

Otwarte Letnie Mistrzostwa Warszawy w Pływaniu  
Warszawa, 4. - 5.6.2021

Konkurencja 19  
04.06.2021 - 18:05

Dziewcz t, 400m dowolny

10 - 14 lat  
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.
<b>10 lat</b>			
1. B TKOWSKA Emilia	11 CKiS w Skawinie	<b>5:39.58</b>	337
50m: 39.13 39.13	150m: 2:07.49 44.42	250m: 3:35.12 43.35	350m: 5:00.54 42.49
100m: 1:23.07 43.94	200m: 2:51.77 44.28	300m: 4:18.05 42.93	400m: 5:39.58 39.04
2. K KOLECKA Karolina	11 Buks	<b>6:18.30</b>	244
50m: 40.28 40.28	150m: 2:18.26 49.35	250m: 3:56.53 49.15	350m: 5:35.45 48.93
100m: 1:28.91 48.63	200m: 3:07.38 49.12	300m: 4:46.52 49.99	400m: 6:18.30 42.85
<b>11 lat</b>			
1. SOBÓTKA Oliwia	10 UKS 48 Warszawa ródmi cie	<b>5:00.52</b>	487
50m: 33.55 33.55	150m: 1:50.11 38.53	250m: 3:07.73 38.16	350m: 4:24.20 37.24
100m: 1:11.58 38.03	200m: 2:29.57 39.46	300m: 3:46.96 39.23	400m: 5:00.52 36.32
2. STANISŁAWIUK Maja	10 UKS „Skalar” Warszawa	<b>5:15.81</b>	419
50m: 34.74 34.74	150m: 1:55.81 40.93	250m: 3:17.66 40.74	350m: 4:37.15 39.54
100m: 1:14.88 40.14	200m: 2:36.92 41.11	300m: 3:57.61 39.95	400m: 5:15.81 38.66
3. BORTLISZ Gabriela	10 MKP „Warszawianka”	<b>5:28.35</b>	373
50m: 36.88 36.88	150m: 2:00.95 42.31	250m: 3:25.37 42.62	350m: 4:49.00 41.72
100m: 1:18.64 41.76	200m: 2:42.75 41.80	300m: 4:07.28 41.91	400m: 5:28.35 39.35
4. ZYDRO Wiktoria	10 MKP „Warszawianka”	<b>5:46.12</b>	318
50m: 39.48 39.48	150m: 2:10.33 45.54	250m: 3:38.69 43.54	350m: 5:05.68 43.39
100m: 1:24.79 45.31	200m: 2:55.15 44.82	300m: 4:22.29 43.60	400m: 5:46.12 40.44
5. TOBOŁA PERTKIEWICZ Zofia	10 Uks „Pingwiny”	<b>5:48.79</b>	311
50m: 39.10 39.10	150m: 2:07.85 44.71	250m: 3:36.82 44.33	350m: 5:07.21 46.15
100m: 1:23.14 44.04	200m: 2:52.49 44.64	300m: 4:21.06 44.24	400m: 5:48.79 41.58
6. CIBOROWSKA Anna	10 MKP „Warszawianka”	<b>5:58.45</b>	287
50m: 40.38 40.38	150m: 2:12.34 46.64	250m: 3:45.03 46.69	350m: 5:15.97 45.18
100m: 1:25.70 45.32	200m: 2:58.34 46.00	300m: 4:30.79 45.76	400m: 5:58.45 42.48
7. STEFA SKA Alicja	10 St. KF KS „Fenix” O arów Mazowiecki	<b>6:17.59</b>	245
50m: 41.48 41.48	150m: 2:20.43 50.15	250m: 3:56.82 47.40	350m: 5:31.81 47.74
100m: 1:30.28 48.80	200m: 3:09.42 48.99	300m: 4:44.07 47.25	400m: 6:17.59 45.78
<b>12 lat</b>			
1. SOWI SKA Wiktoria	09 Klub Pływacki Ciechanów	<b>5:20.10</b>	403
50m: 35.83 35.83	150m: 1:56.92 40.71	250m: 3:19.00 41.22	350m: 4:41.35 41.52
100m: 1:16.21 40.38	200m: 2:37.78 40.86	300m: 3:59.83 40.83	400m: 5:20.10 38.75
2. SZYNKIEWICZ Julia	09 Klub Pływacki Ciechanów	<b>5:22.28</b>	394
50m: 35.99 35.99	150m: 1:57.17 41.14	250m: 3:19.72 41.44	350m: 4:42.40 41.29
100m: 1:16.03 40.04	200m: 2:38.28 41.11	300m: 4:01.11 41.39	400m: 5:22.28 39.88
3. DUBAN Magdalena	09 UKS GOS Raszyn	<b>5:40.94</b>	333
50m: 34.82 34.82	150m: 2:03.03 44.88	250m: 3:31.82 44.23	350m: 4:59.70 43.15
100m: 1:18.15 43.33	200m: 2:47.59 44.56	300m: 4:16.55 44.73	400m: 5:40.94 41.24
4. GOŁ BIEWSKA Alicja	09 Klub Pływacki Ciechanów	<b>5:43.10</b>	327
50m: 39.13 39.13	150m: 2:08.22 44.57	250m: 3:35.23 44.12	350m: 5:01.44 42.95
100m: 1:23.65 44.52	200m: 2:51.11 42.89	300m: 4:18.49 43.26	400m: 5:43.10 41.66
5. CHAŁUPKA Amelia	09 MKS Piaseczno	<b>5:43.15</b>	327
50m: 38.22 38.22	150m: 2:06.31 44.34	250m: 3:35.31 44.54	350m: 5:02.44 43.47
100m: 1:21.97 43.75	200m: 2:50.77 44.46	300m: 4:18.97 43.66	400m: 5:43.15 40.71
6. WITKOWSKA Magdalena	09 UKS Fala Niepor t	<b>5:46.27</b>	318
50m: 35.59 35.59	150m: 2:02.39 44.71	250m: 3:32.61 45.44	350m: 5:04.07 46.57
100m: 1:17.68 42.09	200m: 2:47.17 44.78	300m: 4:17.50 44.89	400m: 5:46.27 42.20

