

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12-13 lat Runda I - CRS Bielany
Warszawa, 30. - 31.3.2021

Konkurencja 7
30.03.2021 - 11:30

Dziewcz t, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2020

Pozycja			Rok ur.					Czas	Pkt.		
12 lat											
1.	SZTREKER-WÓJCIK, Iga		09	UKS G-8 Bielany Warszawa				5:16.21	404		
	50m:	38.95 38.95	150m:	2:00.78	39.96	250m:	3:23.26	41.29	350m:	4:41.08	37.58
	100m:	1:20.82 41.87	200m:	2:41.97	41.19	300m:	4:03.50	40.24	400m:	5:16.21	35.13
2.	HUTKOWSKA, Nadia		09	UKS 307 Warszawa				5:16.43	403		
	50m:	35.73 35.73	150m:	1:56.45	40.52	250m:	3:18.75	41.62	350m:	4:39.38	38.69
	100m:	1:15.93 40.20	200m:	2:37.13	40.68	300m:	4:00.69	41.94	400m:	5:16.43	37.05
3.	BIENIECKA, Maja		09	UKP „Polonia Warszawa”				5:22.95	380		
	50m:	35.74 35.74	150m:	2:00.34	42.24	250m:	3:24.79	42.63	350m:	4:47.25	40.11
	100m:	1:18.10 42.36	200m:	2:42.16	41.82	300m:	4:07.14	42.35	400m:	5:22.95	35.70
4.	LIPKOWSKA, Paulina		09	UKS G-8 Bielany Warszawa				5:24.13	375		
	50m:	38.05 38.05	150m:	2:44.04	1:23.55	250m:	4:06.83	41.32	350m:		
	100m:	1:20.49 42.44	200m:	3:25.51	41.47	300m:	5:24.13	1:17.30	400m:	5:24.13	
5.	RESZKO, Lena		09	UKP „Polonia Warszawa”				5:27.03	365		
	50m:	34.86 34.86	150m:	1:58.33	41.74	250m:	3:22.33	41.49	350m:	4:46.86	41.90
	100m:	1:16.59 41.73	200m:	2:40.84	42.51	300m:	4:04.96	42.63	400m:	5:27.03	40.17
6.	BATORY, Helena		09	UKP „Polonia Warszawa”				5:33.52	345		
	50m:	35.98 35.98	150m:	2:00.20	42.87	250m:	3:28.30	43.47	350m:	4:55.61	43.87
	100m:	1:17.33 41.35	200m:	2:44.83	44.63	300m:	4:11.74	43.44	400m:	5:33.52	37.91
7.	JASIENICKA, Gabriela		09	IKS Konstancin				5:34.88	340		
	50m:	36.21 36.21	150m:	2:01.62	43.67	250m:	3:27.95	43.43	350m:	4:53.91	42.79
	100m:	1:17.95 41.74	200m:	2:44.52	42.90	300m:	4:11.12	43.17	400m:	5:34.88	40.97
8.	BŁACHNIO, Natasza		09	UKS 48 Warszawa ródnie cie				5:41.58	321		
	50m:	37.54 37.54	150m:	2:04.19	43.98	250m:	3:32.37	44.82	350m:	5:00.37	43.78
	100m:	1:20.21 42.67	200m:	2:47.55	43.36	300m:	4:16.59	44.22	400m:	5:41.58	41.21
9.	GROJEC, Zofia		09	UKS „Victoria Józefów”				5:43.78	315		
	50m:	36.71 36.71	150m:	2:00.59	42.96	250m:	3:28.10	44.35	350m:	4:57.30	44.70
	100m:	1:17.63 40.92	200m:	2:43.75	43.16	300m:	4:12.60	44.50	400m:	5:43.78	46.48
10.	WITKOWSKA, Magdalena		09	UKS Fala Niepor t				5:45.37	310		
	50m:	38.89 38.89	150m:	2:05.25	43.52	250m:	3:34.92	44.73	350m:	5:03.78	44.99
	100m:	1:21.73 42.84	200m:	2:50.19	44.94	300m:	4:18.79	43.87	400m:	5:45.37	41.59
11.	KOBLA, Emilia		09	St. KF KS „Fenix” O arów Mazowiecki				5:53.17	290		
	50m:	39.84 39.84	150m:	2:08.55	44.92	250m:	3:39.82	45.86	350m:	5:10.75	45.36
	100m:	1:23.63 43.79	200m:	2:53.96	45.41	300m:	4:25.39	45.57	400m:	5:53.17	42.42
12.	SCHLESINGER, Josephine		09	UKS Swim Team Wilanów				5:54.57	287		
	50m:	36.50 36.50	150m:	2:05.73	45.80	250m:	3:37.62	46.50	350m:	5:08.36	45.16
	100m:	1:19.93 43.43	200m:	2:51.12	45.39	300m:	4:23.20	45.58	400m:	5:54.57	46.21
13.	GODOS, Olga		09	UKS Kapry-Armexim Pruszków				5:56.61	282		
	50m:	38.97 38.97	150m:	2:09.66	46.16	250m:	3:40.96	44.97	350m:	5:13.34	46.07
	100m:	1:23.50 44.53	200m:	2:55.99	46.33	300m:	4:27.27	46.31	400m:	5:56.61	43.27
14.	GRONKOWSKA, Aleksandra		09	UKP „Polonia Warszawa”				5:59.65	275		
	50m:	38.30 38.30	150m:	2:07.86	45.38	250m:	3:40.50	46.10	350m:	5:14.12	46.76
	100m:	1:22.48 44.18	200m:	2:54.40	46.54	300m:	4:27.36	46.86	400m:	5:59.65	45.53
15.	TULIK, Weronika		09	St. KF KS „Fenix” O arów Mazowiecki				6:14.82	243		
	50m:	41.23 41.23	150m:	3:03.51	1:36.47	250m:	4:39.89	48.76	350m:	6:14.82	46.31
	100m:	1:27.04 45.81	200m:	3:51.13	47.62	300m:	5:28.51	48.62	400m:	6:14.82	
16.	WALKOWSKA, Julia		09	UKP „Polonia Warszawa”				6:31.68	213		
	50m:	41.44 41.44	150m:	2:19.52	49.99	250m:	4:54.11	50.88	350m:	6:31.68	48.24
	100m:	1:29.53 48.09	200m:	4:03.23	1:43.71	300m:	5:43.44	49.33	400m:	6:31.68	

