

OTWARTE ZIMOWE MISTRZOSTWA WARSZAWY W PŁYWANIU
Warszawa, 2. - 3.12.2022

Konkurencja 29
03.12.2022 - 11:47

Dziewcz t, 400m zmienny

11 - 14 lat
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	KANIEWSKA Lena		11	MKP Warszawianka				6:24.14	333
	50m:	42.97 42.97	150m:	2:21.20 46.68	250m:	4:05.55 57.27	350m:	5:44.39 42.20	
	100m:	1:34.52 51.55	200m:	3:08.28 47.08	300m:	5:02.19 56.64	400m:	6:24.14 39.75	
2.	JAWORSKA Krystyna		11	UKS Victoria Józefów				6:32.55	312
	50m:	41.22 41.22	150m:	2:23.96 52.62	250m:	4:09.83 55.42	350m:	5:53.01 46.14	
	100m:	1:31.34 50.12	200m:	3:14.41 50.45	300m:	5:06.87 57.04	400m:	6:32.55 39.54	
3.	TSOKH Milena		11	MKP Warszawianka				6:54.15	266
	50m:	44.00 44.00	150m:	2:31.65 52.44	250m:	4:21.56 59.31	350m:	6:08.92 47.48	
	100m:	1:39.21 55.21	200m:	3:22.25 50.60	300m:	5:21.44 59.88	400m:	6:54.15 45.23	
12 lat									
1.	KOPP Zuzanna		10	MKS „Jagiellonka” Warszawa				6:07.58	380
	50m:	39.65 39.65	150m:	2:16.52 47.36	250m:	3:52.97 49.02	350m:	5:27.31 43.22	
	100m:	1:29.16 49.51	200m:	3:03.95 47.43	300m:	4:44.09 51.12	400m:	6:07.58 40.27	
2.	FRYSZKOWSKA Sonia		10	UKS Victoria Józefów				6:12.82	364
	50m:	44.49 44.49	150m:	2:20.89 47.05	250m:	3:59.09 51.08	350m:	5:34.38 42.71	
	100m:	1:33.84 49.35	200m:	3:08.01 47.12	300m:	4:51.67 52.58	400m:	6:12.82 38.44	
3.	CIBOROWSKA Anna		10	MKP Warszawianka				6:13.54	362
	50m:	40.80 40.80	150m:	2:20.14 50.23	250m:	3:58.62 50.25	350m:	5:32.73 42.90	
	100m:	1:29.91 49.11	200m:	3:08.37 48.23	300m:	4:49.83 51.21	400m:	6:13.54 40.81	
4.	TOBOŁA PERTKIEWICZ Zofia		10	Uks „Pingwiny”				6:19.61	345
	50m:	44.06 44.06	150m:	2:29.18 49.73	250m:	4:05.93 49.74	350m:	5:38.67 41.43	
	100m:	1:39.45 55.39	200m:	3:16.19 47.01	300m:	4:57.24 51.31	400m:	6:19.61 40.94	
5.	CIE LAK Antonina		10	MKP Warszawianka				6:39.23	296
	50m:	44.49 44.49	150m:	2:26.02 48.42	250m:	4:10.86 59.17	350m:	5:55.91 47.46	
	100m:	1:37.60 53.11	200m:	3:11.69 45.67	300m:	5:08.45 57.59	400m:	6:39.23 43.32	
6.	MAZURKIEWICZ Michalina		10	MKP Warszawianka				7:17.16	226
	50m:	47.02 47.02	150m:	2:42.13 56.83	250m:	4:35.30 1:00.44	350m:	6:28.96 52.84	
	100m:	1:45.30 58.28	200m:	3:34.86 52.73	300m:	5:36.12 1:00.82	400m:	7:17.16 48.20	
7.	ANDRUSZKIEWICZ Zuzanna		10	Uks „Pingwiny”				7:52.86	178
	50m:	50.55 50.55	150m:	2:58.75 1:02.26	250m:	5:05.35 1:09.91	350m:	7:04.26 50.61	
	100m:	1:56.49 1:05.94	200m:	3:55.44 56.69	300m:	6:13.65 1:08.30	400m:	7:52.86 48.60	



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13 lat

1.	KUCZMAR Aleksandra	09	MKS Ochota Warszawa	5:36.92	494
	50m: 35.81 35.81	150m: 2:02.39	43.50 250m: 3:33.05 47.78	350m: 4:59.40	38.64
	100m: 1:18.89 43.08	200m: 2:45.27	42.88 300m: 4:20.76 47.71	400m: 5:36.92	37.52
2.	CHAŁUPKA Amelia	09	MKS Piaseczno	5:58.13	411
	50m: 37.45 37.45	150m: 2:09.80	46.43 250m: 3:46.11 52.80	350m: 5:19.62	41.73
	100m: 1:23.37 45.92	200m: 2:53.31	43.51 300m: 4:37.89 51.78	400m: 5:58.13	38.51