

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 lat – II Runda  
Warszawa, 14. - 15.6.2022

Konkurencja 7  
14.06.2022 - 11:57

Dziewcz t, 400m dowolny

12 lat  
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
1.	SOBÓTKA, Oliwia		10	UKS 48 Warszawa ródemie cie				<b>4:44.66</b>	554
	50m:	32.38 32.38	150m:	1:42.46 35.78	250m:	2:54.94 36.43	350m:	4:09.09 37.16	
	100m:	1:06.68 34.30	200m:	2:18.51 36.05	300m:	3:31.93 36.99	400m:	4:44.66 35.57	
2.	NEUHORN, Diana		10	MKS „Jagiellonka" Warszawa				<b>5:02.24</b>	463
	50m:	35.55 35.55	150m:	1:52.59 39.03	250m:	3:10.70 39.29	350m:	4:26.68 38.03	
	100m:	1:13.56 38.01	200m:	2:31.41 38.82	300m:	3:48.65 37.95	400m:	5:02.24 35.56	
3.	MATOWICKA, Maja		10	MKS „Jagiellonka" Warszawa				<b>5:03.16</b>	459
	50m:	34.62 34.62	150m:	1:52.90 39.45	250m:	3:11.89 39.35	350m:	4:29.08 38.12	
	100m:	1:13.45 38.83	200m:	2:32.54 39.64	300m:	3:50.96 39.07	400m:	5:03.16 34.08	
4.	BORTLISZ, Gabriela		10	MKP „Warszawianka"				<b>5:05.65</b>	448
	50m:	33.02 33.02	150m:	1:49.63 39.22	250m:	3:09.44 40.58	350m:	4:27.92 38.72	
	100m:	1:10.41 37.39	200m:	2:28.86 39.23	300m:	3:49.20 39.76	400m:	5:05.65 37.73	
5.	ROKICKA, Gabriela		10	UKS Manta Warszawa Włochy				<b>5:08.93</b>	434
	50m:	34.76 34.76	150m:	1:52.72 39.42	250m:	3:12.73 40.19	350m:	4:31.81 39.41	
	100m:	1:13.30 38.54	200m:	2:32.54 39.82	300m:	3:52.40 39.67	400m:	5:08.93 37.12	
6.	CZECHMA SKA, Antonina		10	UKS Manta Warszawa Włochy				<b>5:15.59</b>	407
	50m:	35.57 35.57	150m:	1:55.44 40.31	250m:	3:17.18 41.10	350m:	4:36.19 39.70	
	100m:	1:15.13 39.56	200m:	2:36.08 40.64	300m:	3:56.49 39.31	400m:	5:15.59 39.40	
7.	RZ SA, Amelia		10	MKS „Jagiellonka" Warszawa				<b>5:17.55</b>	399
	50m:	37.06 37.06	150m:	1:56.82 39.83	250m:	3:17.51 40.51	350m:	4:38.29 40.51	
	100m:	1:16.99 39.93	200m:	2:37.00 40.18	300m:	3:57.78 40.27	400m:	5:17.55 39.26	
8.	NIZIO, Kamila		10	UKS „GIM 92 Ursynów"				<b>5:23.78</b>	377
	50m:	37.38 37.38	150m:	2:01.01 42.93	250m:	3:25.46 41.67	350m:	4:46.70 40.39	
	100m:	1:18.08 40.70	200m:	2:43.79 42.78	300m:	4:06.31 40.85	400m:	5:23.78 37.08	
9.	STYKOWSKA, Liwia		10	MKS Ochota Warszawa				<b>5:25.60</b>	370
	50m:	35.81 35.81	150m:	1:57.08 41.04	250m:	3:19.61 41.38	350m:	4:44.31 42.71	
	100m:	1:16.04 40.23	200m:	2:38.23 41.15	300m:	4:01.60 41.99	400m:	5:25.60 41.29	
10.	SADOWSKA, Zofia		10	UKS 307 Warszawa				<b>5:26.93</b>	366
	50m:	37.01 37.01	150m:	1:59.60 41.44	250m:	3:23.58 42.43	350m:	4:47.69 42.24	
	100m:	1:18.16 41.15	200m:	2:41.15 41.55	300m:	4:05.45 41.87	400m:	5:26.93 39.24	
11.	GOŁUB, Karolina		10	UKS „GIM 92 Ursynów"				<b>5:27.34</b>	364
	50m:	36.75 36.75	150m:	1:59.40 40.93	250m:	3:25.34 43.40	350m:	4:50.32 41.99	
	100m:	1:18.47 41.72	200m:	2:41.94 42.54	300m:	4:08.33 42.99	400m:	5:27.34 37.02	
