

Otwarte Zimowe Mistrzostwa Warszawy w Pływaniu
Warszawa, 29. - 30.11.2019

Konkurencja 30
30.11.2019 - 12:03

Chłopców, 400m zmienny

11 - 14 lat
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.
11 lat			
1. KRAWCZYK, Jakub	08 MKP „Warszawianka”	5:38.53	373
50m: 35.63 35.63	150m: 2:03.95 43.28	250m: 3:36.43 51.03	350m: 5:03.12 36.32
100m: 1:20.67 45.04	200m: 2:45.40 41.45	300m: 4:26.80 50.37	400m: 5:38.53 35.41
2. ROZBICKI, Kacper	08 UKS 48 Warszawa ródmi cie	6:03.97	300
50m: 40.21 40.21	150m: 2:15.64 47.38	250m: 3:51.41 49.66	350m: 5:24.73 42.49
100m: 1:28.26 48.05	200m: 3:01.75 46.11	300m: 4:42.24 50.83	400m: 6:03.97 39.24
3. KAMI SKI, Marcel	08 UKS G-8 Bielany Warszawa	6:36.15	233
50m: 40.47 40.47	150m: 2:23.03 54.37	250m: 4:10.61 57.06	350m: 5:52.02 45.50
100m: 1:28.66 48.19	200m: 3:13.55 50.52	300m: 5:06.52 55.91	400m: 6:36.15 44.13
12 lat			
1. OŁOWNIA, Ignacy	07 UKS Siódemka Gdynia	5:26.89	415
50m: 33.92 33.92	150m: 1:54.73 41.12	250m: 3:22.59 48.59	350m: 4:49.50 38.39
100m: 1:13.61 39.69	200m: 2:34.00 39.27	300m: 4:11.11 48.52	400m: 5:26.89 37.39
2. WDOVIK, Dominik	07 UKS „Dragon”	5:27.67	412
50m: 32.47 32.47	150m: 1:56.91 45.10	250m: 3:23.78 44.25	350m: 4:51.31 39.97
100m: 1:11.81 39.34	200m: 2:39.53 42.62	300m: 4:11.34 47.56	400m: 5:27.67 36.36
3. SZCZEPANIAK, Michał	07 UKS 48 Warszawa ródmi cie	5:54.76	324
50m: 40.61 40.61	150m: 2:15.69 45.89	250m: 3:47.48 48.47	350m: 5:16.38 39.97
100m: 1:29.80 49.19	200m: 2:59.01 43.32	300m: 4:36.41 48.93	400m: 5:54.76 38.38
4. CARSTENS, Dominik	07 UKS Siódemka Gdynia	6:12.21	281
50m: 43.15 43.15	150m: 2:20.94 46.32	250m: 3:56.49 51.32	350m: 5:32.46 42.40
100m: 1:34.62 51.47	200m: 3:05.17 44.23	300m: 4:50.06 53.57	400m: 6:12.21 39.75
5. SERHIYENIA, Aliaksej	07 sport school-1	6:17.04	270
50m: 38.69 38.69	150m: 2:20.44 49.69	250m: 3:59.46 53.54	350m: 5:35.85 41.67
100m: 1:30.75 52.06	200m: 3:05.92 45.48	300m: 4:54.18 54.72	400m: 6:17.04 41.19
6. SPIREWSKI, Mikołaj	07 UKS Siódemka Gdynia	6:18.62	267
50m: 45.22 45.22	150m: 2:30.10 50.80	250m: 4:08.87 48.30	350m: 5:41.08 43.24
100m: 1:39.30 54.08	200m: 3:20.57 50.47	300m: 4:57.84 48.97	400m: 6:18.62 37.54
7. STA KIEWICZ, Wiktor	07 MKP „Warszawianka”	6:34.03	236
50m: 41.39 41.39	150m: 2:21.54 48.84	250m: 4:09.63 59.50	350m: 5:53.90 43.63
100m: 1:32.70 51.31	200m: 3:10.13 48.59	300m: 5:10.27 1:00.64	400m: 6:34.03 40.13
13 lat			
1. JANISZEWSKI, Mateusz	06 UKS SP-149 Łód	5:06.65	502
50m: 29.72 29.72	150m: 1:47.22 41.43	250m: 3:12.26 45.07	350m: 4:33.70 36.05
100m: 1:05.79 36.07	200m: 2:27.19 39.97	300m: 3:57.65 45.39	400m: 5:06.65 32.95
2. LARY , Jerzy	06 IUKS „Muszelka” Warszawa	5:07.45	498
50m: 32.20 32.20	150m: 1:50.40 40.61	250m: 3:15.22 45.56	350m: 4:34.78 33.89
100m: 1:09.79 37.59	200m: 2:29.66 39.26	300m: 4:00.89 45.67	400m: 5:07.45 32.67
3. CHOLEWA, Wojciech	06 Solne Miasto SP. zo.o	5:19.62	444
50m: 31.86 31.86	150m: 1:51.38 42.41	250m: 3:19.86 47.33	350m: 4:44.04 35.91
100m: 1:08.97 37.11	200m: 2:32.53 41.15	300m: 4:08.13 48.27	400m: 5:19.62 35.58
4. HANDZLIK, Mateusz	06 MKP „Warszawianka”	5:21.55	436
50m: 34.06 34.06	150m: 1:56.44 42.84	250m: 3:23.79 45.75	350m: 4:46.56 36.90
100m: 1:13.60 39.54	200m: 2:38.04 41.60	300m: 4:09.66 45.87	400m: 5:21.55 34.99
5. CIBOROWSKI, Dominik	06 MKP „Warszawianka”	5:26.65	415
50m: 34.88 34.88	150m: 1:58.22 41.34	250m: 3:24.98 45.75	350m: 4:49.61 38.02
100m: 1:16.88 42.00	200m: 2:39.23 41.01	300m: 4:11.59 46.61	400m: 5:26.65 37.04

