

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 -13 lat – I runda  
Warszawa, 19. - 20.3.2019

Konkurencja 8  
19.03.2019 - 12:27

Chłopców, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: FINA 2018

Pozycja	Rok ur.	Czas	Pkt.
<b>12 lat</b>			
1. CIECHANOWSKI, Stanisław	07 UKS 307 Warszawa	<b>4:50.79</b>	388
50m: 32.79 32.79	150m: 1:45.96 37.38	250m: 3:00.88 37.37	350m: 4:15.87 37.42
100m: 1:08.58 35.79	200m: 2:23.51 37.55	300m: 3:38.45 37.57	400m: 4:50.79 34.92
2. ROMER, Stanisław	07 MKP „Warszawianka”	<b>4:57.07</b>	364
50m: 34.01 34.01	150m: 1:49.80 38.64	250m: 3:05.42 37.33	350m: 4:21.40 38.04
100m: 1:11.16 37.15	200m: 2:28.09 38.29	300m: 3:43.36 37.94	400m: 4:57.07 35.67
3. KOZŁOWSKI, Iwo	07 UKP „Polonia Warszawa”	<b>4:59.99</b>	354
50m: 34.05 34.05	150m: 1:50.01 38.47	250m: 3:06.64 38.17	350m: 4:22.75 38.21
100m: 1:11.54 37.49	200m: 2:28.47 38.46	300m: 3:44.54 37.90	400m: 4:59.99 37.24
4. STAWIARSKI, Oskar	07 MKS „Jagiellonka” Warszawa	<b>5:06.73</b>	331
50m: 34.18 34.18	150m: 1:52.64 39.07	250m: 3:11.10 39.22	350m: 4:28.90 38.58
100m: 1:13.57 39.39	200m: 2:31.88 39.24	300m: 3:50.32 39.22	400m: 5:06.73 37.83
5. RESZKA, Jakub	07 UKP „Polonia Warszawa”	<b>5:12.74</b>	312
50m: 34.32 34.32	150m: 1:54.38 40.01	250m: 3:11.77 37.15	350m: 4:34.19 40.64
100m: 1:14.37 40.05	200m: 2:34.62 40.24	300m: 3:53.55 41.78	400m: 5:12.74 38.55
6. SZCZEPANIAK, Michał	07 UKS 48 Warszawa	<b>5:13.35</b>	310
50m: 35.44 35.44	150m: 1:54.68 40.06	250m: 3:13.74 39.35	350m: 4:34.11 40.17
100m: 1:14.62 39.18	200m: 2:34.39 39.71	300m: 3:53.94 40.20	400m: 5:13.35 39.24
7. BEDY SKI, Sebastian	07 MKS „Jagiellonka” Warszawa	<b>5:13.57</b>	310
50m: 35.19 35.19	150m: 1:54.79 40.49	250m: 3:14.47 39.70	350m: 4:34.55 39.50
100m: 1:14.30 39.11	200m: 2:34.77 39.98	300m: 3:55.05 40.58	400m: 5:13.57 39.02
8. KRÓLIK, Szymon	07 UKP „Polonia Warszawa”	<b>5:14.15</b>	308
50m: 34.96 34.96	150m: 1:53.63 39.79	250m: 3:16.73 41.64	350m: 4:37.86 39.89
100m: 1:13.84 38.88	200m: 2:35.09 41.46	300m: 3:57.97 41.24	400m: 5:14.15 36.29
9. SZMYTKA, Bartosz	07 UKS oliborz	<b>5:14.50</b>	307
50m: 35.05 35.05	150m: 1:55.08 40.61	250m: 3:17.43 41.26	350m: 4:38.89 40.76
100m: 1:14.47 39.42	200m: 2:36.17 41.09	300m: 3:58.13 40.70	400m: 5:14.50 35.61
10. KAZANOWSKI, Dominik	07 MKS „Jagiellonka” Warszawa	<b>5:29.22</b>	267
50m: 36.49 36.49	150m: 1:59.83 42.29	250m: 3:24.01 42.35	350m: 4:47.72 41.70
100m: 1:17.54 41.05	200m: 2:41.66 41.83	300m: 4:06.02 42.01	400m: 5:29.22 41.50
