

IX zawody pływackie o puchar Burmistrza Miasta Giżycka z okazji 100-lecia Niepodległości
Giżycka, 9- - 10-11-2013

Konkurencja 30
2013-11-10 - 13:45

Mężczyźni, 400m dowolny

11 lat i starsi
Wyniki

Punkty: FINA 2012

Pozycja	Rok ur.	Czas	Pkt.
11 lat			
1. JA KIEWICZ Adrian	02	IuKS Muszelka	5:06.54 334
50m: 34.25 34.25	150m: 1:52.63 39.68	250m: 3:11.30 39.76	350m: 4:30.04 39.19
100m: 1:12.95 38.70	200m: 2:31.54 38.91	300m: 3:50.85 39.55	400m: 5:06.54 36.50
2. DOŁOWY Grzegorz	02	IuKS Muszelka	5:06.82 333
50m: 35.82 35.82	150m: 1:53.96 39.37	250m: 3:12.72 39.34	350m: 4:31.21 38.99
100m: 1:14.59 38.77	200m: 2:33.38 39.42	300m: 3:52.22 39.50	400m: 5:06.82 35.61
3. DUCHNOWSKI Szymon	02	BARRACUDA Białystok	5:23.53 284
50m: 33.86 33.86	150m: 1:53.38 40.18	250m: 3:16.06 41.25	350m: 4:41.61 43.22
100m: 1:13.20 39.34	200m: 2:34.81 41.43	300m: 3:58.39 42.33	400m: 5:23.53 41.92
4. SZUTKIEWICZ Szymon	02	BARRACUDA Białystok	5:24.13 282
50m: 38.01 38.01	150m: 2:01.86 41.83	250m: 3:24.28 41.17	350m: 4:46.19 40.88
100m: 1:20.03 42.02	200m: 2:43.11 41.25	300m: 4:05.31 41.03	400m: 5:24.13 37.94
5. LEWANDOWSKI Jakub	02	UKP Jedyńka Elbląg	5:25.68 278
50m: 35.89 35.89	150m: 2:01.45 43.32	250m: 3:24.92 41.26	350m: 4:46.73 40.59
100m: 1:18.13 42.24	200m: 2:43.66 42.21	300m: 4:06.14 41.22	400m: 5:25.68 38.95
6. LIPOWSKI Oskar	02	IuKS Muszelka	5:26.00 278
50m: 37.03 37.03	150m: 1:59.35 41.64	250m: 3:23.12 42.28	350m: 4:46.72 41.33
100m: 1:17.71 40.68	200m: 2:40.84 41.49	300m: 4:05.39 42.27	400m: 5:26.00 39.28
7. SZERMUSZYN Hubert	02	BARRACUDA Białystok	5:27.05 275
50m: 36.78 36.78	150m: 2:01.77 43.11	250m: 3:26.53 42.08	350m: 4:49.24 41.07
100m: 1:18.66 41.88	200m: 2:44.45 42.68	300m: 4:08.17 41.64	400m: 5:27.05 37.81
8. APELSKI Dawid	02	UKS "POLONEZ" Wyszaków	5:29.78 268
50m: 36.54 36.54	150m: 2:00.34 42.82	250m: 3:24.96 42.30	350m: 4:48.55 41.79
100m: 1:17.52 40.98	200m: 2:42.66 42.32	300m: 4:06.76 41.80	400m: 5:29.78 41.23
