

Otwarte Letnie Mistrzostwa Warszawy w Pływaniu  
 Warszawa, 3. - 4.6.2022

 Konkurencja 20  
 03.06.2022 - 19:26

Chłopców, 400m dowolny

 10 - 14 lat  
 Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	Pkt.
<b>10 lat</b>			
1. ZAWISZEWSKI Emil	12 UKS „Skalar” Warszawa	<b>6:09.02</b>	212
50m: 40.40 40.40	150m: 2:14.65 47.96	250m: 3:50.72 48.09	350m: 5:24.08 46.09
100m: 1:26.69 46.29	200m: 3:02.63 47.98	300m: 4:37.99 47.27	400m: 6:09.02 44.94
2. SITEK-SINGH Rafael	12 MKS Piaseczno	<b>6:51.53</b>	152
50m: 44.00 44.00	150m: 2:29.60 53.27	250m: 4:16.79 54.23	350m: 6:03.80
100m: 1:36.33 52.33	200m: 3:22.56 52.96	300m:	400m: 6:51.53 47.73
<b>11 lat</b>			
1. SUSABOWSKI Paweł	11 MKS Piaseczno	<b>5:24.59</b>	311
50m: 37.16 37.16	150m: 2:01.78 41.97	250m: 3:24.86 40.71	350m: 4:48.13 40.75
100m: 1:19.81 42.65	200m: 2:44.15 42.37	300m: 4:07.38 42.52	400m: 5:24.59 36.46
2. ŁUKASZEWICZ Michał	11 UKP Polonia Warszawa	<b>5:24.68</b>	311
50m: 37.98 37.98	150m: 2:03.03 41.83	250m: 3:24.76 38.95	350m: 4:46.25 39.96
100m: 1:21.20 43.22	200m: 2:45.81 42.78	300m: 4:06.29 41.53	400m: 5:24.68 38.43
3. MORYC Ernest	11 PSP SWIM Płock	<b>5:41.26</b>	268
50m: 40.86 40.86	150m: 2:08.86 44.09	250m: 3:36.10 43.32	350m: 5:00.69 42.37
100m: 1:24.77 43.91	200m: 2:52.78 43.92	300m: 4:18.32 42.22	400m: 5:41.26 40.57
4. NITECKI Adam	11 MKS Piaseczno	<b>5:41.54</b>	267
50m: 38.76 38.76	150m: 2:05.11 43.47	250m: 3:32.53 43.25	350m: 4:59.59 43.04
100m: 1:21.64 42.88	200m: 2:49.28 44.17	300m: 4:16.55 44.02	400m: 5:41.54 41.95
5. GRAF Tymon	11 UKP Polonia Warszawa	<b>5:50.08</b>	248
50m: 38.80 38.80	150m: 2:09.60 45.56	250m: 3:40.76 46.52	350m: 5:11.32 45.42
100m: 1:24.04 45.24	200m: 2:54.24 44.64	300m: 4:25.90 45.14	400m: 5:50.08 38.76
<b>12 lat</b>			
1. SLYVA Maksym	10 Ukraina	<b>4:58.18</b>	402
50m: 32.90 32.90	150m: 1:47.55 37.99	250m: 3:04.35 38.62	350m: 4:21.72 38.31
100m: 1:09.56 36.66	200m: 2:25.73 38.18	300m: 3:43.41 39.06	400m: 4:58.18 36.46
2. WERESZCZY SKI Igor	10 WKS I sk	<b>5:14.14</b>	343
50m: 33.65 33.65	150m: 1:52.84 39.95	250m: 3:13.74 40.66	350m: 4:34.25 39.78
100m: 1:12.89 39.24	200m: 2:33.08 40.24	300m: 3:54.47 40.73	400m: 5:14.14 39.89
3. PATOKA Kacper	10 WOPR Malbork	<b>5:16.59</b>	335
50m: 32.87 32.87	150m: 1:53.08 40.64	250m: 3:15.57 41.51	350m: 4:38.30 40.83
100m: 1:12.44 39.57	200m: 2:34.06 40.98	300m: 3:57.47 41.90	400m: 5:16.59 38.29
4. PIECHOWICZ Andrzej	10 MKP „Warszwianka”	<b>5:50.81</b>	246
50m: 38.83 38.83	150m: 2:09.28 45.99	250m: 3:39.30 45.22	350m: 5:09.52 45.40
100m: 1:23.29 44.46	200m: 2:54.08 44.80	300m: 4:24.12 44.82	400m: 5:50.81 41.29
5. GARMAN Maksymilian	10 WKSMN "IG-Warszawa"	<b>6:17.90</b>	197
50m: 41.28 41.28	150m: 2:15.61 47.64	250m: 3:53.84 48.60	350m: 5:32.22 48.56
100m: 1:27.97 46.69	200m: 3:05.24 49.63	300m: 4:43.66 49.82	400m: 6:17.90 45.68

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## Konkurencja 20, Chłopców, 400m dowolny

