

Otwarte Zimowe Mistrzostwa Warszawy w Pływaniu
Warszawa, 3. - 4.12.2021

Konkurencja 19
03.12.2021 - 18:21

Dziewcz t, 400m dowolny

10 - 14 lat
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
10 lat							
1.	KANIEWSKA, Lena 11	MKP „Warszawianka”	5:51.00 305	1:20.77	1:30.58	1:31.48	1:28.17
	50m: 37.17 37.17	150m: 2:05.26 44.49	250m: 3:36.73	45.38	350m: 5:08.84	46.01	
	100m: 1:20.77 43.60	200m: 2:51.35 46.09	300m: 4:22.83	46.10	400m: 5:51.00	42.16	
2.	ZIELINSKA, Wiktoria 11	UKS 48 Warszawa ródmi	6:19.03 242	1:29.20	1:39.10	1:39.58	1:31.15
	50m: 40.64 40.64	150m: 2:17.42 48.22	250m: 3:57.71	49.41	350m: 5:35.93	48.05	
	100m: 1:29.20 48.56	200m: 3:08.30 50.88	300m: 4:47.88	50.17	400m: 6:19.03	43.10	
3.	K KOLECKA, Karolina 11	Buks	6:26.36 229	1:27.62	1:40.52	1:40.40	1:37.82
	50m: 39.52 39.52	150m: 2:17.70 50.08	250m: 3:56.08	47.94	350m: 5:34.53	45.99	
	100m: 1:27.62 48.10	200m: 3:08.14 50.44	300m: 4:48.54	52.46	400m: 6:26.36	51.83	
4.	ONEILL, Kiera 11	UKP „Polonia Warszawa”	6:34.22 215	1:33.19	1:40.69	1:41.07	1:39.27
	50m: 42.84 42.84	150m: 2:22.89 49.70	250m: 4:04.85	50.97	350m: 5:45.95	51.00	
	100m: 1:33.19 50.35	200m: 3:13.88 50.99	300m: 4:54.95	50.10	400m: 6:34.22	48.27	
5.	KOCISZEWSKA, Lena 11	UKS „Victoria Józefów”	6:40.17 206	1:33.38	1:43.23		
	50m: 43.75 43.75	150m: 2:23.86 50.48	250m: 4:07.75	51.14	350m: 5:51.74		
	100m: 1:33.38 49.63	200m: 3:16.61 52.75	300m:		400m: 6:40.17	48.43	
11 lat							
1.	SOBÓTKA, Oliwia 10	UKS 48 Warszawa ródmi	4:56.96 504	1:09.51	1:16.66	1:17.76	1:13.03
	50m: 32.67 32.67	150m: 1:47.67 38.16	250m: 3:04.70	38.53	350m: 4:22.03	38.10	
	100m: 1:09.51 36.84	200m: 2:26.17 38.50	300m: 3:43.93	39.23	400m: 4:56.96	34.93	
2.	TOBÓŁA PERTKIEWICZ, 10	Uks „Pingwiny”	5:48.68 311	1:22.38	1:30.04	1:31.13	1:25.13
	50m: 39.21 39.21	150m: 2:07.62 45.24	250m: 3:38.26	45.84	350m: 5:07.92	44.37	
	100m: 1:22.38 43.17	200m: 2:52.42 44.80	300m: 4:23.55	45.29	400m: 5:48.68	40.76	
3.	STEFKA, Alicja 10	St. KF KS „Fenix” O arów	6:03.45 275	1:27.84	1:35.25	1:34.08	1:26.28
	50m: 40.49 40.49	150m: 2:15.17 47.33	250m: 3:50.74	47.65	350m: 5:22.86	45.69	
	100m: 1:27.84 47.35	200m: 3:03.09 47.92	300m: 4:37.17	46.43	400m: 6:03.45	40.59	
4.	KOPP, Zuzanna 10	UKS Pirania Targówek	6:04.42 273	1:21.00	1:32.38	1:36.53	1:34.51
	50m: 37.77 37.77	150m: 2:06.49 45.49	250m: 3:41.69	48.31	350m: 5:17.82	47.91	
	100m: 1:21.00 43.23	200m: 2:53.38 46.89	300m: 4:29.91	48.22	400m: 6:04.42	46.60	
5.	SEBIGULI-MARISHEKOME10	UKS „Victoria Józefów”	6:12.16 256	1:27.13	1:35.73	1:36.16	1:33.14
	50m: 40.69 40.69	150m: 2:14.47 47.34	250m: 3:50.90	48.04	350m: 5:27.89	48.87	
	100m: 1:27.13 46.44	200m: 3:02.86 48.39	300m: 4:39.02	48.12	400m: 6:12.16	44.27	
6.	HANDZLIK, Aleksandra 10	MKP „Warszawianka”	6:17.70 245	1:27.04	1:38.76	1:37.92	1:33.98
	50m: 41.16 41.16	150m: 2:14.95 47.91	250m: 3:54.84	49.04	350m: 5:32.71	48.99	
	100m: 1:27.04 45.88	200m: 3:05.80 50.85	300m: 4:43.72	48.88	400m: 6:17.70	44.99	
12 lat							
1.	KAPKA, Antonina 09	CSiR MOS w D browie Gór	5:02.51 477	1:13.22	1:18.14	1:18.17	1:12.98
	50m: 34.73 34.73	150m: 1:52.13 38.91	250m: 3:10.81	39.45	350m: 4:26.75	37.22	
	100m: 1:13.22 38.49	200m: 2:31.36 39.23	300m: 3:49.53	38.72	400m: 5:02.51	35.76	
2.	RESZKO, Lena 09	UKP „Polonia Warszawa”	5:04.47 468	1:12.52	1:19.55	1:18.89	1:13.51
	50m: 33.72 33.72	150m: 1:52.65 40.13	250m: 3:11.46	39.39	350m: 4:29.14	38.18	
	100m: 1:12.52 38.80	200m: 2:32.07 39.42	300m: 3:50.96	39.50	400m: 5:04.47	35.33	
3.	KARCZEWSKA, Oliwia 09	MUKP Korona-Swim Kielce	5:23.46 390	1:18.43	1:23.10	1:22.28	1:19.65
	50m: 37.40 37.40	150m: 2:00.33 41.90	250m: 3:22.24	40.71	350m: 4:44.33	40.52	
	100m: 1:18.43 41.03	200m: 2:41.53 41.20	300m: 4:03.81	41.57	400m: 5:23.46	39.13	
4.	SCHLESINGER, Josephir09	UKS Swim Team Wilanów	5:32.84 358	1:21.08	1:26.01	1:27.69	1:18.06
	50m: 38.10 38.10	150m: 2:03.93 42.85	250m: 3:31.04	43.95	350m: 4:56.11	41.33	
	100m: 1:21.08 42.98	200m: 2:47.09 43.16	300m: 4:14.78	43.74	400m: 5:32.84	36.73	
5.	CHAŁUPKA, Amelia 09	MKS Piaseczno	5:33.34 356	1:17.02	1:27.54	1:27.69	1:21.09
	50m: 36.00 36.00	150m: 2:00.98 43.96	250m: 3:28.96	44.40	350m: 4:54.91	42.66	
	100m: 1:17.02 41.02	200m: 2:44.56 43.58	300m: 4:12.25	43.29	400m: 5:33.34	38.43	
6.	JADOWSKA, Lena 09	MKS Piaseczno	5:38.02 342	1:21.04	1:28.79	1:26.37	1:21.82
	50m: 37.99 37.99	150m: 2:05.59 44.55	250m: 3:32.85	43.02	350m: 4:58.22	42.02	
	100m: 1:21.04 43.05	200m: 2:49.83 44.24	300m: 4:16.20	43.35	400m: 5:38.02	39.80	

