

Zimowe Mistrzostwa Polski Juniorów Młodszych 15 lat w pływaniu
 Łódź, 11. - 13.12.2020

Konkurencja 19 15 lat
 12.12.2020 - 9:30 Dziewcz. t, 400m dowolny Wyniki Eliminacje

Rekord Polski Open 4:05.77 Barzycka Paulina 00114 Gorzów 26.11.2005
 Rekord Polski 15 4:08.60 Gu Wiktoria 01705 Poznań 23.11.2019

Punkty: FINA 2020

Pozycja			Rok ur.							Czas	Pkt.	
1.	Kraszewska Martyna		05	MTP Kormoran Olsztyn						4:26.45	676 A	
	50m:	30.59	30.59	150m:	1:38.36	34.22	250m:	2:46.77	34.29	350m:	3:54.46	33.53
	100m:	1:04.14	33.55	200m:	2:12.48	34.12	300m:	3:20.93	34.16	400m:	4:26.45	31.99
2.	Kowalska Klara		05	KU AZS UMCS Lublin						4:26.68	674 A	
	50m:	29.81	29.81	150m:	1:37.76	34.21	250m:	2:46.19	34.09	350m:	3:54.05	33.96
	100m:	1:03.55	33.74	200m:	2:12.10	34.34	300m:	3:20.09	33.90	400m:	4:26.68	32.63
3.	Kulik Julia		05	UKS GOS Raszyn						4:28.23	663 A	
	50m:	30.67	30.67	150m:	1:38.48	34.14	250m:	2:46.90	34.06	350m:	3:55.42	34.18
	100m:	1:04.34	33.67	200m:	2:12.84	34.36	300m:	3:21.24	34.34	400m:	4:28.23	32.81
4.	Kossowska Julita		05	UKS 190 Łódź						4:29.06	657 A	
	50m:	30.49	30.49	150m:	1:38.66	34.57	250m:	2:47.13	33.93	350m:	3:55.68	34.21
	100m:	1:04.09	33.60	200m:	2:13.20	34.54	300m:	3:21.47	34.34	400m:	4:29.06	33.38
5.	Maksymowicz Nina		05	UKS G-8 Bielany Warszawa						4:31.18	641 A	
	50m:	30.49	30.49	150m:	1:39.24	34.90	250m:	2:48.82	34.60	350m:	3:59.14	35.11
	100m:	1:04.34	33.85	200m:	2:14.22	34.98	300m:	3:24.03	35.21	400m:	4:31.18	32.04
6.	Sujkowska Roksana		05	MTP Kormoran Olsztyn						4:31.39	640 A	
	50m:	31.60	31.60	150m:	1:40.20	34.35	250m:	2:49.31	34.38	350m:	3:58.32	34.38
	100m:	1:05.85	34.25	200m:	2:14.93	34.73	300m:	3:23.94	34.63	400m:	4:31.39	33.07
7.	Dadej Julia		05	UKS SMS Galicja Kraków						4:31.72	638 A	
	50m:	31.37	31.37	150m:	1:39.83	34.26	250m:	2:49.00	34.55	350m:	3:58.14	34.54
	100m:	1:05.57	34.20	200m:	2:14.45	34.62	300m:	3:23.60	34.60	400m:	4:31.72	33.58
8.	Bukowska Olga		05	UKP „Ruda I ska”						4:33.14	628 A	
	50m:	30.42	30.42	150m:	1:38.77	34.76	250m:	2:48.97	35.06	350m:	3:58.79	34.74
	100m:	1:04.01	33.59	200m:	2:13.91	35.14	300m:	3:24.05	35.08	400m:	4:33.14	34.35
9.	Siejak Patrycja		05	MTP Kormoran Olsztyn						4:33.34	626 A	
	50m:	31.22	31.22	150m:	1:39.66	34.34	250m:	2:49.04	35.00	350m:	3:59.26	34.92
	100m:	1:05.32	34.10	200m:	2:14.04	34.38	300m:	3:24.34	35.30	400m:	4:33.34	34.08
10.	Kowalczyk Katarzyna		05	MKP Szczecin						4:34.48	618 A	
	50m:	32.04	32.04	150m:	1:41.01	34.64	250m:	2:50.67	34.92	350m:	4:00.43	34.89
	100m:	1:06.37	34.33	200m:	2:15.75	34.74	300m:	3:25.54	34.87	400m:	4:34.48	34.05
11.	Słabosz Emilia		05	MKP „Wodnik 29” Tychy						4:35.96	609 B	
	50m:	30.50	30.50	150m:	1:40.15	35.23	250m:	2:50.75	35.46	350m:	4:01.75	35.60
	100m:	1:04.92	34.42	200m:	2:15.29	35.14	300m:	3:26.15	35.40	400m:	4:35.96	34.21
12.	Górska Zofia		05	UKP „Polonia Warszawa”						4:36.97	602 B	
	50m:	30.55	30.55	150m:	1:39.56	35.12	250m:	2:50.35	35.41	350m:	4:02.33	35.89
	100m:	1:04.44	33.89	200m:	2:14.94	35.38	300m:	3:26.44	36.09	400m:	4:36.97	34.64
13.	Kozubowska Natalia		05	UKS „MANTA” Kochłowice Ruda I ska						4:39.49	586 B	
	50m:	30.58	30.58	150m:	1:39.78	35.21	250m:	2:50.91	35.74	350m:	4:03.77	36.51
	100m:	1:04.57	33.99	200m:	2:15.17	35.39	300m:	3:27.26	36.35	400m:	4:39.49	35.72
14.	Gajcy Natalia		05	UKP „Polonia Warszawa”						4:39.72	584 B	
	50m:	31.89	31.89	150m:	1:41.72	35.35	250m:	2:53.19	35.85	350m:	4:05.07	35.85
	100m:	1:06.37	34.48	200m:	2:17.34	35.62	300m:	3:29.22	36.03	400m:	4:39.72	34.65
15.	Gawedzka Natalia		05	UKS MOS Ełk						4:39.97	583 B	
	50m:	31.50	31.50	150m:	1:41.66	35.61	250m:	2:53.16	36.07	350m:	4:05.00	35.99
	100m:	1:06.05	34.55	200m:	2:17.09	35.43	300m:	3:29.01	35.85	400m:	4:39.97	34.97
16.	Volkert Julia		05	UKP Unia O wi cim						4:40.58	579 B	
	50m:	31.31	31.31	150m:	1:41.21	35.12	250m:	2:52.61	35.84	350m:	4:05.50	36.47
	100m:	1:06.09	34.78	200m:	2:16.77	35.56	300m:	3:29.03	36.42	400m:	4:40.58	35.08

