

XXVI WARSAW OPEN MISTRZOSTWA WARSZAWY MASTERS W PŁYWANIU
Warszawa, 4.12.2021

Konkurencja 21 M cyczn, 400m dowolny 20 - 94 lat
04.12.2021 - 18:31 Wyniki

| | | | | |
|--------------------------------|----------|------------------------|--------------|------------|
| Rekordy Polski Masters 90 - 94 | 11:34.19 | MRÓWCZY SKI Kazimierz | Londyn (GBR) | 27.05.2016 |
| Rekordy Polski Masters 85 - 89 | 8:01.09 | KROKOSZY SKI Stanisław | Szczecin | 27.06.2015 |
| Rekordy Polski Masters 80 - 84 | 6:58.79 | KROKOSZY SKI Stanisław | Gliwice | 09.05.2010 |
| Rekordy Polski Masters 75 - 79 | 6:31.82 | BASTEK Ewald | Olsztyn | 29.06.2014 |
| Rekordy Polski Masters 70 - 74 | 5:53.54 | BASTEK Ewald | Gdynia | 27.06.2009 |
| Rekordy Polski Masters 65 - 69 | 5:26.68 | SLUGOCKI Maciej | Pozna | 24.06.2018 |
| Rekordy Polski Masters 60 - 64 | 5:03.62 | GABIEC Mariusz | Pozna | 24.06.2018 |
| Rekordy Polski Masters 55 - 59 | 4:49.84 | MADEJ Leszek | Gliwice | 12.06.2016 |
| Rekordy Polski Masters 50 - 54 | 4:48.38 | MONCZAK Piotr | Gliwice | 02.06.2019 |
| Rekordy Polski Masters 45 - 49 | 4:37.07 | BERWECKI Arkadiusz | Pozna | 24.06.2018 |
| Rekordy Polski Masters 40 - 44 | 4:21.04 | STANEK Grzegorz | Cadiz (ESP) | 17.09.2009 |
| Rekordy Polski Masters 35 - 39 | 4:23.07 | KACZMAREK Stanisław | Londyn (GBR) | 27.05.2016 |
| Rekordy Polski Masters 30 - 34 | 4:31.49 | PR DK I Sławomir | Pozna | 20.06.2009 |
| Rekordy Polski Masters 25 - 29 | 4:13.52 | PIÓRO Artur | Gliwice | 02.06.2019 |

Punkty: FINA 2021

Pozycja Rok ur. Czas Pkt.

25 - 29 lat

| | | | | |
|-----------------------------|---------------------|-------------------------------|---------------------|------------|
| 1. OGŁOBLIN Adam | 92 | Zawodnicy niezrzeszeni | 5:19.98 | 325 |
| 50m: 34.39 34.39 | 150m: 1:54.24 40.88 | 250m: 3:17.65 41.98 | 350m: 4:41.19 41.67 | |
| 100m: 1:13.36 38.97 | 200m: 2:35.67 41.43 | 300m: 3:59.52 41.87 | 400m: 5:19.98 38.79 | |
| 2. NIED WIADEK Jakub | 93 | 5 Styl Warszawa | 5:22.37 | 318 |
| 50m: 36.38 36.38 | 150m: 1:55.71 39.76 | 250m: 3:17.76 40.89 | 350m: 4:41.32 41.36 | |
| 100m: 1:15.95 39.57 | 200m: 2:36.87 41.16 | 300m: 3:59.96 42.20 | 400m: 5:22.37 41.05 | |

