

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat – I runda - Warszawa  
Warszawa, 9. - 10.3.2024

Konkurencja 7  
09.03.2024 - 12:03

Dziewcz t, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.
<b>12 lat</b>									
1.	BAŁABAN Zofia		12	UKS 48 Warszawa ródmi cie				<b>5:09.85</b>	415
	50m:	34.40 34.40	150m:	1:53.19 39.70	250m:	3:12.54 39.43	350m:	4:32.24 39.83	
	100m:	1:13.49 39.09	200m:	2:33.11 39.92	300m:	3:52.41 39.87	400m:	5:09.85 37.61	
2.	PŁOSKONKA Emilia		12	UKS G-8 Bielany Warszawa				<b>5:13.41</b>	401
	50m:	34.24 34.24	150m:	1:54.58 40.77	250m:	3:14.61 40.47	350m:	4:34.91 40.73	
	100m:	1:13.81 39.57	200m:	2:34.14 39.56	300m:	3:54.18 39.57	400m:	5:13.41 38.50	
3.	KLAUS Helena		12	MKS Piaseczno				<b>5:17.89</b>	385
	50m:	35.97 35.97	150m:	1:56.97 40.89	250m:	3:19.75 41.41	350m:	4:40.36 39.63	
	100m:	1:16.08 40.11	200m:	2:38.34 41.37	300m:	4:00.73 40.98	400m:	5:17.89 37.53	
4.	ZI BA Antonina		12	UKS „Skalar" Warszawa				<b>5:27.34</b>	352
	50m:	35.62 35.62	150m:	1:57.76 41.65	250m:	3:22.27 42.45	350m:	4:48.38 42.68	
	100m:	1:16.11 40.49	200m:	2:39.82 42.06	300m:	4:05.70 43.43	400m:	5:27.34 38.96	
5.	RZEMIENIEWSKA Aurelia		12	UKP „Polonia Warszawa"				<b>5:33.17</b>	334
	50m:	36.12 36.12	150m:	1:59.88 42.26	250m:	3:26.31 42.52	350m:	4:52.37 42.96	
	100m:	1:17.62 41.50	200m:	2:43.79 43.91	300m:	4:09.41 43.10	400m:	5:33.17 40.80	
6.	BRUNAK Alicja		12	UKS „Skalar" Warszawa				<b>5:37.97</b>	320
	50m:	36.74 36.74	150m:	2:02.31 43.79	250m:	3:30.48 44.14	350m:	4:58.11 43.09	
	100m:	1:18.52 41.78	200m:	2:46.34 44.03	300m:	4:15.02 44.54	400m:	5:37.97 39.86	
7.	LEPA Natalia		12	MKS Piaseczno				<b>5:41.93</b>	309
	50m:	35.68 35.68	150m:	1:59.53 42.98	250m:	3:27.73 44.69	350m:	4:58.21 45.05	
	100m:	1:16.55 40.87	200m:	2:43.04 43.51	300m:	4:13.16 45.43	400m:	5:41.93 43.72	
8.	BURCZY SKA Gabriela		12	UKS G-8 Bielany Warszawa				<b>5:42.46</b>	308
	50m:	39.80 39.80	150m:	2:07.53 43.96	250m:	3:36.00 44.22	350m:	5:02.41 42.39	
	100m:	1:23.57 43.77	200m:	2:51.78 44.25	300m:	4:20.02 44.02	400m:	5:42.46 40.05	
9.	PITUS Anna		12	Uks Fala Niepor t				<b>5:42.77</b>	307
	50m:	37.82 37.82	150m:	2:03.56 43.71	250m:	3:32.78 44.64	350m:	5:01.94 44.71	
	100m:	1:19.85 42.03	200m:	2:48.14 44.58	300m:	4:17.23 44.45	400m:	5:42.77 40.83	
10.	WITEK Wiktoria		12	Buks				<b>5:43.05</b>	306
	50m:	37.38 37.38	150m:	2:04.06 43.89	250m:	3:32.61 44.35	350m:	5:00.17 43.51	
	100m:	1:20.17 42.79	200m:	2:48.26 44.20	300m:	4:16.66 44.05	400m:	5:43.05 42.88	
11.	SOBASZEK Olga		12	UKS G-8 Bielany Warszawa				<b>5:44.04</b>	303
	50m:	39.08 39.08	150m:	2:08.13 44.17	250m:	3:36.26 44.10	350m:	5:04.97 44.50	
	100m:	1:23.96 44.88	200m:	2:52.16 44.03	300m:	4:20.47 44.21	400m:	5:44.04 39.07	
12.	SIERADZKA Lea		12	UKS 48 Warszawa ródmi cie				<b>5:53.29</b>	280
	50m:	37.40 37.40	150m:	2:06.07 45.73	250m:	3:38.00 46.10	350m:	5:09.66 45.43	
	100m:	1:20.34 42.94	200m:	2:51.90 45.83	300m:	4:24.23 46.23	400m:	5:53.29 43.63	
13.	MELEROWICZ Hanna		12	UKS G-8 Bielany Warszawa				<b>5:55.29</b>	275
	50m:	40.89 40.89	150m:	2:12.64 46.22	250m:	3:44.23 45.64	350m:	5:13.56 43.90	
	100m:	1:26.42 45.53	200m:	2:58.59 45.95	300m:	4:29.66 45.43	400m:	5:55.29 41.73	
14.	JAREMEK Magdalena		12	Buks				<b>5:56.66</b>	272
	50m:	39.38 39.38	150m:	2:09.86 45.53	250m:	3:43.02 47.00	350m:	5:14.32 45.59	
	100m:	1:24.33 44.95	200m:	2:56.02 46.16	300m:	4:28.73 45.71	400m:	5:56.66 42.34	
15.	GOŁ BIEWSKA Natalia		12	Klub Pływacki Ciechanów				<b>5:58.48</b>	268
	50m:	41.74 41.74	150m:	2:14.72 46.60	250m:	3:47.09 46.01	350m:	5:15.58 43.66	
	100m:	1:28.12 46.38	200m:	3:01.08 46.36	300m:	4:31.92 44.83	400m:	5:58.48 42.90	
16.	HUTKOWSKA Marta		12	UKS 307 Warszawa				<b>6:00.27</b>	264
	50m:	38.64 38.64	150m:	2:10.29 47.36	250m:	3:45.94 47.80	350m:	5:18.52 46.05	
	100m:	1:22.93 44.29	200m:	2:58.14 47.85	300m:	4:32.47 46.53	400m:	6:00.27 41.75	
17.	PEŁSZY SKA Weronika		12	UKS G-8 Bielany Warszawa				<b>6:00.50</b>	264
	50m:	39.54 39.54	150m:	2:10.68 45.91	250m:	3:42.23 45.69	350m:	5:14.97 47.03	
	100m:	1:24.77 45.23	200m:	2:56.54 45.86	300m:	4:27.94 45.71	400m:	6:00.50 45.53	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat – I runda - Warszawa  
Warszawa, 9. - 10.3.2024

