

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat – I runda
Warszawa, 5. - 6.3.2022

Konkurencja 7
05.03.2022 - 10:43

Dziewcz t, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
12 lat									
1.	CZECHEMA SKA, Antonina		10	UKS Manta Warszawa Włochy				5:11.00	425
	50m:	35.54 35.54	150m:	1:56.31	40.67	250m:	3:15.98 39.55	350m:	4:36.37 40.24
	100m:	1:15.64 40.10	200m:	2:36.43	40.12	300m:	3:56.13 40.15	400m:	5:11.00 34.63
2.	ROKICKA, Gabriela		10	UKS Manta Warszawa Włochy				5:20.83	387
	50m:	35.88 35.88	150m:	1:58.33	41.70	250m:	3:20.84 41.53	350m:	4:40.34 38.33
	100m:	1:16.63 40.75	200m:	2:39.31	40.98	300m:	4:02.01 41.17	400m:	5:20.83 40.49
3.	STYKOWSKA, Liwia		10	MKS Ochota Warszawa				5:29.57	357
	50m:	36.20 36.20	150m:	2:00.05	42.37	250m:	3:25.53 42.97	350m:	4:51.09 42.07
	100m:	1:17.68 41.48	200m:	2:42.56	42.51	300m:	4:09.02 43.49	400m:	5:29.57 38.48
4.	SZOTEK, Isabella		10	UKS Manta Warszawa Włochy				5:34.90	340
	50m:	37.05 37.05	150m:	2:01.40	42.83	250m:	3:28.31 42.43	350m:	4:54.25 42.86
	100m:	1:18.57 41.52	200m:	2:45.88	44.48	300m:	4:11.39 43.08	400m:	5:34.90 40.65
5.	RADEVI , Marija		10	MKS Ochota Warszawa				5:39.47	327
	50m:	37.81 37.81	150m:	2:02.28	42.70	250m:	3:29.69 43.46	350m:	4:57.51 43.98
	100m:	1:19.58 41.77	200m:	2:46.23	43.95	300m:	4:13.53 43.84	400m:	5:39.47 41.96
6.	OTULAK, Julia		10	UKP „Polonia Warszawa”				5:55.19	285
	50m:	38.48 38.48	150m:	2:08.22	45.29	250m:	3:39.69 45.27	350m:	5:10.60 44.72
	100m:	1:22.93 44.45	200m:	2:54.42	46.20	300m:	4:25.88 46.19	400m:	5:55.19 44.59
7.	ZAR BA, Justyna		10	UKS Manta Warszawa Włochy				6:03.37	266
	50m:	40.28 40.28	150m:	2:14.78	47.43	250m:	3:48.69 46.93	350m:	5:22.82 47.02
	100m:	1:27.35 47.07	200m:	3:01.76	46.98	300m:	4:35.80 47.11	400m:	6:03.37 40.55
8.	WI CKOWSKA, Maja		10	Buks				6:34.66	208
	50m:	42.99 42.99	150m:	2:24.08	51.03	250m:	4:07.03 51.45	350m:	5:49.41 50.68
	100m:	1:33.05 50.06	200m:	3:15.58	51.50	300m:	4:58.73 51.70	400m:	6:34.66 45.25
9.	KITA, Zuzanna		10	Buks				6:53.49	181
	50m:	44.56 44.56	150m:	2:26.73	50.88	250m:	4:17.38 56.03	350m:	6:06.19 51.84
	100m:	1:35.85 51.29	200m:	3:21.35	54.62	300m:	5:14.35 56.97	400m:	6:53.49 47.30
13 lat									
1.	KUCZMAR, Aleksandra		09	MKS Ochota Warszawa				4:39.92	583
	50m:	31.62 31.62	150m:	1:41.94	35.69	250m:	2:53.50 36.02	350m:	4:05.67 35.78
	100m:	1:06.25 34.63	200m:	2:17.48	35.54	300m:	3:29.89 36.39	400m:	4:39.92 34.25
2.	RESZKO, Lena		09	UKP „Polonia Warszawa”				4:46.20	546
	50m:	32.15 32.15	150m:	1:44.78	36.70	250m:	2:57.68 36.22	350m:	4:10.62 36.38
	100m:	1:08.08 35.93	200m:	2:21.46	36.68	300m:	3:34.24 36.56	400m:	4:46.20 35.58
3.	SOWI SKA, Wiktoria		09	Klub Pływacki Ciechanów				5:03.63	457
	50m:	34.85 34.85	150m:	1:52.47	39.25	250m:	3:09.63 38.72	350m:	4:27.10 39.09
	100m:	1:13.22 38.37	200m:	2:30.91	38.44	300m:	3:48.01 38.38	400m:	5:03.63 36.53
4.	LESI SKA, Maja		09	MKS Piaseczno				5:08.21	437
	50m:	34.01 34.01	150m:	1:52.24	39.09	250m:	3:10.98 39.24	350m:	4:29.91 39.30
	100m:	1:13.15 39.14	200m:	2:31.74	39.50	300m:	3:50.61 39.63	400m:	5:08.21 38.30
5.	CHAŁUPKA, Amelia		09	MKS Piaseczno				5:09.20	432
	50m:	35.33 35.33	150m:	1:54.42	39.82	250m:	3:14.69 39.84	350m:	4:32.73 38.21
	100m:	1:14.60 39.27	200m:	2:34.85	40.43	300m:	3:54.52 39.83	400m:	5:09.20 36.47
6.	D BROWSKA, Hanna		09	UKS Manta Warszawa Włochy				5:11.78	422
	50m:	36.59 36.59	150m:	1:56.38	39.41	250m:	3:16.30 39.65	350m:	4:34.57 38.56
	100m:	1:16.97 40.38	200m:	2:36.65	40.27	300m:	3:56.01 39.71	400m:	5:11.78 37.21
7.	SZYNKIEWICZ, Julia		09	Klub Pływacki Ciechanów				5:14.05	413
	50m:	1:15.22 1:15.22	150m:	1:54.84		250m:	3:14.91 39.92	350m:	4:35.89 40.60
	100m:		200m:	2:34.99	40.15	300m:	3:55.29 40.38	400m:	5:14.05 38.16

