

Otwarte Zimowe Mistrzostwa Warszawy w Pływaniu
Warszawa, 29. - 30.11.2019

Konkurencja 20
29.11.2019 - 19:43

Chłopców, 400m dowolny

10 - 14 lat
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
10 lat									
1.	TARASIEWICZ, Piotr		09	UKP „Polonia Warszawa”				5:44.70	260
	50m:	38.67 38.67	150m:	2:07.39 44.51	250m:	3:34.45 42.60	350m:	5:03.12 43.61	
	100m:	1:22.88 44.21	200m:	2:51.85 44.46	300m:	4:19.51 45.06	400m:	5:44.70 41.58	
2.	ZGODA, Bartosz		09	MKS „Jagiellonka” Warszawa				5:52.86	242
	50m:	38.10 38.10	150m:	2:09.66 46.47	250m:	3:41.60 46.30	350m:	5:13.49 45.71	
	100m:	1:23.19 45.09	200m:	2:55.30 45.64	300m:	4:27.78 46.18	400m:	5:52.86 39.37	
3.	POWIERZA, Arkadiusz		09	MKS „Jagiellonka” Warszawa				5:56.76	234
	50m:	38.76 38.76	150m:	2:09.67 45.91	250m:	3:41.92 46.38	350m:	5:13.84 45.87	
	100m:	1:23.76 45.00	200m:	2:55.54 45.87	300m:	4:27.97 46.05	400m:	5:56.76 42.92	
4.	JURDA, Filip		09	MKS Jedynka Łódź				5:59.81	228
	50m:	39.92 39.92	150m:	2:11.28 46.63	250m:	3:45.92 46.75	350m:	5:17.95 45.34	
	100m:	1:24.65 44.73	200m:	2:59.17 47.89	300m:	4:32.61 46.69	400m:	5:59.81 41.86	
5.	FIADOTAU, Aliaksandr		09	Aquastars				6:00.51	227
	50m:	36.79 36.79	150m:	2:08.61 46.87	250m:	3:42.22 46.49	350m:	5:16.64 47.81	
	100m:	1:21.74 44.95	200m:	2:55.73 47.12	300m:	4:28.83 46.61	400m:	6:00.51 43.87	
6.	MUSIN, Ismail		09	UKS Swim Team Wilanów				7:18.88	126
	50m:	43.66 43.66	150m:	2:33.12 57.73	250m:		350m:		
	100m:	1:35.39 51.73	200m:	3:28.51 55.39	300m:	5:25.78	400m:	7:18.88	
11 lat									
1.	KRAWCZYK, Jakub		08	MKP „Warszawianka”				4:47.73	447
	50m:	32.10 32.10	150m:	1:44.41 36.70	250m:	2:57.95 36.31	350m:	4:12.06 37.01	
	100m:	1:07.71 35.61	200m:	2:21.64 37.23	300m:	3:35.05 37.10	400m:	4:47.73 35.67	
2.	HALKIEWICZ, Maciej		08	UKS „Omega” Olkusz				5:22.75	317
	50m:	34.72 34.72	150m:	1:57.64 42.31	250m:	3:20.40 40.91	350m:	4:43.74 41.23	
	100m:	1:15.33 40.61	200m:	2:39.49 41.85	300m:	4:02.51 42.11	400m:	5:22.75 39.01	
3.	ROZBICKI, Kacper		08	UKS 48 Warszawa ródmi cie				5:28.12	301
	50m:	36.12 36.12	150m:	2:00.40 42.58	250m:	3:25.39 42.22	350m:	4:48.92 41.38	
	100m:	1:17.82 41.70	200m:	2:43.17 42.77	300m:	4:07.54 42.15	400m:	5:28.12 39.20	
4.	BAŁABAN, Antoni		08	UKS 48 Warszawa ródmi cie				5:28.94	299
	50m:	35.80 35.80	150m:	1:56.52 41.75	250m:	3:21.04 42.46	350m:	4:46.95 43.19	
	100m:	1:14.77 38.97	200m:	2:38.58 42.06	300m:	4:03.76 42.72	400m:	5:28.94 41.99	
5.	PŁUCIENNIK, Filip		08	UKS Swim Team Wilanów				5:39.44	272
	50m:	36.26 36.26	150m:	2:03.14 44.36	250m:	3:31.96 45.41	350m:	4:59.93 44.15	
	100m:	1:18.78 42.52	200m:	2:46.55 43.41	300m:	4:15.78 43.82	400m:	5:39.44 39.51	
6.	BIELECKI, Borys		08	UKS G-8 Bielany Warszawa				5:39.51	272
	50m:	36.55 36.55	150m:	2:03.15 44.03	250m:	3:32.16 44.80	350m:	5:00.49 43.90	
	100m:	1:19.12 42.57	200m:	2:47.36 44.21	300m:	4:16.59 44.43	400m:	5:39.51 39.02	
7.	BŁACHNIO, Borys		08	UKS 48 Warszawa ródmi cie				5:51.53	245
	50m:	36.15 36.15	150m:	2:04.98 45.78	250m:	3:37.02 45.38	350m:	5:09.31 46.05	
	100m:	1:19.20 43.05	200m:	2:51.64 46.66	300m:	4:23.26 46.24	400m:	5:51.53 42.22	
8.	GWIAZDOWSKI, Krzysztof		08	MKS Piaseczno				5:52.64	243
	50m:	37.38 37.38	150m:	2:05.59 45.49	250m:	3:37.75 46.51	350m:	5:10.04 45.86	
	100m:	1:20.10 42.72	200m:	2:51.24 45.65	300m:	4:24.18 46.43	400m:	5:52.64 42.60	
9.	D BROWSKI, Marcin		08	UKS "V" Łomianki				6:04.56	219
	50m:	39.97 39.97	150m:	2:14.88 48.09	250m:	3:50.02 46.99	350m:	5:24.76 46.93	
	100m:	1:26.79 46.82	200m:	3:03.03 48.15	300m:	4:37.83 47.81	400m:	6:04.56 39.80	
10.	BU YCKI, Marcel		08	KP Płetwal Mława				6:19.59	194
	50m:	42.10 42.10	150m:	2:18.43 48.76	250m:	3:56.93 49.84	350m:	5:35.18 49.01	
	100m:	1:29.67 47.57	200m:	3:07.09 48.66	300m:	4:46.17 49.24	400m:	6:19.59 44.41	

