

MISTRZOSTWA POLSKI JUNIORÓW MŁODSZYCH 16-LETNICH W PŁYWANIU
Warszawa, 15. - 18.7.2021

Konkurencja 22
17.07.2021 - 9:41

Dziewcz t, 400m dowolny

16 lat
Wyniki Eliminacje

Rekord Polski Open	4:04.23	JEDRZEJCZAK Otylia	00114	Melbourne (AUS)	25.03.2007
Rekord Polski 16	4:12.62	ZUKOWSKA Paula	00107	Doha (QAT)	09.12.2009

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
1.	KRASZEWSKA Martyna		05	MTP Kormoran Olsztyn			4:31.21	662 A	
	50m: 31.60	31.60	150m: 1:39.88	34.41	250m: 2:48.85	34.18	350m: 3:58.60	34.63	
	100m: 1:05.47	33.87	200m: 2:14.67	34.79	300m: 3:23.97	35.12	400m: 4:31.21	32.61	
2.	KULIK Julia		05	UKS GOS Raszyn			4:32.47	653 A	
	50m: 31.17	31.17	150m: 1:40.37	34.77	250m: 2:49.56	34.25	350m: 3:58.41	35.00	
	100m: 1:05.60	34.43	200m: 2:15.31	34.94	300m: 3:23.41	33.85	400m: 4:32.47	34.06	
3.	KOWALSKA Klara		05	KU AZS UMCS Lublin			4:32.56	652 A	
	50m: 31.23	31.23	150m: 1:40.39	34.74	250m: 2:49.74	34.49	350m: 3:58.54	34.49	
	100m: 1:05.65	34.42	200m: 2:15.25	34.86	300m: 3:24.05	34.31	400m: 4:32.56	34.02	
4.	KOSSOWSKA Julita		05	UKS 190 Łódź			4:35.05	635 A	
	50m: 31.37	31.37	150m: 1:40.17	34.75	250m: 2:50.32	34.97	350m: 4:00.97	35.09	
	100m: 1:05.42	34.05	200m: 2:15.35	35.18	300m: 3:25.88	35.56	400m: 4:35.05	34.08	
5.	ZAGDA SKA Oliwia		05	MKS Juvenia Wrocław			4:36.28	626 A	
	50m: 31.76	31.76	150m: 1:41.62	35.31	250m: 2:52.28	35.39	350m: 4:02.75	34.95	
	100m: 1:06.31	34.55	200m: 2:16.89	35.27	300m: 3:27.80	35.52	400m: 4:36.28	33.53	
6.	SZALAST Karolina		05	UKS Tri-Team Rumia			4:38.47	612 A	
	50m: 32.54	32.54	150m: 1:41.91	34.68	250m: 2:52.29	35.25	350m: 4:03.66	35.88	
	100m: 1:07.23	34.69	200m: 2:17.04	35.13	300m: 3:27.78	35.49	400m: 4:38.47	34.81	
7.	SAMORAJ Oliwia		05	MKS Piaseczno			4:38.56	611 A	
	50m: 31.82	31.82	150m: 1:41.32	34.93	250m: 2:52.78	35.57	350m: 4:04.67	35.55	
	100m: 1:06.39	34.57	200m: 2:17.21	35.89	300m: 3:29.12	36.34	400m: 4:38.56	33.89	
8.	SŁABOSZ Emilia		05	MOSM Tychy			4:38.93	609 A	
	50m: 30.90	30.90	150m: 1:40.30	35.16	250m: 2:52.03	35.81	350m: 4:03.99	35.65	
	100m: 1:05.14	34.24	200m: 2:16.22	35.92	300m: 3:28.34	36.31	400m: 4:38.93	34.94	
9.	KOWALCZYK Katarzyna		05	MKP Szczecin			4:40.02	602 A	
	50m: 32.52	32.52	150m: 1:42.68	35.12	250m: 2:53.94	35.75	350m: 4:05.60	35.75	
	100m: 1:07.56	35.04	200m: 2:18.19	35.51	300m: 3:29.85	35.91	400m: 4:40.02	34.42	
10.	MAKSYMOWICZ Nina		05	UKS G-8 Bielany Warszawa			4:40.62	598 A	
	50m: 31.62	31.62	150m: 1:41.20	35.10	250m: 2:52.36	35.74	350m: 4:05.46	36.40	
	100m: 1:06.10	34.48	200m: 2:16.62	35.42	300m: 3:29.06	36.70	400m: 4:40.62	35.16	
11.	PASIEROWSKA Wiktoria		05	UKS „GIM 92 Ursynów”			4:41.85	590 B	
	50m: 32.50	32.50	150m: 1:43.97	35.93	250m: 2:55.64	35.48	350m: 4:07.56	35.71	
	100m: 1:08.04	35.54	200m: 2:20.16	36.19	300m: 3:31.85	36.21	400m: 4:41.85	34.29	
12.	BUKOWSKA Olga		05	UKP „Ruda I ska”			4:42.19	588 B	
	50m: 31.24	31.24	150m: 1:41.09	35.47	250m: 2:53.91	36.46	350m: 4:07.11	36.30	
	100m: 1:05.62	34.38	200m: 2:17.45	36.36	300m: 3:30.81	36.90	400m: 4:42.19	35.08	
13.	GÓRSKA Zofia		05	UKP „Polonia Warszawa”			4:42.36	587 B	
	50m: 31.25	31.25	150m: 1:41.96	35.80	250m: 2:54.19	36.04	350m: 4:07.05	36.09	
	100m: 1:06.16	34.91	200m: 2:18.15	36.19	300m: 3:30.96	36.77	400m: 4:42.36	35.31	
14.	KOWALSKA Zuzanna		05	KU AZS UMCS Lublin			4:43.59	579 B	
	50m: 32.52	32.52	150m: 1:43.91	36.07	250m: 2:56.37	36.40	350m: 4:08.82	36.53	
	100m: 1:07.84	35.32	200m: 2:19.97	36.06	300m: 3:32.29	35.92	400m: 4:43.59	34.77	
15.	DADEJ Julia		05	UKS SMS Galicja Kraków			4:46.47	562 B	
	50m: 33.11	33.11	150m: 1:46.27	36.76	250m: 2:59.14	36.45	350m: 4:11.73	36.36	
	100m: 1:09.51	36.40	200m: 2:22.69	36.42	300m: 3:35.37	36.23	400m: 4:46.47	34.74	
16.	MAZUR Zuzanna		05	MKP „SŁOWIANKA” Gorzów Wlkp.			4:47.06	558 B	
	50m: 32.49	32.49	150m: 1:44.39	36.41	250m: 2:58.38	37.20	350m: 4:12.51	37.06	
	100m: 1:07.98	35.49	200m: 2:21.18	36.79	300m: 3:35.45	37.07	400m: 4:47.06	34.55	

