

IV MISTRZOSTWA MAZOWSZA W PŁYWANIU POD PATRONATEM PREZYDENTA MIASTA CIECHANÓW
Ciechanów, 26. - 27.2.2022

Konkurencja 10
26.02.2022 - 12:59

M czynn, 400m dowolny

11 lat i starsi
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	KUCZMAR, Zbigniew		11	MKS Ochota Warszawa				5:02.84	344
	50m:	34.60 34.60	150m:	1:51.03 38.30	250m:	3:07.88 38.30	350m:	4:26.04 38.62	
	100m:	1:12.73 38.13	200m:	2:29.58 38.55	300m:	3:47.42 39.54	400m:	5:02.84 36.80	
2.	MILEWSKI, Jan		11	UKS 48 Warszawa ródmi cie				5:19.92	292
	50m:	35.29 35.29	150m:	1:56.11 41.04	250m:	3:18.09 41.05	350m:	4:40.46 40.97	
	100m:	1:15.07 39.78	200m:	2:37.04 40.93	300m:	3:59.49 41.40	400m:	5:19.92 39.46	
3.	SZOK, Filip		11	MKS Ochota Warszawa				5:20.70	289
	50m:	35.22 35.22	150m:	1:57.16 41.09	250m:	3:19.28 40.75	350m:	4:41.89 40.48	
	100m:	1:16.07 40.85	200m:	2:38.53 41.37	300m:	4:01.41 42.13	400m:	5:20.70 38.81	
4.	BALINA, Stanisław		11	MKS Ochota Warszawa				6:01.99	201
	50m:	40.90 40.90	150m:	2:12.39 46.97	250m:	3:46.28 46.59	350m:	5:15.37 44.11	
	100m:	1:25.42 44.52	200m:	2:59.69 47.30	300m:	4:31.26 44.98	400m:	6:01.99 46.62	
12 lat									
1.	DAWIDOWICZ, Konrad		10	MKS Ochota Warszawa				5:01.48	348
	50m:	35.21 35.21	150m:	1:52.10 38.19	250m:	3:07.44 37.63	350m:	4:24.84 39.18	
	100m:	1:13.91 38.70	200m:	2:29.81 37.71	300m:	3:45.66 38.22	400m:	5:01.48 36.64	
2.	PORADA, Antoni		10	UKS SP-149 Łód				5:05.56	335
	50m:	34.89 34.89	150m:	1:52.03 38.78	250m:	3:11.51 39.71	350m:	4:29.84 38.51	
	100m:	1:13.25 38.36	200m:	2:31.80 39.77	300m:	3:51.33 39.82	400m:	5:05.56 35.72	
3.	GR DZIK, Olaf		10	Klub Pływacki Ciechanów				5:15.26	305
	50m:	35.92 35.92	150m:	1:56.84 41.04	250m:	3:17.28 40.07	350m:	4:37.91 40.19	
	100m:	1:15.80 39.88	200m:	2:37.21 40.37	300m:	3:57.72 40.44	400m:	5:15.26 37.35	
4.	BUDZISZ, Szymon		10	MTP Kormoran Olsztyn				5:15.71	303
	50m:	35.59 35.59	150m:	1:54.31 39.57	250m:	3:13.14 39.44	350m:	4:30.27 37.83	
	100m:	1:14.74 39.15	200m:	2:33.70 39.39	300m:	3:52.44 39.30	400m:	5:15.71 45.44	
5.	ZUBAKHIN, Yevgeniy		10	Stowarzyszenie MKS " wit"				5:18.75	295
	50m:	34.82 34.82	150m:	1:56.07 40.82	250m:	3:17.88 41.55	350m:	4:40.17 40.42	
	100m:	1:15.25 40.43	200m:	2:36.33 40.26	300m:	3:59.75 41.87	400m:	5:18.75 38.58	
6.	GRZYBOWSKI, Jan		10	UKS SP-149 Łód				5:21.67	287
	50m:	34.49 34.49	150m:	1:58.08 42.31	250m:	3:19.67 41.65	350m:	4:42.06 41.29	
	100m:	1:15.77 41.28	200m:	2:38.02 39.94	300m:	4:00.77 41.10	400m:	5:21.67 39.61	
7.	SZYBURSKI, Artur		10	UKS „Ósemka" Toru				5:24.63	279
	50m:	35.35 35.35	150m:	1:57.01 41.50	250m:	3:21.57 42.34	350m:	4:45.53 41.42	
	100m:	1:15.51 40.16	200m:	2:39.23 42.22	300m:	4:04.11 42.54	400m:	5:24.63 39.10	
8.	KOCENKA, Aleksander		10	MTP Kormoran Olsztyn				5:45.92	231
	50m:	38.81 38.81	150m:	2:05.13 43.86	250m:	3:33.41 44.10	350m:	5:01.86 44.53	
	100m:	1:21.27 42.46	200m:	2:49.31 44.18	300m:	4:17.33 43.92	400m:	5:45.92 44.06	
9.	GAŁKA, Jan		10	UKS SP-149 Łód				5:51.95	219
	50m:	35.79 35.79	150m:	2:04.39 46.00	250m:	3:35.99 45.98	350m:	5:09.84 46.52	
	100m:	1:18.39 42.60	200m:	2:50.01 45.62	300m:	4:23.32 47.33	400m:	5:51.95 42.11	
10.	REUT, Szymon		10	Orka Iława				5:54.24	215
	50m:	37.52 37.52	150m:	2:06.08 45.38	250m:	3:37.89 45.73	350m:	5:07.37 43.39	
	100m:	1:20.70 43.18	200m:	2:52.16 46.08	300m:	4:23.98 46.09	400m:	5:54.24 46.87	
11.	PIECHOWICZ, Andrzej		10	MKP „Warszawianka"				6:00.63	203
	50m:	39.56 39.56	150m:	2:11.78 46.76	250m:	3:45.17 47.40	350m:	5:16.58 45.31	
	100m:	1:25.02 45.46	200m:	2:57.77 45.99	300m:	4:31.27 46.10	400m:	6:00.63 44.05	
12.	POSZYTEK, Filip		10	UKS Delfin Garwolin				6:30.63	160
	50m:	38.08 38.08	150m:	2:15.96 51.24	250m:	3:59.62 52.11	350m:	5:42.04 51.03	
	100m:	1:24.72 46.64	200m:	3:07.51 51.55	300m:	4:51.01 51.39	400m:	6:30.63 48.59	