9. KOPICZKO Maksymilian	02	MKS Medyk Giżycko	5:30.14 267
50m: 36.32 36.32	150m: 2:01.65 43.02	250m: 3:27.81 43.15	350m: 4:51.86 41.69
100m: 1:18.63 42.31	200m: 2:44.66 43.01	300m: 4:10.17 42.36	400m: 5:30.14 38.28
10. WORONKO Krzysztof	02	MKS Medyk Giżycko	5:33.91 258
50m: 36.55 36.55	150m: 2:01.57 42.85	250m: 3:28.16 43.07	350m: 4:53.33 41.67
100m: 1:18.72 42.17	200m: 2:45.09 43.52	300m: 4:11.66 43.50	400m: 5:33.91 40.58
11. BURDUKIEWICZ Maksymilian	02	IuKS Muszelka	5:35.31 255
50m: 37.01 37.01	150m: 2:02.06 42.52	250m: 3:28.56 43.36	350m: 4:54.92 43.28
100m: 1:19.54 42.53	200m: 2:45.20 43.14	300m: 4:11.64 43.08	400m: 5:35.31 40.39
12. RUTA Kamil	02	IuKS Muszelka	5:46.20 232
50m: 39.04 39.04	150m: 2:06.34 43.70	250m: 3:35.02 44.36	350m: 5:03.66 43.86
100m: 1:22.64 43.60	200m: 2:50.66 44.32	300m: 4:19.80 44.78	400m: 5:46.20 42.54
13. BUCHOLC Jakub	02	IuKS Muszelka	5:54.90 215
50m: 39.68 39.68	150m: 2:08.57 45.04	250m: 3:39.41 45.24	350m: 5:09.97 45.02
100m: 1:23.53 43.85	200m: 2:54.17 45.60	300m: 4:24.95 45.54	400m: 5:54.90 44.93
14. BURCZYSKI Piotr	02	IuKS Muszelka	6:01.11 204
50m: 39.16 39.16	150m: 2:12.49 46.96	250m: 3:45.52 46.75	350m: 5:18.20 45.93
100m: 1:24.38 45.22	200m: 2:58.77 46.28	300m: 4:32.27 46.75	400m: 6:01.54 43.34
15. STWORZYJANEK Marek	02	IuKS Muszelka	6:01.54 203
50m: 40.66 40.66	150m: 2:12.49 46.96	250m: 3:45.52 46.75	350m: 5:18.20 45.93
100m: 1:25.53 44.87	200m: 2:58.77 46.28	300m: 4:32.27 46.75	400m: 6:01.54 43.34
16. BIEKOWSKI Jakub	02	IuKS Muszelka	6:15.97 181
50m: 42.18 42.18	150m: 2:17.64 48.29	250m: 3:54.56 48.93	350m: 5:31.40 48.11
100m: 1:29.35 47.17	200m: 3:05.63 47.99	300m: 4:43.29 48.73	400m: 6:15.97 44.57
17. BRZEZIŃSKI Michał	02	UKS Kapry Armexim Pruszków	6:33.03 158
50m: 42.24 42.24	150m: 2:20.70 49.28	250m: 4:02.63 51.49	350m: 5:44.42 51.33
100m: 1:31.42 49.18	200m: 3:11.14 50.44	300m: 4:53.09 50.46	400m: 6:33.03 48.61