12.	CIBOROWSKA, Anna		10	MKP „Warszawianka"				<b>5:28.44</b>	361
	50m:	37.19 37.19	150m:	2:02.23 42.88	250m:	3:26.64 41.99	350m:	4:48.94 40.57	
	100m:	1:19.35 42.16	200m:	2:44.65 42.42	300m:	4:08.37 41.73	400m:	5:28.44 39.50	
13.	SOBCZAK, Małgorzata		10	UKS 307 Warszawa				<b>5:30.86</b>	353
	50m:	39.00 39.00	150m:	2:03.96 42.79	250m:	3:29.69 42.31	350m:	4:53.15 41.36	
	100m:	1:21.17 42.17	200m:	2:47.38 43.42	300m:	4:11.79 42.10	400m:	5:30.86 37.71	
14.	JAROS, Barbara		10	UKS „Skalar" Warszawa				<b>5:32.19</b>	349
	50m:	36.20 36.20	150m:	2:00.05 42.44	250m:	3:26.67 43.08	350m:	4:52.13 42.83	
	100m:	1:17.61 41.41	200m:	2:43.59 43.54	300m:	4:09.30 42.63	400m:	5:32.19 40.06	
15.	RADECKA, Zofia		10	UKS G-8 Bielany Warszawa				<b>5:32.22</b>	349
	50m:	38.23 38.23	150m:	2:03.19 42.24	250m:	3:27.73 41.65	350m:	4:52.94 42.22	
	100m:	1:20.95 42.72	200m:	2:46.08 42.89	300m:	4:10.72 42.99	400m:	5:32.22 39.28	
16.	JE EWSKA, Blanka		10	UKP „Polonia Warszawa"				<b>5:34.71</b>	341
	50m:	37.46 37.46	150m:	2:04.04 43.83	250m:	3:32.01 44.56	350m:	4:56.64 41.83	
	100m:	1:20.21 42.75	200m:	2:47.45 43.41	300m:	4:14.81 42.80	400m:	5:34.71 38.07	
17.	MARCINIAK, Natalia		10	UKS G-8 Bielany Warszawa				<b>5:37.04</b>	334
	50m:	37.32 37.32	150m:	2:02.14 42.52	250m:		350m:	4:56.77 44.18	
	100m:	1:19.62 42.30	200m:	2:45.07 42.93	300m:	4:12.59	400m:	5:37.04 40.27	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 lat – II Runda  
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Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	JA CZUK, Klara		10	MKS „Jagiellonka” Warszawa			<b>5:37.85</b>	331	
	50m: 38.69 38.69	150m: 2:06.18 44.30		250m: 3:33.18 44.02	350m: 4:58.30 42.02				
	100m: 1:21.88 43.19	200m: 2:49.16 42.98		300m: 4:16.28 43.10	400m: 5:37.85 39.55				
19.	HUSZCZA, Aleksandra		10	UKS „GIM 92 Ursynów”			<b>5:38.79</b>	329	
	50m: 38.67 38.67	150m: 2:05.16 43.00		250m: 3:32.81 44.55	350m: 5:00.11 42.80				
	100m: 1:22.16 43.49	200m: 2:48.26 43.10		300m: 4:17.31 44.50	400m: 5:38.79 38.68				
20.	SZERSZENOWICZ, Natalia		10	MKS „Jagiellonka” Warszawa			<b>5:39.16</b>	328	
	50m: 37.39 37.39	150m: 2:03.28 43.04		250m: 3:30.41 43.34	350m: 4:58.27 43.46				
	100m: 1:20.24 42.85	200m: 2:47.07 43.79		300m: 4:14.81 44.40	400m: 5:39.16 40.89				
21.	NIESZCZERZEWICZ, Matylda		10	MKS „Jagiellonka” Warszawa			<b>5:39.60</b>	326	
	50m: 37.57 37.57	150m: 2:03.87 43.59		250m: 3:31.43 43.91	350m: 4:58.18 43.82				
	100m: 1:20.28 42.71	200m: 2:47.52 43.65		300m: 4:14.36 42.93	400m: 5:39.60 41.42				
22.	OTULAK, Julia		10	UKP „Polonia Warszawa”			<b>5:39.83</b>	326	
	50m: 37.36 37.36	150m: 2:01.95 42.62		250m: 3:29.14 44.09	350m: 4:57.40 44.21				
	100m: 1:19.33 41.97	200m: 2:45.05 43.10		300m: 4:13.19 44.05	400m: 5:39.83 42.43				