MISTRZOSTWA POLSKI JUNIORÓW MŁODSZYCH 16-LETNICH W PŁYWANIU
Warszawa, 15. - 18.7.2021

Konkurencja 22, Dziewcz t, 400m dowolny, Eliminacje, 16 lat

Pozycja			Rok ur.					Czas	Pkt.			
17.	MAKSYMOWICZ	Nadia	05	UKS G-8 Bielany Warszawa				4:47.63	555	B		
	50m:	32.23	32.23	150m:	1:44.47	36.72	250m:	2:58.50	37.00	350m:	4:12.80	36.99
	100m:	1:07.75	35.52	200m:	2:21.50	37.03	300m:	3:35.81	37.31	400m:	4:47.63	34.83
18.	VOLKERT	Julia	05	UKP Unia O wi cim				4:49.48	545	B		
	50m:	32.10	32.10	150m:	1:43.89	36.62	250m:	2:57.40	36.81	350m:	4:12.50	37.77
	100m:	1:07.27	35.17	200m:	2:20.59	36.70	300m:	3:34.73	37.33	400m:	4:49.48	36.98
19.	BISZEWSKA	Gabriela	05	Mi dzyszkołny UKS „Olimpijczyk” Suwałki				4:50.75	537	B		
	50m:	33.40	33.40	150m:	1:45.97	36.51	250m:	2:59.64	37.20	350m:	4:14.34	37.58
	100m:	1:09.46	36.06	200m:	2:22.44	36.47	300m:	3:36.76	37.12	400m:	4:50.75	36.41
20.	L GA	Maja	05	KS Neptun widnica				4:50.90	537	B		
	50m:	32.95	32.95	150m:	1:46.43	36.97	250m:	3:00.80	36.68	350m:	4:15.23	37.05
	100m:	1:09.46	36.51	200m:	2:24.12	37.69	300m:	3:38.18	37.38	400m:	4:50.90	35.67
21.	JAWORSKA	Wiktoria	05	MUKS "Pi tnatka"				4:51.24	535	R		
	50m:	31.96	31.96	150m:	1:45.27	37.24	250m:	3:00.35	37.57	350m:	4:15.43	37.55
	100m:	1:08.03	36.07	200m:	2:22.78	37.51	300m:	3:37.88	37.53	400m:	4:51.24	35.81
22.	KLIMIUK	Zuzanna	05	MKP „SŁOWIANKA” Gorzów Wlkp.				4:52.66	527	R		
	50m:	32.89	32.89	150m:	1:47.02	37.13	250m:	3:02.25	37.71	350m:	4:16.77	36.87
	100m:	1:09.89	37.00	200m:	2:24.54	37.52	300m:	3:39.90	37.65	400m:	4:52.66	35.89
23.	JAKUBIK	Julia	05	UKP Unia O wi cim				4:53.13	524			
	50m:	32.82	32.82	150m:	1:46.95	37.44	250m:	3:02.29	37.43	350m:	4:17.88	37.92
	100m:	1:09.51	36.69	200m:	2:24.86	37.91	300m:	3:39.96	37.67	400m:	4:53.13	35.25
24.	KIERUZEL	Martyna	05	UKS 190 Łód				4:53.82	521			
	50m:	32.11	32.11	150m:	1:44.24	36.44	250m:	2:59.13	37.79	350m:	4:16.84	38.38
	100m:	1:07.80	35.69	200m:	2:21.34	37.10	300m:	3:38.46	39.33	400m:	4:53.82	36.98
25.	PYSZNIAK	Alicja	05	KU AZS UMCS Lublin				4:53.91	520			
	50m:	32.90	32.90	150m:	1:46.47	37.01	250m:	3:01.12	37.26	350m:	4:17.31	38.05
