

Otwarte Letnie Mistrzostwa Warszawy  
Warszawa, 2. - 3.6.2023

Konkurencja 20  
02.06.2023 - 20:31

Chłopców, 400m dowolny

10 - 16 lat  
Wyniki

Punkty: FINA 2023

Pozycja	Rok ur.	Czas	Pkt.
<b>10 lat</b>			
1. F FEREK Filip	13	<b>5:30.28</b>	295
50m: 35.53 35.53	150m: 2:00.28 42.44	250m: 3:25.54 42.39	350m: 4:50.32 41.66
100m: 1:17.84 42.31	200m: 2:43.15 42.87	300m: 4:08.66 43.12	400m: 5:30.28 39.96
<b>11 lat</b>			
1. WACHOWSKI Maksymilian	12	<b>5:22.69</b>	317
50m: 36.65 36.65	150m: 2:00.87 42.58	250m: 3:24.52 41.72	350m: 4:45.34 39.17
100m: 1:18.29 41.64	200m: 2:42.80 41.93	300m: 4:06.17 41.65	400m: 5:22.69 37.35
2. KRZEMIE Stanisław	12	<b>5:27.43</b>	303
50m: 37.28 37.28	150m: 1:59.61 41.13	250m: 3:24.74 42.62	350m: 4:48.90 41.74
100m: 1:18.48 41.20	200m: 2:42.12 42.51	300m: 4:07.16 42.42	400m: 5:27.43 38.53
<b>12 lat</b>			
1. SUSABOWSKI Paweł	11	<b>5:01.90</b>	387
50m: 34.82 34.82	150m: 1:52.36 39.29	250m: 3:10.24 38.91	350m: 4:27.93 38.90
100m: 1:13.07 38.25	200m: 2:31.33 38.97	300m: 3:49.03 38.79	400m: 5:01.90 33.97
2. KACZMAREK Mikołaj	11	<b>5:03.24</b>	382
50m: 34.91 34.91	150m: 1:53.25 38.81	250m: 3:10.95 38.19	350m: 4:26.92 37.48
100m: 1:14.44 39.53	200m: 2:32.76 39.51	300m: 3:49.44 38.49	400m: 5:03.24 36.32
3. SUSLIK Adam	11	<b>5:05.03</b>	375
50m: 34.18 34.18	150m: 1:50.97 39.01	250m: 3:09.96 39.68	350m: 4:28.09 38.73
100m: 1:11.96 37.78	200m: 2:30.28 39.31	300m: 3:49.36 39.40	400m: 5:05.03 36.94
4. MILEWSKI Jan	11	<b>5:09.91</b>	358
50m: 33.97 33.97	150m: 1:51.67 39.61	250m: 3:10.20 38.60	350m: 4:30.23 40.02
100m: 1:12.06 38.09	200m: 2:31.60 39.93	300m: 3:50.21 40.01	400m: 5:09.91 39.68
5. NITECKI Adam	11	<b>5:15.57</b>	339
50m: 36.00 36.00	150m: 1:56.37 40.60	250m: 3:16.99 40.44	350m: 4:37.90 40.43
100m: 1:15.77 39.77	200m: 2:36.55 40.18	300m: 3:57.47 40.48	400m: 5:15.57 37.67
6. KUSYK Franciszek	11	<b>5:28.26</b>	301
50m: 36.71 36.71	150m: 2:01.26 42.72	250m: 3:27.66 42.87	350m: 4:50.80 41.35
100m: 1:18.54 41.83	200m: 2:44.79 43.53	300m: 4:09.45 41.79	400m: 5:28.26 37.46
7. SZYMANEK Marcin	11	<b>5:29.49</b>	297
50m: 34.36 34.36	150m: 1:55.62 41.04	250m: 3:20.93 42.64	350m: 4:47.54 42.93
100m: 1:14.58 40.22	200m: 2:38.29 42.67	300m: 4:04.61 43.68	400m: 5:29.49 41.95
8. SMOLAREK Stanisław	11	<b>5:53.76</b>	240
50m: 39.15 39.15	150m: 2:08.95 45.73	250m: 3:40.65 46.32	350m: 5:11.37 46.28
100m: 1:23.22 44.07	200m: 2:54.33 45.38	300m: 4:25.09 44.44	400m: 5:53.76 42.39