IV MISTRZOSTWA MAZOWSZA W PŁYWANIU POD PATRONATEM PREZYDENTA MIASTA CIECHANÓW
Ciechanów, 26. - 27.2.2022

Konkurencja 10, M czynn, 400m dowolny

13 lat

1.	TARASIEWICZ, Piotr	09	UKP „Polonia Warszawa”	4:35.80	455
	50m: 30.39 30.39	150m: 1:41.79 35.87	250m: 2:51.91 34.59	350m: 4:02.48 34.81	
	100m: 1:05.92 35.53	200m: 2:17.32 35.53	300m: 3:27.67 35.76	400m: 4:35.80 33.32	
2.	CIOŁEK, Dawid	09	UKS 48 Warszawa ródmi cie	4:50.48	390
	50m: 33.15 33.15	150m: 1:46.23 36.74	250m: 3:00.84 37.35	350m: 4:15.22 37.11	
	100m: 1:09.49 36.34	200m: 2:23.49 37.26	300m: 3:38.11 37.27	400m: 4:50.48 35.26	
3.	STA CZYK, Jakub	09	UKP „Polonia Warszawa”	4:51.98	384
	50m: 31.77 31.77	150m: 2:24.27 1:15.95	250m: 3:39.23 37.79	350m: 4:16.80	
	100m: 1:08.32 36.55	200m: 3:01.44 37.17	300m:	400m: 4:51.98 35.18	
4.	OLSZYCA, Igor	09	UKP „Polonia Warszawa”	4:59.32	356
	50m: 33.00 33.00	150m: 1:48.79 38.20	250m: 3:05.69 38.44	350m: 4:22.59 38.40	
	100m: 1:10.59 37.59	200m: 2:27.25 38.46	300m: 3:44.19 38.50	400m: 4:59.32 36.73	
5.	SZCZEPANIAK, Maciej	09	UKS 48 Warszawa ródmi cie	5:01.89	347
	50m: 34.25 34.25	150m: 1:51.55 38.39	250m: 3:07.87 38.35	350m: 4:24.95 38.31	
	100m: 1:13.16 38.91	200m: 2:29.52 37.97	300m: 3:46.64 38.77	400m: 5:01.89 36.94	
6.	KUCZY SKI, Franciszek	09	UKS 48 Warszawa ródmi cie	5:15.81	303
	50m: 36.35 36.35	150m: 1:58.02 40.86	250m: 3:18.48 39.60	350m: 4:38.22 40.32	
	100m: 1:17.16 40.81	200m: 2:38.88 40.86	300m: 3:57.90 39.42	400m: 5:15.81 37.59	
7.	KORTAS, Krzysztof	09	MTP Kormoran Olsztyn	5:16.34	302
	50m: 36.17 36.17	150m: 1:56.63 40.45	250m: 3:17.97 40.95	350m: 4:38.53 39.65	
	100m: 1:16.18 40.01	200m: 2:37.02 40.39	300m: 3:58.88 40.91	400m: 5:16.34 37.81	
8.	ZAŁ SKI, Tadeusz	09	PSP SWIM Płock	5:16.68	301
	50m: 34.51 34.51	150m: 1:55.81 41.26	250m: 3:19.94 42.38	350m: 4:34.49 35.13	
	100m: 1:14.55 40.04	200m: 2:37.56 41.75	300m: 3:59.36 39.42	400m: 5:16.68 42.19	
9.	SZANIAWSKI, Hubert	09	UKS Delfin Garwolin	6:01.27	202
