

OTWARTE MISTRZOSTWA KONSTANCINA W PŁYWANIU
Konstancin, 10.3.2019

Konkurencja 30
10.03.2019 - 19:13

M czynn, 400m dowolny

10 lat i starsi
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	JARECKI, Bartosz		08	ródmiejski UKS				5:23.49	282
	50m:	37.77 37.77	150m:	2:01.01 41.63	250m:	3:24.07 40.65	350m:	4:44.74 38.45	
	100m:	1:19.38 41.61	200m:	2:43.42 42.41	300m:	4:06.29 42.22	400m:	5:23.49 38.75	
2.	BAŁABAN, Antoni		08	ródmiejski UKS				5:29.45	267
	50m:	37.87 37.87	150m:	2:00.96 42.07	250m:	3:25.37 42.02	350m:	4:49.34 41.86	
	100m:	1:18.89 41.02	200m:	2:43.35 42.39	300m:	4:07.48 42.11	400m:	5:29.45 40.11	
3.	RAPCZEWSKI, Mateusz		08	MKS Juvenia Białystok				5:39.59	244
	50m:	38.37 38.37	150m:	2:05.62 43.90	250m:	3:33.14 44.18	350m:	4:59.60 43.16	
	100m:	1:21.72 43.35	200m:	2:48.96 43.34	300m:	4:16.44 43.30	400m:	5:39.59 39.99	
4.	PŁUCIENNIK, Filip		08	UKS Swim Team Wilanów				5:50.48	222
	50m:	39.58 39.58	150m:	2:08.89 45.06	250m:	3:40.05 45.70	350m:	5:08.41 42.78	
	100m:	1:23.83 44.25	200m:	2:54.35 45.46	300m:	4:25.63 45.58	400m:	5:50.48 42.07	
5.	BOCHE SKI, Tomasz		08	UKS WAWER Warszawa				5:50.73	221
	50m:	38.96 38.96	150m:	2:07.03 44.76	250m:	3:36.80 44.83	350m:	5:06.67 43.68	
	100m:	1:22.27 43.31	200m:	2:51.97 44.94	300m:	4:22.99 46.19	400m:	5:50.73 44.06	
6.	STA CZYK, Franciszek		08	UKS Kapry-Armexim Pruszków				5:58.57	207
	50m:	40.21 40.21	150m:	2:11.08 45.69	250m:	3:43.76 46.68	350m:	5:15.25 44.90	
	100m:	1:25.39 45.18	200m:	2:57.08 46.00	300m:	4:30.35 46.59	400m:	5:58.57 43.32	
12 lat									
1.	CIECHANOWSKI, Stanisław		07	UKS 307 Warszawa				4:55.90	369
	50m:	32.99 32.99	150m:	1:47.77 37.71	250m:	3:04.24 38.33	350m:	4:19.75 37.57	
	100m:	1:10.06 37.07	200m:	2:25.91 38.14	300m:	3:42.18 37.94	400m:	4:55.90 36.15	
2.	SZCZEPANIAK, Michał		07	ródmiejski UKS				5:13.37	310
	50m:	35.62 35.62	150m:	1:55.31 40.07	250m:	3:14.46 39.40	350m:	4:34.17 40.01	
	100m:	1:15.24 39.62	200m:	2:35.06 39.75	300m:	3:54.16 39.70	400m:	5:13.37 39.20	
3.	STEFA SKI, Leon		07	UKS Kapry-Armexim Pruszków				5:35.63	252
	50m:	38.46 38.46	150m:	2:04.68 43.17	250m:	3:30.08 42.28	350m:	4:55.07 43.10	
	100m:	1:21.51 43.05	200m:	2:47.80 43.12	300m:	4:11.97 41.89	400m:	5:35.63 40.56	
4.	KOLUCH, Franciszek		07	UKS Kapry-Armexim Pruszków				5:50.18	222
	50m:	41.56 41.56	150m:	2:12.12 45.89	250m:	3:43.87 46.46	350m:	5:11.54 43.03	
	100m:	1:26.23 44.67	200m:	2:57.41 45.29	300m:	4:28.51 44.64	400m:	5:50.18 38.64	
13 lat									
1.	MIENICKI, Rafał		06	ródmiejski UKS				4:20.38	541
	50m:	30.17 30.17	150m:	1:36.18 33.09	250m:	2:41.69 32.19	350m:	3:48.04 33.10	
	100m:	1:03.09 32.92	200m:	2:09.50 33.32	300m:	3:14.94 33.25	400m:	4:20.38 32.34	
2.	GAWENDA, Bartłomiej		06	ródmiejski UKS				4:50.92	388
	50m:	31.43 31.43	150m:	1:42.83 36.28	250m:	2:57.31 37.36	350m:	4:13.88 38.53	
	100m:	1:06.55 35.12	200m:	2:19.95 37.12	300m:	3:35.35 38.04	400m:	4:50.92 37.04	
3.	IWANIUK, Mateusz		06	UKS Kapry-Armexim Pruszków				5:34.19	256
	50m:	38.39 38.39	150m:	2:03.98 42.86	250m:	3:29.13 42.29	350m:	4:53.96 42.74	
	100m:	1:21.12 42.73	200m:	2:46.84 42.86	300m:	4:11.22 42.09	400m:	5:34.19 40.23	
14 lat									
1.	PAWŁOWSKI, Michał		05	UKS "V" Łomianki				4:25.05	513
	50m:	30.23 30.23	150m:	1:37.32 33.61	250m:	2:44.28 33.31	350m:	3:51.70 33.77	
	100m:	1:03.71 33.48	200m:	2:10.97 33.65	300m:	3:17.93 33.65	400m:	4:25.05 33.35	

OTWARTE MISTRZOSTWA KONSTANCINA W PŁYWANIU
Konstancin, 10.3.2019

Konkurencja 30, Chłopców, 400m dowolny, 14 lat

Pozycja	Rok ur.						Czas	Pkt.
2.	SIENKIEWICZ, Ignacy		05	IKS Konstancin			4:56.53	366
	50m:	33.61 33.61	150m:	1:50.54 38.90	250m:	3:06.66 37.38	350m:	4:21.17 37.55
	100m:	1:11.64 38.03	200m:	2:29.28 38.74	300m:	3:43.62 36.96	400m:	4:56.53 35.36
3.	JUCHNO, Mikołaj		05	IKS Konstancin			5:41.17	240
	50m:	37.60 37.60	150m:	2:04.57 44.00	250m:	3:32.76 44.22	350m:	5:02.82 45.24
	100m:	1:20.57 42.97	200m:	2:48.54 43.97	300m:	4:17.58 44.82	400m:	5:41.17 38.35

15 lat

1.	RAFAŁ, Kacper		04	UKS "V" Łomianki			4:19.28	548
	50m:	29.77 29.77	150m:	1:35.67 33.05	250m:	2:40.36 31.42	350m:	3:46.22 33.03
	100m:	1:02.62 32.85	200m:	2:08.94 33.27	300m:	3:13.19 32.83	400m:	4:19.28 33.06
2.	PIEKARZ, Adrian		04	MUKS Wodnik Łask			4:49.08	395
	50m:	34.03 34.03	150m:	1:48.39 37.80	250m:	3:02.37 37.06	350m:	4:15.74 35.49
	100m:	1:10.59 36.56	200m:	2:25.31 36.92	300m:	3:40.25 37.88	400m:	4:49.08 33.34