

XVII JESIENNE OGÓLNOPOLSKIE ZAWODY PŁYWACKIE O PUCHAR BURMISTRZA MIASTA GI YCKA
Gi ycko, 26. - 27.11.2022

Konkurencja 28
27.11.2022 - 12:41

M czyzn, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
12 lat									
1.	PARDO, Kornel		10	UKS „Frog” Gi ycko				4:50.65	389
	50m:	32.33 32.33	150m:	1:48.25 38.38	250m:	3:02.79 36.85	350m:	4:16.87 37.40	
	100m:	1:09.87 37.54	200m:	2:25.94 37.69	300m:	3:39.47 36.68	400m:	4:50.65 33.78	
2.	LINDNER, Filip		10	MKS „Jagiellonka” Warszawa				5:11.71	315
	50m:	35.25 35.25	150m:	1:55.43 41.12	250m:	3:15.26 39.98	350m:	4:34.76 38.97	
	100m:	1:14.31 39.06	200m:	2:35.28 39.85	300m:	3:55.79 40.53	400m:	5:11.71 36.95	
3.	BA KOWSKI, Jakub		10	3T Białystok				5:31.88	261
	50m:	35.42 35.42	150m:	1:57.71 42.40	250m:	3:23.55 43.14	350m:	4:50.88 43.63	
	100m:	1:15.31 39.89	200m:	2:40.41 42.70	300m:	4:07.25 43.70	400m:	5:31.88 41.00	
4.	SZYMA SKI, Jakub		10	MKS Medyk Gi ycko				7:44.06	95
	50m:	45.27 45.27	150m:	2:45.12 1:00.92	250m:	4:46.91 1:00.88	350m:	6:48.97 59.95	
	100m:	1:44.20 58.93	200m:	3:46.03 1:00.91	300m:	5:49.02 1:02.11	400m:	7:44.06 55.09	
5.	JURGA, Michał		10	MKS Medyk Gi ycko				8:26.95	73
	50m:	53.36 53.36	150m:	3:06.06 1:07.02	250m:	5:18.15 1:06.15	350m:	7:24.47 1:02.60	
	100m:	1:59.04 1:05.68	200m:	4:12.00 1:05.94	300m:	6:21.87 1:03.72	400m:	8:26.95 1:02.48	
13 lat									
1.	PENK, Szymon		09	UKS abianka Gda sk				5:05.70	334
	50m:	33.35 33.35	150m:	1:51.20 39.57	250m:	3:10.52 39.49	350m:	4:29.06 38.74	
	100m:	1:11.63 38.28	200m:	2:31.03 39.83	300m:	3:50.32 39.80	400m:	5:05.70 36.64	
2.	KLOC, Franciszek		09	MKS Medyk Gi ycko				5:51.17	220
	50m:	36.41 36.41	150m:	3:32.46 2:13.95	250m:	4:18.48	350m:	5:05.08	
	100m:	1:18.51 42.10	200m:		300m:		400m:	5:51.17 46.09	
14 lat i starsi									
1.	SROKA, Zoran		08	UKS „Frog” Gi ycko				4:31.75	476
	50m:	30.29 30.29	150m:	1:37.27 33.74	250m:	2:46.35 34.66	350m:	3:56.89 34.93	
	100m:	1:03.53 33.24	200m:	2:11.69 34.42	300m:	3:21.96 35.61	400m:	4:31.75 34.86	
2.	KONIECZNY, Witold		08	UKS abianka Gda sk				4:34.77	460
	50m:	31.59 31.59	150m:	1:42.04 35.45	250m:	2:52.22 35.00	350m:	4:01.51 34.64	
	100m:	1:06.59 35.00	200m:	2:17.22 35.18	300m:	3:26.87 34.65	400m:	4:34.77 33.26	
3.	OSEŁKOWSKI, Mateusz		05	Warmi sko Mazurski Klub Sportowy				4:40.49	433
	50m:	30.64 30.64	150m:	1:38.62 34.08	250m:	2:50.23 36.23	350m:	4:04.42 37.72	
	100m:	1:04.54 33.90	200m:	2:14.00 35.38	300m:	3:26.70 36.47	400m:	4:40.49 36.07	
4.	BALCEROWICZ, Ryszard		08	UKS abianka Gda sk				4:40.60	432
	50m:	30.90 30.90	150m:	1:40.84 35.68	250m:	2:53.53 36.55	350m:	4:05.86 35.68	
	100m:	1:05.16 34.26	200m:	2:16.98 36.14	300m:	3:30.18 36.65	400m:	4:40.60 34.74	
5.	TURLI SKI, J drzej		05	MKS Medyk Gi ycko				4:51.59	385
	50m:	32.33 32.33	150m:	1:45.28 36.54	250m:	2:59.61 37.23	350m:	4:14.93 37.83	
	100m:	1:08.74 36.41	200m:	2:22.38 37.10	300m:	3:37.10 37.49	400m:	4:51.59 36.66	
6.	CZAŁBOWSKI, Mikołaj		08	UKS „Frog” Gi ycko				5:06.10	333
	50m:	32.14 32.14	150m:	1:47.08 38.46	250m:	3:06.77 39.52	350m:	4:26.11 40.15	
	100m:	1:08.62 36.48	200m:	2:27.25 40.17	300m:	3:45.96 39.19	400m:	5:06.10 39.99	
7.	WAWRZOS, Dawid		08	UKS „Frog” Gi ycko				5:06.71	331
	50m:	32.32 32.32	150m:	1:50.33 39.72	250m:	3:09.93 39.87	350m:	4:29.62 39.08	
	100m:	1:10.61 38.29	200m:	2:30.06 39.73	300m:	3:50.54 40.61	400m:	5:06.71 37.09	
8.	GRITZNER, Mikołaj		05	MKS Medyk Gi ycko				5:06.96	330
	50m:	33.73 33.73	150m:	1:48.91 37.98	250m:	3:07.66 39.40	350m:	4:27.73 39.96	
	100m:	1:10.93 37.20	200m:	2:28.26 39.35	300m:	3:47.77 40.11	400m:	5:06.96 39.23	

