

Otwarte Mistrzostwa Okręgu Łódzkiego 2023
 Łódź, 20. - 21.5.2023

Konkurencja 1
 20.05.2023 - 12:00

Kobiet, 400m zmienny

13 lat i starsi
 Wyniki

Punkty: FINA 2023

Pozycja	Rok ur.	Czas	Pkt.
13 - 14 lat			
1. SOBOLAK Gabriela	09	TP Olimpijczyk Aleksandrów Łódzki	5:40.36 479
50m: 36.98 36.98	150m: 2:08.68 45.30	250m: 3:39.33 45.28	350m: 5:03.82 38.17
100m: 1:23.38 46.40	200m: 2:54.05 45.37	300m: 4:25.65 46.32	400m: 5:40.36 36.54
2. ROZWADOWSKA Karolina	09	SKS 137 Delfin Łódź	5:42.21 471
50m: 37.10 37.10	150m: 2:06.69 45.32	250m: 3:37.43 46.10	350m: 5:04.00 39.46
100m: 1:21.37 44.27	200m: 2:51.33 44.64	300m: 4:24.54 47.11	400m: 5:42.21 38.21
3. PATYRA Joanna	09	UKS SP-149 Łódź	6:08.92 376
50m: 39.97 39.97	150m: 2:17.24 50.03	250m: 3:55.14 50.27	350m: 5:28.58 42.99
100m: 1:27.21 47.24	200m: 3:04.87 47.63	300m: 4:45.59 50.45	400m: 6:08.92 40.34
4. WIECZOREK Lena	10	UKS Nawa Skierniewice	6:14.77 359
50m: 39.24 39.24	150m: 2:16.00 46.43	250m: 3:55.30 51.74	350m: 5:31.16 43.69
100m: 1:29.57 50.33	200m: 3:03.56 47.56	300m: 4:47.47 52.17	400m: 6:14.77 43.61
5. PEIKO Maria	10	UKS Piłka Konstantynów Łódzki	6:17.09 352
50m: 37.49 37.49	150m: 2:14.83 49.86	250m: 3:57.91 52.21	350m: 5:36.53 42.39
100m: 1:24.97 47.48	200m: 3:05.70 50.87	300m: 4:54.14 56.23	400m: 6:17.09 40.56
6. LIWI SKA Agata	09	SKS 137 Delfin Łódź	6:42.68 289
50m: 42.25 42.25	150m: 4:11.51 2:36.44	250m:	350m: 5:57.29 46.84
100m: 1:35.07 52.82	200m: 3:13.09	300m: 5:10.45	400m: 6:42.68 45.39
15 - 16 lat			
1. ZAKRZEWSKA Oliwia	07	UKS Nawa Skierniewice	5:29.90 526
50m: 34.03 34.03	150m: 1:55.35 42.00	250m: 3:26.14 48.28	350m: 4:53.67 37.14
100m: 1:13.35 39.32	200m: 2:37.86 42.51	300m: 4:16.53 50.39	400m: 5:29.90 36.23
2. TRAFALSKA Antonina	08	TP Olimpijczyk Aleksandrów Łódzki	5:38.89 485
50m: 34.89 34.89	150m: 2:01.39 45.24	250m: 3:33.95 48.04	350m: 5:01.24 38.07
100m: 1:16.15 41.26	200m: 2:45.91 44.52	300m: 4:23.17 49.22	400m: 5:38.89 37.65
3. BER Julia	07	UKS Piłka Konstantynów Łódzki	5:57.30 414
50m: 36.22 36.22	150m: 2:05.76 46.72	250m: 3:43.53 52.72	350m: 5:16.57 40.85
100m: 1:19.04 42.82	200m: 2:50.81 45.05	300m: 4:35.72 52.19	400m: 5:57.30 40.73
4. GŁOGOWSKA Natalia	08	UKS Piłka Konstantynów Łódzki	6:06.05 385
50m: 37.68 37.68	150m: 2:09.30 47.64	250m: 3:49.55 53.34	350m:
100m: 1:21.66 43.98	200m: 2:56.21 46.91	300m: 4:43.98 54.43	400m: 6:06.05
17 lat i starsi			
1. POZNA SKA Justyna	05	MKS Jedyńka Łódź	5:02.21 684
50m: 32.18 32.18	150m: 1:47.26 38.43	250m: 3:08.38 43.96	350m: 4:28.49 35.35
100m: 1:08.83 36.65	200m: 2:24.42 37.16	300m: 3:53.14 44.76	400m: 5:02.21 33.72
2. MACIAK Julia	06	IUKS „Muszelka” Warszawa	5:15.84 599
50m: 32.32 32.32	150m: 1:49.42 39.36	250m: 3:17.67 49.21	350m: 4:41.88 34.02
100m: 1:10.06 37.74	200m: 2:28.46 39.04	300m: 4:07.86 50.19	400m: 5:15.84 33.96
3. SULAK Antonina	06	UKS Piłka Konstantynów Łódzki	5:19.14 581
50m: 33.72 33.72	150m: 1:54.03 41.74	250m: 3:20.68 46.08	350m: 4:42.88 36.80
100m: 1:12.29 38.57	200m: 2:34.60 40.57	300m: 4:06.08 45.40	400m: 5:19.14 36.26