## 13 lat

1.	CIOŁEK Dawid	09	UKS 48 Warszawa	ródmie cie	<b>5:02.27</b>	385
	50m: 34.17 34.17	150m: 1:51.34 38.61	250m: 3:09.57 39.08	350m: 4:26.58 38.20		
	100m: 1:12.73 38.56	200m: 2:30.49 39.15	300m: 3:48.38 38.81	400m: 5:02.27 35.69		
2.	SYDORENKO Volodymyr	09	Ukraina		<b>5:04.99</b>	375
	50m: 33.09 33.09	150m: 1:47.69 38.02	250m: 3:06.47 39.62	350m: 4:27.40 40.22		
	100m: 1:09.67 36.58	200m: 2:26.85 39.16	300m: 3:47.18 40.71	400m: 5:04.99 37.59		
3.	OLSZYCA Igor	09	UKP Polonia Warszawa		<b>5:07.79</b>	365
	50m: 34.17 34.17	150m: 1:52.27 39.25	250m: 3:11.66 39.31	350m: 4:30.71 39.01		
	100m: 1:13.02 38.85	200m: 2:32.35 40.08	300m: 3:51.70 40.04	400m: 5:07.79 37.08		
4.	BOLEK Franciszek	09	UKP Polonia Warszawa		<b>5:10.73</b>	355
	50m: 34.62 34.62	150m: 1:53.64 39.74	250m: 3:12.13 39.10	350m: 4:31.88 39.86		
	100m: 1:13.90 39.28	200m: 2:33.03 39.39	300m: 3:52.02 39.89	400m: 5:10.73 38.85		
5.	ZAŁ SKI Tadeusz	09	PSP SWIM Płock		<b>5:12.49</b>	349
	50m: 35.13 35.13	150m: 1:53.81 39.89	250m: 3:14.96 40.68	350m: 4:37.26 41.53		
	100m: 1:13.92 38.79	200m: 2:34.28 40.47	300m: 3:55.73 40.77	400m: 5:12.49 35.23		
6.	KUCZY SKI Franciszek	09	UKS 48 Warszawa	ródmie cie	<b>5:23.82</b>	313
	50m: 35.63 35.63	150m: 1:58.22 41.95	250m: 3:22.52 42.49	350m: 4:45.18 40.71		
	100m: 1:16.27 40.64	200m: 2:40.03 41.81	300m: 4:04.47 41.95	400m: 5:23.82 38.64		
7.	BRYK Jarosław	09	MKS Piaseczno		<b>5:28.41</b>	300
	50m: 36.85 36.85	150m: 2:00.06 42.00	250m: 3:24.37 42.04	350m: 4:48.16 41.36		
	100m: 1:18.06 41.21	200m: 2:42.33 42.27	300m: 4:06.80 42.43	400m: 5:28.41 40.25		
8.	KOKODYNSKYI Denys	09	MKP „Warszwianka”		<b>5:36.28</b>	280
	50m: 35.52 35.52	150m: 2:01.15 43.39	250m: 3:28.72 43.68	350m: 4:55.52 43.25		
	100m: 1:17.76 42.24	200m: 2:45.04 43.89	300m: 4:12.27 43.55	400m: 5:36.28 40.76		
9.	DOMA SKI Franciszek	09	MKS Piaseczno		<b>5:42.19</b>	265
	50m: 37.96 37.96	150m: 2:04.53 43.58	250m: 3:31.47 44.28	350m: 5:01.18 45.24		
	100m: 1:20.95 42.99	200m: 2:47.19 42.66	300m: 4:15.94 44.47	400m: 5:42.19 41.01		
10.	SZANIAWSKI Hubert	09	UKS Delfin Garwolin		<b>5:48.93</b>	250
	50m: 33.41 33.41	150m: 5:06.59 3:52.55	250m:	350m:		
	100m: 1:14.04 40.63	200m: 2:45.32	300m: 4:19.70	400m: 5:48.93		
11.	GARMAN Dawid	09	WKSMN "IG-Warszawa"		<b>6:46.12</b>	159
	50m: 46.14 46.14	150m: 2:30.87 52.18	250m: 4:17.48 53.44	350m: 6:00.29 49.80		
	100m: 1:38.69 52.55	200m: 3:24.04 53.17	300m: 5:10.49 53.01	400m: 6:46.12 45.83		

## DYSKW. ZABROCKI Mikołaj

09 UKP Polonia Warszawa

*O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu*

50m:	31.70 31.70	150m:	1:46.80 38.06	250m:	3:03.13 37.64	350m:	4:20.90 38.73
100m:	1:08.74 37.04	200m:	2:25.49 38.69	300m:	3:42.17 39.04	400m:	

