

MISTRZOSTWA POLSKI JUNIORÓW MŁODSZYCH 16-LETNICH W PŁYWANIU  
Warszawa, 15. - 18.7.2021

Konkurencja 23  
17.07.2021 - 10:05

Chłopców, 400m dowolny

16 lat  
Wyniki Eliminacje

Rekord Polski Open	3:45.71	STANCZYK Przemysław	00116	Chiba (JPN)	21.08.2007
Rekord Polski 16	3:56.47	KAŁU Y SKI Antoni	03914	Hodmezovasarhely (HUN)	12.12.2015

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
1.	ZDYBEL Adam		05	KS Delfin Gdynia			<b>4:06.95</b>	707 A	
	50m: 27.86	27.86	150m: 1:29.90	31.38	250m: 2:33.01	31.73	350m: 3:36.57	31.65	
	100m: 58.52	30.66	200m: 2:01.28	31.38	300m: 3:04.92	31.91	400m: 4:06.95	30.38	
2.	WO NIAK Piotr		05	MTP Kormoran Olsztyn			<b>4:08.19</b>	697 A	
	50m: 28.84	28.84	150m: 1:32.02	31.93	250m: 2:35.74	31.88	350m: 3:38.98	31.45	
	100m: 1:00.09	31.25	200m: 2:03.86	31.84	300m: 3:07.53	31.79	400m: 4:08.19	29.21	
3.	ZAREMBA Adam		05	WKS I sk			<b>4:08.62</b>	693 A	
	50m: 28.40	28.40	150m: 1:30.70	31.59	250m: 2:34.51	31.70	350m: 3:38.27	31.46	
	100m: 59.11	30.71	200m: 2:02.81	32.11	300m: 3:06.81	32.30	400m: 4:08.62	30.35	
4.	HEBEL Maciej		05	UKS abianka Gda sk			<b>4:08.93</b>	690 A	
	50m: 28.26	28.26	150m: 1:30.58	31.43	250m: 2:34.60	32.01	350m: 3:39.12	32.42	
	100m: 59.15	30.89	200m: 2:02.59	32.01	300m: 3:06.70	32.10	400m: 4:08.93	29.81	
5.	PŁOSZKA Kacper		05	MKS Jedyńka Łód			<b>4:10.34</b>	679 A	
	50m: 28.35	28.35	150m: 1:33.00	32.78	250m: 2:37.55	32.33	350m: 3:42.00	32.14	
	100m: 1:00.22	31.87	200m: 2:05.22	32.22	300m: 3:09.86	32.31	400m: 4:10.34	28.34	
6.	RADKIEWICZ Kajetan		05	KS KSZO Ostrowiec w.			<b>4:10.45</b>	678 A	
	50m: 28.32	28.32	150m: 1:32.61	32.44	250m: 2:37.44	32.25	350m: 3:41.17	31.54	
	100m: 1:00.17	31.85	200m: 2:05.19	32.58	300m: 3:09.63	32.19	400m: 4:10.45	29.28	
7.	RYNKIEWICZ Jakub		05	KU AZS UMCS Lublin			<b>4:10.62</b>	677 A	
	50m: 28.33	28.33	150m: 1:32.60	32.38	250m: 2:37.48	32.41	350m: 3:41.95	32.08	
	100m: 1:00.22	31.89	200m: 2:05.07	32.47	300m: 3:09.87	32.39	400m: 4:10.62	28.67	
8.	BOLEK Stanisław		05	UKP „Polonia Warszawa”			<b>4:13.62</b>	653 A	
	50m: 28.75	28.75	150m: 1:32.70	32.08	250m: 2:37.57	32.51	350m: 3:42.34	32.25	
	100m: 1:00.62	31.87	200m: 2:05.06	32.36	300m: 3:10.09	32.52	400m: 4:13.62	31.28	
9.	BARCZEWICZ Jakub		05	UKS Manta Warszawa Włochy			<b>4:14.54</b>	646 A	
	50m: 28.06	28.06	150m: 1:31.82	32.12	250m: 2:36.98	32.88	350m: 3:42.76	32.73	
	100m: 59.70	31.64	200m: 2:04.10	32.28	300m: 3:10.03	33.05	400m: 4:14.54	31.78	
10.	GO CI SKI Jakub		05	UKS SMS Galicja Kraków			<b>4:14.89</b>	643 A	
	50m: 29.20	29.20	150m: 1:34.02	32.55	250m: 2:39.36	32.56	350m: 3:43.70	31.52	
	100m: 1:01.47	32.27	200m: 2:06.80	32.78	300m: 3:12.18	32.82	400m: 4:14.89	31.19	
11.	MOCHNAL Kacper		05	MKS Jedyńka Łód			<b>4:15.54</b>	638 B	
	50m: 28.71	28.71	150m: 1:32.78	32.17	250m: 2:39.22	33.22	350m: 3:45.71	34.13	
	100m: 1:00.61	31.90	200m: 2:06.00	33.22	300m: 3:11.58	32.36	400m: 4:15.54	29.83	
12.	NOWACKI Jacek		05	MTP Kormoran Olsztyn			<b>4:16.81</b>	629 B	
	50m: 28.83	28.83	150m: 1:33.64	32.74	250m: 2:39.81	33.28	350m: 3:45.68	32.69	
	100m: 1:00.90	32.07	200m: 2:06.53	32.89	300m: 3:12.99	33.18	400m: 4:16.81	31.13	
13.	WO NY Maksym		05	MKS Juwenia Wrocław			<b>4:18.32</b>	618 B	
	50m: 29.13	29.13	150m: 1:34.36	33.05	250m: 2:40.88	33.36	350m: 3:47.25	33.08	
	100m: 1:01.31	32.18	200m: 2:07.52	33.16	300m: 3:14.17	33.29	400m: 4:18.32	31.07	
14.	PIECHOWSKI Jakub		05	UKS Junior Kluczbork			<b>4:20.02</b>	606 B	
	50m: 29.09	29.09	150m: 1:34.64	33.42	250m: 2:41.63	33.43	350m: 3:48.45	33.35	
	100m: 1:01.22	32.13	200m: 2:08.20	33.56	300m: 3:15.10	33.47	400m: 4:20.02	31.57	
15.	KUCHARSKI Paweł		05	"Sikret" Gliwice			<b>4:20.48</b>	603 B	
	50m: 30.37	30.37	150m: 1:36.50	33.19	250m: 2:43.31	33.30	350m: 3:48.86	32.18	
	100m: 1:03.31	32.94	200m: 2:10.01	33.51	300m: 3:16.68	33.37	400m: 4:20.48	31.62	
16.	ARENT Artur		05	MKS Jedyńka Łód			<b>4:20.64</b>	601 B	
	50m: 30.22	30.22	150m: 1:35.44	32.61	250m: 2:41.10	32.70	350m: 3:47.79	33.23	
	100m: 1:02.83	32.61	200m: 2:08.40	32.96	300m: 3:14.56	33.46	400m: 4:20.64	32.85	