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Warszawa, 4. - 5.6.2021

Konkurencja 19, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.		
7.	BIDOWANIEC Amelia		09	UKS „HS” Team Kryty Basen Kłodzko				<b>5:57.85</b>	288		
	50m:	37.26 37.26	150m:	2:08.21	46.47	250m:	3:40.32	46.30	350m:	5:12.96	46.41
	100m:	1:21.74 44.48	200m:	2:54.02	45.81	300m:	4:26.55	46.23	400m:	5:57.85	44.89
8.	IWANIUK Irena		09	St. KF KS „Fenix” O arów Mazowiecki				<b>5:59.90</b>	283		
	50m:	40.47 40.47	150m:	2:11.96	45.90	250m:	3:43.63	45.69	350m:	5:15.60	45.96
	100m:	1:26.06 45.59	200m:	2:57.94	45.98	300m:	4:29.64	46.01	400m:	5:59.90	44.30
9.	KOBLA Emilia		09	St. KF KS „Fenix” O arów Mazowiecki				<b>6:03.59</b>	275		
	50m:	41.37 41.37	150m:	2:14.35	47.03	250m:	3:48.23	47.15	350m:	5:20.85	45.78
	100m:	1:27.32 45.95	200m:	3:01.08	46.73	300m:	4:35.07	46.84	400m:	6:03.59	42.74
10.	BERNACIK Gabriela		09	OLIMPIJCZYK Tomaszów Mazowiecki				<b>6:29.08</b>	224		
	50m:	40.28 40.28	150m:	2:14.59	48.46	250m:	3:56.17	51.81	350m:	5:39.41	51.92
	100m:	1:26.13 45.85	200m:	3:04.36	49.77	300m:	4:47.49	51.32	400m:	6:29.08	49.67

