

OTWARTE JESIENNE MISTRZOSTWA OKR GU WARSZAWSKO - MAZOWIECKIEGO
Pruszków, 15.11.2019

Konkurencja 33
15.11.2019 - 16:29

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
14 - 15 lat									
1.	GÓRSKA, Zofia		05	UKP „Polonia Warszawa”				4:35.46	612
	50m:	32.00 32.00	150m:	1:41.50 34.92	250m:	2:52.11 34.87	350m:	4:02.09 34.23	
	100m:	1:06.58 34.58	200m:	2:17.24 35.74	300m:	3:27.86 35.75	400m:	4:35.46 33.37	
2.	KLUSEK, Aleksandra		05	UKP „Polonia Warszawa”				4:38.86	590
	50m:	31.68 31.68	150m:	1:41.05 35.07	250m:	2:52.58 35.43	350m:	4:03.04 34.72	
	100m:	1:05.98 34.30	200m:	2:17.15 36.10	300m:	3:28.32 35.74	400m:	4:38.86 35.82	
3.	OLECKA, Amelia		05	UKS „GIM 92 Ursynów”				4:48.81	531
	50m:	33.44 33.44	150m:	1:46.18 36.65	250m:	2:59.76 36.65	350m:	4:13.33 36.52	
	100m:	1:09.53 36.09	200m:	2:23.11 36.93	300m:	3:36.81 37.05	400m:	4:48.81 35.48	
4.	KLECZEK, Maria		05	UKS „GIM 92 Ursynów”				4:55.54	495
	50m:	33.07 33.07	150m:	1:47.81 37.97	250m:	3:04.30 38.03	350m:	4:19.26 37.44	
	100m:	1:09.84 36.77	200m:	2:26.27 38.46	300m:	3:41.82 37.52	400m:	4:55.54 36.28	
5.	RUTWA, Wiktoria		05	MKS Piaseczno				4:57.52	486
	50m:	33.69 33.69	150m:	1:48.96 38.03	250m:	3:05.84 38.48	350m:	4:21.96 37.57	
	100m:	1:10.93 37.24	200m:	2:27.36 38.40	300m:	3:44.39 38.55	400m:	4:57.52 35.56	
6.	ZAWADA, Malwina		05	MKS Piaseczno				4:57.88	484
	50m:	33.89 33.89	150m:	1:50.34 38.72	250m:	3:06.75 37.92	350m:	4:22.96 38.06	
	100m:	1:11.62 37.73	200m:	2:28.83 38.49	300m:	3:44.90 38.15	400m:	4:57.88 34.92	
7.	PABISIAK, Helena		05	UKP „Polonia Warszawa”				5:01.36	467
	50m:	33.72 33.72	150m:	1:49.27 38.49	250m:	3:06.56 38.65	350m:	4:24.42 39.40	
	100m:	1:10.78 37.06	200m:	2:27.91 38.64	300m:	3:45.02 38.46	400m:	5:01.36 36.94	
PK	MACIAK, Julia		06	IUKS „Muszelka” Warszawa				4:53.61	505
	50m:	33.22 33.22	150m:	1:47.74 37.08	250m:	3:02.33 36.96	350m:	4:17.16 36.92	
	100m:	1:10.66 37.44	200m:	2:25.37 37.63	300m:	3:40.24 37.91	400m:	4:53.61 36.45	