

Otwarte Letnie Mistrzostwa Warszawy w Pływaniu
Warszawa, 4. - 5.6.2021

Konkurencja 29
05.06.2021 - 10:54

Dziewcz t, 400m zmienny

11 - 14 lat
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.			
11 lat												
1.	SOBÓTKA Oliwia		10	UKS 48 Warszawa ródmi cie				5:56.91	415			
	50m:	37.23	37.23	150m:	2:09.46	45.41	250m:	3:46.68	52.76	350m:	5:18.45	38.91
	100m:	1:24.05	46.82	200m:	2:53.92	44.46	300m:	4:39.54	52.86	400m:	5:56.91	38.46
2.	NOSAL Nela		10	MKS Juvenia Wrocław				6:30.13	318			
	50m:	44.14	44.14	150m:	2:27.96	47.98	250m:	4:07.91	51.98	350m:	5:46.74	44.85
	100m:	1:39.98	55.84	200m:	3:15.93	47.97	300m:	5:01.89	53.98	400m:	6:30.13	43.39
3.	CIBOROWSKA Anna		10	MKP „Warszawianka”				6:43.27	288			
	50m:	43.65	43.65	150m:	2:29.46	53.20	250m:	4:15.89	55.16	350m:	5:57.56	46.30
	100m:	1:36.26	52.61	200m:	3:20.73	51.27	300m:	5:11.26	55.37	400m:	6:43.27	45.71
4.	SEBIGULI-MARISHEKOME Nathalie		10	UKS „Victoria Józefów”				6:52.18	269			
	50m:	43.63	43.63	150m:	2:31.66	54.57	250m:	4:21.79	1:00.03	350m:	6:07.25	43.88
	100m:	1:37.09	53.46	200m:	3:21.76	50.10	300m:	5:23.37	1:01.58	400m:	6:52.18	44.93
5.	TOBOŁA PERTKIEWICZ Zofia		10	Uks „Pingwiny”				6:52.98	268			
	50m:	45.96	45.96	150m:	2:43.65	54.13	250m:	4:27.77	53.45	350m:	6:09.45	45.82
	100m:	1:49.52	1:03.56	200m:	3:34.32	50.67	300m:	5:23.63	55.86	400m:	6:52.98	43.53
6.	SAWKA Pola		10	UKS „Victoria Józefów”				6:53.19	267			
	50m:	41.63	41.63	150m:	2:26.91	51.16	250m:	4:18.00	59.17	350m:	6:06.85	48.84
	100m:	1:35.75	54.12	200m:	3:18.83	51.92	300m:	5:18.01	1:00.01	400m:	6:53.19	46.34
7.	CIE LAK Antonina		10	MKP „Warszawianka”				6:57.02	260			
	50m:	47.25	47.25	150m:	2:38.07	53.07	250m:	4:26.74	58.74	350m:	6:13.45	48.07
	100m:	1:45.00	57.75	200m:	3:28.00	49.93	300m:	5:25.38	58.64	400m:	6:57.02	43.57
12 lat												
1.	DUBAN Magdalena		09	UKS GOS Raszyn				6:30.42	317			
	50m:	39.99	39.99	150m:	2:22.34	51.70	250m:	4:05.03	54.40	350m:	5:47.06	46.62
	100m:	1:30.64	50.65	200m:	3:10.63	48.29	300m:	5:00.44	55.41	400m:	6:30.42	43.36
13 lat												
1.	MULEWSKA Blanka		08	Squatina Ostroł ka				5:57.42	413			
	50m:	40.05	40.05	150m:	2:13.25	46.88	250m:	3:46.69	48.53	350m:	5:18.51	41.30
	100m:	1:26.37	46.32	200m:	2:58.16	44.91	300m:	4:37.21	50.52	400m:	5:57.42	38.91
2.	BARAN Agata		08	Uks „Pingwiny”				6:15.20	357			
	50m:	38.12	38.12	150m:	2:17.59	50.08	250m:	3:56.93	53.84	350m:	5:34.87	42.31
	100m:	1:27.51	49.39	200m:	3:03.09	45.50	300m:	4:52.56	55.63	400m:	6:15.20	40.33
3.	WYGOWSKA Maja		08	St. KF KS „Fenix” O arów Mazowiecki				6:19.32	346			
	50m:	42.28	42.28	150m:	2:21.08	49.23	250m:	4:02.79	54.45	350m:	5:39.31	41.78
	100m:	1:31.85	49.57	200m:	3:08.34	47.26	300m:	4:57.53	54.74	400m:	6:19.32	40.01
14 lat												
1.	PRZYBYLSKA Oliwia		07	MKS Piaseczno				5:22.11	565			
	50m:	34.57	34.57	150m:	1:57.28	41.48	250m:	3:22.35	44.41	350m:	4:44.68	37.82
	100m:	1:15.80	41.23	200m:	2:37.94	40.66	300m:	4:06.86	44.51	400m:	5:22.11	37.43
2.	TARASZKIEWICZ Zofia		07	UKP „Polonia Warszawa”				5:39.52	482			
	50m:	33.80	33.80	150m:	2:02.68	45.83	250m:	3:33.32	46.75	350m:	5:01.59	40.62
	100m:	1:16.85	43.05	200m:	2:46.57	43.89	300m:	4:20.97	47.65	400m:	5:39.52	37.93
3.	ORASZEK Karolina		07	UKP „Polonia Warszawa”				5:39.62	482			
	50m:	35.60	35.60	150m:	2:02.46	42.55	250m:	3:33.68	49.30	350m:	5:02.65	38.40
	100m:	1:19.91	44.31	200m:	2:44.38	41.92	300m:	4:24.25	50.57	400m:	5:39.62	36.97

