

ARENA GRAND PRIX PUCHAR POLSKI
Kozienice, 23- - 24-2-2019

Konkurencja 23
23-02-2019 - 19:39

M czyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
14 lat									
1.	PAWŁOWSKI Michał		05	UKS "V" Łomianki				4:23.86	520
	50m:	30.36	30.36	150m:	1:37.72	33.72	250m:	2:44.78	33.75
	100m:	1:04.00	33.64	200m:	2:11.03	33.31	300m:	3:18.46	33.68
							350m:	3:51.84	33.38
							400m:	4:23.86	32.02
2.	KUCHARCZYK Paweł		05	UKP POLONIA Warszawa				4:27.10	501
	50m:	30.39	30.39	150m:	1:37.56	33.83	250m:	2:45.60	33.93
	100m:	1:03.73	33.34	200m:	2:11.67	34.11	300m:	3:19.83	34.23
							350m:	3:54.19	34.36
							400m:	4:27.10	32.91
3.	GÓRKA Oliwier		05	UKS G-8 Bielany Warszawa				4:47.57	402
	50m:	30.94	30.94	150m:	1:43.57	37.12	250m:	2:58.23	38.26
	100m:	1:06.45	35.51	200m:	2:19.97	36.40	300m:	3:35.67	37.44
							350m:	4:13.11	37.44
							400m:	4:47.57	34.46
4.	FAŁEK Szymon		05	KS Barakuda Mi sk Mazowiecki				4:49.02	396
	50m:	31.53	31.53	150m:	1:45.18	36.78	250m:	2:59.40	37.10
	100m:	1:08.40	36.87	200m:	2:22.30	37.12	300m:	3:36.76	37.36
							350m:	4:13.38	36.62
							400m:	4:49.02	35.64
15 lat									
1.	CHMIELEWSKI Krzysztof		04	IUKS MUSZELKA Warszawa				4:02.38	671
	50m:	27.96	27.96	150m:	1:28.94	30.70	250m:	2:30.40	30.71
	100m:	58.24	30.28	200m:	1:59.69	30.75	300m:	3:01.36	30.96
							350m:	3:32.21	30.85
							400m:	4:02.38	30.17
2.	KOSI SKI Filip		04	Mi dzyszkolny UKS „Olimpijczy				4:07.25	632
	50m:	29.33	29.33	150m:	1:32.10	31.36	250m:	2:34.75	31.52
	100m:	1:00.74	31.41	200m:	2:03.23	31.13	300m:	3:06.09	31.34
							350m:	3:38.17	32.08
							400m:	4:07.25	29.08
3.	CHMIELEWSKI Michał		04	IUKS MUSZELKA Warszawa				4:07.96	627
	50m:	28.60	28.60	150m:	1:31.67	31.81	250m:	2:34.86	31.29
	100m:	59.86	31.26	200m:	2:03.57	31.90	300m:	3:06.42	31.56
							350m:	3:37.78	31.36
							400m:	4:07.96	30.18
4.	RAFAŁ Kacper		04	UKS "V" Łomianki				4:20.05	543
	50m:	29.08	29.08	150m:	1:33.89	32.57	250m:	2:39.59	32.71
	100m:	1:01.32	32.24	200m:	2:06.88	32.99	300m:	3:13.12	33.53
							350m:	3:46.73	33.61
							400m:	4:20.05	33.32
5.	MINICHOWSKI Maksymilian		04	UKS "V" Łomianki				4:20.89	538
	50m:	29.53	29.53	150m:	1:35.32	33.32	250m:	2:41.90	33.55
	100m:	1:02.00	32.47	200m:	2:08.35	33.03	300m:	3:15.72	33.82
							350m:	3:49.02	33.30
							400m:	4:20.89	31.87
6.	KRUSZEWSKI Adrian		04	MTKP DELFIN Toru				4:26.97	502
	50m:	30.00	30.00	150m:	1:37.97	34.50	250m:	2:46.92	34.14
	100m:	1:03.47	33.47	200m:	2:12.78	34.81	300m:	3:21.58	34.66
							350m:	3:55.67	34.09
							400m:	4:26.97	31.30
7.	KUROWSKI Tymon		04	MKP SŁOWIANKA Gorzów Wlkp.				4:29.17	490
	50m:	29.46	29.46	150m:	1:36.13	33.77	250m:	2:44.43	34.32
	100m:	1:02.36	32.90	200m:	2:10.11	33.98	300m:	3:19.18	34.75
							350m:	3:54.35	35.17
							400m:	4:29.17	34.82
8.	WRZOSEK Bartosz		04	UKS G-8 Bielany Warszawa				4:36.54	452
	50m:	30.33	30.33	150m:	1:39.66	35.21	250m:	2:50.88	35.50
	100m:	1:04.45	34.12	200m:	2:15.38	35.72	300m:	3:25.70	34.82
							350m:	4:00.90	35.20
							400m:	4:36.54	35.64
9.	KAŁASKA Patryk		04	UKP POLONIA Warszawa				4:38.90	440
	50m:	29.62	29.62	150m:	1:37.94	34.73	250m:	2:50.01	35.93
	100m:	1:03.21	33.59	200m:	2:14.08	36.14	300m:	3:26.32	36.31
							350m:	4:02.78	36.46
							400m:	4:38.90	36.12
10.	DOMINOWSKI Mikołaj		04	KS Barakuda Mi sk Mazowiecki				4:42.31	424
	50m:	31.75	31.75	150m:	1:41.32	35.56	250m:	2:53.62	36.49
	100m:	1:05.76	34.01	200m:	2:17.13	35.81	300m:	3:30.54	36.92
							350m:	4:06.97	36.43
							400m:	4:42.31	35.34
16 lat									
1.	RODKIEWICZ Radosław		03	IUKS MUSZELKA Warszawa				4:07.58	630
	50m:	29.41	29.41	150m:	1:33.06	31.94	250m:	2:36.27	31.19
	100m:	1:01.12	31.71	200m:	2:05.08	32.02	300m:	3:07.16	30.89
							350m:	3:38.08	30.92
							400m:	4:07.58	29.50