	100m:	1:09.46	36.56	200m:	2:23.86	37.39	300m:	3:39.26	38.14	400m:	4:53.91	36.60
26.	CYGANEK	Nina	05	UKS „P.S.Salwator”				4:56.16	508			
	50m:	33.45	33.45	150m:	1:47.04	37.42	250m:	3:03.01	37.85	350m:	4:19.56	37.54
	100m:	1:09.62	36.17	200m:	2:25.16	38.12	300m:	3:42.02	39.01	400m:	4:56.16	36.60
27.	TCHÓRZEWSKA	Sabina	05	UKS SMS Galicja Kraków				4:57.85	500			
	50m:	32.91	32.91	150m:	1:47.93	38.01	250m:	3:04.03	38.27	350m:	4:20.68	38.61
	100m:	1:09.92	37.01	200m:	2:25.76	37.83	300m:	3:42.07	38.04	400m:	4:57.85	37.17
28.	HAJDUK	Julia	05	MKP „SŁOWIANKA” Gorzów Wlkp.				4:59.05	494			
	50m:	34.75	34.75	150m:	1:51.70	38.59	250m:	3:08.91	38.47	350m:	4:25.05	36.92
	100m:	1:13.11	38.36	200m:	2:30.44	38.74	300m:	3:48.13	39.22	400m:	4:59.05	34.00
29.	GRZYBEK	Zofia	05	PTS "JANOSIK" Bielsko-Biała				4:59.77	490			
	50m:	33.71	33.71	150m:	1:48.59	38.19	250m:	3:05.54	38.40	350m:	4:22.78	38.48
	100m:	1:10.40	36.69	200m:	2:27.14	38.55	300m:	3:44.30	38.76	400m:	4:59.77	36.99
30.	GIL	Beata	05	MUKP Korona-Swim Kielce				4:59.85	490			
	50m:	33.76	33.76	150m:	1:48.50	37.85	250m:	3:06.21	39.11	350m:	4:24.32	38.85
	100m:	1:10.65	36.89	200m:	2:27.10	38.60	300m:	3:45.47	39.26	400m:	4:59.85	35.53
31.	SOSNÓWKA	Oliwia	05	UKP Fala Kra nik				5:04.76	467			
	50m:	35.19	35.19	150m:	1:51.78	39.21	250m:	3:10.06	39.23	350m:	4:27.61	38.71
	100m:	1:12.57	37.38	200m:	2:30.83	39.05	300m:	3:48.90	38.84	400m:	5:04.76	37.15
32.	PANASIUK	Natalia	05	KS „OLIMPIA” Lublin				5:07.89	452			
	50m:	35.32	35.32	150m:	1:54.10	39.86	250m:	3:13.07	39.35	350m:	4:32.10	38.45
	100m:	1:14.24	38.92	200m:	2:33.72	39.62	300m:	3:53.65	40.58	400m:	5:07.89	35.79
33.	WILGOSZ	Maria	05	UKP Manta Jelcz-Laskowice				5:08.55	450			
	50m:	36.95	36.95	150m:	1:56.04	39.77	250m:	3:14.31	39.16	350m:	4:32.46	38.71
	100m:	1:16.27	39.32	200m:	2:35.15	39.11	300m:	3:53.75	39.44	400m:	5:08.55	36.09
34.	MATWIN	Julia	05	UKP Unia O wi cim				5:08.57	449			
	50m:	34.66	34.66	150m:	1:51.47	38.92	250m:	3:10.69	39.83	350m:	4:31.28	40.40
	100m:	1:12.55	37.89	200m:	2:30.86	39.39	300m:	3:50.88	40.19	400m:	5:08.57	37.29

