

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat – I runda - Pruszków
Pruszków, 20. - 21.3.2024

Konkurencja 8
20.03.2024 - 12:21

Chłopców, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.
12 lat									
1.	WACHOWSKI Maksymilian		12	MKS Ochota Warszawa				4:47.90	400
	50m:	32.10 32.10	150m:	1:45.76 37.04	250m:	2:59.34 36.51	350m:	4:12.75 35.43	
	100m:	1:08.72 36.62	200m:	2:22.83 37.07	300m:	3:37.32 37.98	400m:	4:47.90 35.15	
2.	KRZEMIE Stanisław		12	Aqua-Team Grójec				5:00.62	351
	50m:	34.29 34.29	150m:	1:49.31 37.86	250m:	3:05.99 38.51	350m:	4:23.24 38.72	
	100m:	1:11.45 37.16	200m:	2:27.48 38.17	300m:	3:44.52 38.53	400m:	5:00.62 37.38	
3.	GROCHALA Aleks		12	UKS „GIM 92 Ursynów”				5:07.95	327
	50m:	34.09 34.09	150m:	1:51.86 39.15	250m:	3:10.94 39.30	350m:	4:30.05 39.89	
	100m:	1:12.71 38.62	200m:	2:31.64 39.78	300m:	3:50.16 39.22	400m:	5:07.95 37.90	
4.	KASZKO Damian		12	UKS „GIM 92 Ursynów”				5:22.88	284
	50m:	35.56 35.56	150m:	1:57.97 41.86	250m:	3:22.40 42.38	350m:	4:43.80 40.37	
	100m:	1:16.11 40.55	200m:	2:40.02 42.05	300m:	4:03.43 41.03	400m:	5:22.88 39.08	
5.	KUR Stanisław		12	MKS „Jagiellonka” Warszawa				5:23.25	283
	50m:	37.59 37.59	150m:	2:01.25 42.02	250m:	3:23.98 40.70	350m:	4:45.83 41.12	
	100m:	1:19.23 41.64	200m:	2:43.28 42.03	300m:	4:04.71 40.73	400m:	5:23.25 37.42	
6.	FIGIEL Natan		12	PSP SWIM Płock				5:30.84	264
	50m:	35.42 35.42	150m:	1:57.96 42.18	250m:	3:23.76 42.87	350m:	4:51.47 44.11	
	100m:	1:15.78 40.36	200m:	2:40.89 42.93	300m:	4:07.36 43.60	400m:	5:30.84 39.37	
7.	RADEVI or e		12	MKS Ochota Warszawa				5:32.94	259
	50m:	38.13 38.13	150m:	2:03.62 43.47	250m:	3:30.01 43.14	350m:	4:54.99 42.26	
	100m:	1:20.15 42.02	200m:	2:46.87 43.25	300m:	4:12.73 42.72	400m:	5:32.94 37.95	
8.	NOWAKOWSKI Marcel		12	UKS „GIM 92 Ursynów”				5:40.74	241
	50m:	37.49 37.49	150m:	2:03.54 43.40	250m:	3:32.51 44.69	350m:	5:00.66 43.81	
	100m:	1:20.14 42.65	200m:	2:47.82 44.28	300m:	4:16.85 44.34	400m:	5:40.74 40.08	
9.	STELMASIAK Juliusz		12	UKS „GIM 92 Ursynów”				5:48.11	226
	50m:	36.07 36.07	150m:	2:03.10 44.69	250m:	3:34.71 45.86	350m:	5:04.41 43.47	
	100m:	1:18.41 42.34	200m:	2:48.85 45.75	300m:	4:20.94 46.23	400m:	5:48.11 43.70	
10.	ZYDRO Aleksander		12	MUKP Warszawianka Wodny Park				6:15.85	180
	50m:	39.00 39.00	150m:	2:14.60 48.30	250m:	3:52.98 49.94	350m:	5:30.99 50.09	
	100m:	1:26.30 47.30	200m:	3:03.04 48.44	300m:	4:40.90 47.92	400m:	6:15.85 44.86	
11.	SZCZE NIAK Wiktor		12	UKS "SMS KAPRY Pruszków"				6:21.65	172
	50m:	39.63 39.63	150m:	2:14.92 48.93	250m:	3:54.44 50.23	350m:	5:35.01 50.45	
	100m:	1:25.99 46.36	200m:	3:04.21 49.29	300m:	4:44.56 50.12	400m:	6:21.65 46.64	
12.	GIACOBELLI Gabriel		12	UKS oliborz				6:33.87	156
	50m:	42.65 42.65	150m:	2:19.46 49.04	250m:	4:02.01 52.38	350m:	5:39.35 45.46	
	100m:	1:30.42 47.77	200m:	3:09.63 50.17	300m:	4:53.89 51.88	400m:	6:33.87 54.52	
13.	GAJEK Oskar		12	MKS „Jagiellonka” Warszawa				6:37.72	151
	50m:	43.57 43.57	150m:	2:22.91 50.39	250m:	4:04.25 50.77	350m:	5:47.77 52.20	
	100m:	1:32.52 48.95	200m:	3:13.48 50.57	300m:	4:55.57 51.32	400m:	6:37.72 49.95	
14.	SZYMA SKI-SZCZEPANIK Kornel		12	UKS oliborz				6:42.67	146
	50m:	45.45 45.45	150m:	2:25.95 50.71	250m:	4:08.93 51.93	350m:	5:52.21 51.32	
	100m:	1:35.24 49.79	200m:	3:17.00 51.05	300m:	5:00.89 51.96	400m:	6:42.67 50.46	
15.	PADZIK Stanisław		12	UKS oliborz				6:49.64	139
	50m:	45.37 45.37	150m:	2:29.09 52.67	250m:	4:15.53 53.31	350m:	5:59.83 51.54	
	100m:	1:36.42 51.05	200m:	3:22.22 53.13	300m:	5:08.29 52.76	400m:	6:49.64 49.81	
16.	WYSOCKI Oliwier		12	UKS oliborz				6:56.88	131
	50m:	46.86 46.86	150m:	2:30.86 53.30	250m:	4:18.82 54.83	350m:	6:08.78 53.86	
	100m:	1:37.56 50.70	200m:	3:23.99 53.13	300m:	5:14.92 56.10	400m:	6:56.88 48.10	
17.	GORTATOWSKI Nikodem		12	UKS oliborz				7:50.54	91
	50m:	47.45 47.45	150m:	2:47.69 1:01.57	250m:	4:50.62 1:02.24	350m:	6:51.70 59.24	
	100m:	1:46.12 58.67	200m:	3:48.38 1:00.69	300m:	5:52.46 1:01.84	400m:	7:50.54 58.84	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat – I runda - Pruszków
Pruszków, 20. - 21.3.2024