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Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
17.	Mazur Zuzanna		05	MKP „SŁOWIANKA” Gorzów Wlkp.				4:41.43	574 B
	50m: 32.25	32.25	150m: 1:42.55	35.48	250m: 2:54.42	36.14	350m: 4:07.04	36.48	
	100m: 1:07.07	34.82	200m: 2:18.28	35.73	300m: 3:30.56	36.14	400m: 4:41.43	34.39	
18.	Jakubik Julia		05	UKP Unia O wi cim				4:42.27	569 B
	50m: 32.21	32.21	150m: 1:43.32	35.81	250m: 2:55.40	36.03	350m: 4:08.04	36.51	
	100m: 1:07.51	35.30	200m: 2:19.37	36.05	300m: 3:31.53	36.13	400m: 4:42.27	34.23	
19.	Cicha Aleksandra		05	UKS SMS Galicja Kraków				4:42.60	567 B
	50m: 33.22	33.22	150m: 1:45.21	36.05	250m: 2:57.53	36.08	350m: 4:08.70	35.47	
	100m: 1:09.16	35.94	200m: 2:21.45	36.24	300m: 3:33.23	35.70	400m: 4:42.60	33.90	
20.	Pasierowska Wiktoria		05	UKS „GIM 92 Ursynów”				4:43.27	563 B
	50m: 32.61	32.61	150m: 1:42.52	35.32	250m: 2:53.98	35.65	350m: 4:07.10	36.68	
	100m: 1:07.20	34.59	200m: 2:18.33	35.81	300m: 3:30.42	36.44	400m: 4:43.27	36.17	
21.	Cyganek Nina		05	UKS „P.S.Salwator”				4:43.40	562 R
	50m: 32.39	32.39	150m: 1:43.37	35.61	250m: 2:55.55	36.16	350m: 4:08.30	36.61	
	100m: 1:07.76	35.37	200m: 2:19.39	36.02	300m: 3:31.69	36.14	400m: 4:43.40	35.10	
22.	Samoraj Oliwia		05	MKS Piaseczno				4:43.72	560 R
	50m: 31.32	31.32	150m: 1:42.94	36.53	250m: 2:56.26	36.58	350m: 4:09.10	36.15	
	100m: 1:06.41	35.09	200m: 2:19.68	36.74	300m: 3:32.95	36.69	400m: 4:43.72	34.62	
23.	Biszewska Gabriela		05	Mi dzyszkołny UKS „Olimpijczyk” Suwałki				4:44.18	557
	50m: 31.83	31.83	150m: 1:43.45	36.06	250m: 2:55.88	35.97	350m: 4:09.27	36.67	
	100m: 1:07.39	35.56	200m: 2:19.91	36.46	300m: 3:32.60	36.72	400m: 4:44.18	34.91	
24.	Nowak Paulina		05	UKS Tri-Team Rumia				4:44.43	556
	50m: 32.52	32.52	150m: 1:44.12	36.09	250m: 2:56.39	36.22	350m: 4:09.27	36.42	
	100m: 1:08.03	35.51	200m: 2:20.17	36.05	300m: 3:32.85	36.46	400m: 4:44.43	35.16	
25.	Głowacka Oliwia		05	Sejwal Rypin				4:48.49	533
	50m: 32.74	32.74	150m: 1:46.45	37.27	250m: 3:01.03	37.14	350m: 4:14.97	36.49	