ARENA GRAND PRIX PUCHAR POLSKI
Kozienice, 23- - 24-2-2019

Konkurencja 23, Chłopców, 400m dowolny, 16 lat

Pozycja			Rok ur.					Czas	Pkt.
2.	SZYMCZAK Szymon		03	MKS JUVENIA Wrocław				4:12.88	591
	50m:	28.99 28.99	150m:	1:32.22	31.85	250m:	2:37.37 32.91	350m:	3:42.09 32.52
	100m:	1:00.37 31.38	200m:	2:04.46	32.24	300m:	3:09.57 32.20	400m:	4:12.88 30.79
3.	MALINOWSKI Jakub		03	MKP SŁOWIANKA Gorzów Wlkp.				4:14.39	580
	50m:	28.12 28.12	150m:	1:31.94	32.47	250m:	2:37.88 33.02	350m:	3:43.23 32.13
	100m:	59.47 31.35	200m:	2:04.86	32.92	300m:	3:11.10 33.22	400m:	4:14.39 31.16

17 - 18 lat

1.	PIOTROWSKI Kacper		01	UKS G-8 Bielany Warszawa				3:58.34	706
	50m:	26.77 26.77	150m:	1:28.23	30.94	250m:	2:29.31 30.77	350m:	3:29.30 29.94
	100m:	57.29 30.52	200m:	1:58.54	30.31	300m:	2:59.36 30.05	400m:	3:58.34 29.04
2.	CIE LA Oskar		01	AZS AWF Katowice				4:01.66	677
	50m:	28.11 28.11	150m:	1:30.38	31.35	250m:	2:31.99 30.34	350m:	3:32.40 29.98
	100m:	59.03 30.92	200m:	2:01.65	31.27	300m:	3:02.42 30.43	400m:	4:01.66 29.26
3.	KA MIERCZAK Bruno		02	UKS GOS Raszyn				4:09.03	619
	50m:	26.60 26.60	150m:	1:28.88	31.50	250m:	2:32.97 32.12	350m:	3:37.48 32.21
	100m:	57.38 30.78	200m:	2:00.85	31.97	300m:	3:05.27 32.30	400m:	4:09.03 31.55
4.	DUBAS Mateusz		01	AZS AWF Katowice				4:09.04	619
	50m:	27.60 27.60	150m:	1:30.05	31.57	250m:	2:34.55 32.20	350m:	3:38.30 31.59
	100m:	58.48 30.88	200m:	2:02.35	32.30	300m:	3:06.71 32.16	400m:	4:09.04 30.74
5.	DOŁOWY Grzegorz		02	IUKS MUSZELKA Warszawa				4:09.35	616
	50m:	29.16 29.16	150m:	1:32.02	31.61	250m:	2:35.69 31.67	350m:	3:38.61 31.40
	100m:	1:00.41 31.25	200m:	2:04.02	32.00	300m:	3:07.21 31.52	400m:	4:09.35 30.74
6.	DUDKIEWICZ Kacper		02	UKP POLONIA Warszawa				4:10.41	608
	50m:	28.31 28.31	150m:	1:30.91	31.79	250m:	2:35.62 32.18	350m:	3:40.80 32.21
	100m:	59.12 30.81	200m:	2:03.44	32.53	300m:	3:08.59 32.97	400m:	4:10.41 29.61
7.	WEBER Albert		01	MKS JUVENIA Wrocław				4:13.10	589
	50m:	28.25 28.25	150m:	1:31.64	32.25	250m:	2:36.21 32.18	350m:	3:41.28 32.59
	100m:	59.39 31.14	200m:	2:04.03	32.39	300m:	3:08.69 32.48	400m:	4:13.10 31.82
8.	R PAŁA Tomasz		02	UKS GOS Raszyn				4:14.92	577
	50m:	29.01 29.01	150m:	1:31.68	31.62	250m:	2:36.95 32.37	350m:	3:43.23 33.34
	100m:	1:00.06 31.05	200m:	2:04.58	32.90	300m:	3:09.89 32.94	400m:	4:14.92 31.69
9.	KOWALSKI Jakub		02	MKP SŁOWIANKA Gorzów Wlkp.				4:20.30	542
	50m:	29.67 29.67	150m:	1:35.43	33.14	250m:	2:42.87 33.53	350m:	3:49.49 33.17
	100m:	1:02.29 32.62	200m:	2:09.34	33.91	300m:	3:16.32 33.45	400m:	4:20.30 30.81
10.	RUTA Kamil		02	UKP POLONIA Warszawa				4:25.28	512
	50m:	29.28 29.28	150m:	1:35.54	33.88	250m:	2:43.47 34.06	350m:	3:51.62 33.86
	100m:	1:01.66 32.38	200m:	2:09.41	33.87	300m:	3:17.76 34.29	400m:	4:25.28 33.66
11.	MARCZAK Radosław		02	KS Barakuda Mi sk Mazowiecki				4:30.17	484
	50m:	30.95 30.95	150m:	1:39.28	33.75	250m:	2:48.38 34.15	350m:	3:57.44 33.68
	100m:	1:05.53 34.58	200m:	2:14.23	34.95	300m:	3:23.76 35.38	400m:	4:30.17 32.73
12.	SOBÓL Przemysław		02	UKP POLONIA Warszawa				4:40.01	435
	50m:	30.34 30.34	150m:	1:39.34	34.87	250m:	2:51.21 35.85	350m:	4:40.01 1:12.34
	100m:	1:04.47 34.13	200m:	2:15.36	36.02	300m:	3:27.67 36.46	400m:	4:40.01

Open

1.	WOJDAK Wojciech		96	AZS AWF Warszawa				3:43.51	856
	50m:	26.34 26.34	150m:	1:22.79	28.23	250m:	2:19.24 28.19	350m:	3:15.84 28.28
	100m:	54.56 28.22	200m:	1:51.05	28.26	300m:	2:47.56 28.32	400m:	3:43.51 27.67
2.	ZABOROWSKI Filip		94	MKP Szczecin				3:50.55	780
	50m:	27.51 27.51	150m:	1:25.85	29.15	250m:	2:24.55 29.40	350m:	3:22.33 28.85
	100m:	56.70 29.19	200m:	1:55.15	29.30	300m:	2:53.48 28.93	400m:	3:50.55 28.22