Warszawa



Otwarte Letnie Mistrzostwa Warszawy  
Warszawa, 2. - 3.6.2023

Konkurencja 20, Chłopców, 400m dowolny

13 lat

1.	DAWIDOWICZ Konrad	10	MKS Ochota Warszawa	<b>4:36.26</b>	505
	50m: 31.63 31.63	150m: 1:41.49 35.07	250m: 2:51.50 34.83	350m: 4:02.46 35.52	
	100m: 1:06.42 34.79	200m: 2:16.67 35.18	300m: 3:26.94 35.44	400m: 4:36.26 33.80	
2.	STRYCYZY SKI Szymon	10	Mks Jagiellonka	<b>4:57.36</b>	405
	50m: 33.35 33.35	150m: 1:49.17 38.41	250m: 3:06.14 38.74	350m: 4:21.50 37.51	
	100m: 1:10.76 37.41	200m: 2:27.40 38.23	300m: 3:43.99 37.85	400m: 4:57.36 35.86	
3.	KUPISZEK Antoni	10	MKS Juwenia Białystok	<b>4:58.92</b>	399
	50m: 33.66 33.66	150m: 1:49.98 38.88	250m: 3:07.20 38.55	350m: 4:22.74 38.04	
	100m: 1:11.10 37.44	200m: 2:28.65 38.67	300m: 3:44.70 37.50	400m: 4:58.92 36.18	
4.	JARGAS Aron	10	UKS „GIM 92 Ursynów”	<b>5:09.82</b>	358
	50m: 34.31 34.31	150m: 1:54.39 40.52	250m: 3:14.70 40.30	350m: 4:32.23 39.05	
	100m: 1:13.87 39.56	200m: 2:34.40 40.01	300m: 3:53.18 38.48	400m: 5:09.82 37.59	
5.	DRZYMKOWSKI Jan	10	UKS „GIM 92 Ursynów”	<b>5:13.12</b>	347
	50m: 35.22 35.22	150m: 1:56.52 41.03	250m: 3:19.27 41.61	350m: 4:38.28 39.49	
	100m: 1:15.49 40.27	200m: 2:37.66 41.14	300m: 3:58.79 39.52	400m: 5:13.12 34.84	
6.	PRZE LAKIEWICZ Filip	10	IKS Konstancin	<b>5:14.42</b>	342
	50m: 34.61 34.61	150m: 1:54.45 40.33	250m: 3:16.34 41.12	350m: 4:36.95 39.91	
	100m: 1:14.12 39.51	200m: 2:35.22 40.77	300m: 3:57.04 40.70	400m: 5:14.42 37.47	
7.	WIETESKA Nikodem	10	MKS Ochota Warszawa	<b>5:23.98</b>	313
	50m: 35.17 35.17	150m: 1:58.39 42.21	250m: 3:21.37 40.30	350m: 4:44.02 41.37	
	100m: 1:16.18 41.01	200m: 2:41.07 42.68	300m: 4:02.65 41.28	400m: 5:23.98 39.96	
8.	PIETRYCH Igor	10	UKS „GIM 92 Ursynów”	<b>5:27.91</b>	302
	50m: 35.80 35.80	150m: 1:59.65 42.61	250m: 3:25.66 42.96	350m: 4:49.93 41.69	
	100m: 1:17.04 41.24	200m: 2:42.70 43.05	300m: 4:08.24 42.58	400m: 5:27.91 37.98	
9.	PIERCHAŁA Aleksander	10	IUKS „Muszelka” Warszawa	<b>5:34.06</b>	285
	50m: 35.44 35.44	150m: 1:59.32 43.04	250m: 3:26.30 43.69	350m: 4:53.09 42.92	
	100m: 1:16.28 40.84	200m: 2:42.61 43.29	300m: 4:10.17 43.87	400m: 5:34.06 40.97	
10.	CH CIAK Patryk	10	UKS „GIM 92 Ursynów”	<b>5:44.15</b>	261
	50m: 39.19 39.19	150m: 2:07.72 45.15	250m: 3:36.02 43.69	350m: 5:03.24 43.50	
	100m: 1:22.57 43.38	200m: 2:52.33 44.61	300m: 4:19.74 43.72	400m: 5:44.15 40.91	
11.	PIECHOWICZ Andrzej	10	MUKP Warszawianka Wodny Park	<b>5:56.37</b>	235
	50m: 38.94 38.94	150m: 2:09.77 45.11	250m: 3:42.02 45.97	350m: 5:14.43 45.96	
	100m: 1:24.66 45.72	200m: 2:56.05 46.28	300m: 4:28.47 46.45	400m: 5:56.37 41.94	
12.	MARCZAK Antoni	10	UKS „GIM 92 Ursynów”	<b>5:57.85</b>	232
	50m: 37.99 37.99	150m: 2:07.51 45.22	250m: 3:40.72 47.22	350m: 5:14.15 46.85	
	100m: 1:22.29 44.30	200m: 2:53.50 45.99	300m: 4:27.30 46.58	400m: 5:57.85 43.70	
13.	GRZELAK Leonard	10	MUKP Warszawianka Wodny Park	<b>6:14.12</b>	203
	50m: 2:10.97 2:10.97	150m: 3:48.26 2:24.25	250m: 5:28.05 2:28.17	350m:	
	100m: 1:24.01	200m: 2:59.88	300m: 4:38.81	400m: 6:14.12	



