

Otwarte Zimowe Mistrzostwa Warszawy w pływaniu
Warszawa, 30.11. - 1.12.2018

Konkurencja 30
01.12.2018 - 12:49

Chłopców, 400m zmienny

11 - 14 lat
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.	
11 lat										
1.	MIŁKOWSKI, Mikołaj		07	ródmiejski UKS				5:23.48	428	
	50m:	34.66 34.66	150m:	1:56.52	41.79	250m:	3:23.72	45.98	350m:	4:48.01 37.36
	100m:	1:14.73 40.07	200m:	2:37.74	41.22	300m:	4:10.65	46.93	400m:	5:23.48 35.47
2.	OŁOWNIA, Ignacy		07	UKS "Siódemka" Gdynia				5:41.65	363	
	50m:	37.59 37.59	150m:	2:05.05	42.53	250m:	3:34.79	48.52	350m:	5:03.67 39.81
	100m:	1:22.52 44.93	200m:	2:46.27	41.22	300m:	4:23.86	49.07	400m:	5:41.65 37.98
3.	ROMER, Stanisław		07	MKP Warszawianka				5:59.46	312	
	50m:	35.43 35.43	150m:	2:06.49	47.40	250m:	3:46.66	54.17	350m:	5:20.87 39.81
	100m:	1:19.09 43.66	200m:	2:52.49	46.00	300m:	4:41.06	54.40	400m:	5:59.46 38.59
4.	KOZŁOWSKI, Iwo		07	Ukp Polonia Warszawa				6:01.98	305	
	50m:	40.99 40.99	150m:	2:13.87	44.91	250m:	3:50.38	52.09	350m:	5:22.44 40.26
	100m:	1:28.96 47.97	200m:	2:58.29	44.42	300m:	4:42.18	51.80	400m:	6:01.98 39.54
5.	PRZYSTAŁ, Antonio		07	Solne Miasto Wieliczka				6:51.18	208	
	50m:	44.20 44.20	150m:	2:33.59	53.09	250m:	4:21.45	55.21	350m:	6:05.53 47.29
	100m:	1:40.50 56.30	200m:	3:26.24	52.65	300m:	5:18.24	56.79	400m:	6:51.18 45.65
6.	STA KIEWICZ, Wiktor		07	MKP Warszawianka				7:12.72	178	
	50m:	45.04 45.04	150m:	2:36.80	54.85	250m:	4:32.44	1:00.00	350m:	6:26.26 49.76
	100m:	1:41.95 56.91	200m:	3:32.44	55.64	300m:	5:36.50	1:04.06	400m:	7:12.72 46.46
12 lat										
1.	LARY , Jerzy		06	Iuks Muszelka Warszawa				5:24.18	425	
	50m:	34.27 34.27	150m:	1:56.69	43.48	250m:	3:26.05	47.58	350m:	4:49.94 35.40
	100m:	1:13.21 38.94	200m:	2:38.47	41.78	300m:	4:14.54	48.49	400m:	5:24.18 34.24
2.	LUCOW, Jan		06	MKP Warszawianka				5:33.87	389	
	50m:	35.19 35.19	150m:	1:59.12	43.28	250m:	3:29.30	48.99	350m:	4:57.43 39.14
	100m:	1:15.84 40.65	200m:	2:40.31	41.19	300m:	4:18.29	48.99	400m:	5:33.87 36.44
3.	HANDZLIK, Mateusz		06	MKP Warszawianka				5:46.53	348	
	50m:	35.62 35.62	150m:	2:05.43	47.61	250m:	3:39.06	47.99	350m:	5:08.36 40.17
	100m:	1:17.82 42.20	200m:	2:51.07	45.64	300m:	4:28.19	49.13	400m:	5:46.53 38.17
4.	STE , Oliwier		06	Iuks Muszelka Warszawa				5:56.18	320	
	50m:	36.52 36.52	150m:	2:07.33	48.39	250m:	3:45.95	52.54	350m:	5:18.29 38.34
	100m:	1:18.94 42.42	200m:	2:53.41	46.08	300m:	4:39.95	54.00	400m:	5:56.18 37.89
5.	NOSAL, Łukasz		06	MKP Warszawianka				5:57.51	317	
	50m:	37.43 37.43	150m:	2:09.58	46.60	250m:	3:46.63	51.57	350m:	5:20.17 40.22
	100m:	1:22.98 45.55	200m:	2:55.06	45.48	300m:	4:39.95	53.32	400m:	5:57.51 37.34
6.	CIBOROWSKI, Dominik		06	MKP Warszawianka				6:01.57	306	
	50m:	38.06 38.06	150m:	2:09.94	46.26	250m:	3:48.84	53.35	350m:	5:22.72 41.04
	100m:	1:23.68 45.62	200m:	2:55.49	45.55	300m:	4:41.68	52.84	400m:	6:01.57 38.85
7.	LEDZI SKI, Jan		06	Klub Pływacki Płetwal Mława				6:42.20	222	
	50m:	43.02 43.02	150m:	2:27.40	51.29	250m:	4:15.35	57.28	350m:	5:56.40 45.29
	100m:	1:36.11 53.09	200m:	3:18.07	50.67	300m:	5:11.11	55.76	400m:	6:42.20 45.80
13 lat										
1.	OLEWNICZAK, Maciej		05	Ukp Polonia Warszawa				5:20.71	439	
	50m:	33.92 33.92	150m:	1:56.01	42.99	250m:	3:23.34	46.25	350m:	4:45.73 35.63
	100m:	1:13.02 39.10	200m:	2:37.09	41.08	300m:	4:10.10	46.76	400m:	5:20.71 34.98
2.	ZAWADZKI, Marek		05	UKS G-8 Bielany				5:28.23	409	
	50m:	34.36 34.36	150m:	1:56.28	42.05	250m:	3:25.76	47.68	350m:	4:51.65 36.93
	100m:	1:14.23 39.87	200m:	2:38.08	41.80	300m:	4:14.72	48.96	400m:	5:28.23 36.58