13 lat

1.	SKORYKOW Lena		08	UKS Ostrobramska				<b>5:10.86</b>	440		
	50m:	34.61 34.61	150m:	1:53.72	40.18	250m:	3:14.08	39.44	350m:	4:33.41	40.02
	100m:	1:13.54 38.93	200m:	2:34.64	40.92	300m:	3:53.39	39.31	400m:	5:10.86	37.45
2.	SAMBORSKA Dagmara		08	UKP „Polonia Warszawa”				<b>5:10.92</b>	439		
	50m:	33.03 33.03	150m:	1:52.49	40.32	250m:	3:13.66	40.54	350m:	4:33.66	39.93
	100m:	1:12.17 39.14	200m:	2:33.12	40.63	300m:	3:53.73	40.07	400m:	5:10.92	37.26
3.	WY Y SKA Julia		08	MKP „Warszawianka”				<b>5:14.28</b>	425		
	50m:	35.12 35.12	150m:	1:54.62	40.55	250m:	3:16.96	41.16	350m:	4:36.57	39.54
	100m:	1:14.07 38.95	200m:	2:35.80	41.18	300m:	3:57.03	40.07	400m:	5:14.28	37.71
4.	TOBOŁA PERTKIEWICZ Ewa		08	Uks „Pingwiny”				<b>5:29.69</b>	368		
	50m:	36.07 36.07	150m:	2:00.59	42.84	250m:	3:26.36	42.85	350m:	4:51.13	41.80
	100m:	1:17.75 41.68	200m:	2:43.51	42.92	300m:	4:09.33	42.97	400m:	5:29.69	38.56
5.	PAWŁOWSKA Amelia		08	MKS Piaseczno				<b>5:40.61</b>	334		
	50m:	37.22 37.22	150m:	2:06.47	45.35	250m:	3:35.18	43.61	350m:	4:59.69	42.43
	100m:	1:21.12 43.90	200m:	2:51.57	45.10	300m:	4:17.26	42.08	400m:	5:40.61	40.92

14 lat

1.	SOBCZAK Antonina		07	MKP „Warszawianka”				<b>4:44.05</b>	576		
	50m:	31.56 31.56	150m:	1:42.65	35.96	250m:	2:55.54	36.42	350m:	4:09.57	36.76
	100m:	1:06.69 35.13	200m:	2:19.12	36.47	300m:	3:32.81	37.27	400m:	4:44.05	34.48
2.	ORASZEK Karolina		07	UKP „Polonia Warszawa”				<b>4:45.36</b>	568		
	50m:	31.74 31.74	150m:	1:43.05	36.13	250m:	2:55.54	35.97	350m:	4:09.66	36.82
	100m:	1:06.92 35.18	200m:	2:19.57	36.52	300m:	3:32.84	37.30	400m:	4:45.36	35.70
3.	DZIUBA Monika		07	MTP Kormoran Olsztyn				<b>4:56.36</b>	507		
	50m:	33.11 33.11	150m:	1:47.79	37.67	250m:	3:03.20	37.81	350m:	4:19.16	37.86
	100m:	1:10.12 37.01	200m:	2:25.39	37.60	300m:	3:41.30	38.10	400m:	4:56.36	37.20
4.	JACUK Julia		07	MKS „Astoria” Bydgoszcz				<b>5:00.63</b>	486		
	50m:	32.78 32.78	150m:	1:46.54	37.76	250m:	3:04.74	39.47	350m:	4:23.28	38.80
	100m:	1:08.78 36.00	200m:	2:25.27	38.73	300m:	3:44.48	39.74	400m:	5:00.63	37.35
5.	TRZEBI SKA Magdalena		07	Uks „Pingwiny”				<b>5:03.05</b>	475		
	50m:	33.46 33.46	150m:	1:48.39	38.08	250m:	3:06.70	39.09	350m:	4:25.69	39.19
	100m:	1:10.31 36.85	200m:	2:27.61	39.22	300m:	3:46.50	39.80	400m:	5:03.05	37.36
6.	DZBA SKA Marcelina		07	St. KF KS „Fenix” O arów Mazowiecki				<b>5:04.63</b>	467		
	50m:	35.51 35.51	150m:	1:55.34	39.76	250m:	3:13.51	39.02	350m:	4:28.39	36.87
	100m:	1:15.58 40.07	200m:	2:34.49	39.15	300m:	3:51.52	38.01	400m:	5:04.63	36.24
7.	PIA CI SKA Alicja		07	UKS Swim Team Wilanów				<b>5:05.14</b>	465		
	50m:	34.33 34.33	150m:	1:51.84	39.49	250m:	3:10.34	39.51	350m:	4:27.69	38.08
	100m:	1:12.35 38.02	200m:	2:30.83	38.99	300m:	3:49.61	39.27	400m:	5:05.14	37.45