Warszawa



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Konkurencja 20, Chłopców, 400m dowolny

14 lat

1.	STAWICKI Mateusz	09	UKS „GIM 92 Ursynów”	<b>4:12.33</b>	663
	50m: 27.23 27.23	150m: 1:30.29	32.03 250m: 2:35.18	32.57 350m: 3:40.80	32.84
	100m: 58.26 31.03	200m: 2:02.61	32.32 300m: 3:07.96	32.78 400m: 4:12.33	31.53
2.	WIRASZKA Piotr	09	UKS „GIM 92 Ursynów”	<b>4:17.22</b>	626
	50m: 29.90 29.90	150m: 1:35.69	33.20 250m: 2:41.89	32.89 350m: 3:46.60	32.30
	100m: 1:02.49 32.59	200m: 2:09.00	33.31 300m: 3:14.30	32.41 400m: 4:17.22	30.62
3.	TARASIEWICZ Piotr	09	Ukp Polonia Warszawa	<b>4:39.42</b>	488
	50m: 30.40 30.40	150m: 1:40.62	35.50 250m: 2:52.12	35.80 350m: 4:04.77	36.04
	100m: 1:05.12 34.72	200m: 2:16.32	35.70 300m: 3:28.73	36.61 400m: 4:39.42	34.65
4.	ZABROCKI Mikołaj	09	Ukp Polonia Warszawa	<b>4:43.75</b>	466
	50m: 30.30 30.30	150m: 1:41.26	36.71 250m: 2:55.72	37.67 350m: 4:08.88	35.96
	100m: 1:04.55 34.25	200m: 2:18.05	36.79 300m: 3:32.92	37.20 400m: 4:43.75	34.87
5.	BLUJ Aleksander	09	IKS Konstancin	<b>4:47.32</b>	449
	50m: 31.08 31.08	150m: 1:44.27	37.46 250m: 2:59.06	37.56 350m: 4:12.89	36.85
	100m: 1:06.81 35.73	200m: 2:21.50	37.23 300m: 3:36.04	36.98 400m: 4:47.32	34.43
6.	CIOŁEK Dawid	09	UKS 48 Warszawa ródmi cie	<b>4:55.94</b>	411
	50m: 31.70 31.70	150m: 1:45.04	38.13 250m: 3:02.31	38.69 350m: 4:19.03	38.26
	100m: 1:06.91 35.21	200m: 2:23.62	38.58 300m: 3:40.77	38.46 400m: 4:55.94	36.91
7.	DOMA SKI Franciszek	09	MKS Piaseczno	<b>5:02.56</b>	384
	50m: 34.35 34.35	150m: 1:52.83	39.80 250m: 3:10.51	38.94 350m: 4:27.56	38.36
	100m: 1:13.03 38.68	200m: 2:31.57	38.74 300m: 3:49.20	38.69 400m: 5:02.56	35.00
8.	BRYK Jarosław	09	MKS Piaseczno	<b>5:04.58</b>	377
	50m: 34.04 34.04	150m: 1:52.65	39.63 250m: 3:10.65	38.68 350m: 4:28.17	39.16
	100m: 1:13.02 38.98	200m: 2:31.97	39.32 300m: 3:49.01	38.36 400m: 5:04.58	36.41
9.	ACZEK Gabriel	09	KS Barakuda Mi sk Mazowiecki	<b>5:20.75</b>	322
	50m: 33.88 33.88	150m: 1:51.57	39.84 250m: 3:15.24	42.44 350m: 4:41.03	42.67
	100m: 1:11.73 37.85	200m: 2:32.80	41.23 300m: 3:58.36	43.12 400m: 5:20.75	39.72
10.	VASIUKEVICH Daniil	09	IUKS „Muszelka” Warszawa	<b>5:21.98</b>	319
	50m: 33.61 33.61	150m: 1:53.87	40.88 250m: 3:17.26	42.06 350m: 4:41.84	42.55
	100m: 1:12.99 39.38	200m: 2:35.20	41.33 300m: 3:59.29	42.03 400m: 5:21.98	40.14
11.	RADZIUK Maksim	09	Uks Jagiellonia Swim	<b>5:27.71</b>	302
	50m: 35.22 35.22	150m: 1:58.62	42.36 250m: 3:22.29	42.21 350m: 4:46.63	41.98
	100m: 1:16.26 41.04	200m: 2:40.08	41.46 300m: 4:04.65	42.36 400m: 5:27.71	41.08

