

Otwarte Jesienne Mistrzostwa Okręgu Warszawsko-Mazowieckiego
Warszawa, 18.11.2022

Konkurencja 34
18.11.2022 - 18:50

Mężczyzn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
14 - 15 lat									
1.	LESIK Oskar		07	UKS G-8 Bielany			4:12.09	596	
	50m: 28.16	28.16	150m: 1:31.02	31.48	250m: 2:35.61	32.30	350m: 3:40.93	32.81	
	100m: 59.54	31.38	200m: 2:03.31	32.29	300m: 3:08.12	32.51	400m: 4:12.09	31.16	
2.	PIOTROWSKI Kacper		07	UKS G-8 Bielany			4:13.28	588	
	50m: 28.18	28.18	150m: 1:32.38	32.48	250m: 2:36.74	32.16	350m: 3:41.98	32.69	
	100m: 59.90	31.72	200m: 2:04.58	32.20	300m: 3:09.29	32.55	400m: 4:13.28	31.30	
3.	SZMYTKE Bartosz		07	UKS G-8 Bielany			4:17.31	561	
	50m: 29.46	29.46	150m: 1:34.42	32.29	250m: 2:40.88	33.43	350m: 3:46.88	32.70	
	100m: 1:02.13	32.67	200m: 2:07.45	33.03	300m: 3:14.18	33.30	400m: 4:17.31	30.43	
4.	SHYPIN Aliaksandr		07	UKS G-8 Bielany			4:17.72	558	
	50m: 29.83	29.83	150m: 1:36.02	33.18	250m: 2:42.43	33.31	350m: 3:47.40	32.02	
	100m: 1:02.84	33.01	200m: 2:09.12	33.10	300m: 3:15.38	32.95	400m: 4:17.72	30.32	
5.	CZOGAŁA Grzegorz		07	UKS G-8 Bielany			4:19.18	549	
	50m: 30.30	30.30	150m: 1:37.49	33.87	250m: 2:44.22	33.16	350m: 3:50.06	32.50	
	100m: 1:03.62	33.32	200m: 2:11.06	33.57	300m: 3:17.56	33.34	400m: 4:19.18	29.12	
6.	DOBRYJANOWICZ Michał		08	UKS G-8 Bielany			4:21.74	533	
	50m: 29.46	29.46	150m: 1:36.33	33.39	250m: 2:43.33	33.70	350m: 3:50.08	33.49	
	100m: 1:02.94	33.48	200m: 2:09.63	33.30	300m: 3:16.59	33.26	400m: 4:21.74	31.66	
7.	REDZI SKI VEL RYDZY SKI Mateusz	07	07	UKP „Polonia Warszawa”			4:23.53	522	
	50m: 29.99	29.99	150m: 1:36.77	33.48	250m: 2:43.93	33.43	350m: 3:50.97	33.29	
	100m: 1:03.29	33.30	200m: 2:10.50	33.73	300m: 3:17.68	33.75	400m: 4:23.53	32.56	
8.	WI NIEWSKI Jakub		07	UKS G-8 Bielany			4:24.33	517	
	50m: 30.29	30.29	150m: 1:37.57	33.94	250m: 2:45.01	34.03	350m: 3:52.09	33.67	
	100m: 1:03.63	33.34	200m: 2:10.98	33.41	300m: 3:18.42	33.41	400m: 4:24.33	32.24	
9.	MICHAŁOWSKI Jan		08	UKS G-8 Bielany			4:25.26	512	
	50m: 29.56	29.56	150m: 1:37.10	34.17	250m: 2:45.70	34.20	350m: 3:53.63	33.54	
	100m: 1:02.93	33.37	200m: 2:11.50	34.40	300m: 3:20.09	34.39	400m: 4:25.26	31.63	
10.	ANTOSIK Kacper		07	UKS G-8 Bielany			4:25.78	509	
	50m: 29.38	29.38	150m: 1:37.16	34.34	250m: 2:46.11	34.43	350m: 3:53.30	33.36	
	100m: 1:02.82	33.44	200m: 2:11.68	34.52	300m: 3:19.94	33.83	400m: 4:25.78	32.48	
11.	KRAWCZYK Jakub		08	Mokotowski UKP Warszawianka- Wodny			4:28.16	495	
	50m: 28.89	28.89	150m: 1:35.67	33.99	250m: 2:44.35	34.44	350m: 3:54.31	35.09	
	100m: 1:01.68	32.79	200m: 2:09.91	34.24	300m: 3:19.22	34.87	400m: 4:28.16	33.85	
12.	GARWULEWSKI Bartłomiej		07	UKS G-8 Bielany			4:28.73	492	
	50m: 29.83	29.83	150m: 1:37.87	34.21	250m: 2:46.56	33.99	350m: 3:55.09	34.44	
	100m: 1:03.66	33.83	200m: 2:12.57	34.70	300m: 3:20.65	34.09	400m: 4:28.73	33.64	
13.	CIECHANOWSKI Stanisław		07	Mokotowski UKP Warszawianka- Wodny			4:29.50	488	
	50m: 29.71	29.71	150m: 1:37.18	34.44	250m: 2:47.28	34.87	350m: 3:57.75	35.27	
	100m: 1:02.74	33.03	200m: 2:12.41	35.23	300m: 3:22.48	35.20	400m: 4:29.50	31.75	
14.	ŁUKAWSKI Tomasz		07	UKS 48 Warszawa różdnie cie			4:29.53	488	
	50m: 30.50	30.50	150m: 1:38.52	34.22	250m: 2:47.15	34.12	350m: 3:55.95	34.40	
	100m: 1:04.30	33.80	200m: 2:13.03	34.51	300m: 3:21.55	34.40	400m: 4:29.53	33.58	
15.	CHMIELEWSKI Jan		07	UKS G-8 Bielany			4:31.63	477	
	50m: 30.42	30.42	150m: 1:38.61	34.62	250m: 2:47.64	34.44	350m: 3:57.27	34.94	
	100m: 1:03.99	33.57	200m: 2:13.20	34.59	300m: 3:22.33	34.69	400m: 4:31.63	34.36	
16.	CHMIELEWSKI Franciszek		07	UKS G-8 Bielany			4:33.08	469	
	50m: 30.80	30.80	150m: 1:39.44	34.79	250m: 2:49.87	35.31	350m: 4:00.10	35.03	
	100m: 1:04.65	33.85	200m: 2:14.56	35.12	300m: 3:25.07	35.20	400m: 4:33.08	32.98	
17.	WOJCIECHOWSKI Wiktor		07	UKS G-8 Bielany			4:42.49	424	
	50m: 31.09	31.09	150m: 1:41.40	35.81	250m: 2:54.27	36.78	350m: 4:07.85	36.99	
	100m: 1:05.59	34.50	200m: 2:17.49	36.09	300m: 3:30.86	36.59	400m: 4:42.49	34.64	

