

Zawody pływackie o puchar Prezesa Klubu Płetwal Mława
MŁAWA, 19- - 20-11-2011

Konkurencja 22
2011-11-20 - 12:00

M czyzn, 400m dowolny

13 lat i starsi
Wyniki

Punkty: FINA 2011

Pozycja			Wiek					Czas	Pkt.	
13 lat										
1.	Arndt Mateusz		13	KS Delfin Gdynia				4:27.10	505	
	50m:	29.95 29.95	150m:	1:36.80	33.44	250m:	2:44.94	34.08	350m:	3:54.06 34.61
	100m:	1:03.36 33.41	200m:	2:10.86	34.06	300m:	3:19.45	34.51	400m:	4:27.10 33.04
2.	Chodan Alan		13	MTP KORMORAN Olsztyn				4:32.01	478	
	50m:	30.70 30.70	150m:	1:39.24	34.60	250m:	2:48.89	34.72	350m:	3:58.76 34.53
	100m:	1:04.64 33.94	200m:	2:14.17	34.93	300m:	3:24.23	35.34	400m:	4:32.01 33.25
3.	Szpojankowski Kacper		13	MTP KORMORAN Olsztyn				4:38.23	447	
	50m:	32.16 32.16	150m:	1:42.96	35.81	250m:	2:54.41	35.66	350m:	4:05.21 35.23
	100m:	1:07.15 34.99	200m:	2:18.75	35.79	300m:	3:29.98	35.57	400m:	4:38.23 33.02
4.	Sinitchine Radoslaw		13	MTP KORMORAN Olsztyn				4:44.04	420	
	50m:	32.79 32.79	150m:	1:46.01	37.10	250m:	2:59.86	36.71	350m:	4:12.71 35.81
	100m:	1:08.91 36.12	200m:	2:23.15	37.14	300m:	3:36.90	37.04	400m:	4:44.04 31.33
5.	Mielnik Daniel		13	MTP KORMORAN Olsztyn				4:44.29	419	
	50m:	31.95 31.95	150m:	1:44.51	36.57	250m:	2:57.90	36.65	350m:	4:10.98 36.59
	100m:	1:07.94 35.99	200m:	2:21.25	36.74	300m:	3:34.39	36.49	400m:	4:44.29 33.31
6.	MILCZAREK PIOTR		13	Uks 190 Łód				4:47.25	406	
	50m:	31.62 31.62	150m:	1:44.63	37.15	250m:	2:58.14	36.83	350m:	4:11.92 36.78
	100m:	1:07.48 35.86	200m:	2:21.31	36.68	300m:	3:35.14	37.00	400m:	4:47.25 35.33
7.	Ma czak Bła ej		13	KS Delfin Gdynia				4:56.60	369	
	50m:	32.19 32.19	150m:	1:46.18	37.92	250m:	3:03.04	38.42	350m:	4:20.04 38.33
	100m:	1:08.26 36.07	200m:	2:24.62	38.44	300m:	3:41.71	38.67	400m:	4:56.60 36.56
8.	Ruci ski Jakub		13	MTP KORMORAN Olsztyn				4:57.22	366	
	50m:	34.90 34.90	150m:	1:50.64	38.04	250m:	3:06.58	37.43	350m:	4:21.92 37.31
	100m:	1:12.60 37.70	200m:	2:29.15	38.51	300m:	3:44.61	38.03	400m:	4:57.22 35.30
9.	Niemczyk Krzysztof		13	KS Delfin Gdynia				5:06.48	334	
	50m:	35.12 35.12	150m:	1:52.42	38.94	250m:	3:11.36	39.49	350m:	4:31.30 39.86
	100m:	1:13.48 38.36	200m:	2:31.87	39.45	300m:	3:51.44	40.08	400m:	5:06.48 35.18
10.	Reweda Patryk		13	Klub Pływacki Płetwal Mława				5:22.55	287	
	50m:	37.03 37.03	150m:	1:59.59	41.97	250m:	3:21.90	41.47	350m:	4:44.29 40.44
	100m:	1:17.62 40.59	200m:	2:40.43	40.84	300m:	4:03.85	41.95	400m:	5:22.55 38.26
14 lat										
1.	Konopka Mateusz		14	KS Delfin Gdynia				4:30.31	487	
	50m:	31.05 31.05	150m:	1:38.97	34.00	250m:	2:48.28	34.63	350m:	3:57.27 34.31
	100m:	1:04.97 33.92	200m:	2:13.65	34.68	300m:	3:22.96	34.68	400m:	4:30.31 33.04
2.	Zuchowski Ernest		14	KS Delfin Gdynia				4:31.80	479	
	50m:	30.48 30.48	150m:	1:37.80	33.75	250m:	2:46.73	34.50	350m:	3:56.79 34.94
	100m:	1:04.05 33.57	200m:	2:12.23	34.43	300m:	3:21.85	35.12	400m:	4:31.80 35.01
3.	Rompa Tymoteusz		14	KS Delfin Gdynia				4:42.33	428	
	50m:	31.43 31.43	150m:	1:40.86	35.30	250m:	2:54.47	37.17	350m:	4:08.60 37.69
	100m:	1:05.56 34.13	200m:	2:17.30	36.44	300m:	3:30.91	36.44	400m:	4:42.33 33.73
4.	Tuczko Jan		14	KS Delfin Gdynia				4:43.99	420	
	50m:	32.44 32.44	150m:	1:43.68	35.83	250m:	2:56.96	37.07	350m:	4:09.88 36.06
	100m:	1:07.85 35.41	200m:	2:19.89	36.21	300m:	3:33.82	36.86	400m:	4:43.99 34.11
5.	Kunz Kacper		14	KS Delfin Gdynia				4:59.65	358	
	50m:	33.06 33.06	150m:	1:47.00	37.50	250m:	3:04.55	38.79	350m:	4:22.28 38.36
	100m:	1:09.50 36.44	200m:	2:25.76	38.76	300m:	3:43.92	39.37	400m:	4:59.65 37.37

