

III MISTRZOSTWA MAZOWSZA W PŁYWANIU POD PATRONATEM PREZYDENTA MIASTA CIECHANÓW
Ciechanów, 1.2.2020

Konkurencja 40
01.02.2020 - 20:15

M czynn, 400m dowolny

Open
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.	
11 lat i młodszy										
1.	SZCZEPANIAK, Maciej		09	UKS 48 Warszawa ródnie cie				5:36.90	250	
	50m:	37.85 37.85	150m:	2:02.99	42.89	250m:	3:28.26	43.27	350m:	4:55.61 43.68
	100m:	1:20.10 42.25	200m:	2:44.99	42.00	300m:	4:11.93	43.67	400m:	5:36.90 41.29
2.	ZGODA, Bartosz		09	MKS „Jagiellonka” Warszawa				5:47.57	227	
	50m:	37.57 37.57	150m:	2:06.85	45.30	250m:	3:37.33	45.44	350m:	5:03.48 41.94
	100m:	1:21.55 43.98	200m:	2:51.89	45.04	300m:	4:21.54	44.21	400m:	5:47.57 44.09
3.	MELEROWICZ, Antoni		09	UKS G-8 Bielany Warszawa				5:51.61	219	
	50m:	39.09 39.09	150m:	2:09.05	45.78	250m:	3:39.80	45.62	350m:	5:09.05 44.28
	100m:	1:23.27 44.18	200m:	2:54.18	45.13	300m:	4:24.77	44.97	400m:	5:51.61 42.56
12 lat										
1.	WIDŁA, Piotr		08	UKS G-8 Bielany Warszawa				5:09.30	323	
	50m:	35.02 35.02	150m:	1:52.84	39.12	250m:	3:12.24	39.88	350m:	4:31.71 39.52
	100m:	1:13.72 38.70	200m:	2:32.36	39.52	300m:	3:52.19	39.95	400m:	5:09.30 37.59
2.	BAŁABAN, Antoni		08	UKS 48 Warszawa ródnie cie				5:12.31	313	
	50m:	35.32 35.32	150m:	1:51.77	39.03	250m:	3:11.65	39.93	350m:	4:32.28 40.10
	100m:	1:12.74 37.42	200m:	2:31.72	39.95	300m:	3:52.18	40.53	400m:	5:12.31 40.03
3.	ROZMARYNOWSKI, Jakub		08	MKS Ochota Warszawa				5:27.75	271	
	50m:	36.50 36.50	150m:	1:58.28	41.72	250m:	3:23.16	42.61	350m:	4:48.87 42.42
	100m:	1:16.56 40.06	200m:	2:40.55	42.27	300m:	4:06.45	43.29	400m:	5:27.75 38.88
4.	PŁUCIENNIK, Filip		08	UKS Swim Team Wilanów				5:27.95	271	
	50m:	36.33 36.33	150m:	1:59.67	41.93	250m:	3:23.78	42.21	350m:	4:48.23 42.21
	100m:	1:17.74 41.41	200m:	2:41.57	41.90	300m:	4:06.02	42.24	400m:	5:27.95 39.72
5.	KOMOSI SKI, Franciszek		08	MKS Juvenia Białystok				5:54.07	215	
	50m:	42.33 42.33	150m:	2:13.58	45.80	250m:	3:45.26	45.82	350m:	5:13.46 43.46
	100m:	1:27.78 45.45	200m:	2:59.44	45.86	300m:	4:30.00	44.74	400m:	5:54.07 40.61
6.	ORKWISZEWSKI, Aleksander		08	Klub Pływacki Płetwal MŁAWA				5:59.67	205	
	50m:	39.07 39.07	150m:	2:09.58	46.25	250m:	3:42.03	46.67	350m:	5:13.55 46.36
	100m:	1:23.33 44.26	200m:	2:55.36	45.78	300m:	4:27.19	45.16	400m:	5:59.67 46.12
7.	BU YCKI, Marcel		08	Klub Pływacki Płetwal MŁAWA				6:10.97	187	
	50m:	41.41 41.41	150m:	2:15.54	48.13	250m:	3:51.62	47.69	350m:	5:27.07 47.06
	100m:	1:27.41 46.00	200m:	3:03.93	48.39	300m:	4:40.01	48.39	400m:	6:10.97 43.90
13 lat										
1.	MIŁKOWSKI, Mikołaj		07	UKS 48 Warszawa ródnie cie				4:24.96	514	
	50m:	29.90 29.90	150m:	1:34.54	32.74	250m:	2:42.28	34.10	350m:	3:51.05 34.52
	100m:	1:01.80 31.90	200m:	2:08.18	33.64	300m:	3:16.53	34.25	400m:	4:24.96 33.91
2.	BEDY SKI, Sebastian		07	MKS „Jagiellonka” Warszawa				4:46.69	405	
	50m:	33.50 33.50	150m:	1:47.40	37.07	250m:	3:00.81	36.07	350m:	4:13.58 36.11
	100m:	1:10.33 36.83	200m:	2:24.74	37.34	300m:	3:37.47	36.66	400m:	4:46.69 33.11
	BERNACKI, Norbert		07	MKS Juvenia Białystok				4:46.69	405	
	50m:	31.56 31.56	150m:	1:44.97	37.32	250m:	2:59.86	37.27	350m:	4:13.16 36.44
	100m:	1:07.65 36.09	200m:	2:22.59	37.62	300m:	3:36.72	36.86	400m:	4:46.69 33.53
4.	GAJEWSKI, Jan		07	MKS Ochota Warszawa				4:54.99	372	
	50m:	33.31 33.31	150m:	1:46.67	36.95	250m:	3:02.10	38.01	350m:	4:17.97 37.33
	100m:	1:09.72 36.41	200m:	2:24.09	37.42	300m:	3:40.64	38.54	400m:	4:54.99 37.02
5.	CHMIELEWSKI, Franciszek		07	UKS G-8 Bielany Warszawa				4:59.37	356	
	50m:	33.49 33.49	150m:	1:48.14	37.84	250m:	3:04.90	38.38	350m:	4:21.96 38.70
	100m:	1:10.30 36.81	200m:	2:26.52	38.38	300m:	3:43.26	38.36	400m:	4:59.37 37.41