15 - 16 lat

1.	ZGODA Szymon	08	Ukp Polonia Warszawa	<b>4:18.51</b>	616
	50m: 30.36 30.36	150m: 1:36.52	32.98 250m: 2:42.03	32.48 350m: 3:46.96	32.27
	100m: 1:03.54 33.18	200m: 2:09.55	33.03 300m: 3:14.69	32.66 400m: 4:18.51	31.55
2.	PIOTROWSKI Kacper	07	UKS G-8 Bielany	<b>4:18.88</b>	614
	50m: 28.50 28.50	150m: 1:32.74	32.60 250m: 2:40.08	33.85 350m: 3:47.24	33.72
	100m: 1:00.14 31.64	200m: 2:06.23	33.49 300m: 3:13.52	33.44 400m: 4:18.88	31.64



Warszawa





Otwarte Letnie Mistrzostwa Warszawy  
Warszawa, 2. - 3.6.2023

Konkurencja 20, Chłopców, 400m dowolny, 15 - 16 lat

Pozycja			Rok ur.					Czas	Pkt.
3.	STEFA	SKI Leon	07	UKS G-8 Bielany			<b>4:21.42</b>	596	
	50m:	30.97 30.97	150m:	1:37.42 32.47	250m:	2:43.72 32.94	350m:	3:49.17 32.73	
	100m:	1:04.95 33.98	200m:	2:10.78 33.36	300m:	3:16.44 32.72	400m:	4:21.42 32.25	
4.	HUSZCZA	Mateusz	08	UKS „GIM 92 Ursynów”			<b>4:23.61</b>	581	
	50m:	30.43 30.43	150m:	1:37.49 33.67	250m:	2:44.68 33.44	350m:	3:51.35 32.91	
	100m:	1:03.82 33.39	200m:	2:11.24 33.75	300m:	3:18.44 33.76	400m:	4:23.61 32.26	
5.	ŁUBI	SKI Szymon	08	UKS „GIM 92 Ursynów”			<b>4:26.64</b>	562	
	50m:	29.85 29.85	150m:	1:37.01 33.74	250m:	2:44.93 33.96	350m:	3:53.33 34.07	
	100m:	1:03.27 33.42	200m:	2:10.97 33.96	300m:	3:19.26 34.33	400m:	4:26.64 33.31	
6.	CZERWIONKA	Oskar	08	Ukp Polonia Warszawa			<b>4:28.90</b>	548	
	50m:	28.81 28.81	150m:	1:36.66 34.50	250m:	2:46.05 35.10	350m:	3:55.50 34.80	
	100m:	1:02.16 33.35	200m:	2:10.95 34.29	300m:	3:20.70 34.65	400m:	4:28.90 33.40	
7.	CIECHANOWSKI	Stanisław	07	MUKP Warszawianka Wodny Park			<b>4:34.02</b>	518	
	50m:	30.67 30.67	150m:	1:39.85 35.10	250m:	2:50.50 34.93	350m:	4:00.80 35.00	
	100m:	1:04.75 34.08	200m:	2:15.57 35.72	300m:	3:25.80 35.30	400m:	4:34.02 33.22	
8.	FEDASZ	Alan	08	Ukp Polonia Warszawa			<b>4:37.49</b>	498	
	50m:	30.64 30.64	150m:	1:40.62 35.51	250m:	2:51.83 35.83	350m:	4:03.35 35.96	
	100m:	1:05.11 34.47	200m:	2:16.00 35.38	300m:	3:27.39 35.56	400m:	4:37.49 34.14	
9.	JARECKI	Bartosz	08	UKS 48 Warszawa ródnie cie			<b>4:43.91</b>	465	