Otwarte Jesienne Mistrzostwa Okręgu Warszawsko-Mazowieckiego
Warszawa, 18.11.2022

Konkurencja 34, Chłopców, 400m dowolny, 14 - 15 lat

Pozycja			Rok ur.							Czas	Pkt.	
18.	BOCHE	SKI Tomasz	08	Mokotowski UKP Warszawianka- Wodny						4:44.19	416	
	50m:	32.09	32.09	150m:	1:44.41	36.40	250m:	2:58.00	36.67	350m:	4:10.56	35.59
	100m:	1:08.01	35.92	200m:	2:21.33	36.92	300m:	3:34.97	36.97	400m:	4:44.19	33.63
19.	STA	KIEWICZ Wiktor	07	Mokotowski UKP Warszawianka- Wodny						4:47.86	400	
	50m:	31.90	31.90	150m:	1:44.12	36.82	250m:	2:57.72	36.69	350m:	4:11.77	36.84
	100m:	1:07.30	35.40	200m:	2:21.03	36.91	300m:	3:34.93	37.21	400m:	4:47.86	36.09
20.	STA	CZYK Franciszek	08	UKS Kapry-Armexim Pruszków						4:50.31	390	
	50m:	30.88	30.88	150m:	1:43.27	36.63	250m:	2:58.01	37.60	350m:	4:13.85	38.00
	100m:	1:06.64	35.76	200m:	2:20.41	37.14	300m:	3:35.85	37.84	400m:	4:50.31	36.46
21.	KACZOROWSKI	Miłosz	07	UKS Delfin Garwolin						4:51.00	388	
	50m:	32.03	32.03	150m:	1:44.97	37.06	250m:	3:00.70	38.39	350m:	4:15.19	36.85
	100m:	1:07.91	35.88	200m:	2:22.31	37.34	300m:	3:38.34	37.64	400m:	4:51.00	35.81
22.	RAPCZEWSKI	Mateusz	08	UKS G-8 Bielany						4:55.35	371	
	50m:	31.25	31.25	150m:	1:44.71	37.54	250m:	3:00.40	37.78	350m:	4:17.59	39.00
	100m:	1:07.17	35.92	200m:	2:22.62	37.91	300m:	3:38.59	38.19	400m:	4:55.35	37.76