11. ŁUKAWSKI, Tomasz	07 UKS 48 Warszawa	<b>5:29.68</b>	266
50m: 37.05 37.05	150m: 2:00.73 41.70	250m: 3:25.78 41.79	350m: 4:50.67 42.03
100m: 1:19.03 41.98	200m: 2:43.99 43.26	300m: 4:08.64 42.86	400m: 5:29.68 39.01
12. RAHMAN, Maximilian	07 MKS „Jagiellonka” Warszawa	<b>5:30.86</b>	264
50m: 36.45 36.45	150m: 2:02.59 44.36	250m: 3:28.42 42.67	350m: 4:53.23 41.75
100m: 1:18.23 41.78	200m: 2:45.75 43.16	300m: 4:11.48 43.06	400m: 5:30.86 37.63
13. STEFA SKI, Leon	07 UKS Kapry-Armexim Pruszków	<b>5:41.85</b>	239
50m: 39.05 39.05	150m: 2:07.96 44.63	250m: 3:36.58 44.39	350m: 5:02.08 42.35
100m: 1:23.33 44.28	200m: 2:52.19 44.23	300m: 4:19.73 43.15	400m: 5:41.85 39.77
14. STA CZYK, Krzysztof	07 UKP „Polonia Warszawa”	<b>5:46.82</b>	229
50m: 4:04.62 4:04.62	150m:	250m:	350m:
100m: 5:46.82 1:42.20	200m:	300m:	400m: 5:46.82
15. BIENIECKI, Stefan	07 UKP „Polonia Warszawa”	<b>5:47.22</b>	228
50m: 36.57 36.57	150m:	250m: 4:18.55 44.88	350m: 5:47.22 42.95
100m: 1:19.49 42.92	200m: 3:33.67	300m: 5:04.27 45.72	400m: 5:47.22
16. KOSZELA, Krzysztof	07 MKP „Warszawianka”	<b>5:48.71</b>	225
50m: 38.30 38.30	150m: 2:05.23 44.16	250m: 3:35.41 45.56	350m: 5:06.70 44.54
100m: 1:21.07 42.77	200m: 2:49.85 44.62	300m: 4:22.16 46.75	400m: 5:48.71 42.01
17. STA KIEWICZ, Wiktor	07 MKP „Warszawianka”	<b>5:49.19</b>	224
50m: 38.24 38.24	150m: 2:07.88 45.33	250m: 3:37.28 45.11	350m: 5:06.18 43.05
100m: 1:22.55 44.31	200m: 2:52.17 44.29	300m: 4:23.13 45.85	400m: 5:49.19 43.01

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 -13 lat – I runda  
Warszawa, 19. - 20.3.2019

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	KOLUCH, Franciszek		07	UKS Kapry-Armexim Pruszków				<b>5:49.26</b>	224
	50m:	41.18 41.18	150m:	2:11.40	45.40	250m:	3:41.86 45.45	350m:	5:10.23 43.04
	100m:	1:26.00 44.82	200m:	2:56.41	45.01	300m:	4:27.19 45.33	400m:	5:49.26 39.03
19.	WYSTRYCHOWSKI, Wiktor		07	UKS oliborz				<b>5:50.74</b>	221
	50m:	39.39 39.39	150m:	2:09.23	45.46	250m:	3:41.66 47.01	350m:	5:13.26 45.22
	100m:	1:23.77 44.38	200m:	2:54.65	45.42	300m:	4:28.04 46.38	400m:	5:50.74 37.48
20.	IWASZKIEWICZ, Jan		07	MKP „Warszawianka”				<b>5:51.48</b>	220
	50m:	40.00 40.00	150m:	2:08.84	44.26	250m:	3:38.83 44.94	350m:	5:07.71 43.72
	100m:	1:24.58 44.58	200m:	2:53.89	45.05	300m:	4:23.99 45.16	400m:	5:51.48 43.77
21.	KUCHTA-BEREZOWSKI, Leonidas		07	UKS oliborz				<b>5:58.84</b>	206
	50m:	38.96 38.96	150m:	2:08.64	45.00	250m:	3:40.45 46.11	350m:	5:09.80 44.18
	100m:	1:23.64 44.68	200m:	2:54.34	45.70	300m:	4:25.62 45.17	400m:	5:58.84 49.04
