

Otwarte Zimowe Mistrzostwa Warszawy w Pływaniu  
Warszawa, 3. - 4.12.2021

Konkurencja 20  
03.12.2021 - 18:40

Chłopców, 400m dowolny

10 - 14 lat  
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
<b>10 lat</b>							
1.	ŁUKASZEWICZ, Michał 11	UKP „Polonia Warszawa”	<b>5:41.97</b> 266	1:23.57	1:29.71	1:24.63	1:24.06
	50m: 39.48 39.48	150m: 2:08.09 44.52	250m: 3:35.08	41.80	350m: 5:01.71	43.80	
	100m: 1:23.57 44.09	200m: 2:53.28 45.19	300m: 4:17.91	42.83	400m: 5:41.97	40.26	
2.	NITECKI, Adam 11	MKS Piaseczno	<b>5:50.54</b> 247	1:24.52	1:30.60	1:30.38	1:25.04
	50m: 40.37 40.37	150m: 2:09.99 45.47	250m: 3:40.57	45.45	350m:		
	100m: 1:24.52 44.15	200m: 2:55.12 45.13	300m: 4:25.50	44.93	400m: 5:50.54		
3.	SZABLI SKI, Ignacy 11	MKS Piaseczno	<b>6:04.83</b> 219	1:25.38	1:32.75	1:34.64	1:32.06
	50m: 40.14 40.14	150m: 2:11.64 46.26	250m: 3:45.96	47.83	350m: 5:19.52	46.75	
	100m: 1:25.38 45.24	200m: 2:58.13 46.49	300m: 4:32.77	46.81	400m: 6:04.83	45.31	
4.	PRACO , Adam 11	UKS „Victoria Józefów”	<b>6:22.06</b> 191	1:28.87	1:38.56	1:40.11	1:34.52
	50m: 40.88 40.88	150m: 2:17.66 48.79	250m: 3:57.08	49.65	350m: 5:35.12	47.58	
	100m: 1:28.87 47.99	200m: 3:07.43 49.77	300m: 4:47.54	50.46	400m: 6:22.06	46.94	
5.	IZDEBSKI, Piotr 11	UKS Swim Team Wilanów	<b>7:19.57</b> 125	1:38.26	1:53.62	1:53.89	1:53.80
	50m: 44.36 44.36	150m: 2:34.48 56.22	250m: 4:29.00	57.12	350m: 6:22.91	57.14	
	100m: 1:38.26 53.90	200m: 3:31.88 57.40	300m: 5:25.77	56.77	400m: 7:19.57	56.66	
<b>11 lat</b>							
1.	WERESZCZY SKI, Igor 10	WKS I sk	<b>5:26.66</b> 305	1:17.38	1:25.64	1:24.37	1:19.27
	50m: 35.56 35.56	150m: 1:59.57 42.19	250m: 3:24.61	41.59	350m: 4:48.81	41.42	
	100m: 1:17.38 41.82	200m: 2:43.02 43.45	300m: 4:07.39	42.78	400m: 5:26.66	37.85	
2.	PAJ K, Franciszek 10	Buks	<b>5:49.16</b> 250	1:22.63	1:31.63	1:32.12	1:22.78
	50m: 38.37 38.37	150m: 2:09.27 46.64	250m: 3:40.84	46.58	350m: 5:09.96	43.58	
	100m: 1:22.63 44.26	200m: 2:54.26 44.99	300m: 4:26.38	45.54	400m: 5:49.16	39.20	
3.	MIAŁEK-PARCZEWSKI, 10	MKP „Warszawianka”	<b>6:20.53</b> 193	1:30.30	1:38.49	1:38.96	1:32.78
	50m: 42.62 42.62	150m: 2:19.35 49.05	250m: 3:58.95	50.16	350m: 5:36.27	48.52	
	100m: 1:30.30 47.68	200m: 3:08.79 49.44	300m: 4:47.75	48.80	400m: 6:20.53	44.26	