	50m: 36.61 36.61	150m: 2:04.01 45.33	250m: 3:36.71 47.64	350m: 5:14.26 48.80	
	100m: 1:18.68 42.07	200m: 2:49.07 45.06	300m: 4:25.46 48.75	400m: 6:01.27 47.01	

14 lat

1.	MICHAŁOWSKI, Jan	08	Stowarzyszenie MKS " wit"	4:37.29	448
	50m: 30.01 30.01	150m: 1:39.64 35.37	250m: 2:51.61 35.97	350m: 4:03.23 35.88	
	100m: 1:04.27 34.26	200m: 2:15.64 36.00	300m: 3:27.35 35.74	400m: 4:37.29 34.06	
2.	PŁUCIENNIK, Filip	08	UKS Swim Team Wilanów	4:46.85	405
	50m: 31.48 31.48	150m: 1:42.93 36.43	250m: 2:57.00 36.55	350m: 4:11.27 36.89	
	100m: 1:06.50 35.02	200m: 2:20.45 37.52	300m: 3:34.38 37.38	400m: 4:46.85 35.58	
3.	ROZBICKI, Kacper	08	UKS 48 Warszawa ródmi cie	4:47.82	401
	50m: 32.04 32.04	150m: 1:44.65 36.65	250m: 2:58.55 37.14	350m: 4:12.32 36.79	
	100m: 1:08.00 35.96	200m: 2:21.41 36.76	300m: 3:35.53 36.98	400m: 4:47.82 35.50	
4.	BU YCKI, Marcel	08	Ks "Marlin Mława"	4:53.57	377
	50m: 32.62 32.62	150m: 1:47.64 37.88	250m: 3:03.90 37.79	350m: 4:19.74 37.49	
	100m: 1:09.76 37.14	200m: 2:26.11 38.47	300m: 3:42.25 38.35	400m: 4:53.57 33.83	
5.	GEBAUER, Wolfgang	08	MTP Kormoran Olsztyn	4:58.36	360
	50m: 35.66 35.66	150m: 1:51.15 37.83	250m: 3:06.02 37.86	350m: 4:21.43 37.52	
	100m: 1:13.32 37.66	200m: 2:28.16 37.01	300m: 3:43.91 37.89	400m: 4:58.36 36.93	
6.	POL, Witold	08	UKS Fala Niepor t	5:00.19	353
	50m: 33.12 33.12	150m: 1:47.93 37.84	250m: 3:06.02 39.49	350m: 4:23.07 38.24	
	100m: 1:10.09 36.97	200m: 2:26.53 38.60	300m: 3:44.83 38.81	400m: 5:00.19 37.12	
7.	WIATROWSKI, Marcel	08	Orka Iława	5:14.34	307
	50m: 34.70 34.70	150m: 1:52.92 39.60	250m: 3:13.42 40.65	350m: 4:34.48 40.56	
	100m: 1:13.32 38.62	200m: 2:32.77 39.85	300m: 3:53.92 40.50	400m: 5:14.34 39.86	
8.	KOMOSI SKI, Franciszek	08	MKS Juwenia Białystok	5:16.94	300
	50m: 36.05 36.05	150m: 1:56.27 40.19	250m: 3:16.86 40.17	350m: 4:37.35 40.26	
	100m: 1:16.08 40.03	200m: 2:36.69 40.42	300m: 3:57.09 40.23	400m: 5:16.94 39.59	