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12-13 lat Runda I - CRS Bielany
Warszawa, 30. - 31.3.2021

Konkurencja 7, Dziewcz t, 400m dowolny

13 lat

1.	NOWAK, Izabela	08	UKS G-8 Bielany Warszawa	4:48.45	533
	50m: 32.36 32.36	150m: 1:44.74	36.39 250m: 2:59.41 37.01	350m: 4:13.49	37.24
	100m: 1:08.35 35.99	200m: 2:22.40	37.66 300m: 3:36.25 36.84	400m: 4:48.45	34.96
2.	SAMBORSKA, Dagmara	08	UKP „Polonia Warszawa”	4:59.54	476
	50m: 31.94 31.94	150m: 1:47.02	38.44 250m: 3:05.23 39.52	350m: 4:22.09	38.77
	100m: 1:08.58 36.64	200m: 2:25.71	38.69 300m: 3:43.32 38.09	400m: 4:59.54	37.45
3.	BALAS, Maria	08	UKS 307 Warszawa	5:03.86	456
	50m: 35.54 35.54	150m: 1:54.88	39.88 250m: 3:13.61 38.68	350m: 4:28.88	36.54
	100m: 1:15.00 39.46	200m: 2:34.93	40.05 300m: 3:52.34 38.73	400m: 5:03.86	34.98
4.	KORDZIAK, Kinga	08	UKS G-8 Bielany Warszawa	5:07.70	439
	50m: 33.76 33.76	150m: 1:50.64	38.28 250m: 3:09.12 39.96	350m: 4:30.47	40.46
	100m: 1:12.36 38.60	200m: 2:29.16	38.52 300m: 3:50.01 40.89	400m: 5:07.70	37.23
5.	ŁUCZAK, Gabriela	08	UKS H2O Warszawa	5:09.85	430
	50m: 34.35 34.35	150m: 1:51.81	38.82 250m: 3:11.76 39.92	350m: 4:31.45	39.91
	100m: 1:12.99 38.64	200m: 2:31.84	40.03 300m: 3:51.54 39.78	400m: 5:09.85	38.40
6.	PI TKA, Alicja	08	UKS H2O Warszawa	5:11.46	423
	50m: 34.75 34.75	150m: 1:54.81	40.84 250m: 3:14.26 39.80	350m: 4:34.24	39.53
	100m: 1:13.97 39.22	200m: 2:34.46	39.65 300m: 3:54.71 40.45	400m: 5:11.46	37.22
7.	SKORYKOW, Lena	08	UKS Ostrobramska	5:15.39	407
	50m: 36.03 36.03	150m: 1:57.30	40.41 250m: 3:18.76 40.82	350m: 4:37.91	38.83
	100m: 1:16.89 40.86	200m: 2:37.94	40.64 300m: 3:59.08 40.32	400m: 5:15.39	37.48
8.	MENCHETTI, Sofia	08	UKP „Polonia Warszawa”	5:15.69	406
	50m: 33.18 33.18	150m: 1:53.20	40.98 250m: 3:15.36 40.90	350m: 4:37.35	40.52
	100m: 1:12.22 39.04	200m: 2:34.46	41.26 300m: 3:56.83 41.47	400m: 5:15.69	38.34
9.	POWAŁKA, Urszula	08	St. KF KS „Fenix” O arów Mazowiecki	5:16.53	403
	50m: 36.31 36.31	150m: 1:56.63	40.38 250m: 3:17.24 40.18	350m:	
	100m: 1:16.25 39.94	200m: 2:37.06	40.43 300m: 3:56.95 39.71	400m: 5:16.53	
10.	MIKOŁAJCZYK, Oliwia	08	UKS G-8 Bielany Warszawa	5:16.75	402
	50m: 34.49 34.49	150m: 1:53.02	39.85 250m: 3:13.56 40.46	350m: 4:36.30	41.15
	100m: 1:13.17 38.68	200m: 2:33.10	40.08 300m: 3:55.15 41.59	400m: 5:16.75	40.45
11.	WYGOWSKA, Maja	08	St. KF KS „Fenix” O arów Mazowiecki	5:23.79	377
	50m: 35.99 35.99	150m: 1:58.82	41.96 250m: 3:21.83 41.46	350m: 4:44.67	41.25
	100m: 1:16.86 40.87	200m: 2:40.37	41.55 300m: 4:03.42 41.59	400m: 5:23.79	39.12
12.	MAZURKIEWICZ, Helena	08	MKP „Warszawianka”	5:30.14	355
	50m: 36.50 36.50	150m: 1:59.91	42.04 250m: 3:24.92 42.41	350m: 4:49.91	41.15
	100m: 1:17.87 41.37	200m: 2:42.51	42.60 300m: 4:08.76 43.84	400m: 5:30.14	40.23
13.	KORDALA, Julia	08	UKS H2O Warszawa	5:30.95	353
	50m: 37.81 37.81	150m: 2:00.78	42.07 250m: 3:26.14 42.97	350m: 4:49.86	41.64
	100m: 1:18.71 40.90	200m: 2:43.17	42.39 300m: 4:08.22 42.08	400m: 5:30.95	41.09
14.	KOZŁOWSKA, Maria	08	UKS Kapry-Armexim Pruszków	5:32.34	348
	50m: 38.55 38.55	150m: 2:02.92	43.09 250m: 3:28.99 43.35	350m: 4:53.24	41.12
	100m: 1:19.83 41.28	200m: 2:45.64	42.72 300m: 4:12.12 43.13	400m: 5:32.34	39.10
15.	KAZUBSKA, Aleksandra	08	UKS Kapry-Armexim Pruszków	5:33.40	345
	50m: 36.46 36.46	150m: 2:00.06	42.18 250m: 3:27.39 43.93	350m: 5:33.40	1:23.51
	100m: 1:17.88 41.42	200m: 2:43.46	43.40 300m: 4:09.89 42.50	400m: 5:33.40	
16.	BECZKO, Julia	08	St. KF KS „Fenix” O arów Mazowiecki	5:35.03	340
	50m: 38.21 38.21	150m: 2:05.74	44.20 250m: 3:32.28 42.93	350m: 4:53.55	37.89
	100m: 1:21.54 43.33	200m: 2:49.35	43.61 300m: 4:15.66 43.38	400m: 5:35.03	41.48
17.	RACHUBA, Gabriela	08	Ks "Marlin Mława"	5:43.10	316
	50m: 38.55 38.55	150m: 2:06.64	44.20 250m: 3:36.49 44.60	350m: 5:05.01	43.89
	100m: 1:22.44 43.89	200m: 2:51.89	45.25 300m: 4:21.12 44.63	400m: 5:43.10	38.09
18.	PETRUK, Hanna	08	UKS Ostrobramska	5:44.77	312
	50m: 38.76 38.76	150m: 2:04.32	43.71 250m: 3:31.81 43.77	350m: 5:01.74	44.84
	100m: 1:20.61 41.85	200m: 2:48.04	43.72 300m: 4:16.90 45.09	400m: 5:44.77	43.03