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Konkurencja 22, M czynn, 400m dowolny

15 lat

1. Szyma ski Grzegorz	15	Uks Wilanowia	5:09.53	324
50m: 34.46 34.46	150m: 1:50.77	38.53 250m: 3:09.03	38.90 350m: 4:30.02	40.59
100m: 1:12.24 37.78	200m: 2:30.13	39.36 300m: 3:49.43	40.40 400m: 5:09.53	39.51

16 lat i starsi

1. Aptewicz Arkadiusz	18	G - 8 Bielany	4:17.80	562
50m: 29.32 29.32	150m: 1:33.31	32.31 250m: 2:39.26	33.03 350m: 3:45.42	33.07
100m: 1:01.00 31.68	200m: 2:06.23	32.92 300m: 3:12.35	33.09 400m: 4:17.80	32.38

2. Rybicki Mateusz	17	Klub Pływacki Płetwal Mława	5:27.33	274
50m: 37.73 37.73	150m: 2:01.21	42.42 250m: 3:25.52	41.80 350m: 4:49.65	40.16
100m: 1:18.79 41.06	200m: 2:43.72	42.51 300m: 4:09.49	43.97 400m: 5:27.33	37.68

PK Szmit Bła ej	17	MTP KORMORAN Olsztyn	4:20.56	544
50m: 29.49 29.49	150m: 1:34.77	32.79 250m: 2:41.64	33.49 350m: 3:48.10	33.05
100m: 1:01.98 32.49	200m: 2:08.15	33.38 300m: 3:15.05	33.41 400m: 4:20.56	32.46

PK ZDUNEK JAKUB	11	ORKA Ciechanów	5:11.94	317
50m: 36.31 36.31	150m: 1:55.39	39.86 250m: 3:15.02	39.29 350m: 4:33.77	38.64
100m: 1:15.53 39.22	200m: 2:35.73	40.34 300m: 3:55.13	40.11 400m: 5:11.94	38.17