

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 – 13 lat – I Runda
Warszawa, 22. - 23.3.2023

Konkurencja 8 Chłopców, 400m dowolny 12 - 13 lat
22.03.2023 - 13:38 Wyniki

REKORD WMOZP 13	4:07.29	CHMIELEWSKI, Krzysztof	05614	Lublin	09.12.2017
REKORD WMOZP 12	4:24.82	MIENICKI, Rafał	04114	Olsztyn	24.11.2018

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	Pkt.
12 lat			
1. ŁUKASZEWICZ, Michał	11	4:58.73	358
50m: 33.54 33.54	150m: 1:51.54 38.54	250m: 3:07.80 37.12	350m: 4:22.64 37.25
100m: 1:13.00 39.46	200m: 2:30.68 39.14	300m: 3:45.39 37.59	400m: 4:58.73 36.09
2. KACZMAREK, Mikołaj	11	5:04.70	338
50m: 36.99 36.99	150m: 1:55.97 39.09	250m: 3:13.93 39.07	350m: 4:29.61 38.24
100m: 1:16.88 39.89	200m: 2:34.86 38.89	300m: 3:51.37 37.44	400m: 5:04.70 35.09
3. MILEWSKI, Jan	11	5:12.98	311
50m: 33.73 33.73	150m: 1:52.92 40.21	250m: 3:13.74 40.86	350m: 4:34.14 40.01
100m: 1:12.71 38.98	200m: 2:32.88 39.96	300m: 3:54.13 40.39	400m: 5:12.98 38.84
4. KUSYK, Franciszek	11	5:14.99	305
50m: 35.26 35.26	150m: 1:56.43 40.95	250m: 3:17.10 40.14	350m: 4:38.05 40.11
100m: 1:15.48 40.22	200m: 2:36.96 40.53	300m: 3:57.94 40.84	400m: 5:14.99 36.94
5. KRUPA, Filip	11	5:16.09	302
50m: 36.03 36.03	150m: 1:57.16 40.63	250m: 3:18.41 40.77	350m: 4:38.41 39.73
100m: 1:16.53 40.50	200m: 2:37.64 40.48	300m: 3:58.68 40.27	400m: 5:16.09 37.68
6. LYSIUCHENKO, Ivan	11	5:27.61	271
50m: 34.41 34.41	150m: 1:57.49 42.06	250m: 3:24.64 43.68	350m: 4:50.37 42.26
100m: 1:15.43 41.02	200m: 2:40.96 43.47	300m: 4:08.11 43.47	400m: 5:27.61 37.24
7. KOTŁOWSKI, Piotr	11	5:30.84	264
50m: 37.17 37.17	150m: 2:00.26 41.90	250m: 3:25.16 42.21	350m: 4:50.71 42.24
100m: 1:18.36 41.19	200m: 2:42.95 42.69	300m: 4:08.47 43.31	400m: 5:30.84 40.13
8. ROSA, Michał	11	5:30.88	263
50m: 37.60 37.60	150m: 2:00.07 41.60	250m: 3:25.32 42.41	350m: 4:49.90 42.12
100m: 1:18.47 40.87	200m: 2:42.91 42.84	300m: 4:07.78 42.46	400m: 5:30.88 40.98
9. KLUSEK, Adam	11	5:36.66	250
50m: 37.68 37.68	150m: 2:02.99 43.25	250m: 3:30.88 44.38	350m: 4:58.13 44.33
100m: 1:19.74 42.06	200m: 2:46.50 43.51	300m: 4:13.80 42.92	400m: 5:36.66 38.53
10. BALAS, Mateusz	11	5:37.71	248
50m: 37.05 37.05	150m: 2:01.63 43.09	250m: 3:27.99 43.35	350m: 4:55.47 43.77
100m: 1:18.54 41.49	200m: 2:44.64 43.01	300m: 4:11.70 43.71	400m: 5:37.71 42.24
11. PIWOWARSKI, Mikołaj	11	5:39.23	244
50m: 37.51 37.51	150m: 2:04.06 43.92	250m: 3:31.35 43.71	350m: 4:58.23 42.96
100m: 1:20.14 42.63	200m: 2:47.64 43.58	300m: 4:15.27 43.92	400m: 5:39.23 41.00
12. DZI CIOŁOWSKI, Kamil	11	5:54.93	213
50m: 36.40 36.40	150m: 2:06.59 46.14	250m: 3:39.54 46.67	350m: 5:12.52 47.54
100m: 1:20.45 44.05	200m: 2:52.87 46.28	300m: 4:24.98 45.44	400m: 5:54.93 42.41
13. SMOLAREK, Stanisław	11	5:56.81	210
50m: 39.30 39.30	150m: 2:11.34 46.22	250m: 3:43.42 46.21	350m: 5:15.50 46.22
100m: 1:25.12 45.82	200m: 2:57.21 45.87	300m: 4:29.28 45.86	400m: 5:56.81 41.31
14. ZARYCHTA, Karol	11	5:59.80	205
50m: 39.07 39.07	150m: 2:07.21 45.01	250m: 3:39.97 47.35	350m: 5:14.63 47.64
100m: 1:22.20 43.13	200m: 2:52.62 45.41	300m: 4:26.99 47.02	400m: 5:59.80 45.17
15. KR GIEL, Marcin	11	6:00.41	204
50m: 38.28 38.28	150m: 2:12.28 47.43	250m: 3:45.38 46.35	350m: 5:17.54 45.85
100m: 1:24.85 46.57	200m: 2:59.03 46.75	300m: 4:31.69 46.31	400m: 6:00.41 42.87