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat Runda I - CRS Bielany
Warszawa, 30. - 31.3.2021

Konkurencja 7, Dziewcząt, 400m dowolny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
19.	BUTRYN, Amelia			08	Ks "Marlin Mława"				5:49.51	299		
	50m:	39.62	39.62	150m:	2:07.78	44.99	250m:	3:37.83	45.06	350m:	5:07.31	44.94
	100m:	1:22.79	43.17	200m:	2:52.77	44.99	300m:	4:22.37	44.54	400m:	5:49.51	42.20
20.	KULISZ, Natalia			08	UKS Swim Team Wilanów				5:57.35	280		
	50m:	38.69	38.69	150m:	2:08.63	45.43	250m:	3:41.54	46.48	350m:	5:13.87	45.47
	100m:	1:23.20	44.51	200m:	2:55.06	46.43	300m:	4:28.40	46.86	400m:	5:57.35	43.48
21.	KACPROWICZ, Alicja			08	UKS Ostrobramska				6:50.83	184		
	50m:	40.57	40.57	150m:	2:25.02	53.83	250m:	4:11.68	52.96	350m:	5:59.27	53.01
	100m:	1:31.19	50.62	200m:	3:18.72	53.70	300m:	5:06.26	54.58	400m:	6:50.83	51.56
22.	CIEŁAK, Weronika			08	Ks "Marlin Mława"				6:55.27	178		
	50m:	45.45	45.45	150m:	2:32.34	54.12	250m:	4:18.89	53.93	350m:	6:07.16	53.42
	100m:	1:38.22	52.77	200m:	3:24.96	52.62	300m:	5:13.74	54.85	400m:	6:55.27	48.11