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Konkurencja 29, Dziewcz t, 400m zmienny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
4.	JACUK Julia		07	MKS „Astoria” Bydgoszcz			5:50.98	437	
	50m:	38.86 38.86	150m:	2:13.08 45.84	250m:	3:46.43 48.95	350m:	5:16.32 39.66	
	100m:	1:27.24 48.38	200m:	2:57.48 44.40	300m:	4:36.66 50.23	400m:	5:50.98 34.66	
5.	ZARZECKA Roksana		07	Klub Pływacki Ciechanów			5:51.18	436	
	50m:	35.86 35.86	150m:	2:06.72 48.45	250m:	3:40.85 49.20	350m:	5:13.06 41.82	
	100m:	1:18.27 42.41	200m:	2:51.65 44.93	300m:	4:31.24 50.39	400m:	5:51.18 38.12	
6.	TOMKIEL Anna		07	UKP „Polonia Warszawa”			6:00.39	403	
	50m:	35.67 35.67	150m:	2:09.15 49.32	250m:	3:47.69 53.07	350m:	5:20.99 40.19	
	100m:	1:19.83 44.16	200m:	2:54.62 45.47	300m:	4:40.80 53.11	400m:	6:00.39 39.40	
DYSKW.	MICHALSKA Pola		07	UKP „Polonia Warszawa”			5:44.27		
	<i>K16 - Pływak dotkn ł cian nierównocze nie dwiema dło mi przy nawrocie lub na zako czenie wy cigu.</i>								
	50m:	34.72 34.72	150m:	1:58.86 42.55	250m:	3:34.53 54.71	350m:	5:07.36 39.32	
	100m:	1:16.31 41.59	200m:	2:39.82 40.96	300m:	4:28.04 53.51	400m:	5:44.27 36.91	
PK	HERBREder Gabriela		03	GIM 92			5:06.45	656	
	50m:	30.64 30.64	150m:	1:49.58 41.45	250m:	3:12.37 43.27	350m:	4:31.91 36.58	
	100m:	1:08.13 37.49	200m:	2:29.10 39.52	300m:	3:55.33 42.96	400m:	5:06.45 34.54	
PK	BŁASZCZYK Wiktoria		06	UKP „Polonia Warszawa”			5:47.93	448	
	50m:	34.57 34.57	150m:	2:02.66 44.04	250m:	3:36.46 51.00	350m:	5:07.34 39.24	
	100m:	1:18.62 44.05	200m:	2:45.46 42.80	300m:	4:28.10 51.64	400m:	5:47.93 40.59	
PK	HOLC Amelka		06	UKP „Polonia Warszawa”			5:55.87	419	
	50m:	36.20 36.20	150m:	2:07.46 46.55	250m:	3:46.32 53.23	350m:	5:17.06 39.50	
	100m:	1:20.91 44.71	200m:	2:53.09 45.63	300m:	4:37.56 51.24	400m:	5:55.87 38.81	