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12 – 13 lat – I Runda
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Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja	Rok ur.	Czas	Pkt.
16. DZIERZBICKI, Adam	11	6:34.49	155
50m: 42.17 42.17	150m: 2:21.55 50.81	250m: 4:04.03 51.00	350m: 5:47.96 51.31
100m: 1:30.74 48.57	200m: 3:13.03 51.48	300m: 4:56.65 52.62	400m: 6:34.49 46.53
17. WYSOCZA SKI, Ryszard	11	6:38.70	150
50m: 43.17 43.17	150m: 2:23.91 51.89	250m: 4:09.38 53.50	350m: 5:51.85 51.64
100m: 1:32.02 48.85	200m: 3:15.88 51.97	300m: 5:00.21 50.83	400m: 6:38.70 46.85
18. WYSOCZA SKI, Aleksander	11	7:04.04	125
50m: 45.12 45.12	150m: 2:32.56 54.80	250m: 4:23.52 56.79	350m: 6:13.32 54.44
100m: 1:37.76 52.64	200m: 3:26.73 54.17	300m: 5:18.88 55.36	400m: 7:04.04 50.72
19. LENARD, Olaf	11	7:06.42	123
50m: 47.70 47.70	150m: 2:34.93 54.66	250m: 4:25.96 56.03	350m: 6:15.11 54.01
100m: 1:40.27 52.57	200m: 3:29.93 55.00	300m: 5:21.10 55.14	400m: 7:06.42 51.31
20. KRZAK, Piotr	11	7:14.54	116
50m: 43.93 43.93	150m: 2:34.05 56.68	250m: 4:26.42 56.10	350m: 6:21.03 57.62
100m: 1:37.37 53.44	200m: 3:30.32 56.27	300m: 5:23.41 56.99	400m: 7:14.54 53.51
21. SZCZEPANIAK, Antoni	11	7:35.27	101
50m: 47.99 47.99	150m: 2:45.14 59.59	250m: 4:42.73 58.93	350m: 6:40.17 58.07
100m: 1:45.55 57.56	200m: 3:43.80 58.66	300m: 5:42.10 59.37	400m: 7:35.27 55.10
22. KRASUSKI, Jakub	11	7:53.64	89
50m: 46.97 46.97	150m: 2:45.79 1:00.92	250m: 4:48.82 1:02.70	350m: 6:55.22 1:02.15
100m: 1:44.87 57.90	200m: 3:46.12 1:00.33	300m: 5:53.07 1:04.25	400m: 7:53.64 58.42
DYSKW. FEDORENKO, Tymur	11		
<i>O2 - Pływak nie ukończył całego dystansu</i>			
50m: 40.86 40.86	150m: 2:13.92 46.86	250m: 3:43.43 43.07	350m: 5:14.22 45.18
100m: 1:27.06 46.20	200m: 3:00.36 46.44	300m: 4:29.04 45.61	400m:

13 lat

1. POŁOWNIAK, Mateusz	10	4:35.61	456
50m: 29.61 29.61	150m: 1:40.56 36.54	250m: 2:52.40 35.92	350m: 4:03.48 35.62
100m: 1:04.02 34.41	200m: 2:16.48 35.92	300m: 3:27.86 35.46	400m: 4:35.61 32.13
2. TRYDULSKI, Wiktor	10	4:36.08	454
50m: 30.41 30.41	150m: 1:39.47 35.17	250m: 2:50.09 35.50	350m: 4:02.43 36.50
100m: 1:04.30 33.89	200m: 2:14.59 35.12	300m: 3:25.93 35.84	400m: 4:36.08 33.65
3. JÓWIAK, Marcel	10	4:54.20	375
50m: 32.00 32.00	150m: 1:45.69 37.17	250m: 3:01.09 38.28	350m: 4:16.38 38.34
100m: 1:08.52 36.52	200m: 2:22.81 37.12	300m: 3:38.04 36.95	400m: 4:54.20 37.82
4. OSTASZEWSKI, Szymon	10	4:56.46	366
50m: 31.45 31.45	150m: 1:46.42 38.56	250m: 3:03.58 39.01	350m: 4:20.83 39.39
100m: 1:07.86 36.41	200m: 2:24.57 38.15	300m: 3:41.44 37.86	400m: 4:56.46 35.63
5. STRYCZYSKI, Szymon	10	4:56.64	366
50m: 33.17 33.17	150m: 1:48.57 37.98	250m: 3:05.43 38.34	350m: 4:21.17 37.65
100m: 1:10.59 37.42	200m: 2:27.09 38.52	300m: 3:43.52 38.09	400m: 4:56.64 35.47
6. JARGAS, Aron	10	4:59.90	354
50m: 30.95 30.95	150m: 1:45.16 37.92	250m: 3:02.56 38.37	350m: 4:21.51 39.67
100m: 1:07.24 36.29	200m: 2:24.19 39.03	300m: 3:41.84 39.28	400m: 4:59.90 38.39
7. GRABOWSKI, Wojciech	10	5:00.04	354
50m: 33.75 33.75	150m: 1:51.60 38.46	250m: 3:10.24 39.08	350m: 4:26.66 37.39
100m: 1:13.14 39.39	200m: 2:31.16 39.56	300m: 3:49.27 39.03	400m: 5:00.04 33.38