22.	ŁUCZAK, Konstanty		07	MKP „Warszawianka”				<b>6:06.60</b>	194
	50m:	41.79 41.79	150m:	2:15.52	47.18	250m:	3:48.35 46.38	350m:	5:21.96 47.38
	100m:	1:28.34 46.55	200m:	3:01.97	46.45	300m:	4:34.58 46.23	400m:	6:06.60 44.64
23.	ŁEBKOWSKI, Marek		07	MKS „Jagiellonka” Warszawa				<b>6:07.74</b>	192
	50m:	39.26 39.26	150m:	3:46.64	1:33.92	250m:		350m:	5:21.54 47.20
	100m:	2:12.72 1:33.46	200m:			300m:	4:34.34	400m:	6:07.74 46.20
24.	STARZY SKI, Szymon		07	UKP „Polonia Warszawa”				<b>6:08.45</b>	191
	50m:	38.78 38.78	150m:	2:08.62	45.12	250m:	3:43.70 47.87	350m:	5:19.57 48.05
	100m:	1:23.50 44.72	200m:	2:55.83	47.21	300m:	4:31.52 47.82	400m:	6:08.45 48.88
25.	KOSTRZANOWSKI, Kacper		07	MKS „Jagiellonka” Warszawa				<b>6:12.60</b>	184
	50m:	41.22 41.22	150m:	2:12.12	46.48	250m:	3:48.36 48.14	350m:	5:26.57 48.83
	100m:	1:25.64 44.42	200m:	3:00.22	48.10	300m:	4:37.74 49.38	400m:	6:12.60 46.03
26.	KUCHAREK, Mikołaj		07	MKP „Warszawianka”				<b>6:13.31</b>	183
	50m:	40.25 40.25	150m:	2:12.24	46.89	250m:	3:49.34 48.20	350m:	5:27.69 48.61
	100m:	1:25.35 45.10	200m:	3:01.14	48.90	300m:	4:39.08 49.74	400m:	6:13.31 45.62
27.	KARGOL, Bruno		07	MKP „Warszawianka”				<b>6:19.57</b>	174
	50m:	40.91 40.91	150m:	2:19.85	49.11	250m:	3:56.52 48.77	350m:	5:32.38 47.88
	100m:	1:30.74 49.83	200m:	3:07.75	47.90	300m:	4:44.50 47.98	400m:	6:19.57 47.19
28.	KUKIER, Łukasz		07	St. KF KS „Fenix” O arów Maz				<b>6:26.93</b>	165
	50m:	44.41 44.41	150m:	2:36.12	58.51	250m:	4:35.03 58.77	350m:	6:26.93 53.20
	100m:	1:37.61 53.20	200m:	3:36.26	1:00.14	300m:	5:33.73 58.70	400m:	6:26.93
29.	WIDZI SKI, Kacper		07	UKP „Polonia Warszawa”				<b>8:04.07</b>	84
	50m:	49.71 49.71	150m:	2:54.60	1:04.60	250m:	5:05.13 1:05.91	350m:	7:07.49 1:01.47
	100m:	1:50.00 1:00.29	200m:	3:59.22	1:04.62	300m:	6:06.02 1:00.89	400m:	8:04.07 56.58

13 lat

1.	MIENICKI, Rafał		06	UKS 48 Warszawa				<b>4:18.88</b>	551
	50m:	29.02 29.02	150m:	1:34.81	33.11	250m:	2:41.41 33.15	350m:	3:47.65 32.87
	100m:	1:01.70 32.68	200m:	2:08.26	33.45	300m:	3:14.78 33.37	400m:	4:18.88 31.23
2.	FRONCZAK, Antoni		06	UKP „Polonia Warszawa”				<b>4:36.93</b>	450
	50m:	30.54 30.54	150m:	1:39.66	35.03	250m:	2:49.93 35.28	350m:	4:01.54 35.68
	100m:	1:04.63 34.09	200m:	2:14.65	34.99	300m:	3:25.86 35.93	400m:	4:36.93 35.39
3.	GAWENDA, Bartłomiej		06	UKS 48 Warszawa				<b>4:40.49</b>	433
	50m:	32.43 32.43	150m:	1:42.62	35.26	250m:	2:53.97 35.90	350m:	4:05.51 35.73
	100m:	1:07.36 34.93	200m:	2:18.07	35.45	300m:	3:29.78 35.81	400m:	4:40.49 34.98