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	BOGUSŁAWSKA Nina		12	UKS 48 Warszawa ródmi cie				<b>6:05.45</b>	253
	50m:	40.34 40.34	150m:	2:14.51 47.10	250m:	3:48.76 46.53	350m:	5:21.12 45.59	
	100m:	1:27.41 47.07	200m:	3:02.23 47.72	300m:	4:35.53 46.77	400m:	6:05.45 44.33	
19.	BATORY Maria		12	UKP „Polonia Warszawa"				<b>6:06.90</b>	250
	50m:	41.45 41.45	150m:	2:15.19 47.19	250m:	3:48.58 47.01	350m:	5:22.77 46.88	
	100m:	1:28.00 46.55	200m:	3:01.57 46.38	300m:	4:35.89 47.31	400m:	6:06.90 44.13	
20.	SAWICKA Laura		12	UKP „Polonia Warszawa"				<b>6:07.25</b>	249
	50m:	39.27 39.27	150m:	2:13.78 48.15	250m:	3:50.27 48.41	350m:	5:20.42 44.01	
	100m:	1:25.63 46.36	200m:	3:01.86 48.08	300m:	4:36.41 46.14	400m:	6:07.25 46.83	
21.	MAJER - WASILEWSKA Nina		12	UKP „Polonia Warszawa"				<b>6:15.33</b>	234
	50m:	40.44 40.44	150m:	2:15.46 48.07	250m:	3:52.29 48.35	350m:	5:30.78 48.64	
	100m:	1:27.39 46.95	200m:	3:03.94 48.48	300m:	4:42.14 49.85	400m:	6:15.33 44.55	
22.	PATOKA Zofia		12	UKS 307 Warszawa				<b>6:17.29</b>	230
	50m:	42.47 42.47	150m:	2:17.54 47.84	250m:	3:55.41 49.29	350m:	5:30.55 46.56	
	100m:	1:29.70 47.23	200m:	3:06.12 48.58	300m:	4:43.99 48.58	400m:	6:17.29 46.74	
23.	DUDZIK Aleksandra		12	UKS H2O Warszawa				<b>6:19.59</b>	226
	50m:	42.04 42.04	150m:	2:18.59 48.62	250m:	3:57.31 48.91	350m:	5:31.93 46.89	
	100m:	1:29.97 47.93	200m:	3:08.40 49.81	300m:	4:45.04 47.73	400m:	6:19.59 47.66	
24.	KORONA Zuzanna		12	UKS G-8 Bielany Warszawa				<b>6:36.07</b>	199
	50m:	43.27 43.27	150m:	2:20.80 49.55	250m:	4:01.86 50.74	350m:	5:47.99 55.24	
	100m:	1:31.25 47.98	200m:	3:11.12 50.32	300m:	4:52.75 50.89	400m:	6:36.07 48.08	
25.	KORCZAK Julia		12	Buks				<b>6:47.54</b>	182
	50m:	43.22 43.22	150m:	2:29.25 54.62	250m:	4:17.39 54.53	350m:	6:00.62 50.95	
	100m:	1:34.63 51.41	200m:	3:22.86 53.61	300m:	5:09.67 52.28	400m:	6:47.54 46.92	
26.	RUDO Zofia		12	UKS 307 Warszawa				<b>6:55.20</b>	172
	50m:	49.91 49.91	150m:	2:37.80 54.18	250m:	4:25.74 54.38	350m:	6:14.25 54.18	
	100m:	1:43.62 53.71	200m:	3:31.36 53.56	300m:	5:20.07 54.33	400m:	6:55.20 40.95	