	100m: 1:09.18	36.44	200m: 2:23.89	37.44	300m: 3:38.48	37.45	400m: 4:48.49	33.52	
26.	Stachowicz Ilona		05	KS Swim2Win Krosno				4:51.95	514
	50m: 33.43	33.43	150m: 1:46.41	36.83	250m: 3:00.71	37.35	350m: 4:15.74	38.00	
	100m: 1:09.58	36.15	200m: 2:23.36	36.95	300m: 3:37.74	37.03	400m: 4:51.95	36.21	
27.	Jaworska Wiktoria		05	MUKS "Pi tnatka"				4:52.03	513
	50m: 31.76	31.76	150m: 1:44.43	36.96	250m: 2:59.37	37.70	350m: 4:14.98	37.78	
	100m: 1:07.47	35.71	200m: 2:21.67	37.24	300m: 3:37.20	37.83	400m: 4:52.03	37.05	
28.	Słotwi ska Wiktoria		05	KS „Wisła” Puławy				4:54.60	500
	50m: 34.18	34.18	150m: 1:49.09	37.55	250m: 3:03.93	37.37	350m: 4:19.45	37.85	
	100m: 1:11.54	37.36	200m: 2:26.56	37.47	300m: 3:41.60	37.67	400m: 4:54.60	35.15	
29.	Klimiuk Zuzanna		05	MKP „SŁOWIANKA” Gorzów Wlkp.				4:54.96	498
	50m: 33.60	33.60	150m: 1:48.52	37.70	250m: 3:04.34	37.86	350m: 4:20.34	38.22	
	100m: 1:10.82	37.22	200m: 2:26.48	37.96	300m: 3:42.12	37.78	400m: 4:54.96	34.62	
30.	Pyszniak Alicja		05	KU AZS UMCS Lublin				4:56.61	490
	50m: 32.07	32.07	150m: 1:45.32	37.04	250m: 3:00.04	37.30	350m: 4:17.10	39.12	
	100m: 1:08.28	36.21	200m: 2:22.74	37.42	300m: 3:37.98	37.94	400m: 4:56.61	39.51	
31.	Matwin Julia		05	UKP Unia O wi cim				4:57.51	486
	50m: 32.71	32.71	150m: 1:45.96	37.38	250m: 3:03.15	38.68	350m: 4:20.67	38.50	
	100m: 1:08.58	35.87	200m: 2:24.47	38.51	300m: 3:42.17	39.02	400m: 4:57.51	36.84	
32.	Sosnówka Oliwia		05	UKP Fala Kra nik				4:58.74	480
	50m: 34.05	34.05	150m: 1:49.34	37.91	250m: 3:05.71	37.86	350m: 4:21.36	37.77	
	100m: 1:11.43	37.38	200m: 2:27.85	38.51	300m: 3:43.59	37.88	400m: 4:58.74	37.38	
33.	Hajduk Julia		05	MKP „SŁOWIANKA” Gorzów Wlkp.				4:58.82	479
	50m: 32.94	32.94	150m: 1:47.27	37.41	250m: 3:05.05	38.73	350m: 4:21.80	37.88	
	100m: 1:09.86	36.92	200m: 2:26.32	39.05	300m: 3:43.92	38.87	400m: 4:58.82	37.02	
34.	Daszkiewicz Emilia		05	UKS „Aligator” Gorzyce				5:00.62	471
	50m: 32.28	32.28	150m: 1:45.59	37.43	250m: 3:03.61	39.26	350m: 4:22.77	39.60	
	100m: 1:08.16	35.88	200m: 2:24.35	38.76	300m: 3:43.17	39.56	400m: 5:00.62	37.85	