Otwarte Zimowe Mistrzostwa Warszawy w pływaniu
Warszawa, 30.11. - 1.12.2018

Konkurencja 30, Chłopców, 400m zmienny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
3.	JURDA, Mikołaj		05	UKS SP 149 Łód				5:43.49	357
	50m: 36.78	36.78	150m: 2:04.49	44.76	250m: 3:36.78	49.45	350m: 5:05.87	39.35	
	100m: 1:19.73	42.95	200m: 2:47.33	42.84	300m: 4:26.52	49.74	400m: 5:43.49	37.62	
4.	CHINIEWICZ, Filip		05	Iuks Muszelka Warszawa				6:03.91	300
	50m: 37.38	37.38	150m: 2:09.14	48.83	250m: 3:50.02	54.07	350m: 5:24.88	41.08	
	100m: 1:20.31	42.93	200m: 2:55.95	46.81	300m: 4:43.80	53.78	400m: 6:03.91	39.03	

14 lat

1.	CHMIELEWSKI, Krzysztof		04	Iuks Muszelka Warszawa				4:47.71	608
	50m: 29.62	29.62	150m: 1:39.21	35.53	250m: 2:58.29	44.06	350m: 4:16.13	32.63	
	100m: 1:03.68	34.06	200m: 2:14.23	35.02	300m: 3:43.50	45.21	400m: 4:47.71	31.58	
2.	CHMIELEWSKI, Michał		04	Iuks Muszelka Warszawa				4:52.87	577
	50m: 30.05	30.05	150m: 1:41.55	37.22	250m: 3:01.87	43.68	350m: 4:19.24	34.20	
	100m: 1:04.33	34.28	200m: 2:18.19	36.64	300m: 3:45.04	43.17	400m: 4:52.87	33.63	
3.	BEDNAREK, Przemysław		04	Iuks Muszelka Warszawa				5:09.48	489
	50m: 32.20	32.20	150m: 1:49.60	40.29	250m: 3:14.24	45.35	350m: 4:35.60	34.93	
	100m: 1:09.31	37.11	200m: 2:28.89	39.29	300m: 4:00.67	46.43	400m: 5:09.48	33.88	
4.	LIUTKEVICIUS, Lukas		04	Kauno Pm				5:20.51	440
	50m: 32.83	32.83	150m: 1:51.02	40.30	250m: 3:16.98	46.18	350m: 4:43.00	38.72	
	100m: 1:10.72	37.89	200m: 2:30.80	39.78	300m: 4:04.28	47.30	400m: 5:20.51	37.51	
PK	RODKIEWICZ, Radosław		03	Iuks Muszelka Warszawa				4:56.60	555
	50m: 31.41	31.41	150m: 1:48.11	38.69	250m: 3:08.20	42.48	350m: 4:24.02	32.22	
	100m: 1:09.42	38.01	200m: 2:25.72	37.61	300m: 3:51.80	43.60	400m: 4:56.60	32.58	
PK	ROGUSKI, Mateusz		03	Iuks Muszelka Warszawa				5:07.33	499
	50m: 31.96	31.96	150m: 1:46.63	38.74	250m: 3:11.29	46.12	350m: 4:33.21	35.16	
	100m: 1:07.89	35.93	200m: 2:25.17	38.54	300m: 3:58.05	46.76	400m: 5:07.33	34.12	
PK	DOŁOWY, Grzegorz		02	Iuks Muszelka Warszawa				5:08.70	492
	50m: 32.32	32.32	150m: 1:50.57	40.79	250m: 3:15.69	46.31	350m: 4:37.06	33.62	
	100m: 1:09.78	37.46	200m: 2:29.38	38.81	300m: 4:03.44	47.75	400m: 5:08.70	31.64	