13 lat

1.	JURSKA Hanna		11	MPKS "Orka" Ciechanów				<b>5:00.28</b>	457
	50m:	35.64 35.64	150m:	1:55.18 39.92	250m:	3:12.95 38.40	350m:	4:27.45 35.99	
	100m:	1:15.26 39.62	200m:	2:34.55 39.37	300m:	3:51.46 38.51	400m:	5:00.28 32.83	
2.	SZCZERBA Sonia		11	UKS G-8 Bielany Warszawa				<b>5:08.14</b>	422
	50m:	33.72 33.72	150m:	1:50.05 38.76	250m:	3:09.13 39.86	350m:	4:29.17 39.76	
	100m:	1:11.29 37.57	200m:	2:29.27 39.22	300m:	3:49.41 40.28	400m:	5:08.14 38.97	
3.	STREFNER Laura		11	UKS G-8 Bielany Warszawa				<b>5:13.14</b>	403
	50m:	34.13 34.13	150m:	1:52.26 39.94	250m:	3:12.71 40.07	350m:	4:34.91 41.61	
	100m:	1:12.32 38.19	200m:	2:32.64 40.38	300m:	3:53.30 40.59	400m:	5:13.14 38.23	
4.	KWACZEK Maria		11	UKS 48 Warszawa ródmi cie				<b>5:14.34</b>	398
	50m:	34.69 34.69	150m:	1:54.35 40.32	250m:	3:14.76 40.12	350m:	4:35.19 40.24	
	100m:	1:14.03 39.34	200m:	2:34.64 40.29	300m:	3:54.95 40.19	400m:	5:14.34 39.15	
5.	ROSZCZYK Kamila		11	UKS G-8 Bielany Warszawa				<b>5:16.09</b>	391
	50m:	33.20 33.20	150m:	1:53.55 41.63	250m:	3:16.64 41.29	350m:	4:38.48 40.77	
	100m:	1:11.92 38.72	200m:	2:35.35 41.80	300m:	3:57.71 41.07	400m:	5:16.09 37.61	
6.	SUWARA Aleksandra		11	MKS Piaseczno				<b>5:16.49</b>	390
	50m:	34.45 34.45	150m:	1:55.71 41.43	250m:	3:18.08 41.57	350m:	4:40.26 40.73	
	100m:	1:14.28 39.83	200m:	2:36.51 40.80	300m:	3:59.53 41.45	400m:	5:16.49 36.23	
7.	WITTBRODT Alicja		11	UKP „Polonia Warszawa"				<b>5:17.46</b>	386
	50m:	36.20 36.20	150m:	1:58.47 41.00	250m:	3:20.19 40.60	350m:	4:39.71 38.93	
	100m:	1:17.47 41.27	200m:	2:39.59 41.12	300m:	4:00.78 40.59	400m:	5:17.46 37.75	
8.	ONEILL Kiera		11	UKP „Polonia Warszawa"				<b>5:19.39</b>	379
	50m:	35.30 35.30	150m:	1:56.94 41.24	250m:	3:19.50 41.45	350m:	4:40.41 39.75	
	100m:	1:15.70 40.40	200m:	2:38.05 41.11	300m:	4:00.66 41.16	400m:	5:19.39 38.98	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat – I runda - Warszawa  
Warszawa, 9. - 10.3.2024