MISTRZOSTWA POLSKI JUNIORÓW MŁODSZYCH 16-LETNICH W PŁYWANIU  
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Konkurencja 23, Chłopców, 400m dowolny, Eliminacje, 16 lat

Pozycja			Rok ur.					Czas	Pkt.	
17.	BANIA Karol		05	MUKS "Pi tnastrka"				<b>4:23.07</b>	585	B
	50m:	29.57 29.57	150m:	1:35.81 33.48	250m:	2:43.26 33.74	350m:	3:50.44 33.26		
	100m:	1:02.33 32.76	200m:	2:09.52 33.71	300m:	3:17.18 33.92	400m:	4:23.07 32.63		
18.	JANKOWSKI Antoni		05	MKP „SŁOWIANKA” Gorzów Wlkp.				<b>4:23.28</b>	584	B
	50m:	29.65 29.65	150m:	1:36.15 33.87	250m:	2:44.27 34.09	350m:	3:52.60 33.80		
	100m:	1:02.28 32.63	200m:	2:10.18 34.03	300m:	3:18.80 34.53	400m:	4:23.28 30.68		
19.	SULKOWSKI Oskar		05	MTP Kormoran Olsztyn				<b>4:23.64</b>	581	B
	50m:	30.01 30.01	150m:	1:36.26 32.92	250m:	2:43.50 33.44	350m:	3:51.31 33.85		
	100m:	1:03.34 33.33	200m:	2:10.06 33.80	300m:	3:17.46 33.96	400m:	4:23.64 32.33		
20.	SIENKIEWICZ Ignacy		05	IKS Konstancin				<b>4:24.67</b>	574	B
	50m:	29.67 29.67	150m:	1:37.34 34.15	250m:	2:44.84 33.66	350m:	3:52.46 33.51		
	100m:	1:03.19 33.52	200m:	2:11.18 33.84	300m:	3:18.95 34.11	400m:	4:24.67 32.21		
21.	TRYDULSKI Oskar		05	UKS „GIM 92 Ursynów”				<b>4:25.14</b>	571	R
	50m:	30.16 30.16	150m:	1:36.63 33.56	250m:	2:44.14 33.98	350m:	3:52.48 33.72		
	100m:	1:03.07 32.91	200m:	2:10.16 33.53	300m:	3:18.76 34.62	400m:	4:25.14 32.66		
22.	MAŁKOWSKI Hubert		05	MTKP Delfin Toru				<b>4:25.32</b>	570	R
	50m:	29.53 29.53	150m:	1:35.71 34.10	250m:	2:43.98 33.89	350m:	3:53.04 34.85		
	100m:	1:01.61 32.08	200m:	2:10.09 34.38	300m:	3:18.19 34.21	400m:	4:25.32 32.28		
23.	CEMBALA Karol		05	UKP Unia O wi cim				<b>4:28.07</b>	553	
	50m:	29.37 29.37	150m:	1:37.30 34.42	250m:	2:45.23 34.01	350m:	3:54.21 34.72		
	100m:	1:02.88 33.51	200m:	2:11.22 33.92	300m:	3:19.49 34.26	400m:	4:28.07 33.86		
24.	LED Maciej		05	KU AZS UMCS Lublin				<b>4:28.32</b>	551	
	50m:	30.01 30.01	150m:	1:37.84 34.00	250m:	2:46.57 34.36	350m:	3:55.24 34.26		
	100m:	1:03.84 33.83	200m:	2:12.21 34.37	300m:	3:20.98 34.41	400m:	4:28.32 33.08		
25.	M CNER Jakub		05	PTS "JANOSIK" Bielsko-Biała				<b>4:29.66</b>	543	
	50m:	27.98 27.98	150m:	1:34.63 34.29	250m:	2:44.88 35.21	350m:	3:56.08 35.59		