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Gi ycko, 26. - 27.11.2022

Konkurencja 28, M czyzn, 400m dowolny, 14 lat i starsi

Pozycja				Rok ur.						Czas	Pkt.	
9.	RA NIEWSKI, Konrad			06	Warmi sko Mazurski Klub Sportowy					5:16.73	300	
	50m:	34.69	34.69	150m:	1:54.23	40.42	250m:	3:14.28	40.32	350m:	4:36.58	41.24
	100m:	1:13.81	39.12	200m:	2:33.96	39.73	300m:	3:55.34	41.06	400m:	5:16.73	40.15
10.	DUBLANKA, Igor			07	Warmi sko Mazurski Klub Sportowy					5:25.39	277	
	50m:	34.40	34.40	150m:	1:54.93	41.36	250m:	3:19.78	42.38	350m:	4:44.65	42.21
	100m:	1:13.57	39.17	200m:	2:37.40	42.47	300m:	4:02.44	42.66	400m:	5:25.39	40.74
11.	ROSZCZYK, Jan			07	Warmi sko Mazurski Klub Sportowy					5:30.58	264	
	50m:	36.35	36.35	150m:	1:59.04	42.28	250m:	3:23.37	48.85	350m:	4:49.26	42.46
	100m:	1:16.76	40.41	200m:	2:34.52	35.48	300m:	4:06.80	43.43	400m:	5:30.58	41.32
12.	ST PNIAK, Szymon			07	MKS Medyk Gi ycko					5:30.61	264	
	50m:	34.64	34.64	150m:	1:56.50	42.16	250m:	3:22.44	43.34	350m:	4:48.85	43.39
	100m:	1:14.34	39.70	200m:	2:39.10	42.60	300m:	4:05.46	43.02	400m:	5:30.61	41.76
13.	KACPERSKI, Igor			08	Warmi sko Mazurski Klub Sportowy					6:21.73	171	
	50m:	40.25	40.25	150m:	2:15.98	48.79	250m:	3:55.22	49.89	350m:	5:36.65	51.02
	100m:	1:27.19	46.94	200m:	3:05.33	49.35	300m:	4:45.63	50.41	400m:	6:21.73	45.08
PK	TUNKIEWICZ, Piotr			12	MTP Kormoran Olsztyn					6:46.37	142	
	50m:	47.19	47.19	150m:	2:30.46	51.25	250m:	4:15.48	53.54	350m:	5:59.20	52.93
	100m:	1:39.21	52.02	200m:	3:21.94	51.48	300m:	5:06.27	50.79	400m:	6:46.37	47.17
PK	MIKŁOSZ, Mateusz			11	MTP Kormoran Olsztyn					7:12.13	118	
	50m:	44.51	44.51	150m:	2:31.52	52.83	250m:	4:24.20	56.45	350m:	6:17.29	55.78
	100m:	1:38.69	54.18	200m:	3:27.75	56.23	300m:	5:21.51	57.31	400m:	7:12.13	54.84