23.	SEBIGULI-MARISHEKOME, Nathalie		10	UKS „Victoria Józefów”			<b>5:41.08</b>	322	
	50m: 38.49 38.49	150m: 2:04.14 43.07		250m: 3:31.50 43.16	350m: 4:59.54 44.44				
	100m: 1:21.07 42.58	200m: 2:48.34 44.20		300m: 4:15.10 43.60	400m: 5:41.08 41.54				
24.	ZWARDO , Aleksandra		10	UKS G-8 Bielany Warszawa			<b>5:41.49</b>	321	
	50m: 36.71 36.71	150m: 2:01.35 43.21		250m: 3:30.49 45.72	350m: 4:59.84 42.09				
	100m: 1:18.14 41.43	200m: 2:44.77 43.42		300m: 4:17.75 47.26	400m: 5:41.49 41.65				
25.	MARKOWICZ, Amelia		10	UKS „Victoria Józefów”			<b>5:42.07</b>	319	
	50m: 38.82 38.82	150m: 2:05.71 44.02		250m: 3:33.37 43.69	350m: 5:00.67 43.51				
	100m: 1:21.69 42.87	200m: 2:49.68 43.97		300m: 4:17.16 43.79	400m: 5:42.07 41.40				
26.	SOWA, Aleksandra		10	UKS Kapry-Armexim Pruszków			<b>5:44.65</b>	312	
	50m: 38.23 38.23	150m: 2:04.94 43.50		250m: 3:34.09 44.38	350m: 5:02.67 43.81				
	100m: 1:21.44 43.21	200m: 2:49.71 44.77		300m: 4:18.86 44.77	400m: 5:44.65 41.98				
27.	MIECI SKA, Anna		10	UKS „GIM 92 Ursynów”			<b>5:49.74</b>	299	
	50m: 39.38 39.38	150m: 2:07.09 44.05		250m: 3:36.81 44.78	350m: 5:06.79 45.14				
	100m: 1:23.04 43.66	200m: 2:52.03 44.94		300m: 4:21.65 44.84	400m: 5:49.74 42.95				
28.	BERNAT, Natalia		10	UKS oliborz			<b>5:49.83</b>	298	
	50m: 40.11 40.11	150m: 2:10.26 46.56		250m: 3:42.14 46.10	350m: 5:09.95 42.44				
	100m: 1:23.70 43.59	200m: 2:56.04 45.78		300m: 4:27.51 45.37	400m: 5:49.83 39.88				
29.	RZEPECKA, Maria		10	UKS „Skalar” Warszawa			<b>5:54.43</b>	287	
	50m: 36.32 36.32	150m: 2:05.34 45.61		250m: 3:37.95 46.69	350m: 5:09.67 45.47				
	100m: 1:19.73 43.41	200m: 2:51.26 45.92		300m: 4:24.20 46.25	400m: 5:54.43 44.76				
30.	SZARLIK, Eliza		10	UKS Kapry-Armexim Pruszków			<b>5:56.51</b>	282	
	50m: 39.62 39.62	150m: 2:09.25 45.30		250m: 3:42.00 47.04	350m: 5:13.68 46.37				
	100m: 1:23.95 44.33	200m: 2:54.96 45.71		300m: 4:27.31 45.31	400m: 5:56.51 42.83				
31.	WI CKOWSKA, Maja		10	Buks			<b>5:56.62</b>	282	
	50m: 40.08 40.08	150m: 2:11.52 46.38		250m: 3:44.23 45.80	350m: 5:15.68 45.15				
	100m: 1:25.14 45.06	200m: 2:58.43 46.91		300m: 4:30.53 46.30	400m: 5:56.62 40.94				
32.	ZYCH, Martyna		10	MKS „Jagiellonka” Warszawa			<b>5:57.01</b>	281	
	50m: 40.11 40.11	150m: 2:12.02 46.22		250m: 3:43.13 45.53	350m: 5:14.35 45.67				
	100m: 1:25.80 45.69	200m: 2:57.60 45.58		300m: 4:28.68 45.55	400m: 5:57.01 42.66				
33.	NIESŁUCHOWSKA, Gabriela		10	MKP „Warszawianka”			<b>5:57.08</b>	281	
	50m: 40.31 40.31	150m: 2:12.63 46.90		250m: 3:44.40 45.25	350m: 5:14.98 45.13				
	100m: 1:25.73 45.42	200m: 2:59.15 46.52		300m: 4:29.85 45.45	400m: 5:57.08 42.10				
34.	KRAJEWSKA, Maja		10	UKS 307 Warszawa			<b>5:59.95</b>	274	
	50m: 39.54 39.54	150m: 2:11.86 46.50		250m: 3:44.93 45.83	350m: 5:17.82 45.77				