16 lat i starsi

1.	MALIK	Dawid	06	UKS G-8 Bielany						4:08.50	623	
	50m:	28.60	28.60	150m:	1:30.11	31.00	250m:	2:33.17	31.73	350m:	3:38.10	32.68
	100m:	59.11	30.51	200m:	2:01.44	31.33	300m:	3:05.42	32.25	400m:	4:08.50	30.40
2.	FRONCZAK	Antoni	06	UKS G-8 Bielany						4:10.54	608	
	50m:	29.60	29.60	150m:	1:31.85	31.26	250m:	2:35.09	31.47	350m:	3:37.28	30.80
	100m:	1:00.59	30.99	200m:	2:03.62	31.77	300m:	3:06.48	31.39	400m:	4:10.54	33.26
3.	BRZÓSKA	Jan	06	UKS G-8 Bielany						4:11.73	599	
	50m:	27.00	27.00	150m:	1:30.03	32.50	250m:	2:35.97	32.70	350m:	3:40.98	32.05
	100m:	57.53	30.53	200m:	2:03.27	33.24	300m:	3:08.93	32.96	400m:	4:11.73	30.75
	RYSTWEJ	Maksymilian	06	UKS G-8 Bielany						4:11.73	599	
	50m:	29.31	29.31	150m:	1:33.14	31.62	250m:	2:36.76	32.03	350m:	3:40.75	32.02
	100m:	1:01.52	32.21	200m:	2:04.73	31.59	300m:	3:08.73	31.97	400m:	4:11.73	30.98
5.	WEIKUM	Kacper	06	UKS G-8 Bielany						4:21.79	532	
	50m:	29.21	29.21	150m:	1:35.90	33.62	250m:	2:42.88	33.31	350m:	3:50.03	33.22
	100m:	1:02.28	33.07	200m:	2:09.57	33.67	300m:	3:16.81	33.93	400m:	4:21.79	31.76
6.	MADEY	Konrad	06	UKS GOS Raszyn						4:22.56	528	
	50m:	27.72	27.72	150m:	1:32.36	32.87	250m:	2:40.36	33.80	350m:	3:48.57	34.24
	100m:	59.49	31.77	200m:	2:06.56	34.20	300m:	3:14.33	33.97	400m:	4:22.56	33.99
7.	KACZMAREK	Michał	06	UKS G-8 Bielany						4:25.14	512	
	50m:	29.70	29.70	150m:	1:37.72	34.51	250m:	2:46.06	33.65	350m:	3:53.69	32.98
	100m:	1:03.21	33.51	200m:	2:12.41	34.69	300m:	3:20.71	34.65	400m:	4:25.14	31.45
8.	MAJEWSKI	Kacper	06	UKS G-8 Bielany						4:26.00	508	
	50m:	28.91	28.91	150m:	1:34.88	33.27	250m:	2:41.79	33.05	350m:	3:49.86	34.33
	100m:	1:01.61	32.70	200m:	2:08.74	33.86	300m:	3:15.53	33.74	400m:	4:26.00	36.14
9.	HANDZLIK	Mateusz	06	Mokotowski UKP Warszawianka- Wodny						4:30.76	481	
	50m:	29.42	29.42	150m:	1:36.80	34.54	250m:	2:46.87	35.15	350m:	3:57.35	35.06
	100m:	1:02.26	32.84	200m:	2:11.72	34.92	300m:	3:22.29	35.42	400m:	4:30.76	33.41
10.	MAZIARZ	Mateusz	06	UKS G-8 Bielany						4:33.12	469	
	50m:	30.37	30.37	150m:	1:40.04	34.92	250m:	2:50.75	35.85	350m:	4:00.52	34.70
	100m:	1:05.12	34.75	200m:	2:14.90	34.86	300m:	3:25.82	35.07	400m:	4:33.12	32.60
11.	WI	CKOWSKI Piotr	06	UKS Delfin Garwolin						4:44.50	415	
	50m:	31.72	31.72	150m:	1:43.63	36.43	250m:	2:57.56	37.00	350m:	4:10.56	36.21
	100m:	1:07.20	35.48	200m:	2:20.56	36.93	300m:	3:34.35	36.79	400m:	4:44.50	33.94