III MISTRZOSTWA MAZOWSZA W PŁYWANIU POD PATRONATEM PREZYDENTA MIASTA CIECHANÓW
Ciechanów, 1.2.2020

Konkurencja 40, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
6.	STAWIARSKI, Oskar		07	MKS „Jagiellonka” Warszawa				5:01.83	347
	50m:	33.40 33.40	150m:	1:50.18	38.44	250m:	3:06.92 38.02	350m:	4:24.05 38.23
	100m:	1:11.74 38.34	200m:	2:28.90	38.72	300m:	3:45.82 38.90	400m:	5:01.83 37.78
7.	HAJDUKIEWICZ, Szymon		07	MKS Juvenia Białystok				5:03.44	342
	50m:	34.99 34.99	150m:	1:52.32	39.02	250m:	3:10.35 39.17	350m:	4:27.43 38.00
	100m:	1:13.30 38.31	200m:	2:31.18	38.86	300m:	3:49.43 39.08	400m:	5:03.44 36.01
8.	SZCZEPANIAK, Michał		07	UKS 48 Warszawa ródnie cie				5:05.82	334
	50m:	34.62 34.62	150m:	1:51.60	38.86	250m:	3:09.78 39.48	350m:	4:27.72 38.80
	100m:	1:12.74 38.12	200m:	2:30.30	38.70	300m:	3:48.92 39.14	400m:	5:05.82 38.10
9.	ŁUKAWSKI, Tomasz		07	UKS 48 Warszawa ródnie cie				5:09.28	323
	50m:	34.77 34.77	150m:	1:53.20	39.55	250m:	3:12.24 38.99	350m:	4:31.42 39.43
	100m:	1:13.65 38.88	200m:	2:33.25	40.05	300m:	3:51.99 39.75	400m:	5:09.28 37.86
10.	CHMIELEWSKI, Jan		07	UKS G-8 Bielany Warszawa				5:12.20	314
	50m:	35.37 35.37	150m:	1:54.88	39.76	250m:	3:14.14 39.48	350m:	4:34.28 39.95
	100m:	1:15.12 39.75	200m:	2:34.66	39.78	300m:	3:54.33 40.19	400m:	5:12.20 37.92

