

Otwarte Letnie Mistrzostwa Warszawy w pływaniu
Warszawa, 31.5. - 1.6.2019

Konkurencja 20
31.05.2019 - 19:54

Chłopców, 400m dowolny

10 - 14 lat
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.		
10 lat											
1.	HAŁAS-AGATOWSKI, Hubert		09	KS „Piranie Osielesko”				6:06.91	215		
	50m:	38.42 38.42	150m:	2:10.60	46.99	250m:	3:46.83	47.25	350m:	5:22.62	47.01
	100m:	1:23.61 45.19	200m:	2:59.58	48.98	300m:	4:35.61	48.78	400m:	6:06.91	44.29
2.	FIADOTAU, Aliaksandr		09	Akvastars				6:10.43	209		
	50m:	39.80 39.80	150m:	2:14.90	47.76	250m:	3:50.96	47.65	350m:	5:26.11	47.64
	100m:	1:27.14 47.34	200m:	3:03.31	48.41	300m:	4:38.47	47.51	400m:	6:10.43	44.32
3.	BRYK, Jarosław		09	MKS Piaseczno				6:11.67	207		
	50m:	39.37 39.37	150m:	2:14.76	48.56	250m:	3:50.40	48.17	350m:	5:27.10	48.33
	100m:	1:26.20 46.83	200m:	3:02.23	47.47	300m:	4:38.77	48.37	400m:	6:11.67	44.57
11 lat											
1.	KRAWCZYK, Jakub		08	MKP „Warszawianka”				4:56.33	409		
	50m:	32.97 32.97	150m:	1:46.78	37.92	250m:	3:03.68	38.42	350m:	4:19.68	38.19
	100m:	1:08.86 35.89	200m:	2:25.26	38.48	300m:	3:41.49	37.81	400m:	4:56.33	36.65
2.	JARECKI, Bartosz		08	UKS 48 Warszawa ródnie cie				5:15.31	339		
	50m:	35.56 35.56	150m:	1:55.78	40.73	250m:	3:17.34	40.65	350m:	4:38.71	39.52
	100m:	1:15.05 39.49	200m:	2:36.69	40.91	300m:	3:59.19	41.85	400m:	5:15.31	36.60
3.	WRÓBLEWSKI, Borys		08	UKS G-8 Bielany Warszawa				5:31.24	293		
	50m:	36.39 36.39	150m:	2:01.10	43.14	250m:	3:28.37	43.71	350m:	4:52.91	41.29
	100m:	1:17.96 41.57	200m:	2:44.66	43.56	300m:	4:11.62	43.25	400m:	5:31.24	38.33
4.	BAŁABAN, Antoni		08	UKS 48 Warszawa ródnie cie				5:34.98	283		
	50m:	38.39 38.39	150m:	2:01.86	41.96	250m:	3:27.88	42.66	350m:	4:54.47	42.98
	100m:	1:19.90 41.51	200m:	2:45.22	43.36	300m:	4:11.49	43.61	400m:	5:34.98	40.51
5.	MICHAŁOWSKI, Jan		08	Nowodworski OSiR				5:38.64	274		
	50m:	37.45 37.45	150m:	2:06.22	45.23	250m:	3:33.74	43.77	350m:	4:59.41	42.25
	100m:	1:20.99 43.54	200m:	2:49.97	43.75	300m:	4:17.16	43.42	400m:	5:38.64	39.23
6.	SKULSKI, Ryszard		08	UKS Olympic Warka				5:42.90	264		
	50m:	36.05 36.05	150m:	2:03.45	44.23	250m:	3:32.48	43.88	350m:	4:59.31	42.76
	100m:	1:19.22 43.17	200m:	2:48.60	45.15	300m:	4:16.55	44.07	400m:	5:42.90	43.59
7.	ROZMARYNOWSKI, Jakub		08	MKS Ochota Warszawa				5:44.51	260		
	50m:	38.39 38.39	150m:	2:04.41	43.55	250m:	3:33.52	44.49	350m:	5:02.16	44.03
	100m:	1:20.86 42.47	200m:	2:49.03	44.62	300m:	4:18.13	44.61	400m:	5:44.51	42.35
8.	BIELECKI, Borys		08	UKS G-8 Bielany Warszawa				5:44.90	259		
	50m:	37.32 37.32	150m:	2:04.28	44.74	250m:	3:33.43	45.23	350m:	5:01.56	43.54
	100m:	1:19.54 42.22	200m:	2:48.20	43.92	300m:	4:18.02	44.59	400m:	5:44.90	43.34
9.	PŁUCIENNIK, Filip		08	UKS Swim Team Wilanów				5:48.50	251		
	50m:	37.77 37.77	150m:	2:04.92	44.15	250m:	3:36.00	45.42	350m:	5:06.30	44.79
	100m:	1:20.77 43.00	200m:	2:50.58	45.66	300m:	4:21.51	45.51	400m:	5:48.50	42.20
10.	OL DZKI, Daniel		08	UKS G-8 Bielany Warszawa				6:07.37	214		
	50m:	38.80 38.80	150m:	2:13.86	47.80	250m:	3:49.30	47.40	350m:	5:23.64	46.49
	100m:	1:26.06 47.26	200m:	3:01.90	48.04	300m:	4:37.15	47.85	400m:	6:07.37	43.73
11.	KLOC, Maciej		08	UKS Fala Niepor t				6:19.68	194		
	50m:	41.26 41.26	150m:	2:19.55	49.24	250m:	3:58.34	48.80	350m:	5:35.39	48.17
	100m:	1:30.31 49.05	200m:	3:09.54	49.99	300m:	4:47.22	48.88	400m:	6:19.68	44.29