IX zawody pływackie o puchar Burmistrza Miasta Giżycka z okazji 100-lecia Niepodległości
Giżycko, 9- - 10-11-2013

Konkurencja 30, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.	
18.	GŁOSEK Karol		02	UKS "POLONEZ" Wyszaków				6:43.70	146	
	50m:	43.60 43.60	150m:	2:27.38	52.27	250m:	4:12.61	52.83	350m:	5:04.64
	100m:	1:35.11 51.51	200m:	3:19.78	52.40	300m:			400m:	6:43.70 1:39.06
19.	SOKOŁOWSKI Marcin		02	Iuks Muszelka				6:56.39	133	
	50m:	47.14 47.14	150m:	2:31.60	53.46	250m:	4:17.70	53.71	350m:	5:10.91
	100m:	1:38.14 51.00	200m:	3:23.99	52.39	300m:			400m:	6:56.39 1:45.48

12 lat

1.	KRZYWNICKI Adrian		01	ORKA Ciechanów				4:55.76	372	
	50m:	31.20 31.20	150m:	1:44.29	37.64	250m:	3:01.59	38.52	350m:	4:19.39 38.77
	100m:	1:06.65 35.45	200m:	2:23.07	38.78	300m:	3:40.62	39.03	400m:	4:55.76 36.37
2.	MASŁOWSKI Hubert		01	BARRACUDA Białystok				5:25.05	280	
	50m:	35.94 35.94	150m:	1:59.05	42.09	250m:	3:23.01	41.50	350m:	4:47.15 41.72
	100m:	1:16.96 41.02	200m:	2:41.51	42.46	300m:	4:05.43	42.42	400m:	5:25.05 37.90
3.	MECH Mateusz		01	Uks Pirat Elbląg				5:27.10	275	
	50m:	35.42 35.42	150m:	1:57.83	41.92	250m:	3:21.96	42.25	350m:	
	100m:	1:15.91 40.49	200m:	2:39.71	41.88	300m:	4:04.23	42.27	400m:	5:27.10
4.	FRONC Jakub		01	BARRACUDA Białystok				5:28.80	270	
	50m:	35.85 35.85	150m:	1:59.26	42.77	250m:	3:25.07	42.68	350m:	4:50.67 43.45
	100m:	1:16.49 40.64	200m:	2:42.39	43.13	300m:	4:07.22	42.15	400m:	5:28.80 38.13

13 lat

1.	KOZIEJKO Bartłomiej		00	MTP KORMORAN Olsztyn				4:33.89	468	
	50m:	31.45 31.45	150m:	1:40.24	34.64	250m:	2:50.56	35.27	350m:	4:00.75 34.65
	100m:	1:05.60 34.15	200m:	2:15.29	35.05	300m:	3:26.10	35.54	400m:	4:33.89 33.14
2.	OLLER Krzysztof		00	MTP KORMORAN Olsztyn				4:40.04	438	
	50m:	31.49 31.49	150m:	1:43.63	36.30	250m:	2:54.79	35.51	350m:	4:04.31 34.82
	100m:	1:07.33 35.84	200m:	2:19.28	35.65	300m:	3:29.49	34.70	400m:	4:40.04 35.73
3.	W SOWSKI Jędrzej		00	MTP KORMORAN Olsztyn				4:41.71	430	
	50m:	31.93 31.93	150m:	1:42.96	36.00	250m:	2:54.75	35.79	350m:	4:07.30 36.11
	100m:	1:06.96 35.03	200m:	2:18.96	36.00	300m:	3:31.19	36.44	400m:	4:41.71 34.41
4.	RUTKOWSKI Michał		00	Uks Mos Eląg				4:58.10	363	
	50m:	32.56 32.56	150m:	1:47.11	38.08	250m:	3:04.07	38.71	350m:	4:21.69 39.00
	100m:	1:09.03 36.47	200m:	2:25.36	38.25	300m:	3:42.69	38.62	400m:	4:58.10 36.41
5.	MAKSYMOWICZ Tomasz		00	UKP Jedyńka Elbląg				5:04.16	342	
	50m:	33.43 33.43	150m:	1:48.74	38.23	250m:	3:05.88	38.70	350m:	4:24.86 39.54
	100m:	1:10.51 37.08	200m:	2:27.18	38.44	300m:	3:45.32	39.44	400m:	5:04.16 39.30
6.	OSTAŁOWSKI Paweł		00	UKP Jedyńka Elbląg				5:06.76	333	
	50m:	34.45 34.45	150m:	1:52.10	39.35	250m:	3:11.10	39.51	350m:	4:29.73 39.11
	100m:	1:12.75 38.30	200m:	2:31.59	39.49	300m:	3:50.62	39.52	400m:	5:06.76 37.03
7.	SAWICKI Dawid		00	Uks Mos Eląg				5:06.88	333	
	50m:	35.08 35.08	150m:	1:53.03	39.17	250m:	3:10.59	38.38	350m:	4:29.26 39.29
	100m:	1:13.86 38.78	200m:	2:32.21	39.18	300m:	3:49.97	39.38	400m:	5:06.88 37.62
8.	MECH Dariusz		00	Uks Pirat Elbląg				5:15.78	305	
	50m:	32.39 32.39	150m:	1:50.78	40.11	250m:	3:11.14	40.74	350m:	4:34.28 41.83
	100m:	1:10.67 38.28	200m:	2:30.40	39.62	300m:	3:52.45	41.31	400m:	5:15.78 41.50
9.	GONTARCZYK Kamil		00	UKS Kapry Armexim Pruszków				5:28.20	272	
	50m:	35.61 35.61	150m:	1:59.88	42.25	250m:	3:24.03	41.28	350m:	4:48.65 42.33
	100m:	1:17.63 42.02	200m:	2:42.75	42.87	300m:	4:06.32	42.29	400m:	5:28.20 39.55
10.	WNOROWSKI Adrian		00	Uks Mos Eląg				5:50.06	224	
	50m:	39.39 39.39	150m:	2:07.24	44.68	250m:	3:36.33	44.61	350m:	
	100m:	1:22.56 43.17	200m:	2:51.72	44.48	300m:	4:21.08	44.75	400m:	5:50.06