Otwarte Zimowe Mistrzostwa Warszawy w Pływaniu
Warszawa, 3. - 4.12.2021

Konkurencja 19, Dziewcz t, 400m dowolny, 12 lat

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m				
7. BŁACHNIO, Natasza	09	UKS 48 Warszawa	ródmię 5:38.35	341	1:16.78	1:28.86	1:29.41	1:23.30			
50m:	35.53	35.53	150m:	2:01.55	44.77	250m:	3:29.63	43.99	350m:	4:57.71	42.66
100m:	1:16.78	41.25	200m:	2:45.64	44.09	300m:	4:15.05	45.42	400m:	5:38.35	40.64

13 lat

1. STEFA CZYK, Magdalena	08	CSiR MOS w D browie Gór	4:55.69	511	1:09.84	1:15.69	1:16.71	1:13.45			
50m:	33.15	33.15	150m:	1:47.62	37.78	250m:	3:03.79	38.26	350m:	4:19.83	37.59
100m:	1:09.84	36.69	200m:	2:25.53	37.91	300m:	3:42.24	38.45	400m:	4:55.69	35.86
2. SKORYKOW, Lena	08	UKS Ostrobramska	5:05.14	465	1:11.04	1:19.26	1:19.14	1:15.70			
50m:	33.61	33.61	150m:	1:50.36	39.32	250m:	3:09.54	39.24	350m:	4:27.66	38.22
100m:	1:11.04	37.43	200m:	2:30.30	39.94	300m:	3:49.44	39.90	400m:	5:05.14	37.48
3. BARAN, Agata	08	Uks „Pingwiny”	5:27.47	376	1:15.33	1:24.15	1:25.62	1:22.37			
50m:	35.68	35.68	150m:	1:57.03	41.70	250m:	3:22.59	43.11	350m:	4:47.78	42.68
100m:	1:15.33	39.65	200m:	2:39.48	42.45	300m:	4:05.10	42.51	400m:	5:27.47	39.69
4. PAWŁOWSKA, Amelia	08	MKS Piaseczno	5:43.29	326	1:20.74	1:27.56	1:28.11	1:26.88			
50m:	37.86	37.86	150m:	2:04.26	43.52	250m:	3:32.27	43.97	350m:	5:00.49	44.08
100m:	1:20.74	42.88	200m:	2:48.30	44.04	300m:	4:16.41	44.14	400m:	5:43.29	42.80
5. KRAWCZYK, Amelia	08	KTP Iskra Konin	6:49.23	192	1:36.33	1:47.70	1:46.85	1:38.35			
50m:	44.34	44.34	150m:	2:29.17	52.84	250m:	4:17.99	53.96	350m:	6:04.04	53.16
100m:	1:36.33	51.99	200m:	3:24.03	54.86	300m:	5:10.88	52.89	400m:	6:49.23	45.19

14 lat

1. MURAS, Nina	07	Mokotowski UKP Warszawi	4:56.01	509	1:09.93	1:17.09	1:16.68	1:12.31			
50m:	32.91	32.91	150m:	1:48.41	38.48	250m:	3:05.43	38.41	350m:	4:21.77	38.07
100m:	1:09.93	37.02	200m:	2:27.02	38.61	300m:	3:43.70	38.27	400m:	4:56.01	34.24
2. TRZEBI SKA, Magdalena	07	Uks „Pingwiny”	5:07.39	455	1:11.52	1:18.63	1:19.88	1:17.36			
50m:	33.69	33.69	150m:	1:50.44	38.92	250m:	3:10.37	40.22	350m:	4:30.23	40.20
100m:	1:11.52	37.83	200m:	2:30.15	39.71	300m:	3:50.03	39.66	400m:	5:07.39	37.16