Otwarte Letnie Mistrzostwa Warszawy w pływaniu
Warszawa, 31.5. - 1.6.2019

Konkurencja 20, Chłopców, 400m dowolny

12 lat

1.	KOZŁOWSKI, Iwo	07	Ukp Polonia Warszawa	5:08.41	363
	50m: 35.36 35.36	150m: 1:54.04 39.69	250m: 3:12.23 38.90	350m: 4:30.73 39.31	
	100m: 1:14.35 38.99	200m: 2:33.33 39.29	300m: 3:51.42 39.19	400m: 5:08.41 37.68	
2.	PROSZOWSKI, Paweł	07	MKS Park Wodny Tarnowskie Góry	5:10.90	354
	50m: 34.65 34.65	150m: 1:53.11 39.64	250m: 3:13.29 40.45	350m: 4:32.46 39.29	
	100m: 1:13.47 38.82	200m: 2:32.84 39.73	300m: 3:53.17 39.88	400m: 5:10.90 38.44	
3.	GAJEWSKI, Jan	07	MKS Ochota Warszawa	5:12.93	347
	50m: 35.09 35.09	150m: 1:54.57 40.18	250m: 3:15.04 40.31	350m: 4:35.02 39.88	
	100m: 1:14.39 39.30	200m: 2:34.73 40.16	300m: 3:55.14 40.10	400m: 5:12.93 37.91	
4.	SZCZEPANIAK, Michał	07	UKS 48 Warszawa ródmi cie	5:14.36	343
	50m: 35.12 35.12	150m: 1:54.02 39.42	250m: 3:14.35 39.84	350m: 4:35.31 40.67	
	100m: 1:14.60 39.48	200m: 2:34.51 40.49	300m: 3:54.64 40.29	400m: 5:14.36 39.05	
5.	HUBI SKI, Olivier	07	UKS "Siódemka" Gdynia	5:15.14	340
	50m: 34.90 34.90	150m: 1:56.81 41.73	250m: 3:20.24 42.43	350m: 4:39.82 38.96	
	100m: 1:15.08 40.18	200m: 2:37.81 41.00	300m: 4:00.86 40.62	400m: 5:15.14 35.32	
6.	RESZKA, Jakub	07	Ukp Polonia Warszawa	5:18.83	328
	50m: 34.91 34.91	150m: 1:56.42 40.38	250m: 3:17.85 41.33	350m: 4:40.22 41.21	
	100m: 1:16.04 41.13	200m: 2:36.52 40.10	300m: 3:59.01 41.16	400m: 5:18.83 38.61	
7.	KULESZA, Jakub	07	Ukp Polonia Warszawa	5:31.07	293
	50m: 36.28 36.28	150m: 2:01.45 43.38	250m: 3:26.15 41.35	350m: 4:50.56 40.91	
	100m: 1:18.07 41.79	200m: 2:44.80 43.35	300m: 4:09.65 43.50	400m: 5:31.07 40.51	
8.	IWASZKIEWICZ, Jan	07	MKP „Warszawianka”	5:59.30	229
	50m: 39.80 39.80	150m: 2:11.41 46.04	250m: 3:42.21 45.06	350m: 5:15.04 45.56	
	100m: 1:25.37 45.57	200m: 2:57.15 45.74	300m: 4:29.48 47.27	400m: 5:59.30 44.26	
9.	MASEICHUK, Uladzislau	07	Akvastars	6:08.35	213
	50m: 41.51 41.51	150m: 2:16.51 49.25	250m: 3:52.30 48.06	350m: 5:28.97 48.43	
	100m: 1:27.26 45.75	200m: 3:04.24 47.73	300m: 4:40.54 48.24	400m: 6:08.35 39.38	