4.	OWCZAREK, Jan 10	MKS Piaseczno	<b>6:21.34</b> 192	1:30.92	1:37.36	1:38.97	1:34.09
	50m: 42.88 42.88	150m: 2:19.65 48.73	250m: 3:57.70	49.42	350m: 5:35.99	48.74	
	100m: 1:30.92 48.04	200m: 3:08.28 48.63	300m: 4:47.25	49.55	400m: 6:21.34	45.35	
<b>12 lat</b>							
1.	TARASIEWICZ, Piotr 09	UKP „Polonia Warszawa”	<b>4:59.94</b> 394	1:10.32	1:18.23	1:17.14	1:14.25
	50m: 32.70 32.70	150m: 1:50.06 39.74	250m: 3:06.95	38.40	350m: 4:23.82	38.13	
	100m: 1:10.32 37.62	200m: 2:28.55 38.49	300m: 3:45.69	38.74	400m: 4:59.94	36.12	
2.	KONOPKA, Maksymilian 09	MUKP Korona-Swim Kielce	<b>5:00.95</b> 391	1:12.14	1:16.62	1:16.95	1:15.24
	50m: 33.50 33.50	150m: 1:50.39 38.25	250m: 3:08.21	39.45	350m: 4:24.31	38.60	
	100m: 1:12.14 38.64	200m: 2:28.76 38.37	300m: 3:45.71	37.50	400m: 5:00.95	36.64	
3.	STA CZYK, Jakub 09	UKP „Polonia Warszawa”	<b>5:04.93</b> 375	1:11.37	1:19.75	1:19.25	1:14.56
	50m: 33.47 33.47	150m: 1:50.93 39.56	250m: 3:10.86	39.74	350m: 4:28.69	38.32	
	100m: 1:11.37 37.90	200m: 2:31.12 40.19	300m: 3:50.37	39.51	400m: 5:04.93	36.24	
4.	OLSZYCA, Igor 09	UKP „Polonia Warszawa”	<b>5:08.77</b> 362	1:12.08	1:19.61	1:19.83	1:17.25
	50m: 33.64 33.64	150m: 1:51.85 39.77	250m: 3:11.25	39.56	350m: 4:31.43	39.91	
	100m: 1:12.08 38.44	200m: 2:31.69 39.84	300m: 3:51.52	40.27	400m: 5:08.77	37.34	
5.	CIOŁEK, Dawid 09	UKS 48 Warszawa ródmię	<b>5:10.51</b> 356	1:13.87	1:20.01	1:19.20	1:17.43
	50m: 34.82 34.82	150m: 1:53.88 40.01	250m: 3:13.04	39.16	350m: 4:32.75	39.67	
	100m: 1:13.87 39.05	200m: 2:33.88 40.00	300m: 3:53.08	40.04	400m: 5:10.51	37.76	
6.	JURDA, Filip 09	MKS Jedyńka Łód	<b>5:21.66</b> 320	1:16.16	1:22.71	1:23.58	1:19.21
	50m: 35.60 35.60	150m: 1:57.42 41.26	250m: 3:21.05	42.18	350m: 4:43.97	41.52	
	100m: 1:16.16 40.56	200m: 2:38.87 41.45	300m: 4:02.45	41.40	400m: 5:21.66	37.69	
7.	KAMIE SKI, Stanisław 09	UKS Ostrobramska	<b>5:27.60</b> 303	1:18.41	1:24.52	1:25.22	1:19.45
	50m: 37.63 37.63	150m: 2:00.93 42.52	250m: 3:25.60	42.67	350m: 4:48.73	40.58	
	100m: 1:18.41 40.78	200m: 2:42.93 42.00	300m: 4:08.15	42.55	400m: 5:27.60	38.87	
8.	BRYK, Jarosław 09	MKS Piaseczno	<b>5:39.44</b> 272	1:19.07	1:27.17	1:27.70	1:25.50
	50m: 36.77 36.77	150m: 2:02.35 43.28	250m: 3:30.00	43.76	350m: 4:57.82	43.88	
	100m: 1:19.07 42.30	200m: 2:46.24 43.89	300m: 4:13.94	43.94	400m: 5:39.44	41.62	