	100m:	1:00.34 32.36	200m:	2:09.67 35.04	300m:	3:20.49 35.61	400m:	4:29.66 33.58		
26.	GOŁY SKI Michał		05	UKS „GIM 92 Ursynów”				<b>4:30.22</b>	540	
	50m:	30.96 30.96	150m:	1:39.14 34.39	250m:	2:48.50 34.25	350m:	3:57.46 33.95		
	100m:	1:04.75 33.79	200m:	2:14.25 35.11	300m:	3:23.51 35.01	400m:	4:30.22 32.76		
27.	HARAZIM Filip		05	"Sikret" Gliwice				<b>4:30.46</b>	538	
	50m:	29.94 29.94	150m:	1:39.41 35.35	250m:	2:49.55 35.55	350m:	3:58.36 34.26		
	100m:	1:04.06 34.12	200m:	2:14.00 34.59	300m:	3:24.10 34.55	400m:	4:30.46 32.10		
28.	FAŁEK Szymon		05	UKS G-8 Bielany Warszawa				<b>4:31.36</b>	533	
	50m:	29.97 29.97	150m:	1:37.62 34.36	250m:	2:47.06 35.86	350m:	3:57.32 34.77		
	100m:	1:03.26 33.29	200m:	2:11.20 33.58	300m:	3:22.55 35.49	400m:	4:31.36 34.04		
29.	WI NIEWSKI Stanisław		05	Kaliski Klub Sportowy „Włókniarz” 1924				<b>4:32.94</b>	524	
	50m:	30.49 30.49	150m:	1:40.30 35.45	250m:	2:50.92 35.45	350m:	4:00.72 34.72		
	100m:	1:04.85 34.36	200m:	2:15.47 35.17	300m:	3:26.00 35.08	400m:	4:32.94 32.22		
30.	PAWLICA Mateusz		05	MKS Park Wodny Tarnowskie Góry				<b>4:33.10</b>	523	
	50m:	29.88 29.88	150m:	1:38.69 34.76	250m:	2:48.71 35.26	350m:	3:58.57 34.83		
	100m:	1:03.93 34.05	200m:	2:13.45 34.76	300m:	3:23.74 35.03	400m:	4:33.10 34.53		
31.	KESLER Michał		05	KS KSZO Ostrowiec w.				<b>4:35.15</b>	511	
	50m:	31.22 31.22	150m:	1:41.82 35.78	250m:	2:52.94 35.75	350m:	4:02.87 34.94		
	100m:	1:06.04 34.82	200m:	2:17.19 35.37	300m:	3:27.93 34.99	400m:	4:35.15 32.28		
32.	UKOWSKI Antoni		05	MUKS "Pi tnastrka"				<b>4:35.71</b>	508	
	50m:	31.30 31.30	150m:	1:41.97 35.54	250m:	2:53.90 35.81	350m:	4:02.76 34.74		
	100m:	1:06.43 35.13	200m:	2:18.09 36.12	300m:	3:28.02 34.12	400m:	4:35.71 32.95		
33.	ZAREMBA Igor		05	Towarzystwo Sportowe Wisła Kraków				<b>4:37.02</b>	501	
	50m:	30.62 30.62	150m:	1:38.78 34.46	250m:	2:49.88 35.67	350m:	4:02.44 36.80		
	100m:	1:04.32 33.70	200m:	2:14.21 35.43	300m:	3:25.64 35.76	400m:	4:37.02 34.58		
34.	JANUS Kamil		05	MUKP Korona-Swim Kielce				<b>4:37.30</b>	499	
	50m:	30.60 30.60	150m:	1:40.06 35.15	250m:	2:52.40 35.90	350m:	4:04.39 35.38		
	100m:	1:04.91 34.31	200m:	2:16.50 36.44	300m:	3:29.01 36.61	400m:	4:37.30 32.91		

