

IV runda Klubowego Pucharu Polski w pływaniu w płetwach  
Toru , 19- - 20-10-2019

Konkurencja 18  
2019-10-19 - 16:20

Kobiet, 400m.BF

14 lat i starsi  
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.	
<b>14 - 15 lat</b>										
1.	JESIOŁOWSKA, Inez		04	Uks Delfinek Chodzie				<b>4:03.82</b>		
	50m:	26.72 26.72	150m:	1:27.34	30.97	250m:	2:30.82	31.54	350m:	3:34.05 31.35
	100m:	56.37 29.65	200m:	1:59.28	31.94	300m:	3:02.70	31.88	400m:	4:03.82 29.77
2.	GRE , Julia		04	UKS MANTA Ko cierzyna				<b>4:12.72</b>		
	50m:	28.92 28.92	150m:	1:32.64	32.16	250m:	2:38.91	32.72	350m:	3:42.85 31.33
	100m:	1:00.48 31.56	200m:	2:06.19	33.55	300m:	3:11.52	32.61	400m:	4:12.72 29.87
3.	OSZKIEL, Wiktoria		04	KS Nautilus				<b>4:15.39</b>		
	50m:	28.87 28.87	150m:	1:32.29	32.12	250m:	2:38.50	32.88	350m:	3:42.90 31.51
	100m:	1:00.17 31.30	200m:	2:05.62	33.33	300m:	3:11.39	32.89	400m:	4:15.39 32.49
4.	WOLNIEWICZ, Weronika		04	Uks Delfinek Chodzie				<b>4:24.27</b>		
	50m:	28.28 28.28	150m:	1:31.59	32.85	250m:	2:39.33	34.24	350m:	3:49.85 35.51
	100m:	58.74 30.46	200m:	2:05.09	33.50	300m:	3:14.34	35.01	400m:	4:24.27 34.42
5.	DREGER, Maria		04	Uks Delfinek Chodzie				<b>4:27.78</b>		
	50m:	29.91 29.91	150m:	1:37.45	34.37	250m:	2:46.75	34.30	350m:	3:55.86 34.17
	100m:	1:03.08 33.17	200m:	2:12.45	35.00	300m:	3:21.69	34.94	400m:	4:27.78 31.92
6.	DUDEK, Antonina		05	Uks Delfinek Chodzie				<b>4:30.89</b>		
	50m:	28.94 28.94	150m:	1:35.58	34.57	250m:	2:46.02	35.49	350m:	3:56.89 35.11
	100m:	1:01.01 32.07	200m:	2:10.53	34.95	300m:	3:21.78	35.76	400m:	4:30.89 34.00
7.	ROGOWSKA, Wiktoria		05	UKS MANTA Ko cierzyna				<b>5:01.04</b>		
	50m:	32.79 32.79	150m:	1:47.63	37.56	250m:	3:05.82	39.10	350m:	4:24.75 39.10
	100m:	1:10.07 37.28	200m:	2:26.72	39.09	300m:	3:45.65	39.83	400m:	5:01.04 36.29
NIE UK.	ZAŁUCKA, Amelia		04	UKS Wodniacy Garczyn						
	50m:	31.70 31.70	150m:	1:41.94	36.43	250m:			350m:	
	100m:	1:05.51 33.81	200m:	2:27.48	45.54	300m:			400m:	
<b>16 - 17 lat</b>										
1.	VAROBEVA, Polina		03	OSN AMFIPRION Olecko				<b>4:11.58</b>		
	50m:	27.49 27.49	150m:	1:27.83	30.60	250m:	2:31.38	32.17	350m:	3:38.07 33.61
	100m:	57.23 29.74	200m:	1:59.21	31.38	300m:	3:04.46	33.08	400m:	4:11.58 33.51
2.	POKWICKA, Małgorzata		02	Laguna 24 Toru				<b>4:34.67</b>		
	50m:	31.28 31.28	150m:	1:38.87	34.49	250m:	2:49.30	35.40	350m:	4:00.86 35.70
	100m:	1:04.38 33.10	200m:	2:13.90	35.03	300m:	3:25.16	35.86	400m:	4:34.67 33.81
<b>18 lat i starsi</b>										
1.	CHODYNA, Kinga		00	OSN AMFIPRION Olecko				<b>4:04.79</b>		
	50m:	29.10 29.10	150m:	1:31.52	31.31	250m:	2:34.73	31.33	350m:	3:36.48 30.75
	100m:	1:00.21 31.11	200m:	2:03.40	31.88	300m:	3:05.73	31.00	400m:	4:04.79 28.31
2.	SZELUGA, Wiktoria		01	Swimland Olsztyn				<b>4:07.57</b>		
	50m:	28.34 28.34	150m:	1:30.66	31.56	250m:	2:34.68	32.27	350m:	3:37.27 31.06
	100m:	59.10 30.76	200m:	2:02.41	31.75	300m:	3:06.21	31.53	400m:	4:07.57 30.30
3.	CZARNOLEWSKA, Anna		97	Uks Delfinek Chodzie				<b>4:29.62</b>		
	50m:	29.60 29.60	150m:	1:36.18	34.33	250m:	2:46.34	35.36	350m:	3:56.50 34.61
	100m:	1:01.85 32.25	200m:	2:10.98	34.80	300m:	3:21.89	35.55	400m:	4:29.62 33.12