

IV OTWARTE ZAWODY PŁYWACKIE POD PATRONATEM BURMISTRZA MIASTA GIŻYCKA
Giżycko, 1. - 2.6.2024

Konkurencja 15
01.06.2024 - 12:53

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2023

Pozycja	Rok ur.	Czas	Pkt.
12 lat			
1. KRYSZTOF Alicja	12	MTP Kormoran Olsztyn	5:08.67 420
50m: 34.36 34.36	150m: 1:51.95 38.52	250m: 3:10.59 39.26	350m: 4:29.58 39.41
100m: 1:13.43 39.07	200m: 2:31.33 39.38	300m: 3:50.17 39.58	400m: 5:08.67 39.09
2. GALEWSKA Isabella	12	MTP Kormoran Olsztyn	5:32.33 337
50m: 37.79 37.79	150m: 2:02.83 42.95	250m: 3:28.10 42.84	350m: 4:52.17 42.30
100m: 1:19.88 42.09	200m: 2:45.26 42.43	300m: 4:09.87 41.77	400m: 5:32.33 40.16
3. PIA CIK Zuzanna	12	UKS Butterfly Łom a	5:49.18 290
50m: 39.64 39.64	150m: 2:08.63 45.30	250m: 3:39.33 45.62	350m: 5:07.25 43.75
100m: 1:23.33 43.69	200m: 2:53.71 45.08	300m: 4:23.50 44.17	400m: 5:49.18 41.93
4. SZLEJTER Zuzanna	12	UKS „Frog” Giżycko	6:05.74 252
50m: 42.36 42.36	150m: 2:16.33 47.41	250m: 3:50.60 46.71	350m: 5:22.13 45.47
100m: 1:28.92 46.56	200m: 3:03.89 47.56	300m: 4:36.66 46.06	400m: 6:05.74 43.61
5. DYKTY Lena	12	KS Płetwal Szczytno	6:26.85 213
50m: 43.45 43.45	150m: 2:24.02 51.23	250m: 4:04.59 49.92	350m: 5:42.76 47.34
100m: 1:32.79 49.34	200m: 3:14.67 50.65	300m: 4:55.42 50.83	400m: 6:26.85 44.09
6. KOWALCZYK Nina	12	UKS „Frog” Giżycko	7:16.78 148
50m: 48.15 48.15	150m: 2:38.42 56.43	250m: 4:31.25 56.46	350m: 6:24.13 56.13
100m: 1:41.99 53.84	200m: 3:34.79 56.37	300m: 5:28.00 56.75	400m: 7:16.78 52.65
13 lat			
1. SZERSZUN Kornelia	11	UKS Butterfly Łom a	5:36.65 324
50m: 36.38 36.38	150m: 2:01.48 42.96	250m: 3:28.92 43.54	350m: 4:55.95 43.60
100m: 1:18.52 42.14	200m: 2:45.38 43.90	300m: 4:12.35 43.43	400m: 5:36.65 40.70
2. GORGOSZ Julia	11	MKS Medyk Giżycko	5:46.56 297
50m: 37.26 37.26	150m: 2:02.55 43.33	250m: 3:30.97 44.42	350m: 5:02.73 45.61
100m: 1:19.22 41.96	200m: 2:46.55 44.00	300m: 4:17.12 46.15	400m: 5:46.56 43.83
14 lat i starsi			
1. SKRABOWSKA Karolina	08	UKS „Frog” Giżycko	5:21.51 372
50m: 32.95 32.95	150m: 1:52.61 41.29	250m: 3:17.07 42.53	350m: 4:37.44 37.85
100m: 1:11.32 38.37	200m: 2:34.54 41.93	300m: 3:59.59 42.52	400m: 5:21.51 44.07
2. GRITZNER Marianna	07	MKS Medyk Giżycko	5:23.89 364
50m: 35.22 35.22	150m: 1:54.39 40.61	250m: 3:16.73 41.38	350m: 4:41.52 43.01
100m: 1:13.78 38.56	200m: 2:35.35 40.96	300m: 3:58.51 41.78	400m: 5:23.89 42.37
3. MY LI SKA Martyna	10	UKS „Frog” Giżycko	5:33.98 332
50m: 37.79 37.79	150m: 2:03.18 42.85	250m: 3:29.11 42.84	350m: 4:54.00 42.44
100m: 1:20.33 42.54	200m: 2:46.27 43.09	300m: 4:11.56 42.45	400m: 5:33.98 39.98
4. ZALEWSKA Lena	10	UKS „Frog” Giżycko	5:37.98 320
50m: 35.98 35.98	150m: 1:59.24 42.14	250m: 3:25.96 43.48	350m: 4:54.68 44.53
100m: 1:17.10 41.12	200m: 2:42.48 43.24	300m: 4:10.15 44.19	400m: 5:37.98 43.30
5. MAKOWSKA Nastazja Kinga	10	UKS „Frog” Giżycko	5:44.43 302
50m: 39.58 39.58	150m: 2:09.30 45.42	250m: 3:39.61 44.76	350m: 5:07.29 43.28
100m: 1:23.88 44.30	200m: 2:54.85 45.55	300m: 4:24.01 44.40	400m: 5:44.43 37.14