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja					Rok ur.					Czas	Pkt.	
DYSKW.	Ł CZY SKI Mateusz				12	MKS „Jagiellonka” Warszawa						
	<i>O2 - Pływak nie uko czył całego dystansu</i>											
	50m:	43.43	43.43	150m:	2:24.86	50.81	250m:	4:07.74	51.28	350m:	5:40.41	44.19
	100m:	1:34.05	50.62	200m:	3:16.46	51.60	300m:	4:56.22	48.48	400m:		

13 lat

1.	KACZMAREK Mikołaj			11	UKS „GIM 92 Ursynów"					4:37.05	449	
	50m:	31.68	31.68	150m:	1:43.26	36.17	250m:	2:54.90	35.57	350m:	4:05.29	34.76
	100m:	1:07.09	35.41	200m:	2:19.33	36.07	300m:	3:30.53	35.63	400m:	4:37.05	31.76
2.	SZOK Filip			11	MKS Ochota Warszawa					4:40.35	433	
	50m:	31.25	31.25	150m:	1:41.22	35.06	250m:	2:53.65	36.30	350m:	4:05.87	36.11
	100m:	1:06.16	34.91	200m:	2:17.35	36.13	300m:	3:29.76	36.11	400m:	4:40.35	34.48
3.	KOTŁOWSKI Piotr			11	UKS „GIM 92 Ursynów"					4:43.19	421	
	50m:	31.71	31.71	150m:	1:42.70	35.92	250m:	2:55.63	36.48	350m:	4:08.55	36.47
	100m:	1:06.78	35.07	200m:	2:19.15	36.45	300m:	3:32.08	36.45	400m:	4:43.19	34.64
4.	DROZDOWSKI Oliwier			11	PSP SWIM Płock					4:46.09	408	
	50m:	30.76	30.76	150m:	1:41.36	36.41	250m:	2:56.12	37.98	350m:	4:11.14	37.68
	100m:	1:04.95	34.19	200m:	2:18.14	36.78	300m:	3:33.46	37.34	400m:	4:46.09	34.95
5.	KUSYK Franciszek			11	MKS „Jagiellonka” Warszawa					4:49.11	395	
	50m:	31.67	31.67	150m:	1:44.08	36.90	250m:	2:59.31	37.98	350m:	4:13.25	36.61
	100m:	1:07.18	35.51	200m:	2:21.33	37.25	300m:	3:36.64	37.33	400m:	4:49.11	35.86
6.	MILEWSKI Jan			11	UKS „GIM 92 Ursynów"					4:50.11	391	
	50m:	31.64	31.64	150m:	1:44.53	36.98	250m:	2:59.08	37.26	350m:	4:14.64	37.68
	100m:	1:07.55	35.91	200m:	2:21.82	37.29	300m:	3:36.96	37.88	400m:	4:50.11	35.47
7.	BEDY SKI Jakub			11	MKS „Jagiellonka” Warszawa					4:58.95	357	
	50m:	31.58	31.58	150m:	1:45.96	37.95	250m:	3:02.79	38.16	350m:	4:20.34	38.56
	100m:	1:08.01	36.43	200m:	2:24.63	38.67	300m:	3:41.78	38.99	400m:	4:58.95	38.61
8.	ZARYCHTA Karol			11	UKS "SMS KAPRY Pruszków"					5:12.00	314	
	50m:	35.00	35.00	150m:	1:53.20	39.82	250m:	3:14.24	41.20	350m:	4:34.03	39.92
	100m:	1:13.38	38.38	200m:	2:33.04	39.84	300m:	3:54.11	39.87	400m:	5:12.00	37.97
9.	LYSIUCHENKO ivan			11	UKS "SMS KAPRY Pruszków"					5:13.29	310	
	50m:	32.69	32.69	150m:	1:54.61	41.74	250m:	3:16.82	40.76	350m:	4:37.39	40.13
	100m:	1:12.87	40.18	200m:	2:36.06	41.45	300m:	3:57.26	40.44	400m:	5:13.29	35.90
10.	ST CLIK Jan			11	UKS oliborz					5:24.86	278	
	50m:	37.42	37.42	150m:	2:01.95	42.50	250m:	3:26.33	41.77	350m:	4:48.25	40.41