13 lat

1.	MIENICKI, Rafał	06	UKS 48 Warszawa ródmi cie	4:28.70	549
	50m: 29.98 29.98	150m: 1:38.09 34.16	250m: 2:46.44 34.15	350m: 3:55.71 34.59	
	100m: 1:03.93 33.95	200m: 2:12.29 34.20	300m: 3:21.12 34.68	400m: 4:28.70 32.99	
2.	FRONCZAK, Antoni	06	Ukp Polonia Warszawa	4:39.79	486
	50m: 32.73 32.73	150m: 1:44.16 35.75	250m: 2:55.69 35.43	350m: 4:06.20 35.12	
	100m: 1:08.41 35.68	200m: 2:20.26 36.10	300m: 3:31.08 35.39	400m: 4:39.79 33.59	
3.	GAWENDA, Bartłomiej	06	UKS 48 Warszawa ródmi cie	4:53.27	422
	50m: 32.22 32.22	150m: 1:45.13 36.36	250m: 2:59.81 37.43	350m: 4:16.53 37.51	
	100m: 1:08.77 36.55	200m: 2:22.38 37.25	300m: 3:39.02 39.21	400m: 4:53.27 36.74	
4.	HANDZLIK, Mateusz	06	MKP „Warszawianka”	4:54.90	415
	50m: 33.96 33.96	150m: 1:49.80 38.13	250m: 3:05.83 37.79	350m: 4:20.32 36.87	
	100m: 1:11.67 37.71	200m: 2:28.04 38.24	300m: 3:43.45 37.62	400m: 4:54.90 34.58	
5.	CIBOROWSKI, Dominik	06	MKP „Warszawianka”	5:00.92	391
	50m: 33.57 33.57	150m: 1:51.58 39.31	250m: 3:08.04 37.04	350m: 4:23.63 38.16	
	100m: 1:12.27 38.70	200m: 2:31.00 39.42	300m: 3:45.47 37.43	400m: 5:00.92 37.29	
6.	NOSAL, Łukasz	06	MKP „Warszawianka”	5:02.96	383
	50m: 34.23 34.23	150m: 1:53.40 39.99	250m: 3:11.23 38.62	350m: 4:28.08 38.01	
	100m: 1:13.41 39.18	200m: 2:32.61 39.21	300m: 3:50.07 38.84	400m: 5:02.96 34.88	
7.	SZYMANEK, Jakub	06	UKS G-8 Bielany Warszawa	5:02.97	383
	50m: 34.04 34.04	150m: 1:51.27 38.77	250m: 3:09.60 39.12	350m: 4:28.07 38.97	
	100m: 1:12.50 38.46	200m: 2:30.48 39.21	300m: 3:49.10 39.50	400m: 5:02.97 34.90	
8.	BZYMEK, Igor	06	Nowodworski OSiR	5:03.03	383
	50m: 33.52 33.52	150m: 1:48.59 38.03	250m: 3:07.30 39.33	350m: 4:27.21 39.94	
	100m: 1:10.56 37.04	200m: 2:27.97 39.38	300m: 3:47.27 39.97	400m: 5:03.03 35.82	