IV MISTRZOSTWA MAZOWSZA W PŁYWANIU POD PATRONATEM PREZYDENTA MIASTA CIECHANÓW
Ciechanów, 26. - 27.2.2022

Konkurencja 10, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
9.	SLIWINSKI, Jacob		08	MTP Kormoran Olsztyn				5:17.19	299
	50m:	36.67 36.67	150m:	1:57.68 40.34	250m:	3:19.99 41.26	350m:	4:42.04 41.29	
	100m:	1:17.34 40.67	200m:	2:38.73 41.05	300m:	4:00.75 40.76	400m:	5:17.19 35.15	
10.	KAMI SKI, Szymon		08	UKP Jedyńka Elbl g				5:28.00	270
	50m:	34.90 34.90	150m:	1:55.00 40.63	250m:	3:18.31 41.64	350m:	4:43.81 43.10	
	100m:	1:14.37 39.47	200m:	2:36.67 41.67	300m:	4:00.71 42.40	400m:	5:28.00 44.19	
11.	GORYSZEWSKI, Jan		08	Klub Pływacki Ciechanów				5:37.09	249
	50m:	36.57 36.57	150m:	2:00.28 42.10	250m:	3:27.20 44.05	350m:	4:55.07 43.68	
	100m:	1:18.18 41.61	200m:	2:43.15 42.87	300m:	4:11.39 44.19	400m:	5:37.09 42.02	
12.	SADZA, Mieszko		08	Ks "Marlin Mława"				6:02.44	200
	50m:	33.28 33.28	150m:	2:32.69 1:22.22	250m:	3:55.96 42.15	350m:	5:19.39 41.37	
	100m:	1:10.47 37.19	200m:	3:13.81 41.12	300m:	4:38.02 42.06	400m:	6:02.44 43.05	