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12 – 13 lat – I Runda
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Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
8.	STAMATEL, Goran		10	UKP „Polonia Warszawa”				5:01.42	349		
	50m:	33.62 33.62	150m:	1:50.04	38.94	250m:	3:08.79	40.36	350m:	4:27.30	39.45
	100m:	1:11.10 37.48	200m:	2:28.43	38.39	300m:	3:47.85	39.06	400m:	5:01.42	34.12
9.	DRZYMKOWSKI, Jan		10	UKS „GIM 92 Ursynów”				5:01.47	348		
	50m:	32.79 32.79	150m:	1:48.73	38.67	250m:	3:06.83	38.76	350m:	4:24.68	38.60
	100m:	1:10.06 37.27	200m:	2:28.07	39.34	300m:	3:46.08	39.25	400m:	5:01.47	36.79
10.	SKAWI SKI, Aleksander		10	UKS 307 Warszawa				5:01.57	348		
	50m:	33.08 33.08	150m:	1:48.48	38.21	250m:	3:05.62	38.69	350m:	4:24.36	39.16
	100m:	1:10.27 37.19	200m:	2:26.93	38.45	300m:	3:45.20	39.58	400m:	5:01.57	37.21
11.	LINDNER, Filip		10	MKS „Jagiellonka” Warszawa				5:03.49	342		
	50m:	34.80 34.80	150m:	1:51.13	38.09	250m:	3:08.67	38.76	350m:	4:26.09	38.34
	100m:	1:13.04 38.24	200m:	2:29.91	38.78	300m:	3:47.75	39.08	400m:	5:03.49	37.40
12.	SOBCZAK, Mateusz		10	UKS 307 Warszawa				5:09.73	321		
	50m:	34.14 34.14	150m:	1:51.83	39.22	250m:	3:10.81	39.90	350m:	4:30.23	39.76
	100m:	1:12.61 38.47	200m:	2:30.91	39.08	300m:	3:50.47	39.66	400m:	5:09.73	39.50
13.	JAKUBOWSKI, Stanisław		10	UKS Ostrobramska				5:09.85	321		
	50m:	34.99 34.99	150m:	1:54.71	40.27	250m:	3:15.60	40.75	350m:	4:34.05	38.52
	100m:	1:14.44 39.45	200m:	2:34.85	40.14	300m:	3:55.53	39.93	400m:	5:09.85	35.80
14.	DZIENISZEWSKI, Leon		10	MKS „Jagiellonka” Warszawa				5:12.22	314		
	50m:	34.23 34.23	150m:	1:53.59	40.07	250m:	3:12.29	39.22	350m:	4:31.99	39.25
	100m:	1:13.52 39.29	200m:	2:33.07	39.48	300m:	3:52.74	40.45	400m:	5:12.22	40.23
15.	PIETRYCH, Igor		10	UKS „GIM 92 Ursynów”				5:13.23	311		
	50m:	33.95 33.95	150m:	1:53.92	40.48	250m:	3:14.51	40.43	350m:	4:34.97	40.02
	100m:	1:13.44 39.49	200m:	2:34.08	40.16	300m:	3:54.95	40.44	400m:	5:13.23	38.26
16.	GUZIAK, Igor		10	UKP „Polonia Warszawa”				5:16.24	302		
	50m:	33.83 33.83	150m:	1:53.30	40.43	250m:	3:14.97	41.04	350m:	4:35.48	40.46
	100m:	1:12.87 39.04	200m:	2:33.93	40.63	300m:	3:55.02	40.05	400m:	5:16.24	40.76
17.	D BROWSKI, Leonard		10	UKS „GIM 92 Ursynów”				5:31.20	263		
	50m:	35.43 35.43	150m:	2:00.48	43.02	250m:	3:26.43	42.82	350m:	4:51.12	41.89
	100m:	1:17.46 42.03	200m:	2:43.61	43.13	300m:	4:09.23	42.80	400m:	5:31.20	40.08
18.	BOROWY, Mateusz		10	UKS „GIM 92 Ursynów”				5:38.27	247		
	50m:	37.53 37.53	150m:	2:04.02	43.36	250m:	3:32.29	44.10	350m:	5:00.16	43.46
	100m:	1:20.66 43.13	200m:	2:48.19	44.17	300m:	4:16.70	44.41	400m:	5:38.27	38.11
19.	KRASI SKI, Karol		10	UKS „GIM 92 Ursynów”				5:39.42	244		
	50m:	37.61 37.61	150m:	2:07.07	43.77	250m:	3:36.47	44.63	350m:	5:03.88	42.69
	100m:	1:23.30 45.69	200m:	2:51.84	44.77	300m:	4:21.19	44.72	400m:	5:39.42	35.54
20.	RYMER, Jakub		10	UKS „GIM 92 Ursynów”				5:42.04	238		
	50m:	36.98 36.98	150m:	2:03.19	43.77	250m:	3:32.28	44.75	350m:	5:01.92	44.34
	100m:	1:19.42 42.44	200m:	2:47.53	44.34	300m:	4:17.58	45.30	400m:	5:42.04	40.12
21.	CH CIAK, Patryk		10	UKS „GIM 92 Ursynów”				5:43.12	236		
	50m:	38.58 38.58	150m:	2:05.82	43.79	250m:	3:34.94	44.80	350m:	5:01.28	42.68
	100m:	1:22.03 43.45	200m:	2:50.14	44.32	300m:	4:18.60	43.66	400m:	5:43.12	41.84
22.	MARCZAK, Antoni		10	UKS „GIM 92 Ursynów”				5:44.42	234		
	50m:	38.12 38.12	150m:	2:03.98	43.43	250m:	3:32.50	44.84	350m:	5:02.04	44.75
	100m:	1:20.55 42.43	200m:	2:47.66	43.68	300m:	4:17.29	44.79	400m:	5:44.42	42.38
23.	PIECHOWICZ, Andrzej		10	MUKP Warszawianka- Wodny Park				5:46.45	229		
	50m:	38.25 38.25	150m:	2:06.85	44.65	250m:	3:35.48	43.81	350m:	5:03.43	43.86
	100m:	1:22.20 43.95	200m:	2:51.67	44.82	300m:	4:19.57	44.09	400m:	5:46.45	43.02
24.	BRUSZEWSKI, Maksymilian		10	UKS „GIM 92 Ursynów”				5:51.54	220		
	50m:	35.50 35.50	150m:	2:01.44		250m:	3:32.62	46.04	350m:	5:05.60	46.73
	100m:		200m:	2:46.58	45.14	300m:	4:18.87	46.25	400m:	5:51.54	45.94