Otwarte Zimowe Mistrzostwa Warszawy w Pływaniu  
 Warszawa, 3. - 4.12.2021

Konkurencja 20, Chłopców, 400m dowolny, 12 lat

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m				
9. DOMA SKI, Franciszek	09	<b>5:55.90</b>	236	1:24.85	1:30.90	1:32.49	1:27.66				
50m:	39.82	39.82	150m:	2:10.56	45.71	250m:	3:41.81	46.06	350m:	5:12.85	44.61
100m:	1:24.85	45.03	200m:	2:55.75	45.19	300m:	4:28.24	46.43	400m:	5:55.90	43.05
10. KOWALCZYK, Leon	09	<b>6:08.31</b>	213	1:23.39	1:37.94	1:34.61	1:32.37				
50m:	37.92	37.92	150m:	2:12.30	48.91	250m:	3:47.79	46.46	350m:	5:23.06	47.12
100m:	1:23.39	45.47	200m:	3:01.33	49.03	300m:	4:35.94	48.15	400m:	6:08.31	45.25

13 lat

1. JÓ WIAK, Tymoteusz	08	<b>4:30.18</b>	540	1:02.16	1:09.38	1:09.22	1:09.42				
50m:	29.26	29.26	150m:	1:36.62	34.46	250m:	2:45.51	33.97	350m:	3:56.01	35.25
100m:	1:02.16	32.90	200m:	2:11.54	34.92	300m:	3:20.76	35.25	400m:	4:30.18	34.17
2. KRAWCZYK, Jakub	08	<b>4:36.63</b>	503	1:04.09	1:11.82	1:11.86	1:08.86				
50m:	29.94	29.94	150m:	1:39.97	35.88	250m:	2:51.70	35.79	350m:	4:03.04	35.27
100m:	1:04.09	34.15	200m:	2:15.91	35.94	300m:	3:27.77	36.07	400m:	4:36.63	33.59
3. GWIAZDOWSKI, Krzysztof	08	<b>4:51.89</b>	428	1:08.36	1:14.80	1:15.29	1:13.44				
50m:	32.46	32.46	150m:	1:45.62	37.26	250m:	3:00.80	37.64	350m:	4:16.08	37.63
100m:	1:08.36	35.90	200m:	2:23.16	37.54	300m:	3:38.45	37.65	400m:	4:51.89	35.81
4. GÓRSKI, Antoni	08	<b>4:52.16</b>	427	1:08.41	1:15.78	1:15.80	1:12.17				
50m:	32.19	32.19	150m:	1:46.51	38.10	250m:	3:01.96	37.77	350m:	4:17.48	37.49
100m:	1:08.41	36.22	200m:	2:24.19	37.68	300m:	3:39.99	38.03	400m:	4:52.16	34.68
5. PŁUCIENNIK, Filip	08	<b>4:57.11</b>	406	1:08.85	1:15.96	1:17.67	1:14.63				
50m:	32.28	32.28	150m:	1:46.62	37.77	250m:	3:03.57	38.76	350m:	4:21.32	38.84
100m:	1:08.85	36.57	200m:	2:24.81	38.19	300m:	3:42.48	38.91	400m:	4:57.11	35.79
6. ROZBICKI, Kacper	08	<b>5:05.67</b>	373	1:11.99	1:18.88	1:18.25	1:16.55				
50m:	33.68	33.68	150m:	1:51.48	39.49	250m:	3:09.76	38.89	350m:	4:27.57	38.45
100m:	1:11.99	38.31	200m:	2:30.87	39.39	300m:	3:49.12	39.36	400m:	5:05.67	38.10
7. BAŁABAN, Antoni	08	<b>5:08.73</b>	362	1:11.25	1:18.70	1:19.48	1:19.30				
50m:	33.80	33.80	150m:	1:50.66	39.41	250m:	3:09.67	39.72	350m:	4:29.76	40.33
100m:	1:11.25	37.45	200m:	2:29.95	39.29	300m:	3:49.43	39.76	400m:	5:08.73	38.97
8. KLYUS, Ivan	08	<b>5:24.31</b>	312	1:12.93	1:25.01	1:25.69	1:20.68				
50m:	33.51	33.51	150m:	1:54.74	41.81	250m:	3:21.11	43.17	350m:	4:45.53	41.90
100m:	1:12.93	39.42	200m:	2:37.94	43.20	300m:	4:03.63	42.52	400m:	5:24.31	38.78

14 lat

1. STA KIEWICZ, Wiktor	07	<b>4:56.93</b>	407	1:11.15	1:17.96	1:14.72	1:13.10				
50m:	33.42	33.42	150m:	1:50.11	38.96	250m:	3:06.07	36.96	350m:	4:21.44	37.61
100m:	1:11.15	37.73	200m:	2:29.11	39.00	300m:	3:43.83	37.76	400m:	4:56.93	35.49