ARENA GRAND PRIX PUCHAR POLSKI
Kozienice, 23- - 24-2-2019

Konkurencja 23, M czynn, 400m dowolny, Open

Pozycja			Rok ur.				Czas				Pkt.	
3.	KRASKA Jakub		00	AZS Łód			3:51.49				770	
	50m:	28.29	28.29	150m:	1:26.71	29.47	250m:	2:25.92	29.62	350m:	3:24.65	29.10
	100m:	57.24	28.95	200m:	1:56.30	29.59	300m:	2:55.55	29.63	400m:	3:51.49	26.84
4.	DUBIEL Adam		93	AZS AWF Warszawa			3:54.73				739	
	50m:	26.85	26.85	150m:	1:26.38	29.96	250m:	2:26.44	29.95	350m:	3:26.18	29.72
	100m:	56.42	29.57	200m:	1:56.49	30.11	300m:	2:56.46	30.02	400m:	3:54.73	28.55
5.	PIOTROWSKI Kacper		01	UKS G-8 Bielany Warszawa			3:58.34				706	
	50m:	26.77	26.77	150m:	1:28.23	30.94	250m:	2:29.31	30.77	350m:	3:29.30	29.94
	100m:	57.29	30.52	200m:	1:58.54	30.31	300m:	2:59.36	30.05	400m:	3:58.34	29.04
6.	KLICH Kacper		94	KU AZS UMCS Lublin			3:58.46				705	
	50m:	27.20	27.20	150m:	1:27.18	29.90	250m:	2:27.74	30.14	350m:	3:28.97	30.75
	100m:	57.28	30.08	200m:	1:57.60	30.42	300m:	2:58.22	30.48	400m:	3:58.46	29.49
7.	OSTROWSKI Karol		99	MKP Szczecin			3:59.43				696	
	50m:	27.04	27.04	150m:	1:28.13	30.70	250m:	2:29.64	30.35	350m:	3:29.98	29.58
	100m:	57.43	30.39	200m:	1:59.29	31.16	300m:	3:00.40	30.76	400m:	3:59.43	29.45
8.	CIE LA Oskar		01	AZS AWF Katowice			4:01.66				677	
	50m:	28.11	28.11	150m:	1:30.38	31.35	250m:	2:31.99	30.34	350m:	3:32.40	29.98
	100m:	59.03	30.92	200m:	2:01.65	31.27	300m:	3:02.42	30.43	400m:	4:01.66	29.26
9.	CHMIELEWSKI Krzysztof		04	IUKS MUSZELKA Warszawa			4:02.38				671	
	50m:	27.96	27.96	150m:	1:28.94	30.70	250m:	2:30.40	30.71	350m:	3:32.21	30.85
	100m:	58.24	30.28	200m:	1:59.69	30.75	300m:	3:01.36	30.96	400m:	4:02.38	30.17
10.	HOŁUB Jan		96	KU AZS UMCS Lublin			4:02.61				669	
	50m:	27.94	27.94	150m:	1:29.45	30.95	250m:	2:31.56	30.79	350m:	3:33.29	30.67
	100m:	58.50	30.56	200m:	2:00.77	31.32	300m:	3:02.62	31.06	400m:	4:02.61	29.32
11.	JURA Maciej		96	AZS AWF Warszawa			4:03.69				660	
	50m:	28.01	28.01	150m:	1:28.22	30.20	250m:	2:29.68	30.72	350m:	3:32.70	31.71
	100m:	58.02	30.01	200m:	1:58.96	30.74	300m:	3:00.99	31.31	400m:	4:03.69	30.99