Otwarte Zimowe Mistrzostwa Warszawy w Pływaniu
Warszawa, 29. - 30.11.2019

Konkurencja 20, Chłopców, 400m dowolny

12 lat

1.	PIETRO , Przemysław	07	UKS Olimpijczyk 23	4:48.12	445
	50m: 32.65 32.65	150m: 1:45.34 37.04	250m: 3:00.26 37.62	350m: 4:13.35 35.62	
	100m: 1:08.30 35.65	200m: 2:22.64 37.30	300m: 3:37.73 37.47	400m: 4:48.12 34.77	
2.	PROSZOWSKI, Paweł	07	MKS Park Wodny Tarnowskie Góry	4:50.65	434
	50m: 31.84 31.84	150m: 1:43.90 36.60	250m: 2:58.65 37.58	350m: 4:14.13 37.52	
	100m: 1:07.30 35.46	200m: 2:21.07 37.17	300m: 3:36.61 37.96	400m: 4:50.65 36.52	
3.	PONIEWA , Oliwier	07	KS OLIMPIA Lublin	4:58.11	402
	50m: 35.06 35.06	150m: 1:52.22 38.60	250m: 3:09.05 38.73	350m: 4:23.65 36.23	
	100m: 1:13.62 38.56	200m: 2:30.32 38.10	300m: 3:47.42 38.37	400m: 4:58.11 34.46	
4.	SZCZEPANIAK, Michał	07	UKS 48 Warszawa różnie cie	5:08.30	363
	50m: 34.84 34.84	150m: 1:52.60 39.20	250m: 3:10.46 39.08	350m: 4:29.21 39.18	
	100m: 1:13.40 38.56	200m: 2:31.38 38.78	300m: 3:50.03 39.57	400m: 5:08.30 39.09	
5.	MLECHKA, Zakhar	07	sport school-1	5:12.13	350
	50m: 34.38 34.38	150m: 1:52.88 39.90	250m: 3:12.55 40.18	350m: 4:34.20 39.74	
	100m: 1:12.98 38.60	200m: 2:32.37 39.49	300m: 3:54.46 41.91	400m: 5:12.13 37.93	
6.	PIOTROWSKI, Kacper	07	UKS Manta Warszawa Włochy	5:16.80	335
	50m: 33.76 33.76	150m: 1:55.01 40.78	250m: 3:17.09 41.09	350m: 4:39.40 40.69	
	100m: 1:14.23 40.47	200m: 2:36.00 40.99	300m: 3:58.71 41.62	400m: 5:16.80 37.40	
7.	KACZOR, Oskar	07	UKS Siódemka Gdynia	5:19.71	326
	50m: 35.04 35.04	150m: 1:55.49 40.99	250m: 3:19.29 42.19	350m: 4:42.36 41.39	
	100m: 1:14.50 39.46	200m: 2:37.10 41.61	300m: 4:00.97 41.68	400m: 5:19.71 37.35	
8.	STA KIEWICZ, Wiktor	07	MKP „Warszawianka”	5:42.64	264
	50m: 35.98 35.98	150m: 2:02.29 43.87	250m: 3:30.11 42.78	350m: 5:01.29 45.51	
	100m: 1:18.42 42.44	200m: 2:47.33 45.04	300m: 4:15.78 45.67	400m: 5:42.64 41.35	
9.	TOMECKI, Filip	07	UKS „Victoria Józefów”	5:50.94	246
	50m: 38.31 38.31	150m: 2:08.11 45.82	250m: 3:38.59 44.67	350m: 5:08.28 44.08	
	100m: 1:22.29 43.98	200m: 2:53.92 45.81	300m: 4:24.20 45.61	400m: 5:50.94 42.66	