30 - 34 lat

| | | | | |
|-----------------------------|---------------------|-------------------------------|---------------------|------------|
| 1. KOTLARSKI Marcin | 89 | Water Squad | 4:59.10 | 398 |
| 50m: 32.98 32.98 | 150m: 1:48.36 38.11 | 250m: 3:05.68 38.26 | 350m: 4:23.58 38.58 | |
| 100m: 1:10.25 37.27 | 200m: 2:27.42 39.06 | 300m: 3:45.00 39.32 | 400m: 4:59.10 35.52 | |
| 2. SZYSZKA Łukasz | 90 | Zawodnicy niezrzeszeni | 5:12.10 | 350 |
| 50m: 33.27 33.27 | 150m: 1:50.64 39.84 | 250m: 3:11.89 40.71 | 350m: 4:33.47 40.71 | |
| 100m: 1:10.80 37.53 | 200m: 2:31.18 40.54 | 300m: 3:52.76 40.87 | 400m: 5:12.10 38.63 | |
| 3. GROCHOWSKI Łukasz | 91 | Warsaw Masters Team | 5:28.26 | 301 |
| 50m: 34.20 34.20 | 150m: 1:52.29 39.84 | 250m: 3:15.06 42.09 | 350m: 4:42.41 44.66 | |
| 100m: 1:12.45 38.25 | 200m: 2:32.97 40.68 | 300m: 3:57.75 42.69 | 400m: 5:28.26 45.85 | |

35 - 39 lat

| | | | | |
|------------------------------|---------------------|-------------------------------|---------------------|------------|
| 1. PFITZNER Jan | 86 | Warsaw Masters Team | 5:02.99 | 383 |
| 50m: 33.29 33.29 | 150m: 1:50.04 38.93 | 250m: 3:06.62 38.14 | 350m: 4:25.03 39.19 | |
| 100m: 1:11.11 37.82 | 200m: 2:28.48 38.44 | 300m: 3:45.84 39.22 | 400m: 5:02.99 37.96 | |
| 2. SWIANIEWICZ Antoni | 85 | Zawodnicy niezrzeszeni | 6:25.85 | 185 |
| 50m: 41.37 41.37 | 150m: 2:16.59 49.20 | 250m: 3:57.34 50.52 | 350m: 5:37.43 49.94 | |
| 100m: 1:27.39 46.02 | 200m: 3:06.82 50.23 | 300m: 4:47.49 50.15 | 400m: 6:25.85 48.42 | |
| 3. SENGER Robert | 82 | Zawodnicy niezrzeszeni | 6:45.08 | 160 |
| 50m: 44.25 44.25 | 150m: 2:26.23 52.09 | 250m: 4:11.81 52.95 | 350m: 5:56.29 52.10 | |
| 100m: 1:34.14 49.89 | 200m: 3:18.86 52.63 | 300m: 5:04.19 52.38 | 400m: 6:45.08 48.79 | |

40 - 44 lat

| | | | | |
|-------------------------------|---------------------|------------------------------------|---------------------|------------|
| 1. KACZMAREK Stanisław | 79 | Landsberg Crew Gorzów Wlkp. | 4:44.16 | 464 |
| 50m: 33.44 33.44 | 150m: 1:47.01 36.64 | 250m: 3:00.37 36.40 | 350m: 4:11.11 34.69 | |
| 100m: 1:10.37 36.93 | 200m: 2:23.97 36.96 | 300m: 3:36.42 36.05 | 400m: 4:44.16 33.05 | |
| 2. GIEJSZTOWT Marcin | 78 | Warsaw Masters Team | 5:04.66 | 376 |
| 50m: 34.05 34.05 | 150m: 1:51.60 39.53 | 250m: 3:09.64 38.09 | 350m: 4:26.66 39.45 | |
| 100m: 1:12.07 38.02 | 200m: 2:31.55 39.95 | 300m: 3:47.21 37.57 | 400m: 5:04.66 38.00 | |