MISTRZOSTWA POLSKI JUNIORÓW MŁODSZYCH 16-LETNICH W PŁYWANIU
Warszawa, 15. - 18.7.2021

Konkurencja 22, Dziewcz t, 400m dowolny, Eliminacje, 16 lat

Pozycja			Rok ur.					Czas	Pkt.
35.	KRUPA Helena		05	MKS SMS Victoria Racibórz				5:14.55	424
	50m:	35.03 35.03	150m:	1:53.42 39.98	250m:	3:14.59 40.24	350m:	4:36.22 41.05	
	100m:	1:13.44 38.41	200m:	2:34.35 40.93	300m:	3:55.17 40.58	400m:	5:14.55 38.33	
36.	PABISIAK Helena		05	UKP „Polonia Warszawa"				5:15.21	422
	50m:	33.72 33.72	150m:	1:49.95 39.08	250m:	3:11.43 41.46	350m:	4:33.40 40.95	
	100m:	1:10.87 37.15	200m:	2:29.97 40.02	300m:	3:52.45 41.02	400m:	5:15.21 41.81	
37.	BOCHE SKA Dominika		05	KS Posnania Pozna				5:15.66	420
	50m:	34.69 34.69	150m:	1:53.70 40.15	250m:	3:13.67 40.35	350m:	4:35.77 40.85	
	100m:	1:13.55 38.86	200m:	2:33.32 39.62	300m:	3:54.92 41.25	400m:	5:15.66 39.89	
38.	LIPOWSKÁ Aneta		05	MTP Delfin Cieszyn				5:18.55	409
	50m:	36.23 36.23	150m:	1:55.50 39.56	250m:	3:16.08 40.25	350m:	4:38.43 40.75	
	100m:	1:15.94 39.71	200m:	2:35.83 40.33	300m:	3:57.68 41.60	400m:	5:18.55 40.12	
39.	SAMSON Julia		05	Uks Pirat				6:23.60	234
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	6:23.60	