4.	LUCOW, Jan		06	MKP „Warszawianka”				<b>4:43.09</b>	421
	50m:	32.24 32.24	150m:	1:43.40	35.76	250m:	2:56.18 36.52	350m:	4:09.01 36.34
	100m:	1:07.64 35.40	200m:	2:19.66	36.26	300m:	3:32.67 36.49	400m:	4:43.09 34.08
5.	OKTABOWICZ, Piotr		06	UKS Olympic Warka				<b>4:49.72</b>	393
	50m:	32.03 32.03	150m:	1:46.61	38.06	250m:	3:39.22 1:15.30	350m:	
	100m:	1:08.55 36.52	200m:	2:23.92	37.31	300m:	4:49.72 1:10.50	400m:	4:49.72

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 -13 lat – I runda  
Warszawa, 19. - 20.3.2019

Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
6.	POPOW, Igor		06	St. Kultury Fizycznej KS „1”				<b>4:51.58</b>	385
	50m:	31.57 31.57	150m:	1:44.24 37.27	250m:	3:00.26 38.33	350m:	4:16.41 38.06	
	100m:	1:06.97 35.40	200m:	2:21.93 37.69	300m:	3:38.35 38.09	400m:	4:51.58 35.17	
7.	HANDZLIK, Mateusz		06	MKP „Warszawianka”				<b>4:51.67</b>	385
	50m:	33.16 33.16	150m:	1:47.17 37.50	250m:	3:02.31 37.52	350m:	4:16.69 37.07	
	100m:	1:09.67 36.51	200m:	2:24.79 37.62	300m:	3:39.62 37.31	400m:	4:51.67 34.98	
8.	GAWLIK, Kacper		06	MKS „Jagiellonka” Warszawa				<b>4:53.10</b>	379
	50m:	32.37 32.37	150m:	1:46.71 38.11	250m:	3:03.17 37.95	350m:	4:17.68 36.80	
	100m:	1:08.60 36.23	200m:	2:25.22 38.51	300m:	3:40.88 37.71	400m:	4:53.10 35.42	
9.	LE NIEWSKI, Wiktor		06	MKS „Jagiellonka” Warszawa				<b>4:56.13</b>	368
	50m:	33.87 33.87	150m:	1:50.05 38.80	250m:	3:07.22 38.63	350m:	4:22.24 37.27	
	100m:	1:11.25 37.38	200m:	2:28.59 38.54	300m:	3:44.97 37.75	400m:	4:56.13 33.89	
10.	CIBOROWSKI, Dominik		06	MKP „Warszawianka”				<b>4:56.49</b>	366
	50m:	33.20 33.20	150m:	1:49.38 38.04	250m:	3:04.69 37.02	350m:	4:20.52 38.00	
	100m:	1:11.34 38.14	200m:	2:27.67 38.29	300m:	3:42.52 37.83	400m:	4:56.49 35.97	
11.	URBA SKI, Maciej		06	UKP „Polonia Warszawa”				<b>4:58.02</b>	361
	50m:	34.73 34.73	150m:	1:51.32 39.09	250m:	3:07.59 37.69	350m:	4:23.23 36.78	
	100m:	1:12.23 37.50	200m:	2:29.90 38.58	300m:	3:46.45 38.86	400m:	4:58.02 34.79	
12.	KSI CZYK, Jakub		06	UKS oliborz				<b>5:01.48</b>	348
	50m:	34.01 34.01	150m:	1:50.42 38.76	250m:	3:08.29 38.95	350m:	4:26.39 38.46	
	100m:	1:11.66 37.65	200m:	2:29.34 38.92	300m:	3:47.93 39.64	400m:	5:01.48 35.09	
13.	NOSAL, Łukasz		06	MKP „Warszawianka”				<b>5:01.68</b>	348
	50m:	34.82 34.82	150m:	1:51.62 39.08	250m:	3:07.79 37.36	350m:	4:24.48 38.09	
	100m:	1:12.54 37.72	200m:	2:30.43 38.81	300m:	3:46.39 38.60	400m:	5:01.68 37.20	
14.	RUTKOWSKI, Franciszek		06	MKP „Warszawianka”				<b>5:02.13</b>	346