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Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
8.	BATORY, Helena		09	UKP „Polonia Warszawa”				5:16.43	403
	50m:	35.50 35.50	150m:	1:57.45 41.51	250m:	3:19.70 40.73	350m:	4:39.48 38.96	
	100m:	1:15.94 40.44	200m:	2:38.97 41.52	300m:	4:00.52 40.82	400m:	5:16.43 36.95	
9.	GOŁ BIEWSKA, Alicja		09	Klub Pływacki Ciechanów				5:22.55	381
	50m:	37.55 37.55	150m:	1:59.02 40.92	250m:	3:20.74 40.79	350m:	5:22.55 40.22	
	100m:	1:18.10 40.55	200m:	2:39.95 40.93	300m:	4:42.33 1:21.59	400m:	5:22.55	
10.	JADOWSKA, Lena		09	MKS Piaseczno				5:26.41	368
	50m:	37.49 37.49	150m:	2:01.46 42.28	250m:	3:25.62 42.37	350m:	4:47.62 40.36	
	100m:	1:19.18 41.69	200m:	2:43.25 41.79	300m:	4:07.26 41.64	400m:	5:26.41 38.79	
11.	BOROWIEC, Barbara		09	UKS Manta Warszawa Włochy				5:30.94	353
	50m:	36.70 36.70	150m:	2:00.38 42.61	250m:	3:27.18 43.70	350m:	4:53.00 43.01	
	100m:	1:17.77 41.07	200m:	2:43.48 43.10	300m:	4:09.99 42.81	400m:	5:30.94 37.94	
12.	GRONKOWSKA, Aleksandra		09	UKP „Polonia Warszawa”				5:36.29	336
	50m:	36.22 36.22	150m:	2:00.70 43.06	250m:	3:28.14 44.07	350m:	5:36.29 42.31	
	100m:	1:17.64 41.42	200m:	2:44.07 43.37	300m:	4:53.98 1:25.84	400m:	5:36.29	
13.	MOLENDĄ, Iga		09	MKS Piaseczno				5:45.33	310
	50m:	38.01 38.01	150m:	2:07.02 45.31	250m:	3:37.03 44.94	350m:	5:03.91 42.27	
	100m:	1:21.71 43.70	200m:	2:52.09 45.07	300m:	4:21.64 44.61	400m:	5:45.33 41.42	
14.	KRA , Alicja		09	MKS Piaseczno				5:55.04	286
	50m:	40.39 40.39	150m:	2:11.14 46.10	250m:	3:42.92 45.71	350m:	5:13.09 44.39	
	100m:	1:25.04 44.65	200m:	2:57.21 46.07	300m:	4:28.70 45.78	400m:	5:55.04 41.95	
15.	SZCZEPA SKA, Anna		09	MKS Piaseczno				5:58.95	276
	50m:	38.80 38.80	150m:	2:10.91 46.68	250m:	3:45.33 46.93	350m:	5:17.48 45.81	
	100m:	1:24.23 45.43	200m:	2:58.40 47.49	300m:	4:31.67 46.34	400m:	5:58.95 41.47	
16.	WALKOWSKA, Julia		09	UKP „Polonia Warszawa”				6:03.14	267
	50m:	37.87 37.87	150m:	2:08.26 46.56	250m:	3:43.51 47.32	350m:	5:16.76 45.55	
	100m:	1:21.70 43.83	200m:	2:56.19 47.93	300m:	4:31.21 47.70	400m:	6:03.14 46.38	