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Konkurencja 30, Mężczyźni, 400m dowolny

14 lat

1.	CIBOROWSKI Rafał	99	MKS Medyk Giżycko	4:23.10	528
	50m: 29.34 29.34	150m: 1:36.03	34.00	250m: 2:44.91	34.44
	100m: 1:02.03 32.69	200m: 2:10.47	34.44	300m: 3:19.04	34.13
				350m: 3:52.10	33.06
				400m: 4:23.10	31.00
2.	KOSTOWSKI Michał	99	MTP KORMORAN Olsztyn	4:33.51	470
	50m: 30.97 30.97	150m: 1:39.70	34.40	250m: 2:48.56	34.40
	100m: 1:05.30 34.33	200m: 2:14.16	34.46	300m: 3:23.25	34.69
				350m: 3:56.66	33.41
				400m: 4:33.51	36.85
3.	BUCEWKA Kajetan	99	ródmiejski UKS Polna	4:38.18	447
	50m: 30.58 30.58	150m: 1:42.46	36.94	250m: 2:54.57	35.98
	100m: 1:05.52 34.94	200m: 2:18.59	36.13	300m: 3:30.86	36.29
				350m: 4:06.65	35.79
				400m: 4:38.18	31.53
4.	KRZYŻANOWSKI Szymon	99	ródmiejski UKS Polna	4:40.25	437
	50m: 30.89 30.89	150m: 1:39.49	34.99	250m: 2:51.85	36.51
	100m: 1:04.50 33.61	200m: 2:15.34	35.85	300m: 3:28.40	36.55
				350m: 4:05.05	36.65
				400m: 4:40.25	35.20
5.	GIER Oliwier	99	MTP KORMORAN Olsztyn	4:42.94	425
	50m: 31.01 31.01	150m: 1:41.01	35.18	250m: 2:53.21	36.39
	100m: 1:05.83 34.82	200m: 2:16.82	35.81	300m: 3:30.58	37.37
				350m: 4:07.92	37.34
				400m: 4:42.94	35.02
6.	OMAK Fryderyk	99	MKS Medyk Giżycko	4:51.53	388
	50m: 31.70 31.70	150m: 1:45.84	37.18	250m: 3:01.55	38.00
	100m: 1:08.66 36.96	200m: 2:23.55	37.71	300m: 3:38.80	37.25
				350m: 4:15.72	36.92
				400m: 4:51.53	35.81
7.	TRZEŚNIEWSKI Kacper	99	UKS Kapry Armexim Pruszków	4:54.48	377
	50m: 30.70 30.70	150m: 1:43.94	37.30	250m: 3:00.67	37.78
	100m: 1:06.64 35.94	200m: 2:22.89	38.95	300m: 3:39.03	38.36
				350m: 4:16.94	37.91
				400m: 4:54.48	37.54
8.	KUBIŃSKI Arkadiusz	99	Uks Pirat Elbląg	5:02.61	347
	50m: 32.17 32.17	150m: 1:47.49	39.01	250m: 3:06.42	39.51
	100m: 1:08.48 36.31	200m: 2:26.91	39.42	300m: 3:45.20	38.78
				350m: 4:24.84	39.64
				400m: 5:02.61	37.77