XXVI WARSAW OPEN MISTRZOSTWA WARSZAWY MASTERS W PŁYWANIU
Warszawa, 4.12.2021

Konkurencja 21, M czynn, 400m dowolny, 40 - 44 lat

| Pozycja | Rok ur. | | | | | | | | Czas | Pkt. |
|---------|---------------------|---------------------|---------------------|-----------------------|--|--|--|--|----------------|------|
| 3. | BIELSKI Dymitr | 77 | Warsaw Masters Team | | | | | | 6:02.05 | 224 |
| | 50m: 38.77 38.77 | 150m: 2:09.14 45.52 | 250m: 3:43.18 47.46 | 350m: 5:18.21 47.47 | | | | | | |
| | 100m: 1:23.62 44.85 | 200m: 2:55.72 46.58 | 300m: 4:30.74 47.56 | 400m: 6:02.05 43.84 | | | | | | |
| 4. | IWANOWSKI Piotr | 80 | 5 Styl Warszawa | | | | | | 6:35.32 | 172 |
| | 50m: 42.09 42.09 | 150m: 2:19.25 49.86 | 250m: 4:01.32 51.72 | 350m: 5:45.44 51.95 | | | | | | |
| | 100m: 1:29.39 47.30 | 200m: 3:09.60 50.35 | 300m: 4:53.49 52.17 | 400m: 6:35.32 49.88 | | | | | | |
| 5. | OLESI SKI Artur | 80 | Klub Sportowy Mako | | | | | | 7:32.81 | 114 |
| | 50m: 47.77 47.77 | 150m: 2:38.33 57.29 | 250m: 4:33.90 59.19 | 350m: 6:33.42 1:00.78 | | | | | | |
| | 100m: 1:41.04 53.27 | 200m: 3:34.71 56.38 | 300m: 5:32.64 58.74 | 400m: 7:32.81 59.39 | | | | | | |

45 - 49 lat

| | | | | | | | | | | |
|----|----------------------|---------------------|--------------------------|-----------------------|--|--|--|--|----------------|-----|
| 1. | SOŁTAN Piotr | 75 | Warsaw Masters Team | | | | | | 4:59.61 | 396 |
| | 50m: 34.40 34.40 | 150m: 1:51.98 39.57 | 250m: 3:08.42 37.42 | 350m: 4:22.92 37.43 | | | | | | |
| | 100m: 1:12.41 38.01 | 200m: 2:31.00 39.02 | 300m: 3:45.49 37.07 | 400m: 4:59.61 36.69 | | | | | | |
| 2. | KOWALCZYK Piotr | 74 | MKP Szczecin | | | | | | 5:03.06 | 382 |
| | 50m: 34.10 34.10 | 150m: 1:50.76 38.93 | 250m: 3:08.95 38.73 | 350m: 4:27.05 38.99 | | | | | | |
| | 100m: 1:11.83 37.73 | 200m: 2:30.22 39.46 | 300m: 3:48.06 39.11 | 400m: 5:03.06 36.01 | | | | | | |
| 3. | BUCHOLZ Tomasz | 72 | Olimpijczy Tomaszów Maz. | | | | | | 5:48.68 | 251 |
| | 50m: 37.18 37.18 | 150m: 2:02.29 43.92 | 250m: 3:33.28 45.68 | 350m: 5:05.32 46.73 | | | | | | |
| | 100m: 1:18.37 41.19 | 200m: 2:47.60 45.31 | 300m: 4:18.59 45.31 | 400m: 5:48.68 43.36 | | | | | | |
| 4. | MALISZEWSKI Wojciech | 74 | Warsaw Masters Team | | | | | | 6:35.11 | 172 |
| | 50m: 43.88 43.88 | 150m: 2:22.64 49.77 | 250m: 4:05.67 51.86 | 350m: 5:47.94 50.57 | | | | | | |
| | 100m: 1:32.87 48.99 | 200m: 3:13.81 51.17 | 300m: 4:57.37 51.70 | 400m: 6:35.11 47.17 | | | | | | |
| 5. | MAZURKIEWICZ Adam | 74 | Warsaw Masters Team | | | | | | 6:42.15 | 163 |
| | 50m: 41.40 41.40 | 150m: 2:19.30 51.08 | 250m: 4:04.60 53.36 | 350m: 5:51.79 53.97 | | | | | | |
| | 100m: 1:28.22 46.82 | 200m: 3:11.24 51.94 | 300m: 4:57.82 53.22 | 400m: 6:42.15 50.36 | | | | | | |
| 6. | KARCZEWSKI Paweł | 74 | Team Kara | | | | | | 7:33.10 | 114 |
| | 50m: 45.95 45.95 | 150m: 2:35.26 57.16 | 250m: 4:35.39 1:01.39 | 350m: 6:36.18 1:00.21 | | | | | | |
| | 100m: 1:38.10 52.15 | 200m: 3:34.00 58.74 | 300m: 5:35.97 1:00.58 | 400m: 7:33.10 56.92 | | | | | | |