	50m:	34.86 34.86	150m:	1:51.83 38.62	250m:	3:08.65 37.85	350m:	4:24.59 37.50	
	100m:	1:13.21 38.35	200m:	2:30.80 38.97	300m:	3:47.09 38.44	400m:	5:02.13 37.54	
15.	WEIKUM, Kacper		06	UKP „Polonia Warszawa”				<b>5:03.58</b>	341
	50m:	33.86 33.86	150m:	1:51.63 39.23	250m:	3:09.43 38.74	350m:	4:26.40 38.16	
	100m:	1:12.40 38.54	200m:	2:30.69 39.06	300m:	3:48.24 38.81	400m:	5:03.58 37.18	
16.	BETTAS, Francesco		06	MKS „Jagiellonka” Warszawa				<b>5:06.13</b>	333
	50m:	34.98 34.98	150m:	1:54.87 39.38	250m:	3:11.50 37.75	350m:	4:26.51 36.63	
	100m:	1:15.49 40.51	200m:	2:33.75 38.88	300m:	3:49.88 38.38	400m:	5:06.13 39.62	
17.	BZYMEK, Igor		06	Nowodworski OSiR				<b>5:06.23</b>	332
	50m:	34.31 34.31	150m:	1:50.66 38.23	250m:	3:10.26 39.05	350m:	4:28.40 39.37	
	100m:	1:12.43 38.12	200m:	2:31.21 40.55	300m:	3:49.03 38.77	400m:	5:06.23 37.83	
18.	MADEY, Konrad		06	UKS GOS Raszyn				<b>5:11.24</b>	317
	50m:	33.79 33.79	150m:	1:53.45 40.37	250m:	3:12.77 39.60	350m:	4:33.20 39.76	
	100m:	1:13.08 39.29	200m:	2:33.17 39.72	300m:	3:53.44 40.67	400m:	5:11.24 38.04	
19.	GUTMA SKI, Franciszek		06	UKS oliborz				<b>5:12.70</b>	312
	50m:	35.16 35.16	150m:	1:54.92 39.90	250m:	3:15.63 40.54	350m:	4:35.73 39.52	
	100m:	1:15.02 39.86	200m:	2:35.09 40.17	300m:	3:56.21 40.58	400m:	5:12.70 36.97	
20.	WIELOGÓRSKI, Piotr		06	UKS oliborz				<b>5:14.99</b>	305
	50m:	36.23 36.23	150m:	1:55.93 40.15	250m:	3:17.61 39.76	350m:	4:37.29 39.78	
	100m:	1:15.78 39.55	200m:	2:37.85 41.92	300m:	3:57.51 39.90	400m:	5:14.99 37.70	
21.	D BSKI, Jakub		06	St. Kultury Fizycznej KS „1”				<b>5:21.24</b>	288
	50m:	34.82 34.82	150m:	1:53.97 40.93	250m:	3:16.84 41.89	350m:	4:40.55 41.93	
	100m:	1:13.04 38.22	200m:	2:34.95 40.98	300m:	3:58.62 41.78	400m:	5:21.24 40.69	
22.	SZYMCZYK, Jan		06	UKS GOS Raszyn				<b>5:28.13</b>	270
	50m:	34.77 34.77	150m:	1:54.14 39.92	250m:	3:18.55 43.11	350m:	5:28.13 43.05	
	100m:	1:14.22 39.45	200m:	2:35.44 41.30	300m:	4:45.08 1:26.53	400m:	5:28.13	
23.	GWIZDAK, Mateusz		06	UKP „Polonia Warszawa”				<b>5:28.48</b>	269
	50m:	36.09 36.09	150m:	1:58.59 41.69	250m:	3:24.10 43.02	350m:	4:48.06 41.30	
	100m:	1:16.90 40.81	200m:	2:41.08 42.49	300m:	4:06.76 42.66	400m:	5:28.48 40.42	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 -13 lat – I runda  
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Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
24.	SURAL, Bartosz		06	MKS „Jagiellonka” Warszawa				<b>5:29.56</b>	267		
