

VI ZAWODY PŁYWACKIE O PUCHAR BURMISTRZA GIŁYCKA Z OKAZJI ĆWIĘTA NIEPODLEGŁOŚCI
Giłycko, 20. - 21.11.2010

Konkurencja 14
20.11.10 - 17:05

Mężczyzn, 400m dowolny

11 lat i starsi
Wyniki

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	Parzynowski Wojciech		99	Uks 190 Łódź				5:03.12	362
	50m:	33.73 33.73	150m:	1:51.44 39.21	250m:	3:10.26 39.52	350m:	4:28.10 38.57	
	100m:	1:12.23 38.50	200m:	2:30.74 39.30	300m:	3:49.53 39.27	400m:	5:03.12 35.02	
2.	Ćliwka Jakub		99	Uks Kapry-Armexim Pruszków				5:30.04	281
	50m:	36.26 36.26	150m:	1:58.05 41.49	250m:	3:23.29 42.92	350m:	4:49.43 42.93	
	100m:	1:16.56 40.30	200m:	2:40.37 42.32	300m:	4:06.50 43.21	400m:	5:30.04 40.61	
3.	Prus Franciszek		99	Uks "Polonez" Wyszaków				5:30.37	280
	50m:	34.27 34.27	150m:	1:56.95 42.18	250m:	3:23.36 43.03	350m:	4:49.48 42.73	
	100m:	1:14.77 40.50	200m:	2:40.33 43.38	300m:	4:06.75 43.39	400m:	5:30.37 40.89	
4.	Sarbiewski Tomasz		99	Uczniowski Klub Pływacki Jedyńka Elbląg				5:38.03	261
	50m:	38.63 38.63	150m:	2:04.49 43.80	250m:	3:30.90 43.40	350m:	4:57.15 42.59	
	100m:	1:20.69 42.06	200m:	2:47.50 43.01	300m:	4:14.56 43.66	400m:	5:38.03 40.88	
12 - 13 lat									
1.	Arndt Mateusz		98	KS Delfin Gdynia				4:36.87	476
	50m:	32.41 32.41	150m:	1:43.87 35.81	250m:	2:54.37 34.63	350m:	4:04.78 35.22	
	100m:	1:08.06 35.65	200m:	2:19.74 35.87	300m:	3:29.56 35.19	400m:	4:36.87 32.09	
2.	Stecko Michał		97	Uks Kapry-Armexim Pruszków				4:52.48	403
	50m:	31.60 31.60	150m:		250m:	2:57.84 37.80	350m:	4:14.95 38.52	
	100m:	1:06.56 34.96	200m:	2:20.04	300m:	3:36.43 38.59	400m:	4:52.48 37.53	
3.	Zieliński Cezary		97	MKS Medyk Giłycko				4:53.47	399
	50m:	31.72 31.72	150m:	1:44.34 36.88	250m:	2:59.86 38.08	350m:	4:16.36 38.24	
	100m:	1:07.46 35.74	200m:	2:21.78 37.44	300m:	3:38.12 38.26	400m:	4:53.47 37.11	
4.	Konopka Mateusz		97	KS Delfin Gdynia				4:57.08	385
	50m:	33.12 33.12	150m:	1:47.39 37.59	250m:	3:03.22 37.71	350m:	4:20.02 38.85	
	100m:	1:09.80 36.68	200m:	2:25.51 38.12	300m:	3:41.17 37.95	400m:	4:57.08 37.06	
5.	Ciborowski Natan		98	MKS "Roś" Pisz				5:05.66	353
	50m:	33.12 33.12	150m:	1:49.59 39.06	250m:	3:08.97 40.16	350m:	4:28.24 39.27	
	100m:	1:10.53 37.41	200m:	2:28.81 39.22	300m:	3:48.97 40.00	400m:	5:05.66 37.42	
6.	Staruch Jan		97	MTP KORMORAN Olsztyn				5:06.27	351
	50m:	33.09 33.09	150m:	1:49.04 38.17	250m:	3:06.48 38.68	350m:	4:26.13 39.09	
	100m:	1:10.87 37.78	200m:	2:27.80 38.76	300m:	3:47.04 40.56	400m:	5:06.27 40.14	
7.	Sołtowski Dominik		98	Uks Mos Ełk				5:08.12	345
	50m:	35.13 35.13	150m:	1:55.49 40.46	250m:		350m:	4:32.75 38.54	
	100m:	1:15.03 39.90	200m:	2:35.34 39.85	300m:	3:54.21	400m:	5:08.12 35.37	
8.	Tuczko Jan		97	KS Delfin Gdynia				5:09.73	340
	50m:	35.84 35.84	150m:	1:54.45 39.47	250m:	3:13.83 39.62	350m:	4:32.65 39.11	
	100m:	1:14.98 39.14	200m:	2:34.21 39.76	300m:	3:53.54 39.71	400m:	5:09.73 37.08	
9.	Bargłowski Mateusz		98	MKS "Roś" Pisz				5:14.73	324
	50m:	34.58 34.58	150m:	1:54.63 40.38	250m:	3:16.05 40.80	350m:	4:36.59 40.17	
	100m:	1:14.25 39.67	200m:	2:35.25 40.62	300m:	3:56.42 40.37	400m:	5:14.73 38.14	
10.	Mańczak Błażej		98	KS Delfin Gdynia				5:20.62	306
	50m:	35.11 35.11	150m:	1:55.58 40.41	250m:	3:17.02 40.73	350m:	4:39.80 41.60	
	100m:	1:15.17 40.06	200m:	2:36.29 40.71	300m:	3:58.20 41.18	400m:	5:20.62 40.82	
11.	Grzybowski Patryk		98	Uks "Polonez" Wyszaków				5:23.78	297
	50m:	35.45 35.45	150m:	1:57.29 41.93	250m:	3:22.06 42.39	350m:	4:44.25 39.73	
	100m:	1:15.36 39.91	200m:	2:39.67 42.38	300m:	4:04.52 42.46	400m:	5:23.78 39.53	
12.	Czubaś Radosław		98	MTS Kwidzyn				5:24.14	296
	50m:	36.71 36.71	150m:	1:58.11 41.29	250m:	3:21.13 41.40	350m:	4:44.48 41.52	
	100m:	1:16.82 40.11	200m:	2:39.73 41.62	300m:	4:02.96 41.83	400m:	5:24.14 39.66	