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12 – 13 lat – I Runda
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Pozycja			Rok ur.					Czas	Pkt.		
25.	OWCZARCZYK, Jan		10	UKP „Polonia Warszawa”				5:52.45	218		
	50m:	38.56 38.56	150m:	2:08.64	45.14	250m:	3:40.04	45.76	350m:	5:10.07	45.67
	100m:	1:23.50 44.94	200m:	2:54.28	45.64	300m:	4:24.40	44.36	400m:	5:52.45	42.38
26.	DAMPC, Michał		10	Uks „Szesnastka”				5:53.94	215		
	50m:	35.94 35.94	150m:	2:02.80	44.77	250m:	3:34.95	46.28	350m:	5:08.92	46.70
	100m:	1:18.03 42.09	200m:	2:48.67	45.87	300m:	4:22.22	47.27	400m:	5:53.94	45.02
27.	WODZY SKI, Jakub		10	UKS Kapry-Armexim Pruszków				5:58.71	207		
	50m:	38.01 38.01	150m:	2:07.20	45.66	250m:	3:40.36	46.79	350m:	5:14.23	46.73
	100m:	1:21.54 43.53	200m:	2:53.57	46.37	300m:	4:27.50	47.14	400m:	5:58.71	44.48
28.	GRZELAK, Leonard		10	MUKP Warszawianka- Wodny Park				6:04.26	197		
	50m:	40.20 40.20	150m:	2:09.93	45.86	250m:	3:44.45	47.40	350m:	5:20.01	47.46
	100m:	1:24.07 43.87	200m:	2:57.05	47.12	300m:	4:32.55	48.10	400m:	6:04.26	44.25
29.	MACKIEWICZ, Michał		10	UKS H2O Warszawa				6:14.62	181		
	50m:	42.59 42.59	150m:	2:17.01	47.91	250m:	3:52.22	47.11	350m:	5:25.02	46.55
	100m:	1:29.10 46.51	200m:	3:05.11	48.10	300m:	4:38.47	46.25	400m:	6:14.62	49.60
	WARDECKI, Ryszard		10	UKS Ostrobramska				6:14.62	181		
	50m:	39.30 39.30	150m:	2:14.99	49.10	250m:	3:51.38	47.79	350m:	5:30.58	52.05
	100m:	1:25.89 46.59	200m:	3:03.59	48.60	300m:	4:38.53	47.15	400m:	6:14.62	44.04
31.	WARULIK, Piotr		10	UKS „GIM 92 Ursynów”				6:15.91	180		
	50m:	39.59 39.59	150m:	2:13.71	48.38	250m:	3:50.72	48.07	350m:	5:27.96	48.79
	100m:	1:25.33 45.74	200m:	3:02.65	48.94	300m:	4:39.17	48.45	400m:	6:15.91	47.95
32.	MOLAK, Sebastian		10	UKS Ostrobramska				6:35.80	154		
	50m:	42.82 42.82	150m:	2:24.16	51.36	250m:	4:05.71	50.36	350m:	5:48.19	50.43
	100m:	1:32.80 49.98	200m:	3:15.35	51.19	300m:	4:57.76	52.05	400m:	6:35.80	47.61
DYSKW.	KUCZY SKI, Michał		10	UKS „GIM 92 Ursynów”							
	<i>O1 - Pływak zainicjował start przed sygnałem startu</i>										
	50m:	39.83 39.83	150m:	2:16.88	49.49	250m:	4:01.26	52.38	350m:	5:46.76	51.47
	100m:	1:27.39 47.56	200m:	3:08.88	52.00	300m:	4:55.29	54.03	400m:		