15 lat

1.	ŁOJEWSKI, Adam		07	MTP Kormoran Olsztyn				4:22.95	525
	50m:	31.15 31.15	150m:	1:37.63 32.95	250m:	2:44.22 33.26	350m:	3:50.62 33.00	
	100m:	1:04.68 33.53	200m:	2:10.96 33.33	300m:	3:17.62 33.40	400m:	4:22.95 32.33	
2.	GAJEWSKI, Jan		07	MKS Ochota Warszawa				4:23.33	523
	50m:	29.77 29.77	150m:	1:34.71 32.90	250m:	2:42.77 33.97	350m:	3:50.38 33.68	
	100m:	1:01.81 32.04	200m:	2:08.80 34.09	300m:	3:16.70 33.93	400m:	4:23.33 32.95	
3.	ŁAZAROWICZ, Janusz		07	UKS 48 Warszawa ródnie cie				4:26.47	505
	50m:	28.47 28.47	150m:	1:36.22 34.25	250m:	2:45.17 34.47	350m:	3:53.98 34.27	
	100m:	1:01.97 33.50	200m:	2:10.70 34.48	300m:	3:19.71 34.54	400m:	4:26.47 32.49	
4.	KUŁTON, Jakub		07	"UKS - Jedyńka Kórnik"				4:27.42	499
	50m:	30.02 30.02	150m:	1:37.28 33.96	250m:	2:45.24 34.03	350m:	3:53.51 34.06	
	100m:	1:03.32 33.30	200m:	2:11.21 33.93	300m:	3:19.45 34.21	400m:	4:27.42 33.91	
5.	OLSZY SKI, Maksymilian		07	MTP Kormoran Olsztyn				4:28.41	494
	50m:	29.94 29.94	150m:	1:35.76 33.24	250m:	2:44.18 34.34	350m:	3:54.26 35.31	
	100m:	1:02.52 32.58	200m:	2:09.84 34.08	300m:	3:18.95 34.77	400m:	4:28.41 34.15	
6.	HAJDUKIEWICZ, Szymon		07	MKS Juwenia Białystok				4:37.09	449
	50m:	30.35 30.35	150m:	1:39.79 35.06	250m:	2:50.59 35.38	350m:	4:01.79 35.55	
	100m:	1:04.73 34.38	200m:	2:15.21 35.42	300m:	3:26.24 35.65	400m:	4:37.09 35.30	
7.	OBŁUSKI, Aleksander		07	Mokotowski UKP Warszawianka- Wodny				4:41.64	428
	50m:	30.76 30.76	150m:	1:40.99 35.13	250m:	2:53.60 36.24	350m:	4:05.95 36.17	
	100m:	1:05.86 35.10	200m:	2:17.36 36.37	300m:	3:29.78 36.18	400m:	4:41.64 35.69	
8.	ŁUKAWSKI, Tomasz		07	UKS 48 Warszawa ródnie cie				4:42.57	423
	50m:	31.30 31.30	150m:	1:42.98 36.44	250m:	2:55.64 36.37	350m:	4:07.93 36.17	
	100m:	1:06.54 35.24	200m:	2:19.27 36.29	300m:	3:31.76 36.12	400m:	4:42.57 34.64	
9.	LENGA, Szymon		07	KP Płetwal Mława				4:53.91	376
	50m:	32.29 32.29	150m:	1:45.45 37.09	250m:	3:01.70 38.42	350m:	4:20.23 39.37	
	100m:	1:08.36 36.07	200m:	2:23.28 37.83	300m:	3:40.86 39.16	400m:	4:53.91 33.68	
10.	KACZOROWSKI, Miłosz		07	UKS Delfin Garwolin				5:01.18	349
	50m:	32.59 32.59	150m:	1:48.95 38.59	250m:	3:08.26 39.21	350m:	4:26.87 39.00	
	100m:	1:10.36 37.77	200m:	2:29.05 40.10	300m:	3:47.87 39.61	400m:	5:01.18 34.31	
11.	SADOLEWSKI, Maciej		07	UKP Jedyńka Elbl g				5:01.63	348
	50m:	32.89 32.89	150m:	1:48.55 38.68	250m:	3:06.39 39.33	350m:	4:25.56 39.87	
	100m:	1:09.87 36.98	200m:	2:27.06 38.51	300m:	3:45.69 39.30	400m:	5:01.63 36.07	