	100m:	1:19.45	42.03	200m:	2:44.56	42.61	300m:	4:07.84	41.51	400m:	5:24.86	36.61
11.	KLUSEK Adam			11	UKS „GIM 92 Ursynów"					5:25.50	277	
	50m:	36.40	36.40	150m:	1:58.06	41.36	250m:	3:22.17	42.23	350m:	4:46.32	41.77
	100m:	1:16.70	40.30	200m:	2:39.94	41.88	300m:	4:04.55	42.38	400m:	5:25.50	39.18
12.	SMOLAREK Stanisław			11	UKS „GIM 92 Ursynów"					5:32.35	260	
	50m:	37.14	37.14	150m:	2:00.67	42.65	250m:	3:27.31	43.23	350m:	4:53.32	42.66
	100m:	1:18.02	40.88	200m:	2:44.08	43.41	300m:	4:10.66	43.35	400m:	5:32.35	39.03
13.	NOGAJ Bernard			11	UKS oliborz					5:40.76	241	
	50m:	38.64	38.64	150m:	2:04.38	43.63	250m:	3:32.66	43.88	350m:	5:00.10	42.92
	100m:	1:20.75	42.11	200m:	2:48.78	44.40	300m:	4:17.18	44.52	400m:	5:40.76	40.66
14.	ALEKSANDROWICZ Modest			11	MKS „Jagiellonka” Warszawa					5:51.24	220	
	50m:	39.07	39.07	150m:	2:07.16	44.83	250m:	3:37.08	44.42	350m:	5:01.38	39.93
	100m:	1:22.33	43.26	200m:	2:52.66	45.50	300m:	4:21.45	44.37	400m:	5:51.24	49.86
15.	DZIERZBICKI Adam			11	MUKP Warszawianka Wodny Park					5:57.31	209	
	50m:	38.47	38.47	150m:	2:08.00	46.00	250m:	3:39.03	46.21	350m:	5:11.63	45.94
	100m:	1:22.00	43.53	200m:	2:52.82	44.82	300m:	4:25.69	46.66	400m:	5:57.31	45.68
16.	FRASK Jan			11	UKS Olympic Warka					6:01.29	202	
	50m:	40.14	40.14	150m:	2:11.61	46.69	250m:	3:43.42	45.89	350m:	5:16.00	46.40
	100m:	1:24.92	44.78	200m:	2:57.53	45.92	300m:	4:29.60	46.18	400m:	6:01.29	45.29

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat – I runda - Pruszków
Pruszków, 20. - 21.3.2024

Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
17.	JOBDA Adam			11	Buks				6:17.87	177		
	50m:	42.63	42.63	150m:	2:21.00	49.31	250m:	3:59.48	49.78	350m:	5:36.40	48.73
	100m:	1:31.69	49.06	200m:	3:09.70	48.70	300m:	4:47.67	48.19	400m:	6:17.87	41.47
18.	ZHELIZKO Danylo			11	UKS oliborz				7:08.71	121		
	50m:	43.95	43.95	150m:	2:28.55	53.05	250m:	4:20.03	56.09	350m:	6:15.51	57.90
	100m:	1:35.50	51.55	200m:	3:23.94	55.39	300m:	5:17.61	57.58	400m:	7:08.71	53.20
DYSKW.	SZCZEPANEK Stanisław			11	Buks							
	<i>O1 - Pływak zainicjował start przed sygnałem startu</i>											
	50m:	37.71	37.71	150m:	2:04.65	44.40	250m:	3:32.93	44.11	350m:	4:59.18	41.89
	100m:	1:20.25	42.54	200m:	2:48.82	44.17	300m:	4:17.29	44.36	400m:		
DYSKW.	MAJKUT Jeremi			11	UKS oliborz							
	<i>O3 - Pływak nie miał kontaktu ze cian podczas nawrotu</i>											
	50m:	43.27	43.27	150m:	2:23.99	51.19	250m:	4:12.90	55.00	350m:	5:57.52	51.08
	100m:	1:32.80	49.53	200m:	3:17.90	53.91	300m:	5:06.44	53.54	400m:		