Otwarte Letnie Mistrzostwa Warszawy w pływaniu
Warszawa, 31.5. - 1.6.2019

Konkurencja 20, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
9.	SZANIAWSKI, Iwo		06	UKS 48 Warszawa ródmi cie				5:09.48	359		
	50m:	34.66 34.66	150m:	1:53.66	39.83	250m:	3:14.34	40.36	350m:	4:33.01	39.92
	100m:	1:13.83 39.17	200m:	2:33.98	40.32	300m:	3:53.09	38.75	400m:	5:09.48	36.47
10.	PUZIYCHUK, Kanstantsin		06	Akvastars				5:10.18	357		
	50m:	34.62 34.62	150m:	1:53.58	39.16	250m:	3:12.00	39.30	350m:	4:32.27	39.57
	100m:	1:14.42 39.80	200m:	2:32.70	39.12	300m:	3:52.70	40.70	400m:	5:10.18	37.91
11.	BACHANEK, Jakub		06	UKS G-8 Bielany Warszawa				5:12.60	348		
	50m:	35.59 35.59	150m:	1:55.80	39.75	250m:	3:16.55	39.98	350m:	4:35.88	39.73
	100m:	1:16.05 40.46	200m:	2:36.57	40.77	300m:	3:56.15	39.60	400m:	5:12.60	36.72
12.	PRZYBYŁO, Nikodem		06	Klub Sportowy Krotosz Krotoszyn				5:14.39	342		
	50m:	33.29 33.29	150m:	1:50.66	39.82	250m:	3:13.63	42.20	350m:	4:37.36	42.32
	100m:	1:10.84 37.55	200m:	2:31.43	40.77	300m:	3:55.04	41.41	400m:	5:14.39	37.03
13.	KAMI SKI, Bartosz		06	UKS G-8 Bielany Warszawa				5:25.86	308		
	50m:	35.85 35.85	150m:	1:59.29	42.42	250m:	3:24.74	41.59	350m:	4:47.66	40.61
	100m:	1:16.87 41.02	200m:	2:43.15	43.86	300m:	4:07.05	42.31	400m:	5:25.86	38.20
14.	CZARNOMSKI, Mateusz		06	Ukp Polonia Warszawa				5:26.00	307		
	50m:	36.42 36.42	150m:	2:01.83	43.14	250m:	3:25.45	41.50	350m:	4:48.12	41.04
	100m:	1:18.69 42.27	200m:	2:43.95	42.12	300m:	4:07.08	41.63	400m:	5:26.00	37.88
15.	WRONA, Maciej		06	MKP „Warszawianka”				5:32.33	290		
	50m:	38.72 38.72	150m:	2:05.18	43.33	250m:	3:31.07	42.86	350m:	4:53.62	40.54
	100m:	1:21.85 43.13	200m:	2:48.21	43.03	300m:	4:13.08	42.01	400m:	5:32.33	38.71