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Pozycja			Rok ur.					Czas	Pkt.			
35.	Kieruzel Martyna		05	UKS 190 Łódź				5:01.28	468			
	50m:	32.92	32.92	150m:	1:47.24	37.81	250m:	3:05.12	39.38	350m:	4:23.06	38.91
	100m:	1:09.43	36.51	200m:	2:25.74	38.50	300m:	3:44.15	39.03	400m:	5:01.28	38.22
36.	Kowalczyk Joanna		05	UKS Pi tka Konstantynów Łódzki				5:06.78	443			
	50m:	33.85	33.85	150m:	1:49.23	38.45	250m:	3:08.10	39.79	350m:	4:28.45	40.31
	100m:	1:10.78	36.93	200m:	2:28.31	39.08	300m:	3:48.14	40.04	400m:	5:06.78	38.33
37.	Jawor Sandra		05	MKS Trójka Łódź				5:10.30	428			
	50m:	34.61	34.61	150m:	1:52.05	39.19	250m:	3:11.42	39.90	350m:	4:31.73	40.08
	100m:	1:12.86	38.25	200m:	2:31.52	39.47	300m:	3:51.65	40.23	400m:	5:10.30	38.57
38.	Laskus Martyna		05	UKS Ostrobramska				5:24.22	375			
	50m:	34.85	34.85	150m:	1:57.39	42.59	250m:	3:22.23	42.54	350m:	4:46.08	41.62
	100m:	1:14.80	39.95	200m:	2:39.69	42.30	300m:	4:04.46	42.23	400m:	5:24.22	38.14
39.	Szersze Wiktoria		05	MKS „ROKITA" Brzeg Dolny				5:44.87	312			
	50m:	33.81	33.81	150m:	1:57.24	43.44	250m:			350m:	5:00.55	46.02
	100m:	1:13.80	39.99	200m:			300m:	4:14.53		400m:	5:44.87	44.32