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Pozycja	Rok ur.						Czas	Pkt.
35. KOCHANOWICZ Karol	05	UKP Unia O wi cim					<b>4:38.67</b>	492
50m: 30.15 30.15	150m: 1:40.21	35.52	250m: 2:51.86	35.81	350m: 4:03.82	35.71		
100m: 1:04.69 34.54	200m: 2:16.05	35.84	300m: 3:28.11	36.25	400m: 4:38.67	34.85		
36. DEC Kacper	05	Uks Jagiellonia Swim					<b>4:39.00</b>	490
50m: 30.64 30.64	150m: 1:41.25	35.96	250m: 2:53.47	36.03	350m: 4:05.08	35.32		
100m: 1:05.29 34.65	200m: 2:17.44	36.19	300m: 3:29.76	36.29	400m: 4:39.00	33.92		
37. PATOKA Konrad	05	WOPR Malbork					<b>4:45.12</b>	459
50m: 31.25 31.25	150m: 1:42.05	36.84	250m: 2:56.25	37.35	350m: 4:10.05	36.15		
100m: 1:05.21 33.96	200m: 2:18.90	36.85	300m: 3:33.90	37.65	400m: 4:45.12	35.07		
38. WENERSKI Eryk	05	UKP „Polonia Warszawa”					<b>4:46.64</b>	452
50m: 31.28 31.28	150m: 1:41.67	35.31	250m: 2:54.18	36.35	350m: 4:08.98	37.86		
100m: 1:06.36 35.08	200m: 2:17.83	36.16	300m: 3:31.12	36.94	400m: 4:46.64	37.66		
39. PYRIZHOK Artem	05	Uks „Pingwiny”					<b>4:48.68</b>	443
50m: 30.75 30.75	150m: 1:41.93	36.63	250m: 2:58.72	38.31	350m: 4:14.76	37.53		
100m: 1:05.30 34.55	200m: 2:20.41	38.48	300m: 3:37.23	38.51	400m: 4:48.68	33.92		
40. GO DZIK Kamil	05	UKS Nawa Skierniewice					<b>4:49.31</b>	440
50m: 31.63 31.63	150m: 1:46.45	38.09	250m: 3:00.87	36.42	350m: 4:13.90	36.18		
100m: 1:08.36 36.73	200m: 2:24.45	38.00	300m: 3:37.72	36.85	400m: 4:49.31	35.41		
41. ZAWIEJA Stanisław	05	KS Warta Pozna					<b>4:51.29</b>	431
50m: 32.17 32.17	150m: 1:45.31	37.10	250m: 3:00.58	37.78	350m: 4:15.75	37.27		
100m: 1:08.21 36.04	200m: 2:22.80	37.49	300m: 3:38.48	37.90	400m: 4:51.29	35.54		
42. MAJAK Mateusz	05	Uks Cityzen					<b>4:57.61</b>	404
50m: 31.91 31.91	150m: 1:46.31	38.11	250m: 3:03.28	38.16	350m: 4:19.75	37.89		
100m: 1:08.20 36.29	200m: 2:25.12	38.81	300m: 3:41.86	38.58	400m: 4:57.61	37.86		
43. POLAKOWSKI Bartłomiej	05	UKS Victoria Kozy					<b>5:05.24</b>	374
50m: 32.45 32.45	150m: 1:48.05	38.70	250m: 3:07.75	39.79	350m: 4:27.96	39.98		
100m: 1:09.35 36.90	200m: 2:27.96	39.91	300m: 3:47.98	40.23	400m: 5:05.24	37.28		
44. CHYVYLENKO Anatolii	05	KS AZS AWF Wrocław					<b>5:07.72</b>	365
50m: 31.81 31.81	150m: 1:44.89	37.24	250m: 3:05.70	41.36	350m: 4:27.36	39.50		
100m: 1:07.65 35.84	200m: 2:24.34	39.45	300m: 3:47.86	42.16	400m: 5:07.72	40.36		