14 lat

1.	KUCHARCZYK, Paweł		05	Ukp Polonia Warszawa				4:30.78	536		
	50m:	30.72 30.72	150m:	1:38.92	34.61	250m:	2:48.25	34.57	350m:	3:57.71	34.54
	100m:	1:04.31 33.59	200m:	2:13.68	34.76	300m:	3:23.17	34.92	400m:	4:30.78	33.07
2.	PAWŁOWSKI, Michał		05	UKS "V" Łomianki				4:33.07	523		
	50m:	29.90 29.90	150m:	1:39.47	35.37	250m:	2:50.32	35.96	350m:	3:59.88	34.75
	100m:	1:04.10 34.20	200m:	2:14.36	34.89	300m:	3:25.13	34.81	400m:	4:33.07	33.19
3.	DZIEWGU , Benjamin		05	MKS Piaseczno				4:35.13	511		
	50m:	31.04 31.04	150m:	1:41.73	35.83	250m:	2:52.63	35.35	350m:	4:02.44	34.29
	100m:	1:05.90 34.86	200m:	2:17.28	35.55	300m:	3:28.15	35.52	400m:	4:35.13	32.69
4.	OLEWNICZAK, Maciej		05	Ukp Polonia Warszawa				4:38.06	495		
	50m:	31.27 31.27	150m:	1:41.29	35.35	250m:	2:52.25	35.29	350m:	4:03.86	35.53
	100m:	1:05.94 34.67	200m:	2:16.96	35.67	300m:	3:28.33	36.08	400m:	4:38.06	34.20
5.	BETA, Szymon		05	UKS G-8 Bielany Warszawa				4:38.89	491		
	50m:	32.29 32.29	150m:	1:43.57	35.85	250m:	2:55.65	35.82	350m:	4:06.26	34.62
	100m:	1:07.72 35.43	200m:	2:19.83	36.26	300m:	3:31.64	35.99	400m:	4:38.89	32.63
6.	WENERSKI, Eryk		05	Ukp Polonia Warszawa				4:51.09	432		
	50m:	32.02 32.02	150m:	1:44.65	36.50	250m:	2:59.57	37.96	350m:	4:14.77	37.15
	100m:	1:08.15 36.13	200m:	2:21.61	36.96	300m:	3:37.62	38.05	400m:	4:51.09	36.32
7.	BACZY SKI, Jan		05	UKS Olympic Warka				4:51.75	429		
	50m:	30.33 30.33	150m:	1:42.99	36.58	250m:	2:58.59	37.56	350m:	4:15.87	38.77
	100m:	1:06.41 36.08	200m:	2:21.03	38.04	300m:	3:37.10	38.51	400m:	4:51.75	35.88
8.	REGNOWSKI, Kajetan		05	UKS Swim Team Wilanów				4:56.80	407		
	50m:	32.32 32.32	150m:	1:47.25	38.20	250m:	3:04.56	38.73	350m:	4:21.35	38.50
	100m:	1:09.05 36.73	200m:	2:25.83	38.58	300m:	3:42.85	38.29	400m:	4:56.80	35.45
9.	MATOFIJ, Mikołaj		05	UKS "Siódemka" Gdynia				5:17.52	332		
	50m:	34.58 34.58	150m:	1:55.93	40.93	250m:	3:17.69	40.46	350m:	4:40.46	41.13
	100m:	1:15.00 40.42	200m:	2:37.23	41.30	300m:	3:59.33	41.64	400m:	5:17.52	37.06
10.	MAKSYMILIAN, Kuzak		05	KP KONKRET Gniezno				5:53.91	240		
	50m:	39.28 39.28	150m:	2:07.77	45.34	250m:	3:40.74	46.71	350m:	5:11.05	44.50
	100m:	1:22.43 43.15	200m:	2:54.03	46.26	300m:	4:26.55	45.81	400m:	5:53.91	42.86

Otwarte Letnie Mistrzostwa Warszawy w pływaniu
Warszawa, 31.5. - 1.6.2019

Konkurencja 20, Chłopców, 400m dowolny

PK	G	STAŁ, Jan		03	MUKP Warszawianka Wodny Park	4:16.71	630		
		50m: 27.40	27.40	150m: 1:31.68	32.91	250m: 2:38.45	33.45	350m: 3:45.36	33.09
		100m: 58.77	31.37	200m: 2:05.00	33.32	300m: 3:12.27	33.82	400m: 4:16.71	31.35
PK		KACPER, Rafał		04	UKS "V" Łomianki	4:32.76	525		
		50m: 29.89	29.89	150m: 1:38.24	34.56	250m: 2:47.55	34.36	350m: 3:58.10	35.36
		100m: 1:03.68	33.79	200m: 2:13.19	34.95	300m: 3:22.74	35.19	400m: 4:32.76	34.66
PK		KAŁASKA, Patryk		04	Ukp Polonia Warszawa	4:34.92	512		
		50m: 30.55	30.55	150m: 1:40.11	35.27	250m: 2:50.57	35.16	350m: 4:01.21	35.54
		100m: 1:04.84	34.29	200m: 2:15.41	35.30	300m: 3:25.67	35.10	400m: 4:34.92	33.71
PK		KURDELSKI, Filip		04	MUKP Warszawianka Wodny Park	4:54.91	415		
		50m: 34.42	34.42	150m: 1:50.52	38.44	250m: 3:05.96	37.08	350m: 4:19.52	36.60
		100m: 1:12.08	37.66	200m: 2:28.88	38.36	300m: 3:42.92	36.96	400m: 4:54.91	35.39