	50m:	32.19 32.19	150m:	1:43.05 35.98	250m:	2:55.90 36.47	350m:	4:09.45 37.01	
	100m:	1:07.07 34.88	200m:	2:19.43 36.38	300m:	3:32.44 36.54	400m:	4:43.91 34.46	
10.	PERL	Piotr	08	Uks „Pingwiny”			<b>4:45.67</b>	457	
	50m:	31.43 31.43	150m:	1:43.10 36.47	250m:	2:57.40 37.32	350m:	4:11.65 36.88	
	100m:	1:06.63 35.20	200m:	2:20.08 36.98	300m:	3:34.77 37.37	400m:	4:45.67 34.02	
11.	STA KIEWICZ	Wiktor	07	MUKP Warszawianka Wodny Park			<b>4:45.87</b>	456	
	50m:	31.80 31.80	150m:	1:42.40 36.04	250m:	2:55.67 36.74	350m:	4:10.54 37.45	
	100m:	1:06.36 34.56	200m:	2:18.93 36.53	300m:	3:33.09 37.42	400m:	4:45.87 35.33	
12.	L ZAK	Kamil	08	Ukp Polonia Warszawa			<b>4:46.64</b>	452	
	50m:	32.14 32.14	150m:	1:44.10 36.40	250m:	2:57.59 36.91	350m:	4:11.81 37.48	
	100m:	1:07.70 35.56	200m:	2:20.68 36.58	300m:	3:34.33 36.74	400m:	4:46.64 34.83	
13.	BIE U	SKI Jakub	07	Squatina Ostroł ka			<b>4:48.51</b>	443	
	50m:	31.60 31.60	150m:	1:42.96 36.31	250m:	2:57.59 37.69	350m:	4:13.65 38.58	
	100m:	1:06.65 35.05	200m:	2:19.90 36.94	300m:	3:35.07 37.48	400m:	4:48.51 34.86	
14.	STA CZYK	Franciszek	08	UKS Kapry-Armexim Pruszków			<b>4:54.87</b>	415	
	50m:	30.96 30.96	150m:	1:42.00 36.39	250m:	2:57.75 37.99	350m:	4:15.95 39.22	
	100m:	1:05.61 34.65	200m:	2:19.76 37.76	300m:	3:36.73 38.98	400m:	4:54.87 38.92	
15.	MAŁEK	Mikołaj	08	UKS WAWER Warszawa			<b>6:34.28</b>	173	
	50m:	40.90 40.90	150m:	2:20.92 52.80	250m:	4:04.74 53.05	350m:	5:45.81 50.98	
	100m:	1:28.12 47.22	200m:	3:11.69 50.77	300m:	4:54.83 50.09	400m:	6:34.28 48.47	



Warszawa



Otwarte Letnie Mistrzostwa Warszawy  
Warszawa, 2. - 3.6.2023

Konkurencja 20, Chłopców, 400m dowolny

PK WRONA Maciej	06	MUKP Warszawianka Wodny Park	<b>4:36.70</b>	503
50m: 31.20 31.20	150m: 1:41.94 35.73	250m: 2:52.25 35.42	350m: 4:03.00 35.32	
100m: 1:06.21 35.01	200m: 2:16.83 34.89	300m: 3:27.68 35.43	400m: 4:36.70 33.70	
PK WERPACHOWSKI Jan	05	UKS G-8 Bielany	<b>4:43.44</b>	468
50m: 31.45 31.45	150m: 1:41.70 35.45	250m: 2:53.52 36.01	350m: 4:07.45 37.18	
100m: 1:06.25 34.80	200m: 2:17.51 35.81	300m: 3:30.27 36.75	400m: 4:43.44 35.99	



Warszawa