	100m: 1:25.36 45.82	200m: 2:59.10 47.24		300m: 4:32.05 47.12	400m: 5:59.95 42.13				
35.	SADOWSKA, Zuzanna		10	UKS G-8 Bielany Warszawa			<b>6:02.97</b>	267	
	50m: 41.00 41.00	150m: 2:58.71 1:33.09		250m: 4:31.31 46.33	350m: 6:02.97 45.61				
	100m: 1:25.62 44.62	200m: 3:44.98 46.27		300m: 5:17.36 46.05	400m: 6:02.97				

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Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
36.	NIEMIROWSKA, Julia		10	Buks			<b>6:07.00</b>	258	
	50m:	41.20 41.20	150m:	2:13.53 46.52	250m:	3:47.89 47.14	350m:	5:22.36 47.07	
	100m:	1:27.01 45.81	200m:	3:00.75 47.22	300m:	4:35.29 47.40	400m:	6:07.00 44.64	
37.	PODLEWSKA, Małgorzata		10	MKP „Warszawianka”			<b>6:07.78</b>	257	
	50m:	40.67 40.67	150m:	2:14.08 46.95	250m:	3:46.75 45.79	350m:	5:22.38 48.11	
	100m:	1:27.13 46.46	200m:	3:00.96 46.88	300m:	4:34.27 47.52	400m:	6:07.78 45.40	
38.	SYPEREK, Zofia		10	MKS „Jagiellonka” Warszawa			<b>6:21.58</b>	230	
	50m:	43.06 43.06	150m:	2:19.61 49.13	250m:	3:57.29 48.44	350m:	5:34.18 47.86	
	100m:	1:30.48 47.42	200m:	3:08.85 49.24	300m:	4:46.32 49.03	400m:	6:21.58 47.40	
39.	KOPY , Hanna		10	UKS oliborz			<b>6:31.35</b>	213	
	50m:	43.94 43.94	150m:	2:23.88 50.95	250m:	4:04.03 50.26	350m:	5:44.19 50.16	
	100m:	1:32.93 48.99	200m:	3:13.77 49.89	300m:	4:54.03 50.00	400m:	6:31.35 47.16	
40.	SZCZE NIAK, Zofia		10	UKS H2O Warszawa			<b>6:31.92</b>	212	
	50m:	1:33.73 1:33.73	150m:	2:24.65 50.00	250m:	4:05.68 51.03	350m:	5:46.01 50.47	
	100m:		200m:	3:14.65 50.00	300m:	4:55.54 49.86	400m:	6:31.92 45.91	
41.	GŁA EWSKA, Hanna		10	UKS „GIM 92 Ursynów”			<b>6:45.77</b>	191	
	50m:	44.67 44.67	150m:	2:26.67 50.84	250m:	4:08.93 50.04	350m:	5:47.13 47.11	
	100m:	1:35.83 51.16	200m:	3:18.89 52.22	300m:	5:00.02 51.09	400m:	6:45.77 58.64	
42.	RZEPKA, Maja		10	UKS oliborz			<b>6:56.14</b>	177	
	50m:	43.12 43.12	150m:	2:25.83 52.91	250m:	4:10.07 52.52	350m:	6:00.71 54.22	
	100m:	1:32.92 49.80	200m:	3:17.55 51.72	300m:	5:06.49 56.42	400m:	6:56.14 55.43	
43.	KOBUS, Hanna		10	UKS Ostrobramska			<b>6:56.53</b>	177	
	50m:	45.77 45.77	150m:	2:28.83 52.71	250m:	4:15.05 53.18	350m:	5:57.21 50.23	
	100m:	1:36.12 50.35	200m:	3:21.87 53.04	300m:	5:06.98 51.93	400m:	6:56.53 59.32	
44.	SZYMANIAK, Alicja		10	UKS H2O Warszawa			<b>7:03.09</b>	169	
	50m:	46.51 46.51	150m:	2:34.23 55.23	250m:	4:22.82 52.95	350m:	6:10.38 53.78	
	100m:	1:39.00 52.49	200m:	3:29.87 55.64	300m:	5:16.60 53.78	400m:	7:03.09 52.71	
DYSKW.	GAJEWSKA, Karolina		10	MKS „Jagiellonka” Warszawa					
	<i>O2 - Pływak nie miał kontaktu ze cian podczas nawrotu</i>								
	50m:	36.48 36.48	150m:	1:58.93 41.62	250m:	3:23.30 42.30	350m:	4:47.39 41.71	
	100m:	1:17.31 40.83	200m:	2:41.00 42.07	300m:	4:05.68 42.38	400m:		