IV MISTRZOSTWA MAZOWSZA W PŁYWANIU POD PATRONATEM PREZYDENTA MIASTA CIECHANÓW
Ciechanów, 26. - 27.2.2022

Konkurencja 10, M czynn, 400m dowolny

16 lat i starsi

1.	KAPAŁA, Szymon		03	MTP Kormoran Olsztyn	4:00.66	686
	50m: 28.06	28.06	150m: 1:28.32	30.06	250m: 2:28.81	30.55
	100m: 58.26	30.20	200m: 1:58.26	29.94	300m: 2:58.98	30.17
					350m: 3:27.85	28.87
					400m: 4:00.66	32.81
2.	NOWACKI, Jacek		05	MTP Kormoran Olsztyn	4:04.46	654
	50m:		150m: 1:30.32	31.18	250m: 2:33.42	31.57
	100m: 59.14		200m: 2:01.85	31.53	300m: 3:04.62	31.20
					350m: 3:35.25	30.63
					400m: 4:04.46	29.21
3.	KAPAŁA, Bartosz		06	MTP Kormoran Olsztyn	4:06.94	634
	50m: 28.61	28.61	150m: 1:30.86	31.35	250m: 2:33.88	31.41
	100m: 59.51	30.90	200m: 2:02.47	31.61	300m: 3:05.71	31.83
					350m: 3:36.94	31.23
					400m: 4:06.94	30.00
4.	KOZŁOWSKI, Konrad		04	MTP Kormoran Olsztyn	4:07.13	633
	50m: 29.19	29.19	150m: 1:31.04	31.14	250m: 2:34.20	31.62
	100m: 59.90	30.71	200m: 2:02.58	31.54	300m: 3:05.89	31.69
					350m: 3:37.06	31.17
					400m: 4:07.13	30.07
5.	SULKOWSKI, Oskar		05	MTP Kormoran Olsztyn	4:17.42	560
	50m: 30.62	30.62	150m: 1:35.56	32.52	250m: 2:40.75	32.67
	100m: 1:03.04	32.42	200m: 2:08.08	32.52	300m: 3:13.19	32.44
					350m: 3:45.87	32.68
					400m: 4:17.42	31.55
6.	R YSKI, Michał		06	MTP Kormoran Olsztyn	4:18.00	556
	50m: 29.49	29.49	150m: 1:34.90	33.04	250m: 2:40.31	32.45
	100m: 1:01.86	32.37	200m: 2:07.86	32.96	300m: 3:13.08	32.77
					350m: 3:45.86	32.78
					400m: 4:18.00	32.14
7.	URBA SKI, Maciej		06	Mokotowski UKP Warszawianka- Wodny	4:21.02	537
	50m: 29.41	29.41	150m: 1:35.12	33.02	250m: 2:41.90	33.19
	100m: 1:02.10	32.69	200m: 2:08.71	33.59	300m: 3:15.10	33.20
					350m: 3:48.57	33.47
					400m: 4:21.02	32.45
8.	POPOW, Igor		06	Mokotowski UKP Warszawianka- Wodny	4:22.98	525
	50m: 27.16	27.16	150m: 1:31.88	33.14	250m: 2:39.01	33.26
	100m: 58.74	31.58	200m: 2:05.75	33.87	300m: 3:13.39	34.38
					350m: 3:48.38	34.99
					400m: 4:22.98	34.60
9.	KRUPA, Borys		06	UKP „Polonia Warszawa”	4:50.35	390
	50m: 31.96	31.96	150m: 1:42.96	35.59	250m: 3:35.24	37.97
	100m: 1:07.37	35.41	200m: 2:57.27	1:14.31	300m: 4:12.94	37.70
					350m:	
					400m: 4:50.35	
10.	PRÓSI SKI, Jakub		05	KP Płetwal Mława	4:56.68	366
	50m: 31.86	31.86	150m: 1:43.76	36.52	250m: 3:00.23	38.77
	100m: 1:07.24	35.38	200m: 2:21.46	37.70	300m: 3:39.99	39.76
					350m: 4:19.37	39.38
					400m: 4:56.68	37.31
11.	CZARNOMSKI, Mateusz		06	UKP „Polonia Warszawa”	4:59.16	357
	50m: 32.64	32.64	150m: 1:45.36	37.02	250m: 3:02.88	39.21
	100m: 1:08.34	35.70	200m: 2:23.67	38.31	300m: 3:42.25	39.37
					350m: 4:21.19	38.94
					400m: 4:59.16	37.97
12.	LEDZI SKI, Jan		06	Ks "Marlin Mława"	5:00.45	352
	50m: 31.09	31.09	150m: 1:45.85	38.29	250m: 3:05.47	39.88
	100m: 1:07.56	36.47	200m: 2:25.59	39.74	300m: 3:45.36	39.89
					350m: 4:24.87	39.51
					400m: 5:00.45	35.58