

Otwarte Mistrzostwa Okręgu Łódzkiego 2023
 Łódź, 20. - 21.5.2023

Konkurencja 17
 21.05.2023 - 8:40

Kobiet, 400m dowolny

13 lat i starsi
 Wyniki

Punkty: FINA 2023

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|------------------------|---------------------|---------------|---------|-------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 13 - 14 lat | | | | | | | | | | | |
| 1. | ELASKOWSKA Wiktoria | | 09 | MKS Trójka Łódź | | | | 5:06.96 | 456 | | |
| | 50m: | 33.90 33.90 | 150m: | 1:50.35 | 39.56 | 250m: | 3:09.62 | 40.01 | 350m: | 4:30.30 | 40.18 |
| | 100m: | 1:10.79 36.89 | 200m: | 2:29.61 | 39.26 | 300m: | 3:50.12 | 40.50 | 400m: | 5:06.96 | 36.66 |
| 2. | WIELGUS Nela | | 10 | Champion Tomaszów Maz. | | | | 5:16.38 | 417 | | |
| | 50m: | 35.83 35.83 | 150m: | 1:55.83 | 40.35 | 250m: | 3:18.01 | | 350m: | 4:39.36 | |
| | 100m: | 1:15.48 39.65 | 200m: | | | 300m: | | | 400m: | 5:16.38 | 37.02 |
| 3. | ADAMCZYK Zofia | | 09 | SKS 137 Delfin Łódź | | | | 5:16.87 | 415 | | |
| | 50m: | 34.88 34.88 | 150m: | 1:55.41 | 41.00 | 250m: | 3:17.85 | 41.66 | 350m: | 4:39.11 | 40.31 |
| | 100m: | 1:14.41 39.53 | 200m: | 2:36.19 | 40.78 | 300m: | 3:58.80 | 40.95 | 400m: | 5:16.87 | 37.76 |
| 4. | SUKIENNIK Anna | | 10 | MUKS Wodnik Łask | | | | 5:26.69 | 378 | | |
| | 50m: | 35.60 35.60 | 150m: | 1:57.58 | 41.90 | 250m: | 3:21.91 | 42.44 | 350m: | 4:46.47 | 41.90 |
| | 100m: | 1:15.68 40.08 | 200m: | 2:39.47 | 41.89 | 300m: | 4:04.57 | 42.66 | 400m: | 5:26.69 | 40.22 |
| 5. | CIE LAK Magdalena | | 10 | UKS SP-149 Łódź | | | | 5:40.95 | 333 | | |
| | 50m: | 37.15 37.15 | 150m: | 2:03.00 | 43.58 | 250m: | 3:32.66 | 44.97 | 350m: | 4:58.96 | 40.88 |
| | 100m: | 1:19.42 42.27 | 200m: | 2:47.69 | 44.69 | 300m: | 4:18.08 | 45.42 | 400m: | 5:40.95 | 41.99 |
| 6. | GŁOGOWSKA Maja | | 10 | UKS Piłka Konstancynów Łódzki | | | | 5:54.44 | 296 | | |
| | 50m: | 39.01 39.01 | 150m: | 2:08.36 | 45.42 | 250m: | 3:40.82 | 46.14 | 350m: | 5:12.06 | 45.35 |
| | 100m: | 1:22.94 43.93 | 200m: | 2:54.68 | 46.32 | 300m: | 4:26.71 | 45.89 | 400m: | 5:54.44 | 42.38 |
| 15 - 16 lat | | | | | | | | | | | |
| 1. | TRAFALSKA Zuzanna | | 07 | UKS 190 Łódź | | | | 4:47.35 | 556 | | |
| | 50m: | 33.78 33.78 | 150m: | 1:45.13 | 35.28 | 250m: | 2:57.97 | 36.69 | 350m: | 4:11.23 | 36.52 |
| | 100m: | 1:09.85 36.07 | 200m: | 2:21.28 | 36.15 | 300m: | 3:34.71 | 36.74 | 400m: | 4:47.35 | 36.12 |
| 2. | POŁE Hanna | | 07 | MKS Trójka Łódź | | | | 4:58.86 | 494 | | |
| | 50m: | 34.02 34.02 | 150m: | 1:48.77 | 37.67 | 250m: | 3:06.18 | 38.43 | 350m: | 4:23.62 | 38.29 |
| | 100m: | 1:11.10 37.08 | 200m: | 2:27.75 | 38.98 | 300m: | 3:45.33 | 39.15 | 400m: | 4:58.86 | 35.24 |
| 3. | ST PKA Amelia | | 08 | UKS 190 Łódź | | | | 5:07.36 | 454 | | |
| | 50m: | 35.07 35.07 | 150m: | 1:52.91 | 39.33 | 250m: | 3:11.29 | 39.18 | 350m: | 4:30.69 | 39.66 |
| | 100m: | 1:13.58 38.51 | 200m: | 2:32.11 | 39.20 | 300m: | 3:51.03 | 39.74 | 400m: | 5:07.36 | 36.67 |
| 4. | NAWROCKA Natalia | | 08 | MUKS Wodnik Łask | | | | 5:23.25 | 391 | | |
| | 50m: | 34.74 34.74 | 150m: | 1:56.48 | 41.61 | 250m: | 3:21.31 | 42.13 | 350m: | 4:43.86 | 40.51 |
| | 100m: | 1:14.87 40.13 | 200m: | 2:39.18 | 42.70 | 300m: | 4:03.35 | 42.04 | 400m: | 5:23.25 | 39.39 |
| 5. | CISZYK Hanna | | 08 | UKS Piłka Konstancynów Łódzki | | | | 5:27.53 | 376 | | |
| | 50m: | 37.42 37.42 | 150m: | 1:59.62 | 41.34 | 250m: | 3:23.31 | 41.99 | 350m: | 4:46.84 | 41.65 |
| | 100m: | 1:18.28 40.86 | 200m: | 2:41.32 | 41.70 | 300m: | 4:05.19 | 41.88 | 400m: | 5:27.53 | 40.69 |
| 17 lat i starsi | | | | | | | | | | | |
| 1. | MACIAK Julia | | 06 | IUKS „Muszelka” Warszawa | | | | 4:35.87 | 629 | | |
| | 50m: | 31.49 31.49 | 150m: | 1:41.83 | 35.11 | 250m: | 2:52.12 | 34.91 | 350m: | 4:01.95 | 34.59 |
| | 100m: | 1:06.72 35.23 | 200m: | 2:17.21 | 35.38 | 300m: | 3:27.36 | 35.24 | 400m: | 4:35.87 | 33.92 |
| 2. | KOSSOWSKA Julita | | 05 | UKS 190 Łódź | | | | 4:37.31 | 619 | | |
| | 50m: | 31.50 31.50 | 150m: | 1:41.87 | 35.50 | 250m: | 2:52.57 | 35.12 | 350m: | 4:03.42 | 35.13 |
| | 100m: | 1:06.37 34.87 | 200m: | 2:17.45 | 35.58 | 300m: | 3:28.29 | 35.72 | 400m: | 4:37.31 | 33.89 |
| 3. | S DŁAK Alicja | | 05 | MKS Jedyńka Łódź | | | | 4:44.65 | 572 | | |
| | 50m: | 31.53 31.53 | 150m: | 1:42.45 | 35.96 | 250m: | 2:55.50 | 36.64 | 350m: | 4:09.58 | 36.55 |
| | 100m: | 1:06.49 34.96 | 200m: | 2:18.86 | 36.41 | 300m: | 3:33.03 | 37.53 | 400m: | 4:44.65 | 35.07 |