12.	KOSI SKI Filip		04	Mi dzyszkolny UKS „Olimpijczy			4:07.25				632	
	50m:	29.33	29.33	150m:	1:32.10	31.36	250m:	2:34.75	31.52	350m:	3:38.17	32.08
	100m:	1:00.74	31.41	200m:	2:03.23	31.13	300m:	3:06.09	31.34	400m:	4:07.25	29.08
13.	RODKIEWICZ Radosław		03	IUKS MUSZELKA Warszawa			4:07.58				630	
	50m:	29.41	29.41	150m:	1:33.06	31.94	250m:	2:36.27	31.19	350m:	3:38.08	30.92
	100m:	1:01.12	31.71	200m:	2:05.08	32.02	300m:	3:07.16	30.89	400m:	4:07.58	29.50
14.	CHMIELEWSKI Michał		04	IUKS MUSZELKA Warszawa			4:07.96				627	
	50m:	28.60	28.60	150m:	1:31.67	31.81	250m:	2:34.86	31.29	350m:	3:37.78	31.36
	100m:	59.86	31.26	200m:	2:03.57	31.90	300m:	3:06.42	31.56	400m:	4:07.96	30.18
15.	KA MIERCZAK Bruno		02	UKS GOS Raszyn			4:09.03				619	
	50m:	26.60	26.60	150m:	1:28.88	31.50	250m:	2:32.97	32.12	350m:	3:37.48	32.21
	100m:	57.38	30.78	200m:	2:00.85	31.97	300m:	3:05.27	32.30	400m:	4:09.03	31.55
16.	DUBAS Mateusz		01	AZS AWF Katowice			4:09.04				619	
	50m:	27.60	27.60	150m:	1:30.05	31.57	250m:	2:34.55	32.20	350m:	3:38.30	31.59
	100m:	58.48	30.88	200m:	2:02.35	32.30	300m:	3:06.71	32.16	400m:	4:09.04	30.74
17.	KACZOROWSKI Jakub		97	UKS G-8 Bielany Warszawa			4:09.18				618	
	50m:	27.62	27.62	150m:	1:30.27	31.67	250m:	2:33.98	31.73	350m:	3:38.45	32.19
	100m:	58.60	30.98	200m:	2:02.25	31.98	300m:	3:06.26	32.28	400m:	4:09.18	30.73
18.	DOŁOWY Grzegorz		02	IUKS MUSZELKA Warszawa			4:09.35				616	
	50m:	29.16	29.16	150m:	1:32.02	31.61	250m:	2:35.69	31.67	350m:	3:38.61	31.40
	100m:	1:00.41	31.25	200m:	2:04.02	32.00	300m:	3:07.21	31.52	400m:	4:09.35	30.74
19.	DUDKIEWICZ Kacper		02	UKP POLONIA Warszawa			4:10.41				608	
	50m:	28.31	28.31	150m:	1:30.91	31.79	250m:	2:35.62	32.18	350m:	3:40.80	32.21
	100m:	59.12	30.81	200m:	2:03.44	32.53	300m:	3:08.59	32.97	400m:	4:10.41	29.61
20.	SZYMCZAK Szymon		03	MKS JUVENIA Wrocław			4:12.88				591	
	50m:	28.99	28.99	150m:	1:32.22	31.85	250m:	2:37.37	32.91	350m:	3:42.09	32.52
	100m:	1:00.37	31.38	200m:	2:04.46	32.24	300m:	3:09.57	32.20	400m:	4:12.88	30.79

