

IV MISTRZOSTWA MAZOWSZA W PŁYWANIU POD PATRONATEM PREZYDENTA MIASTA CIECHANÓW
Ciechanów, 26. - 27.2.2022

Konkurencja 9

Kobiet, 400m dowolny

11 lat i starsi

26.02.2022 - 12:15

Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.
11 lat			
1. JURSKA, Hanna	11	5:33.08	346
50m: 36.51 36.51	150m: 2:00.62 42.53	250m: 3:26.76 43.01	350m: 4:53.15 43.16
100m: 1:18.09 41.58	200m: 2:43.75 43.13	300m: 4:09.99 43.23	400m: 5:33.08 39.93
2. KANIEWSKA, Lena	11	5:42.31	319
50m: 37.95 37.95	150m: 2:03.10 43.06	250m: 3:31.35 44.41	350m: 4:59.77 43.61
100m: 1:20.04 42.09	200m: 2:46.94 43.84	300m: 4:16.16 44.81	400m: 5:42.31 42.54
3. ZIELINSKA, Wiktoria	11	5:46.06	308
50m: 36.86 36.86	150m: 2:02.29 43.07	250m: 4:18.46 46.19	350m: 5:46.06 41.81
100m: 1:19.22 42.36	200m: 3:32.27 1:29.98	300m: 5:04.25 45.79	400m: 5:46.06
4. MOROZOWICZ, Nadia	11	5:53.45	289
50m: 40.21 40.21	150m: 2:09.05 44.30	250m: 3:40.74 46.34	350m: 5:11.18 45.52
100m: 1:24.75 44.54	200m: 2:54.40 45.35	300m: 4:25.66 44.92	400m: 5:53.45 42.27
12 lat			
1. SOBÓTKA, Oliwia	10	4:39.32	587
50m: 32.02 32.02	150m: 1:42.56 35.26	250m: 2:54.52 36.25	350m: 4:05.10 34.78
100m: 1:07.30 35.28	200m: 2:18.27 35.71	300m: 3:30.32 35.80	400m: 4:39.32 34.22
2. LIPI SKA, Natalia	10	5:03.55	457
50m: 33.83 33.83	150m: 1:48.86 38.21	250m: 3:06.31 38.90	350m: 4:24.95 39.62
100m: 1:10.65 36.82	200m: 2:27.41 38.55	300m: 3:45.33 39.02	400m: 5:03.55 38.60
3. STYKOWSKA, Liwia	10	5:45.78	309
50m: 38.11 38.11	150m: 2:05.99 44.62	250m: 3:34.95 44.62	350m: 5:03.80 44.52
100m: 1:21.37 43.26	200m: 2:50.33 44.34	300m: 4:19.28 44.33	400m: 5:45.78 41.98
4. RADEVI , Marija	10	5:50.85	296
50m: 38.54 38.54	150m: 2:07.23 44.77	250m: 3:36.54 44.54	350m: 5:05.91 44.88
100m: 1:22.46 43.92	200m: 2:52.00 44.77	300m: 4:21.03 44.49	400m: 5:50.85 44.94
5. DZIAPKA, Lena	10	5:51.35	295
50m: 39.51 39.51	150m: 2:08.58 45.17	250m: 3:39.41 45.09	350m: 5:09.33 44.63
100m: 1:23.41 43.90	200m: 2:54.32 45.74	300m: 4:24.70 45.29	400m: 5:51.35 42.02
6. DZIEWANOWSKA, Nikola	10	5:56.16	283
50m: 2:03.89 2:03.89	150m:	250m:	350m:
100m: 2:50.44 46.55	200m:	300m:	400m: 5:56.16
13 lat			
1. KUCZMAR, Aleksandra	09	4:41.72	572
50m: 31.33 31.33	150m: 1:41.88 35.60	250m: 2:53.43 35.72	350m: 4:05.68 36.13
100m: 1:06.28 34.95	200m: 2:17.71 35.83	300m: 3:29.55 36.12	400m: 4:41.72 36.04
2. RUTKOWSKA, Maja	09	4:53.45	506
50m: 33.12 33.12	150m: 1:46.83 37.55	250m: 3:01.93 37.43	350m: 4:17.00 38.36
100m: 1:09.28 36.16	200m: 2:24.50 37.67	300m: 3:38.64 36.71	400m: 4:53.45 36.45
3. RESZKO, Lena	09	4:58.16	482
50m: 33.47 33.47	150m: 1:49.82 38.38	250m: 3:05.04 38.22	350m: 4:15.73 34.15
100m: 1:11.44 37.97	200m: 2:26.82 37.00	300m: 3:41.58 36.54	400m: 4:58.16 42.43
4. SOWI SKA, Wiktoria	09	5:01.50	467
50m: 32.99 32.99	150m: 1:48.82 38.30	250m: 3:05.31 38.49	350m: 4:24.19 39.58
100m: 1:10.52 37.53	200m: 2:26.82 38.00	300m: 3:44.61 39.30	400m: 5:01.50 37.31
5. SCHLESINGER, Josephine	09	5:19.16	393
50m: 35.40 35.40	150m: 1:57.13 41.44	250m: 3:20.60 42.30	350m: 4:43.53 41.11
100m: 1:15.69 40.29	200m: 2:38.30 41.17	300m: 4:02.42 41.82	400m: 5:19.16 35.63