15 lat

1.	KASZTELAN Mateusz	98	Uks Mos Elk	4:09.18	622
	50m: 28.39 28.39	150m: 1:31.51	31.48	250m: 2:35.33	31.80
	100m: 1:00.03 31.64	200m: 2:03.53	32.02	300m: 3:07.43	32.10
				350m: 3:39.48	32.05
				400m: 4:09.18	29.70
2.	CHODAN Alan	98	MTP KORMORAN Olsztyn	4:09.90	617
	50m: 28.50 28.50	150m: 1:31.55	31.71	250m: 2:35.26	31.88
	100m: 59.84 31.34	200m: 2:03.38	31.83	300m: 3:08.10	32.84
				350m: 3:39.71	31.61
				400m: 4:09.90	30.19
3.	SZPOJANKOWSKI Kacper	98	MTP KORMORAN Olsztyn	4:14.20	586
	50m: 28.94 28.94	150m: 1:32.74	32.14	250m: 2:37.48	32.49
	100m: 1:00.60 31.66	200m: 2:04.99	32.25	300m: 3:10.33	32.85
				350m: 3:43.03	32.70
				400m: 4:14.20	31.17
4.	RUCIŃSKI Jakub	98	MTP KORMORAN Olsztyn	4:19.82	549
	50m: 28.92 28.92	150m: 1:32.79	32.41	250m: 2:39.32	33.45
	100m: 1:00.38 31.46	200m: 2:05.87	33.08	300m: 3:13.37	34.05
				350m: 3:46.96	33.59
				400m: 4:19.82	32.86
5.	KRÓL Bartosz	98	MTP KORMORAN Olsztyn	4:25.31	515
	50m: 29.62 29.62	150m: 1:35.53	33.58	250m: 2:43.51	34.15
	100m: 1:01.95 32.33	200m: 2:09.36	33.83	300m: 3:17.91	34.40
				350m: 3:52.50	34.59
				400m: 4:25.31	32.81
6.	KOZIOLEK Bartosz	98	MTP KORMORAN Olsztyn	4:33.73	469
	50m: 31.38 31.38	150m: 1:39.89	34.58	250m: 2:50.26	35.27
	100m: 1:05.31 33.93	200m: 2:14.99	35.10	300m: 3:26.02	35.76
				350m: 4:01.06	35.04
				400m: 4:33.73	32.67

16 lat i starsi

1.	ZIELIŃSKI Cezary	97	MKS Medyk Giżycko	4:08.96	624
	50m: 28.57 28.57	150m: 1:32.01	31.74	250m: 2:35.59	31.66
	100m: 1:00.27 31.70	200m: 2:03.93	31.92	300m: 3:07.87	32.28
				350m: 3:39.53	31.66
				400m: 4:08.96	29.43
2.	MOCKEVICIUS Rokas	97	Alytus SRC	4:37.48	450
	50m: 28.96 28.96	150m: 1:37.45	35.40	250m: 2:50.46	36.52
	100m: 1:02.05 33.09	200m: 2:13.94	36.49	300m: 3:26.48	36.02
				350m: 4:02.79	36.31
				400m: 4:37.48	34.69

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Konkurencja 30, Mężczyźni, 400m dowolny

PK	RODKIEWICZ Radosław		03	Iuks Muszelka					6:07.73	193		
	50m:	40.09	40.09	150m:	2:13.85	47.03	250m:	3:49.17	47.78	350m:	5:23.78	47.30
	100m:	1:26.82	46.73	200m:	3:01.39	47.54	300m:	4:36.48	47.31	400m:	6:07.73	43.95