ARENA GRAND PRIX PUCHAR POLSKI
Kozienice, 23- - 24-2-2019

Konkurencja 23, M czynn, 400m dowolny, Open

Pozycja			Rok ur.				Czas	Pkt.
21.	WEBER Albert		01	MKS JUVENIA Wrocław			4:13.10	589
	50m: 28.25	28.25	150m: 1:31.64	32.25	250m: 2:36.21	32.18	350m: 3:41.28	32.59
	100m: 59.39	31.14	200m: 2:04.03	32.39	300m: 3:08.69	32.48	400m: 4:13.10	31.82
22.	MALINOWSKI Jakub		03	MKP SŁOWIANKA Gorzów Wlkp.			4:14.39	580
	50m: 28.12	28.12	150m: 1:31.94	32.47	250m: 2:37.88	33.02	350m: 3:43.23	32.13
	100m: 59.47	31.35	200m: 2:04.86	32.92	300m: 3:11.10	33.22	400m: 4:14.39	31.16
23.	R PAŁA Tomasz		02	UKS GOS Raszyn			4:14.92	577
	50m: 29.01	29.01	150m: 1:31.68	31.62	250m: 2:36.95	32.37	350m: 3:43.23	33.34
	100m: 1:00.06	31.05	200m: 2:04.58	32.90	300m: 3:09.89	32.94	400m: 4:14.92	31.69
24.	RAFAŁ Kacper		04	UKS "V" Łomianki			4:20.05	543
	50m: 29.08	29.08	150m: 1:33.89	32.57	250m: 2:39.59	32.71	350m: 3:46.73	33.61
	100m: 1:01.32	32.24	200m: 2:06.88	32.99	300m: 3:13.12	33.53	400m: 4:20.05	33.32
25.	KOWALSKI Jakub		02	MKP SŁOWIANKA Gorzów Wlkp.			4:20.30	542
	50m: 29.67	29.67	150m: 1:35.43	33.14	250m: 2:42.87	33.53	350m: 3:49.49	33.17
	100m: 1:02.29	32.62	200m: 2:09.34	33.91	300m: 3:16.32	33.45	400m: 4:20.30	30.81
26.	MINICHOWSKI Maksymilian		04	UKS "V" Łomianki			4:20.89	538
	50m: 29.53	29.53	150m: 1:35.32	33.32	250m: 2:41.90	33.55	350m: 3:49.02	33.30
	100m: 1:02.00	32.47	200m: 2:08.35	33.03	300m: 3:15.72	33.82	400m: 4:20.89	31.87
27.	PAWŁOWSKI Michał		05	UKS "V" Łomianki			4:23.86	520
	50m: 30.36	30.36	150m: 1:37.72	33.72	250m: 2:44.78	33.75	350m: 3:51.84	33.38
	100m: 1:04.00	33.64	200m: 2:11.03	33.31	300m: 3:18.46	33.68	400m: 4:23.86	32.02
28.	RUTA Kamil		02	UKP POLONIA Warszawa			4:25.28	512
	50m: 29.28	29.28	150m: 1:35.54	33.88	250m: 2:43.47	34.06	350m: 3:51.62	33.86
	100m: 1:01.66	32.38	200m: 2:09.41	33.87	300m: 3:17.76	34.29	400m: 4:25.28	33.66
29.	KRUSZEWSKI Adrian		04	MTKP DELFIN Toru			4:26.97	502
	50m: 30.00	30.00	150m: 1:37.97	34.50	250m: 2:46.92	34.14	350m: 3:55.67	34.09