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Ciechanów, 26. - 27.2.2022

Konkurencja 9, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.				Czas				Pkt.
6.	STACHEWICZ, Magdalena		09 MTP Kormoran Olsztyn				5:36.25				336
	50m:	36.98 36.98	150m:	2:43.97 1:25.71	250m:	4:11.54 43.43	350m:	5:36.25	42.53		
	100m:	1:18.26 41.28	200m:	3:28.11 44.14	300m:	4:53.72 42.18	400m:	5:36.25			
7.	SO TA, Iga		09 MTP Kormoran Olsztyn				5:37.35				333
	50m:	39.72 39.72	150m:	2:04.46 42.61	250m:	3:32.23 43.89	350m:	4:57.77	42.88		
	100m:	1:21.85 42.13	200m:	2:48.34 43.88	300m:	4:14.89 42.66	400m:	5:37.35	39.58		
8.	SO TA, Nina		09 MTP Kormoran Olsztyn				5:51.83				293
	50m:	39.54 39.54	150m:	2:07.94 45.07	250m:	3:39.22 45.77	350m:	5:08.03	43.72		
	100m:	1:22.87 43.33	200m:	2:53.45 45.51	300m:	4:24.31 45.09	400m:	5:51.83	43.80		
9.	ZIELI SKA, Dominika		09 UKP Jedyńka Elbl g				5:57.56				279
	50m:	38.94 38.94	150m:	2:08.90 45.87	250m:	3:40.73 45.88	350m:	5:13.71	46.55		
	100m:	1:23.03 44.09	200m:	2:54.85 45.95	300m:	4:27.16 46.43	400m:	5:57.56	43.85		

14 lat

1.	WI NIEWSKA, Maja		08 MKS Ochota Warszawa				4:48.37				533
	50m:	31.88 31.88	150m:	1:43.58 36.65	250m:	2:57.95 37.45	350m:	4:11.88	36.79		
	100m:	1:06.93 35.05	200m:	2:20.50 36.92	300m:	3:35.09 37.14	400m:	4:48.37	36.49		
2.	ORNOWSKA, Zuzanna		08 MKS Juwenia Białystok				4:53.88				504
	50m:	32.73 32.73	150m:	1:46.07 37.05	250m:	3:01.40 37.67	350m:	4:16.74	37.52		
	100m:	1:09.02 36.29	200m:	2:23.73 37.66	300m:	3:39.22 37.82	400m:	4:53.88	37.14		
3.	JURCZUK, Weronika		08 MKS Juwenia Białystok				5:01.02				469
	50m:	32.51 32.51	150m:	1:46.58 38.12	250m:	3:03.37 38.62	350m:	4:22.01	39.38		
	100m:	1:08.46 35.95	200m:	2:24.75 38.17	300m:	3:42.63 39.26	400m:	5:01.02	39.01		
4.	WALC, Alicja		08 KS Płetwał Szczytno				5:18.41				396
	50m:	34.54 34.54	150m:	1:54.61 40.78	250m:	3:16.14 40.90	350m:	4:38.80	40.96		
	100m:	1:13.83 39.29	200m:	2:35.24 40.63	300m:	3:57.84 41.70	400m:	5:18.41	39.61		
5.	SOBÓTKA, Amelia		08 MTP Kormoran Olsztyn				5:45.03				311
	50m:	39.19 39.19	150m:	2:05.22 43.85	250m:	4:18.35 44.40	350m:				
	100m:	1:21.37 42.18	200m:	3:33.95 1:28.73	300m:	5:45.03 1:26.68	400m:	5:45.03			