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Warszawa, 4. - 5.6.2021

Konkurencja 19, Dziewcz t, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.			
8.	ZARZECKA Roksana		07	Klub Pływacki Ciechanów				<b>5:10.93</b>	439			
	50m:	34.94	34.94	150m:	1:53.27	39.90	250m:	3:13.15	39.93	350m:	4:33.42	39.56
	100m:	1:13.37	38.43	200m:	2:33.22	39.95	300m:	3:53.86	40.71	400m:	5:10.93	37.51
9.	SADO Aleksandra		07	St. KF KS „Fenix” O arów Mazowiecki				<b>5:13.38</b>	429			
	50m:	34.67	34.67	150m:	1:53.30	39.62	250m:	3:13.33	40.43	350m:	4:34.43	41.01
	100m:	1:13.68	39.01	200m:	2:32.90	39.60	300m:	3:53.42	40.09	400m:	5:13.38	38.95
10.	MICHALAK Zuzanna		07	St. KF KS „Fenix” O arów Mazowiecki				<b>5:14.31</b>	425			
	50m:	34.85	34.85	150m:	1:54.08	39.97	250m:	3:15.49	40.59	350m:	4:36.84	40.50
	100m:	1:14.11	39.26	200m:	2:34.90	40.82	300m:	3:56.34	40.85	400m:	5:14.31	37.47
11.	JAWORSKA Milena		07	St. KF KS „Fenix” O arów Mazowiecki				<b>5:19.48</b>	405			
	50m:	35.02	35.02	150m:	1:57.55	41.68	250m:	3:20.75	41.70	350m:	4:42.66	41.03
	100m:	1:15.87	40.85	200m:	2:39.05	41.50	300m:	4:01.63	40.88	400m:	5:19.48	36.82
12.	KRASZEWSKA Dominika		07	MTP Kormoran Olsztyn				<b>5:25.90</b>	381			
	50m:	35.01	35.01	150m:	1:55.84	41.28	250m:	3:19.93	42.02	350m:	4:44.18	41.84
	100m:	1:14.56	39.55	200m:	2:37.91	42.07	300m:	4:02.34	42.41	400m:	5:25.90	41.72
13.	PARZNIEWSKA Aleksandra		07	St. KF KS „Fenix” O arów Mazowiecki				<b>5:33.82</b>	355			
	50m:	37.71	37.71	150m:	2:02.01	42.51	250m:	3:27.23	42.64	350m:	4:53.59	43.37
	100m:	1:19.50	41.79	200m:	2:44.59	42.58	300m:	4:10.22	42.99	400m:	5:33.82	40.23
14.	ROJEK Hanna		07	MTP Kormoran Olsztyn				<b>5:34.11</b>	354			
	50m:	37.23	37.23	150m:	2:01.33	42.46	250m:	3:26.27	42.36	350m:	4:52.66	43.47
	100m:	1:18.87	41.64	200m:	2:43.91	42.58	300m:	4:09.19	42.92	400m:	5:34.11	41.45
15.	KIEŁCZYKOWSKA Wiktoria		07	MANTA Siedlce				<b>5:51.60</b>	304			
	50m:	38.30	38.30	150m:	2:07.17	45.03	250m:	3:38.44	45.78	350m:	5:08.92	44.21
	100m:	1:22.14	43.84	200m:	2:52.66	45.49	300m:	4:24.71	46.27	400m:	5:51.60	42.68