	100m: 1:03.47	33.47	200m: 2:12.78	34.81	300m: 3:21.58	34.66	400m: 4:26.97	31.30
30.	KUCHARCZYK Paweł		05	UKP POLONIA Warszawa			4:27.10	501
	50m: 30.39	30.39	150m: 1:37.56	33.83	250m: 2:45.60	33.93	350m: 3:54.19	34.36
	100m: 1:03.73	33.34	200m: 2:11.67	34.11	300m: 3:19.83	34.23	400m: 4:27.10	32.91
31.	KUROWSKI Tymon		04	MKP SŁOWIANKA Gorzów Wlkp.			4:29.17	490
	50m: 29.46	29.46	150m: 1:36.13	33.77	250m: 2:44.43	34.32	350m: 3:54.35	35.17
	100m: 1:02.36	32.90	200m: 2:10.11	33.98	300m: 3:19.18	34.75	400m: 4:29.17	34.82
32.	MARCZAK Radosław		02	KS Barakuda Mi sk Mazowiecki			4:30.17	484
	50m: 30.95	30.95	150m: 1:39.28	33.75	250m: 2:48.38	34.15	350m: 3:57.44	33.68
	100m: 1:05.53	34.58	200m: 2:14.23	34.95	300m: 3:23.76	35.38	400m: 4:30.17	32.73
33.	WRZOSEK Bartosz		04	UKS G-8 Bielany Warszawa			4:36.54	452
	50m: 30.33	30.33	150m: 1:39.66	35.21	250m: 2:50.88	35.50	350m: 4:00.90	35.20
	100m: 1:04.45	34.12	200m: 2:15.38	35.72	300m: 3:25.70	34.82	400m: 4:36.54	35.64
34.	KAŁASKA Patryk		04	UKP POLONIA Warszawa			4:38.90	440
	50m: 29.62	29.62	150m: 1:37.94	34.73	250m: 2:50.01	35.93	350m: 4:02.78	36.46
	100m: 1:03.21	33.59	200m: 2:14.08	36.14	300m: 3:26.32	36.31	400m: 4:38.90	36.12
35.	SOBÓL Przemysław		02	UKP POLONIA Warszawa			4:40.01	435
	50m: 30.34	30.34	150m: 1:39.34	34.87	250m: 2:51.21	35.85	350m: 4:40.01	1:12.34
	100m: 1:04.47	34.13	200m: 2:15.36	36.02	300m: 3:27.67	36.46	400m: 4:40.01	
36.	DOMINOWSKI Mikołaj		04	KS Barakuda Mi sk Mazowiecki			4:42.31	424
	50m: 31.75	31.75	150m: 1:41.32	35.56	250m: 2:53.62	36.49	350m: 4:06.97	36.43
	100m: 1:05.76	34.01	200m: 2:17.13	35.81	300m: 3:30.54	36.92	400m: 4:42.31	35.34
37.	GÓRKA Oliwier		05	UKS G-8 Bielany Warszawa			4:47.57	402
	50m: 30.94	30.94	150m: 1:43.57	37.12	250m: 2:58.23	38.26	350m: 4:13.11	37.44
	100m: 1:06.45	35.51	200m: 2:19.97	36.40	300m: 3:35.67	37.44	400m: 4:47.57	34.46
38.	FAŁEK Szymon		05	KS Barakuda Mi sk Mazowiecki			4:49.02	396
	50m: 31.53	31.53	150m: 1:45.18	36.78	250m: 2:59.40	37.10	350m: 4:13.38	36.62
	100m: 1:08.40	36.87	200m: 2:22.30	37.12	300m: 3:36.76	37.36	400m: 4:49.02	35.64