15 lat

1.	KUCZMAR, Zuzanna		07 MKS Ochota Warszawa				4:38.21				594
	50m:	30.74 30.74	150m:	1:39.98 34.49	250m:	2:50.95 35.72	350m:	4:02.95	36.55		
	100m:	1:05.49 34.75	200m:	2:15.23 35.25	300m:	3:26.40 35.45	400m:	4:38.21	35.26		
2.	MICHALSKA, Pola		07 Mokotowski UKP Warszawianka- Wodny				4:39.35				587
	50m:	31.35 31.35	150m:	1:40.73 35.13	250m:	2:52.08 35.96	350m:	4:04.46	36.11		
	100m:	1:05.60 34.25	200m:	2:16.12 35.39	300m:	3:28.35 36.27	400m:	4:39.35	34.89		
3.	ORASZEK, Karolina		07 Mokotowski UKP Warszawianka- Wodny				4:40.51				579
	50m:	31.70 31.70	150m:	1:42.57 35.78	250m:	2:53.77 35.21	350m:	4:05.30	35.81		
	100m:	1:06.79 35.09	200m:	2:18.56 35.99	300m:	3:29.49 35.72	400m:	4:40.51	35.21		
4.	TOMKIEL, Anna		07 Mokotowski UKP Warszawianka- Wodny				4:57.08				488
	50m:	34.05 34.05	150m:	1:48.94 37.67	250m:	3:05.18 38.21	350m:	4:20.36	37.39		
	100m:	1:11.27 37.22	200m:	2:26.97 38.03	300m:	3:42.97 37.79	400m:	4:57.08	36.72		
5.	WICHULSKA, Małgorzata		07 Mokotowski UKP Warszawianka- Wodny				4:59.13				478
	50m:	32.30 32.30	150m:	1:46.88 38.01	250m:	3:03.88 38.67	350m:	4:21.55	38.91		
	100m:	1:08.87 36.57	200m:	2:25.21 38.33	300m:	3:42.64 38.76	400m:	4:59.13	37.58		
6.	KRASZEWSKA, Dominika		07 MTP Kormoran Olsztyn				5:05.97				446
	50m:	34.51 34.51	150m:	1:51.54 38.69	250m:	3:09.31 38.55	350m:	4:28.16	39.51		
	100m:	1:12.85 38.34	200m:	2:30.76 39.22	300m:	3:48.65 39.34	400m:	5:05.97	37.81		
7.	RADZISZEWSKA, Weronika		07 MKS Juwenia Białystok				5:16.91				402
	50m:	34.22 34.22	150m:	1:50.15 38.77	250m:	3:11.28 41.16	350m:	4:34.54	41.95		
	100m:	1:11.38 37.16	200m:	2:30.12 39.97	300m:	3:52.59 41.31	400m:	5:16.91	42.37		

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Pozycja	Rok ur.								Czas	Pkt.	
8. SZYNKIEWICZ, Zuzanna	07 KP Płetwal Mława								5:29.88	356	
50m:	36.90	36.90	150m:	1:58.66	41.75	250m:	3:23.90	42.18	350m:	4:48.99	42.15
100m:	1:16.91	40.01	200m:	2:41.72	43.06	300m:	4:06.84	42.94	400m:	5:29.88	40.89

16 lat i starsi

1. R P, Apolonia	06 Mokotowski UKP Warszawianka- Wodny								4:33.51	625	
50m:	31.19	31.19	150m:	1:40.14	34.88	250m:	2:50.43	35.12	350m:	3:59.99	34.83
100m:	1:05.26	34.07	200m:	2:15.31	35.17	300m:	3:25.16	34.73	400m:	4:33.51	33.52
2. WISZNIEWSKA, Zuzanna	06 UKP „Polonia Warszawa”								4:45.83	548	
50m:	32.58	32.58	150m:	1:45.15	36.58	250m:	2:58.68	36.60	350m:	4:10.70	36.22
100m:	1:08.57	35.99	200m:	2:22.08	36.93	300m:	3:34.48	35.80	400m:	4:45.83	35.13
3. KARZMARCZYK, Julia	06 UKS Delfin Garwolin								4:49.95	525	
50m:	33.69	33.69	150m:	1:45.90	36.67	250m:	2:59.43	36.69	350m:	4:13.58	36.85
100m:	1:09.23	35.54	200m:	2:22.74	36.84	300m:	3:36.73	37.30	400m:	4:49.95	36.37
4. BAŁDYGA, Kamila	06 MTP Kormoran Olsztyn								4:51.05	519	
50m:	32.60	32.60	150m:	1:45.13	36.63	250m:	2:59.46	37.41	350m:	4:14.14	37.19
100m:	1:08.50	35.90	200m:	2:22.05	36.92	300m:	3:36.95	37.49	400m:	4:51.05	36.91
5. BŁASZCZYK, Wiktoria	06 Mokotowski UKP Warszawianka- Wodny								5:07.33	440	
50m:	33.19	33.19	150m:	1:51.02	39.38	250m:	3:09.70	39.69	350m:	4:29.14	39.53
100m:	1:11.64	38.45	200m:	2:30.01	38.99	300m:	3:49.61	39.91	400m:	5:07.33	38.19
6. ZABOROWSKA, Natalia	06 KP Płetwal Mława								5:41.86	320	
50m:	37.12	37.12	150m:	2:00.10	42.72	250m:	3:29.71	45.49	350m:	4:59.49	44.54
100m:	1:17.38	40.26	200m:	2:44.22	44.12	300m:	4:14.95	45.24	400m:	5:41.86	42.37