 41.96	
	100m: 1:13.30 39.32	200m: 2:33.06	39.72 300m: 3:54.99 41.42	400m: 5:19.04 42.09	

16 lat i starsi

1.	JANKOWSKA, Klaudia	98	Uks Gim 92 Ursynów Warszawa	<b>4:26.20</b>	683
	50m: 30.18 30.18	150m: 1:36.11	33.44 250m: 2:42.40 32.84	350m: 3:51.19 34.82	
	100m: 1:02.67 32.49	200m: 2:09.56	33.45 300m: 3:16.37 33.97	400m: 4:26.20 35.01	