13 lat

1.	LARY , Jerzy	06	IUKS „Muszelka” Warszawa	4:24.95	573
	50m: 30.21 30.21	150m: 1:36.62 33.59	250m: 2:44.76 34.17	350m: 3:52.42 33.76	
	100m: 1:03.03 32.82	200m: 2:10.59 33.97	300m: 3:18.66 33.90	400m: 4:24.95 32.53	
2.	LE NIEWSKI, Wiktor	06	MKS „Jagiellonka” Warszawa	4:47.44	448
	50m: 31.49 31.49	150m: 1:44.91 36.99	250m: 3:00.20 37.93	350m: 4:12.90 36.42	
	100m: 1:07.92 36.43	200m: 2:22.27 37.36	300m: 3:36.48 36.28	400m: 4:47.44 34.54	
3.	HANDZLIK, Mateusz	06	MKP „Warszawianka”	4:49.84	437
	50m: 31.41 31.41	150m: 1:43.89 36.96	250m: 2:58.42 37.26	350m: 4:13.48 37.38	
	100m: 1:06.93 35.52	200m: 2:21.16 37.27	300m: 3:36.10 37.68	400m: 4:49.84 36.36	
4.	NOSAL, Łukasz	06	MKP „Warszawianka”	4:52.04	427
	50m: 32.43 32.43	150m: 1:45.48 37.16	250m: 3:00.13 36.99	350m: 4:15.38 37.15	
	100m: 1:08.32 35.89	200m: 2:23.14 37.66	300m: 3:38.23 38.10	400m: 4:52.04 36.66	
5.	CIBOROWSKI, Dominik	06	MKP „Warszawianka”	4:55.27	414
	50m: 31.81 31.81	150m: 1:46.19 37.90	250m: 3:01.87 37.08	350m: 4:19.80 39.01	
	100m: 1:08.29 36.48	200m: 2:24.79 38.60	300m: 3:40.79 38.92	400m: 4:55.27 35.47	
6.	PUZIYCHUK, Kanstantsin	06	Aquastars	4:59.17	398
	50m: 33.53 33.53	150m: 1:48.22 38.10	250m: 3:04.99 38.11	350m: 4:22.49 38.53	
	100m: 1:10.12 36.59	200m: 2:26.88 38.66	300m: 3:43.96 38.97	400m: 4:59.17 36.68	
7.	ŁAGODZKI, Damian	06	UKS Manta Warszawa Włochy	5:08.41	363
	50m: 33.40 33.40	150m: 1:52.16 39.64	250m: 3:12.82 40.33	350m: 4:32.28 39.90	
	100m: 1:12.52 39.12	200m: 2:32.49 40.33	300m: 3:52.38 39.56	400m: 5:08.41 36.13	
8.	LAPOUTSKI, Pavel	06	sport school-1	5:12.53	349
	50m: 32.56 32.56	150m: 1:49.90 39.46	250m: 3:11.30 41.22	350m: 4:33.83 40.11	
	100m: 1:10.44 37.88	200m: 2:30.08 40.18	300m: 3:53.72 42.42	400m: 5:12.53 38.70	