50 - 54 lat

| | | | | | |
|----|-----------------------|-----------------------|----------------------------------|-----------------------|-----|
| 1. | MOLENDĄ Mirosław | 71 | Stowarzyszenie Pływackie MASTERS | L6:32.90 | 175 |
| | 50m: 44.46 44.46 | 150m: 2:23.16 50.39 | 250m: 4:04.44 50.28 | 350m: 5:47.07 51.55 | |
| | 100m: 1:32.77 48.31 | 200m: 3:14.16 51.00 | 300m: 4:55.52 51.08 | 400m: 6:32.90 45.83 | |
| 2. | WOJCIECHOWSKI Ryszard | 68 | Warsaw Masters Team | 8:59.50 | 67 |
| | 50m: 55.89 55.89 | 150m: 3:12.40 1:09.69 | 250m: 5:32.93 1:10.83 | 350m: 7:52.93 1:10.63 | |
| | 100m: 2:02.71 1:06.82 | 200m: 4:22.10 1:09.70 | 300m: 6:42.30 1:09.37 | 400m: 8:59.50 1:06.57 | |

55 - 59 lat

| | | | | | |
|----|----------------------|-----------------------|-----------------------------|-----------------------|-----|
| 1. | AMBROZIAK Tomasz | 64 | Niezrzeszony Ostrołęka U KS | 7:03.81 | 140 |
| | 50m: 2:35.60 2:35.60 | 150m: 4:25.89 54.55 | 250m: 5:58.18 54.55 | 350m: 7:03.81 54.55 | |
| | 100m: 3:31.34 55.74 | 200m: 5:20.41 54.52 | 300m: 7:03.81 54.52 | 400m: 7:03.81 54.52 | |
| 2. | NOWICKI Robert | 63 | Warsaw Masters Team | 8:04.69 | 93 |
| | 50m: 50.29 50.29 | 150m: 2:49.89 1:01.51 | 250m: 4:57.14 1:03.62 | 350m: 7:04.53 1:03.55 | |
| | 100m: 1:48.38 58.09 | 200m: 3:53.52 1:03.63 | 300m: 6:00.98 1:03.84 | 400m: 8:04.69 1:00.16 | |

60 - 64 lat

| | | | | | |
|----|---------------------|---------------------|---------------------|---------------------|-----|
| 1. | SUTOWSKI Robert | 59 | Warsaw Masters Team | 6:46.91 | 158 |
| | 50m: 45.61 45.61 | 150m: 2:29.06 52.52 | 250m: 4:16.52 54.18 | 350m: 5:59.58 51.45 | |
| | 100m: 1:36.54 50.93 | 200m: 3:22.34 53.28 | 300m: 5:08.13 51.61 | 400m: 6:46.91 47.33 | |
| 2. | CZUPRYN Wojciech | 58 | Warsaw Masters Team | 7:13.39 | 130 |
| | 50m: 45.88 45.88 | 150m: 2:35.51 55.99 | 250m: 4:26.95 55.67 | 350m: 6:19.28 56.24 | |
| | 100m: 1:39.52 53.64 | 200m: 3:31.28 55.77 | 300m: 5:23.04 56.09 | 400m: 7:13.39 54.11 | |

XXVI WARSAW OPEN MISTRZOSTWA WARSZAWY MASTERS W PŁYWANIU
Warszawa, 4.12.2021

Konkurencja 21, M czyzn, 400m dowolny

65 - 69 lat

| | | | | |
|---------------------|---------------------|---------------------|---------------------|-----|
| 1. WARCHOŁ Mirosław | 53 | Warsaw Masters Team | 5:44.85 | 259 |
| 50m: 37.94 37.94 | 150m: 2:03.73 43.61 | 250m: 3:32.60 44.46 | 350m: 5:02.62 45.05 | |
| 100m: 1:20.12 42.18 | 200m: 2:48.14 44.41 | 300m: 4:17.57 44.97 | 400m: 5:44.85 42.23 | |