## 14 lat

1.	KRAWCZYK Jakub	08	MUKP Warszawianka		<b>4:32.43</b>	527
	50m: 28.91 28.91	150m: 1:36.02 34.90	250m: 2:46.82 35.00	350m: 3:58.60 35.51		
	100m: 1:01.12 32.21	200m: 2:11.82 35.80	300m: 3:23.09 36.27	400m: 4:32.43 33.83		
2.	CZAJKA Maciej	08	UKP Polonia Warszawa		<b>4:36.59</b>	503
	50m: 29.70 29.70	150m: 1:40.75 35.97	250m: 2:52.17 35.44	350m: 4:03.02 34.76		
	100m: 1:04.78 35.08	200m: 2:16.73 35.98	300m: 3:28.26 36.09	400m: 4:36.59 33.57		
3.	JARECKI Bartosz	08	UKS 48 Warszawa	ródmie cie	<b>4:50.95</b>	432
	50m: 31.77 31.77	150m: 1:44.65 37.02	250m: 2:59.12 37.24	350m: 4:14.48 37.76		
	100m: 1:07.63 35.86	200m: 2:21.88 37.23	300m: 3:36.72 37.60	400m: 4:50.95 36.47		

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## Konkurencja 20, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
4.	OL	DZKI Daniel	08	UKP Polonia Warszawa				<b>4:58.14</b>	402
	50m:	30.00 30.00	150m:	1:44.79	39.07	250m:	3:04.43 39.04	350m:	4:24.02 39.48
	100m:	1:05.72 35.72	200m:	2:25.39	40.60	300m:	3:44.54 40.11	400m:	4:58.14 34.12
5.	ROZBICKI	Kacper	08	UKS 48 Warszawa ródnie cie				<b>4:58.52</b>	400
	50m:	33.20 33.20	150m:	1:49.27	38.48	250m:	3:05.61 37.85	350m:	4:21.85 37.89
	100m:	1:10.79 37.59	200m:	2:27.76	38.49	300m:	3:43.96 38.35	400m:	4:58.52 36.67
6.	BAŁABAN	Antoni	08	UKS 48 Warszawa ródnie cie				<b>5:02.28</b>	385
	50m:	34.30 34.30	150m:	1:50.21	38.36	250m:	3:07.60 39.19	350m:	4:25.31 38.86
	100m:	1:11.85 37.55	200m:	2:28.41	38.20	300m:	3:46.45 38.85	400m:	5:02.28 36.97
7.	POL	Witold	08	UKS Fala Niepor t				<b>5:03.86</b>	379
	50m:	33.52 33.52	150m:	1:50.94	38.42	250m:	3:09.18 38.86	350m:	4:26.97 38.37
	100m:	1:12.52 39.00	200m:	2:30.32	39.38	300m:	3:48.60 39.42	400m:	5:03.86 36.89
8.	MARANDA	Krzysztof	08	UKS Ostrobramska				<b>5:05.85</b>	372
	50m:	34.42 34.42	150m:	1:51.88	39.97	250m:	3:11.65 40.11	350m:	4:29.63 38.84
	100m:	1:11.91 37.49	200m:	2:31.54	39.66	300m:	3:50.79 39.14	400m:	5:05.85 36.22
9.	MAKSYMUK	Mykhaylo	08	WKSMN "IG-Warszawa"				<b>5:30.23</b>	295
	50m:	41.33 41.33	150m:	2:16.82	1:56.32	250m:	3:52.68 2:25.37	350m:	5:30.23 2:26.12
	100m:	20.50	200m:	1:27.31		300m:	3:04.11	400m:	5:30.23
10.	MICHALISZYN	Eryk	08	WKSMN "IG-Warszawa"				<b>6:32.19</b>	176
	50m:	42.47 42.47	150m:	2:24.79	51.15	250m:	4:07.61 51.08	350m:	5:49.69 51.25
	100m:	1:33.64 51.17	200m:	3:16.53	51.74	300m:	4:58.44 50.83	400m:	6:32.19 42.50
PK	HANDZLIK	Mateusz	06	MUKP Warszawianka				<b>4:34.07</b>	517
	50m:	29.60 29.60	150m:	1:38.93	35.13	250m:	2:49.23 35.30	350m:	4:00.45 35.51
	100m:	1:03.80 34.20	200m:	2:13.93	35.00	300m:	3:24.94 35.71	400m:	4:34.07 33.62
PK	WRONA	Maciej	06	MUKP Warszawianka				<b>4:40.37</b>	483
	50m:	31.18 31.18	150m:	1:42.32	36.07	250m:	2:54.04 35.84	350m:	4:05.54 35.63
	100m:	1:06.25 35.07	200m:	2:18.20	35.88	300m:	3:29.91 35.87	400m:	4:40.37 34.83
PK	STA	KIEWICZ Wiktor	07	MUKP Warszawianka				<b>4:57.96</b>	402
	50m:	33.86 33.86	150m:	1:49.89	38.38	250m:	3:06.16 37.24	350m:	4:21.85 37.68
	100m:	1:11.51 37.65	200m:	2:28.92	39.03	300m:	3:44.17 38.01	400m:	4:57.96 36.11