14 lat

1.	LARY , Jerzy		06	IUKS „Muszelka” Warszawa				4:19.96	544
	50m:	30.85 30.85	150m:	1:36.51	32.99	250m:	2:42.59 33.10	350m:	3:47.99 32.66
	100m:	1:03.52 32.67	200m:	2:09.49	32.98	300m:	3:15.33 32.74	400m:	4:19.96 31.97
2.	LE NIEWSKI, Wiktor		06	MKS „Jagiellonka” Warszawa				4:36.86	450
	50m:	31.32 31.32	150m:	1:40.61	34.94	250m:	2:51.56 35.67	350m:	4:02.13 34.86
	100m:	1:05.67 34.35	200m:	2:15.89	35.28	300m:	3:27.27 35.71	400m:	4:36.86 34.73
3.	STY , Aleksander		06	MKS „Jagiellonka” Warszawa				4:38.30	443
	50m:	30.64 30.64	150m:	1:41.35	35.96	250m:	2:52.85 35.75	350m:	4:04.08 34.88
	100m:	1:05.39 34.75	200m:	2:17.10	35.75	300m:	3:29.20 36.35	400m:	4:38.30 34.22
4.	GAWLIK, Kacper		06	MKS „Jagiellonka” Warszawa				4:42.55	423
	50m:	32.04 32.04	150m:	1:42.50	35.90	250m:	2:55.30 36.87	350m:	4:07.53 35.81
	100m:	1:06.60 34.56	200m:	2:18.43	35.93	300m:	3:31.72 36.42	400m:	4:42.55 35.02
5.	WŁOCZEWSKI, Karol		06	MPKS Orka Ciechanów				4:46.18	407
	50m:	32.01 32.01	150m:	1:44.00	36.71	250m:	2:57.48 37.03	350m:	4:11.18 36.48
	100m:	1:07.29 35.28	200m:	2:20.45	36.45	300m:	3:34.70 37.22	400m:	4:46.18 35.00
6.	KOCHA SKI, Paweł		06	MKS Juvenia Białystok				4:56.84	365
	50m:	33.03 33.03	150m:	1:48.30	37.69	250m:	3:04.33 38.40	350m:	4:21.02 38.15
	100m:	1:10.61 37.58	200m:	2:25.93	37.63	300m:	3:42.87 38.54	400m:	4:56.84 35.82
7.	CZERNIAK-CZY NIAK, Tomasz		06	MKS Ochota Warszawa				5:13.41	310
	50m:	35.78 35.78	150m:	1:56.12	40.29	250m:	3:16.62 40.12	350m:	4:36.39 38.96
	100m:	1:15.83 40.05	200m:	2:36.50	40.38	300m:	3:57.43 40.81	400m:	5:13.41 37.02
8.	SLEDZI SKI, Jan		06	Klub Pływacki Płetwal MŁAWA				5:30.62	264
	50m:	36.27 36.27	150m:	2:00.58	42.93	250m:	3:26.97 43.17	350m:	4:51.75 41.65
	100m:	1:17.65 41.38	200m:	2:43.80	43.22	300m:	4:10.10 43.13	400m:	5:30.62 38.87

15 lat i starsi

1.	CHMIELEWSKI, Krzysztof		04	IUKS „Muszelka” Warszawa				4:01.90	675
	50m:	28.98 28.98	150m:	1:31.15	31.07	250m:	2:31.74 29.79	350m:	3:32.92 30.89
	100m:	1:00.08 31.10	200m:	2:01.95	30.80	300m:	3:02.03 30.29	400m:	4:01.90 28.98
2.	DOŁOWY, Grzegorz		02	IUKS „Muszelka” Warszawa				4:08.84	620
	50m:	29.67 29.67	150m:	1:32.60	31.51	250m:	2:35.58 31.33	350m:	3:39.11 31.61
	100m:	1:01.09 31.42	200m:	2:04.25	31.65	300m:	3:07.50 31.92	400m:	4:08.84 29.73
3.	RODKIEWICZ, Radosław		03	IUKS „Muszelka” Warszawa				4:08.86	620
	50m:	29.57 29.57	150m:	1:33.07	32.02	250m:	2:37.71 32.34	350m:	3:39.96 31.03
	100m:	1:01.05 31.48	200m:	2:05.37	32.30	300m:	3:08.93 31.22	400m:	4:08.86 28.90