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.			
9.	KASI SKA	Michalina	11	UKS 307 Warszawa				<b>5:23.71</b>	364			
	50m:	35.62	35.62	150m:	1:57.97	41.85	250m:	3:22.24	41.57	350m:	4:46.11	41.58
	100m:	1:16.12	40.50	200m:	2:40.67	42.70	300m:	4:04.53	42.29	400m:	5:23.71	37.60
10.	OSADCZUK	Laura	11	UKS 48 Warszawa ródmi cie				<b>5:24.64</b>	361			
	50m:	35.10	35.10	150m:	1:56.84	41.59	250m:	3:20.39	42.08	350m:	4:45.22	42.18
	100m:	1:15.25	40.15	200m:	2:38.31	41.47	300m:	4:03.04	42.65	400m:	5:24.64	39.42
11.	POCHWALSKA	Zuzanna	11	UKP „Polonia Warszawa”				<b>5:30.71</b>	342			
	50m:	35.50	35.50	150m:	1:59.00	42.13	250m:	3:24.63	42.86	350m:	4:49.92	42.77
	100m:	1:16.87	41.37	200m:	2:41.77	42.77	300m:	4:07.15	42.52	400m:	5:30.71	40.79
12.	CIE LIKOWSKA	Hanna	11	UKS 307 Warszawa				<b>5:38.93</b>	317			
	50m:	38.03	38.03	150m:	2:05.33	43.78	250m:	3:33.02	44.07	350m:	4:57.88	41.50
	100m:	1:21.55	43.52	200m:	2:48.95	43.62	300m:	4:16.38	43.36	400m:	5:38.93	41.05
13.	MATUZEWICZ	Lena	11	UKS „Skalar” Warszawa				<b>5:39.80</b>	315			
	50m:	37.48	37.48	150m:	2:06.11	44.57	250m:	3:34.19	43.15	350m:	4:59.26	41.83
	100m:	1:21.54	44.06	200m:	2:51.04	44.93	300m:	4:17.43	43.24	400m:	5:39.80	40.54
14.	BULENDA	Liliana	11	UKS G-8 Bielany Warszawa				<b>5:45.94</b>	298			
	50m:	39.44	39.44	150m:	2:07.65	44.86	250m:	3:35.90	44.26	350m:	5:03.95	43.86
	100m:	1:22.79	43.35	200m:	2:51.64	43.99	300m:	4:20.09	44.19	400m:	5:45.94	41.99
15.	GRZEGORZEWSKA	Weronika	11	UKS G-8 Bielany Warszawa				<b>5:50.98</b>	286			
	50m:	38.52	38.52	150m:	2:07.69	45.14	250m:	3:37.15	44.96	350m:	5:07.54	45.37
	100m:	1:22.55	44.03	200m:	2:52.19	44.50	300m:	4:22.17	45.02	400m:	5:50.98	43.44
16.	PARZUCHOWSKA	Alicja	11	MKS Piaseczno				<b>6:10.89</b>	242			
	50m:	39.78	39.78	150m:	2:13.00	47.55	250m:	3:47.80	47.52	350m:	5:24.02	48.62
	100m:	1:25.45	45.67	200m:	3:00.28	47.28	300m:	4:35.40	47.60	400m:	6:10.89	46.87
17.	TATAREK	Zuzanna	11	Klub Pływacki Ciechanów				<b>6:33.64</b>	202			
	50m:	42.95	42.95	150m:	2:20.99	50.05	250m:	4:02.96	51.52	350m:	5:44.99	50.79
	100m:	1:30.94	47.99	200m:	3:11.44	50.45	300m:	4:54.20	51.24	400m:	6:33.64	48.65
18.	LIPIEC	Nadia	11	MKS Piaseczno				<b>7:13.61</b>	151			
	50m:	43.93	43.93	150m:	2:34.19	56.25	250m:	4:29.51	58.08	350m:	6:16.59	50.71
	100m:	1:37.94	54.01	200m:	3:31.43	57.24	300m:	5:25.88	56.37	400m:	7:13.61	57.02
19.	JAWORSKA	Kamila	11	UKS 307 Warszawa				<b>7:46.83</b>	121			
	50m:	46.85	46.85	150m:	2:42.76	59.73	250m:	4:46.72	1:03.44	350m:	6:47.76	59.58
	100m:	1:43.03	56.18	200m:	3:43.28	1:00.52	300m:	5:48.18	1:01.46	400m:	7:46.83	59.07