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Giłycko, 20. - 21.11.2010

Konkurencja 14, Ch³opców, 400m dowolny, 12 - 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
13.	Niemczyk Krzysztof		98	KS Delfin Gdynia				5:28.65	284		
	50m:	36.44 36.44	150m:	1:57.01	40.68	250m:	3:20.22	41.26	350m:	4:44.21	41.43
	100m:	1:16.33 39.89	200m:	2:38.96	41.95	300m:	4:02.78	42.56	400m:	5:28.65	44.44
14.	Czechowicz Mateusz		97	Policyjny Klub Sportowy Gwardia Szczecin				6:33.84	165		
	50m:	41.05 41.05	150m:	2:20.76	50.46	250m:	4:03.05	51.23	350m:	5:45.35	50.39
	100m:	1:30.30 49.25	200m:	3:11.82	51.06	300m:	4:54.96	51.91	400m:	6:33.84	48.49

14 - 15 lat

1.	Kubkowski Bart ³ omiej		95	MKS Medyk Giłycko				4:03.81	696		
	50m:	28.10 28.10	150m:	1:28.85	30.37	250m:	2:30.90	31.01	350m:	3:33.27	30.80
	100m:	58.48 30.38	200m:	1:59.89	31.04	300m:	3:02.47	31.57	400m:	4:03.81	30.54
2.	Falaciński Maciej		96	Uks Mos E ³ k				4:17.62	590		
	50m:	29.15 29.15	150m:	1:33.61	32.47	250m:	2:40.34	33.24	350m:	3:46.86	33.19
	100m:	1:01.14 31.99	200m:	2:07.10	33.49	300m:	3:13.67	33.33	400m:	4:17.62	30.76
3.	Jaszewski Marcin		96	Uks "Polonez" Wyszaków				4:20.31	572		
	50m:	30.39 30.39	150m:	1:35.84	32.68	250m:	2:41.06	32.32	350m:	3:47.95	33.90
	100m:	1:03.16 32.77	200m:	2:08.74	32.90	300m:	3:14.05	32.99	400m:	4:20.31	32.36
4.	Pasieczny Przemys ³ aw		95	Klub Sportowy Orze ³ Elbl ¹ g				4:21.08	567		
	50m:	29.57 29.57	150m:	1:35.20	33.17	250m:	2:42.00	33.41	350m:	3:48.98	33.43
	100m:	1:02.03 32.46	200m:	2:08.59	33.39	300m:	3:15.55	33.55	400m:	4:21.08	32.10
5.	Szczukowski Michał		95	MTP KORMORAN Olsztyn				4:36.83	476		
	50m:	29.94 29.94	150m:	1:39.99	35.42	250m:	2:51.30	35.51	350m:	4:03.24	35.61
	100m:	1:04.57 34.63	200m:	2:15.79	35.80	300m:	3:27.63	36.33	400m:	4:36.83	33.59
6.	Szulerecki Pawe ³		95	Uoeks Ostro ³ êka				4:42.48	448		
	50m:	30.14 30.14	150m:	1:40.76	35.92	250m:	2:53.53	36.61	350m:	4:06.98	36.56
	100m:	1:04.84 34.70	200m:	2:16.92	36.16	300m:	3:30.42	36.89	400m:	4:42.48	35.50
7.	Chmiel Mateusz		96	Uks "Polonez" Wyszaków				4:48.38	421		
	50m:	31.06 31.06	150m:	1:42.91	36.79	250m:	2:58.00	37.62	350m:	4:12.75	37.31
	100m:	1:06.12 35.06	200m:	2:20.38	37.47	300m:	3:35.44	37.44	400m:	4:48.38	35.63
8.	Szymański Jakub		96	Uks "Polonez" Wyszaków				5:05.58	354		
	50m:	33.68 33.68	150m:	1:52.80	39.62	250m:	3:11.93	39.40	350m:	4:29.25	38.30
	100m:	1:13.18 39.50	200m:	2:32.53	39.73	300m:	3:50.95	39.02	400m:	5:05.58	36.33
9.	Rudziński Marek		96	Klub Sportowy Orze ³ Elbl ¹ g				5:13.53	327		
	50m:	36.10 36.10	150m:	1:54.54	39.67	250m:	3:15.38	40.68	350m:	4:35.42	39.30
	100m:	1:14.87 38.77	200m:	2:34.70	40.16	300m:	3:56.12	40.74	400m:	5:13.53	38.11

16 lat i starsi

1.	Szudzik Przemys ³ aw		94	Uczniowski Klub Pływakowski Jedyńka Elbl ¹ g				4:34.55	488		
	50m:	30.90 30.90	150m:	1:38.78	34.36	250m:	2:48.91	35.18	350m:	4:00.68	36.10
	100m:	1:04.42 33.52	200m:	2:13.73	34.95	300m:	3:24.58	35.67	400m:	4:34.55	33.87