Otwarte Zimowe Mistrzostwa Warszawy w Pływaniu
Warszawa, 29. - 30.11.2019

Konkurencja 20, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
9.	KORDJAK, Dawid		06	Solne Miasto SP. zo.o				5:13.15	347
	50m:	34.65 34.65	150m:	1:52.93 39.64	250m:	3:13.49 40.60	350m:	4:33.64 40.18	
	100m:	1:13.29 38.64	200m:	2:32.89 39.96	300m:	3:53.46 39.97	400m:	5:13.15 39.51	
10.	POROLNICZAK, Aleksander		06	UKS Ostrobramska				5:14.05	344
	50m:	33.75 33.75	150m:	1:53.66 40.30	250m:	3:15.21 40.52	350m:	4:36.72 40.38	
	100m:	1:13.36 39.61	200m:	2:34.69 41.03	300m:	3:56.34 41.13	400m:	5:14.05 37.33	
11.	PTASZY SKI, Łukasz		06	UKS Manta Warszawa Włochy				5:18.79	328
	50m:	34.56 34.56	150m:	1:55.78 41.10	250m:	3:18.87 41.87	350m:	4:39.99 39.92	
	100m:	1:14.68 40.12	200m:	2:37.00 41.22	300m:	4:00.07 41.20	400m:	5:18.79 38.80	
12.	WRONA, Maciej		06	MKP „Warszawianka”				5:19.56	326
	50m:	35.56 35.56	150m:	1:56.33 40.23	250m:	3:18.60 40.76	350m:	4:40.42 40.30	
	100m:	1:16.10 40.54	200m:	2:37.84 41.51	300m:	4:00.12 41.52	400m:	5:19.56 39.14	
13.	NIECZYPORUK, Maciej		06	Uks 8 Siedlce				5:30.75	294
	50m:	34.95 34.95	150m:	1:57.80 42.39	250m:	3:24.26 43.48	350m:	4:50.45 42.04	
	100m:	1:15.41 40.46	200m:	2:40.78 42.98	300m:	4:08.41 44.15	400m:	5:30.75 40.30	
14.	LEDZI SKI, Jan		06	KP Płetwal Mława				5:53.59	241
	50m:	37.16 37.16	150m:	2:05.43 45.40	250m:	3:37.13 46.39	350m:	5:11.80 46.42	
	100m:	1:20.03 42.87	200m:	2:50.74 45.31	300m:	4:25.38 48.25	400m:	5:53.59 41.79	

14 lat

1.	MAŁKOWSKI, Jan		05	UKS Ostrobramska				4:44.43	463
	50m:	30.71 30.71	150m:	1:42.59 37.02	250m:	2:56.16 37.37	350m:	4:09.78 36.44	
	100m:	1:05.57 34.86	200m:	2:18.79 36.20	300m:	3:33.34 37.18	400m:	4:44.43 34.65	
2.	GRZEBSKI, Michał		05	KP Płetwal Mława				6:15.69	200
	50m:	37.03 37.03	150m:	2:07.01 46.97	250m:	3:45.58 50.21	350m:	5:27.37 51.41	
	100m:	1:20.04 43.01	200m:	2:55.37 48.36	300m:	4:35.96 50.38	400m:	6:15.69 48.32	
DYSKW.	CHINIEWICZ, Filip		05	MKS „Jagiellonka” Warszawa				4:48.30	
	<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu</i>								
	50m:	31.12 31.12	150m:	1:43.09 36.48	250m:	2:58.00 37.29	350m:	4:12.97 37.55	
	100m:	1:06.61 35.49	200m:	2:20.71 37.62	300m:	3:35.42 37.42	400m:	4:48.30 35.33	
PK	CHMIELEWSKI, Krzysztof		04	IUKS „Muszelka” Warszawa				4:10.92	674
	50m:	29.42 29.42	150m:	1:32.12 31.52	250m:	2:35.69 31.91	350m:	3:39.83 32.02	
	100m:	1:00.60 31.18	200m:	2:03.78 31.66	300m:	3:07.81 32.12	400m:	4:10.92 31.09	
PK	RODKIEWICZ, Radosław		03	IUKS „Muszelka” Warszawa				4:17.03	627
	50m:	29.63 29.63	150m:	1:35.13 33.31	250m:	2:41.82 33.27	350m:	3:47.22 32.28	
	100m:	1:01.82 32.19	200m:	2:08.55 33.42	300m:	3:14.94 33.12	400m:	4:17.03 29.81	
PK	DOŁOWY, Grzegorz		02	IUKS „Muszelka” Warszawa				4:17.30	625
	50m:	30.00 30.00	150m:	1:34.10 32.48	250m:	2:40.21 33.48	350m:	3:46.33 33.06	
	100m:	1:01.62 31.62	200m:	2:06.73 32.63	300m:	3:13.27 33.06	400m:	4:17.30 30.97	
PK	CHMIELEWSKI, Michał		04	IUKS „Muszelka” Warszawa				4:18.82	614
	50m:	29.65 29.65	150m:	1:35.39 33.05	250m:	2:40.97 32.33	350m:	3:46.80 32.85	
	100m:	1:02.34 32.69	200m:	2:08.64 33.25	300m:	3:13.95 32.98	400m:	4:18.82 32.02	
PK	MORDZONEK, Mateusz		01	MUKP Warszawianka				4:58.33	401
	50m:	31.76 31.76	150m:	1:45.94 37.88	250m:	3:03.69 38.97	350m:	4:22.37 39.31	
	100m:	1:08.06 36.30	200m:	2:24.72 38.78	300m:	3:43.06 39.37	400m:	4:58.33 35.96	