	50m:	36.84 36.84	150m:	1:59.66	41.86	250m:	3:23.83	42.40	350m:	4:49.13	42.68
	100m:	1:17.80 40.96	200m:	2:41.43	41.77	300m:	4:06.45	42.62	400m:	5:29.56	40.43
25.	IWANIUK, Mateusz		06	UKS Kapry-Armexim Pruszków				<b>5:31.90</b>	261		
	50m:	37.58 37.58	150m:	2:03.34	43.32	250m:	3:29.23	43.03	350m:	4:54.46	42.11
	100m:	1:20.02 42.44	200m:	2:46.20	42.86	300m:	4:12.35	43.12	400m:	5:31.90	37.44
26.	WRONA, Maciej		06	MKP „Warszawianka”				<b>5:32.02</b>	261		
	50m:	37.72 37.72	150m:	2:02.48	42.79	250m:	3:27.81	42.07	350m:	4:51.87	41.83
	100m:	1:19.69 41.97	200m:	2:45.74	43.26	300m:	4:10.04	42.23	400m:	5:32.02	40.15
27.	PASEK, Borys		06	UKS Ostrobramska				<b>5:38.38</b>	246		
	50m:	38.71 38.71	150m:	2:04.35	44.42	250m:	3:32.53	43.80	350m:	4:58.88	42.58
	100m:	1:19.93 41.22	200m:	2:48.73	44.38	300m:	4:16.30	43.77	400m:	5:38.38	39.50
28.	KARDASIEWICZ, Makary		06	UKS GOS Raszyn				<b>5:56.99</b>	210		
	50m:	38.92 38.92	150m:	2:08.60	45.98	250m:	3:41.06	46.45	350m:	5:12.36	45.54
	100m:	1:22.62 43.70	200m:	2:54.61	46.01	300m:	4:26.82	45.76	400m:	5:56.99	44.63
29.	GŁASEK, Antoni		06	MKP „Warszawianka”				<b>6:05.86</b>	195		
	50m:	40.06 40.06	150m:	2:12.44	46.20	250m:	3:45.82	45.66	350m:	5:20.73	46.64
	100m:	1:26.24 46.18	200m:	3:00.16	47.72	300m:	4:34.09	48.27	400m:	6:05.86	45.13
30.	STRZAŁKOWSKI, Piotr		06	MKP „Warszawianka”				<b>6:17.36</b>	177		
	50m:	42.61 42.61	150m:	2:17.18	47.91	250m:	3:52.07	47.06	350m:	5:30.28	50.06
	100m:	1:29.27 46.66	200m:	3:05.01	47.83	300m:	4:40.22	48.15	400m:	6:17.36	47.08
31.	NIWI SKI, Franciszek		06	UKS Ostrobramska				<b>6:17.69</b>	177		
	50m:	40.02 40.02	150m:	2:15.13	47.65	250m:	3:52.68	48.50	350m:	5:31.88	49.53
	100m:	1:27.48 47.46	200m:	3:04.18	49.05	300m:	4:42.35	49.67	400m:	6:17.69	45.81
32.	KRZESIAK, Oskar		06	MKP „Warszawianka”				<b>6:29.05</b>	162		
	50m:	41.87 41.87	150m:	2:19.49	49.22	250m:	3:59.49	50.27	350m:	5:40.53	50.85
	100m:	1:30.27 48.40	200m:	3:09.22	49.73	300m:	4:49.68	50.19	400m:	6:29.05	48.52
33.	STOLARSKI, Tadeusz		06	MKP „Warszawianka”				<b>6:32.72</b>	157		
	50m:	41.49 41.49	150m:	2:19.48	48.84	250m:	4:01.25	51.64	350m:	5:42.85	52.48
	100m:	1:30.64 49.15	200m:	3:09.61	50.13	300m:	4:50.37	49.12	400m:	6:32.72	49.87
DYSKW.	KUBICKI, Konstanty		06	UKS oliborz				<b>5:25.13</b>			
	<i>O2 - Pływak nie miał kontaktu ze cian podczas nawrotu</i>										
	50m:	37.40 37.40	150m:	2:07.74	45.49	250m:	3:39.07	45.01	350m:	5:07.00	42.07
	100m:	1:22.25 44.85	200m:	2:54.06	46.32	300m:	4:24.93	45.86	400m:	5:25.13	18.13