Otwarte Zimowe Mistrzostwa Warszawy w Pływaniu
Warszawa, 29. - 30.11.2019

Konkurencja 30, Chłopców, 400m zmienny, 13 lat

Pozycja					Rok ur.					Czas	Pkt.	
6.	NOSAL, Łukasz				06	MKP „Warszawianka”				5:30.87	400	
	50m:	33.78	33.78	150m:	1:57.16	42.91	250m:	3:26.46	47.72	350m:	4:53.58	38.76
	100m:	1:14.25	40.47	200m:	2:38.74	41.58	300m:	4:14.82	48.36	400m:	5:30.87	37.29
7.	PUZIYCHUK, Kanstantsin				06	Aquastars				5:31.09	399	
	50m:	35.23	35.23	150m:	1:59.02	43.41	250m:	3:29.33	47.68	350m:	4:55.22	37.87
	100m:	1:15.61	40.38	200m:	2:41.65	42.63	300m:	4:17.35	48.02	400m:	5:31.09	35.87
8.	WRONA, Maciej				06	MKP „Warszawianka”				6:07.07	293	
	50m:	40.64	40.64	150m:	2:13.95	44.04	250m:	3:51.83	54.00	350m:	5:26.90	41.94
	100m:	1:29.91	49.27	200m:	2:57.83	43.88	300m:	4:44.96	53.13	400m:	6:07.07	40.17
9.	NOSOWICZ, Mikołaj				06	UKS „Omega” Olkusz				6:16.25	272	
	50m:	37.08	37.08	150m:	2:18.54	53.61	250m:	4:00.56	49.21	350m:	5:34.06	42.02
	100m:	1:24.93	47.85	200m:	3:11.35	52.81	300m:	4:52.04	51.48	400m:	6:16.25	42.19
10.	GRZEBINOĞA, Franciszek				06	UKS „Omega” Olkusz				6:30.21	244	
	50m:	43.16	43.16	150m:	2:29.62	50.24	250m:	4:08.82	53.06	350m:	5:47.76	45.92
	100m:	1:39.38	56.22	200m:	3:15.76	46.14	300m:	5:01.84	53.02	400m:	6:30.21	42.45
11.	KORNACKI, Hubert				06	MKP „Warszawianka”				6:36.16	233	
	50m:	43.33	43.33	150m:	2:27.67	50.78	250m:	4:11.69	54.86	350m:	5:51.92	45.24
	100m:	1:36.89	53.56	200m:	3:16.83	49.16	300m:	5:06.68	54.99	400m:	6:36.16	44.24
12.	STOLARSKI, Tadeusz				06	MKP „Warszawianka”				6:52.52	206	
	50m:	49.32	49.32	150m:	2:37.34	48.57	250m:	4:19.04	53.73	350m:	6:02.80	48.09
	100m:	1:48.77	59.45	200m:	3:25.31	47.97	300m:	5:14.71	55.67	400m:	6:52.52	49.72
PK	CHMIELEWSKI, Krzysztof				04	IUKS „Muszelka” Warszawa				4:48.16	605	
	50m:	29.18	29.18	150m:	1:39.17	36.68	250m:	3:00.07	44.71	350m:	4:16.73	31.95
	100m:	1:02.49	33.31	200m:	2:15.36	36.19	300m:	3:44.78	44.71	400m:	4:48.16	31.43
PK	CHMIELEWSKI, Michał				04	IUKS „Muszelka” Warszawa				4:51.97	582	
	50m:	28.83	28.83	150m:	1:40.03	37.05	250m:	3:00.06	44.52	350m:	4:19.44	33.73
	100m:	1:02.98	34.15	200m:	2:15.54	35.51	300m:	3:45.71	45.65	400m:	4:51.97	32.53
PK	RODKIEWICZ, Radosław				03	IUKS „Muszelka” Warszawa				5:00.78	532	
	50m:	31.33	31.33	150m:	1:48.62	39.22	250m:	3:11.03	45.23	350m:	4:29.03	32.68
	100m:	1:09.40	38.07	200m:	2:25.80	37.18	300m:	3:56.35	45.32	400m:	5:00.78	31.75
PK	LIUTKEVICIUS, Lukas				04	Kauno PM				5:04.32	514	
	50m:	30.42	30.42	150m:	1:44.86	38.88	250m:	3:06.27	43.33	350m:	4:28.11	36.24
	100m:	1:05.98	35.56	200m:	2:22.94	38.08	300m:	3:51.87	45.60	400m:	5:04.32	36.21
PK	DOŁOWY, Grzegorz				02	IUKS „Muszelka” Warszawa				5:05.71	507	
	50m:	32.03	32.03	150m:	1:49.17	39.88	250m:	3:12.91	44.74	350m:	4:33.44	33.84
	100m:	1:09.29	37.26	200m:	2:28.17	39.00	300m:	3:59.60	46.69	400m:	5:05.71	32.27