

Zimowe Mistrzostwa Polski Juniorów Młodych - 15 lat  
Gorzów Wlkp., 9- - 11-3-2012

Konkurencja 11  
2012-03-09

Dziewcz t, 400m zmienny

15 lat  
Wyniki Eliminacje

Rekord Polski Jun-15 lat 4:45.72 SZPUCHA Katarzyna 00505 Ciechanow 2011-03-11

Punkty: FINA 2011

Pozycja	Rok ur.	Czas	Pkt.
1. SIE CZYK Jowita	97 ak Biała Podlaska	<b>4:55.61</b>	688 A
50m: 31.91 31.91	150m: 1:44.94 37.07	250m: 3:03.65 42.28	350m: 4:20.99 36.12
100m: 1:07.87 35.96	200m: 2:21.37 36.43	300m: 3:44.87 41.22	400m: 4:55.61 34.62
2. BIEDRZYCKA Iga	97 Ro Pisz	<b>5:09.44</b>	600 A
50m: 33.24 33.24	150m: 1:48.46 38.72	250m: 3:10.99 44.01	350m: 4:32.99 37.21
100m: 1:09.74 36.50	200m: 2:26.98 38.52	300m: 3:55.78 44.79	400m: 5:09.44 36.45
3. KUBACKA Magda SO	97 Unia O wi cim	<b>5:10.65</b>	593 A
50m: 33.32 33.32	150m: 1:51.70 39.94	250m: 3:15.15 43.77	350m: 4:35.69 36.33
100m: 1:11.76 38.44	200m: 2:31.38 39.68	300m: 3:59.36 44.21	400m: 5:10.65 34.96
4. CZERNIAK Magdalena	97 Bobry D bica	<b>5:11.14</b>	590 A
50m: 31.79 31.79	150m: 1:47.67 38.72	250m: 3:12.61 45.40	350m: 4:35.50 37.09
100m: 1:08.95 37.16	200m: 2:27.21 39.54	300m: 3:58.41 45.80	400m: 5:11.14 35.64
5. CISZEWSKA Sandra	97 9 Kalisz	<b>5:13.04</b>	579 A
50m: 33.34 33.34	150m: 1:50.41 38.64	250m: 3:14.37 44.85	350m: 4:37.20 36.89
100m: 1:11.77 38.43	200m: 2:29.52 39.11	300m: 4:00.31 45.94	400m: 5:13.04 35.84
6. MENDOWSKA Paulina	97 Warta Pozna	<b>5:13.21</b>	578 A
50m: 31.62 31.62	150m: 1:47.17 38.85	250m: 3:10.08 43.39	350m: 4:30.47 36.67
100m: 1:08.32 36.70	200m: 2:26.69 39.52	300m: 3:53.80 43.72	400m: 5:13.21 42.74
7. WI NIEWSKA Natalia	97 Warta Pozna	<b>5:13.23</b>	578 A
50m: 33.10 33.10	150m: 1:47.17 38.85	250m: 3:16.14 43.44	350m: 4:36.81 37.59
100m: 1:11.43 38.33	200m: 2:32.70 39.54	300m: 3:59.22 43.08	400m: 5:13.23 36.42
8. KANIAK Aleksandra	97 Juwenia Wrocław	<b>5:13.90</b>	575 A
50m: 34.91 34.91	150m: 1:57.12 40.80	250m: 3:19.59 41.95	350m: 4:38.96 36.50
100m: 1:16.32 41.41	200m: 2:37.64 40.52	300m: 4:02.46 42.87	400m: 5:13.90 34.94
9. BAGI SKA Zofia	97 Siódemka Sopot	<b>5:17.40</b>	556 B
50m: 33.94 33.94	150m: 1:54.73 41.03	250m: 3:19.72 42.78	350m: 4:41.20 36.84
100m: 1:13.70 39.76	200m: 2:36.94 42.21	300m: 4:04.36 44.64	400m: 5:17.40 36.20
10. BARTNIAK Dorota	97 Trójka Łód	<b>5:17.63</b>	555 B
50m: 34.49 34.49	150m: 1:55.62 41.17	250m: 3:19.54 44.00	350m: 4:41.51 37.46
100m: 1:14.45 39.96	200m: 2:35.54 39.92	300m: 4:04.05 44.51	400m: 5:17.63 36.12
11. MARZEC Sara SO	97 Unia O wi cim	<b>5:19.18</b>	547 B
50m: 34.24 34.24	150m: 1:53.34 40.29	250m: 3:19.87 45.96	350m: 4:42.04 36.85
100m: 1:13.05 38.81	200m: 2:33.91 40.57	300m: 4:05.19 45.32	400m: 5:19.18 37.14
12. HELBING Justyna	97 Wilanowia Warszawa	<b>5:20.54</b>	540 B
50m: 34.15 34.15	150m: 1:57.31 42.44	250m: 3:22.25 42.81	350m: 4:44.10 37.38
100m: 1:14.87 40.72	200m: 2:39.44 42.13	300m: 4:06.72 44.47	400m: 5:20.54 36.44
13. MAJ Wiktoria	97 Juwenia Wrocław	<b>5:20.92</b>	538 B
50m: 33.94 33.94	150m: 1:55.97 42.68	250m: 3:22.68 45.82	350m: 4:45.61 35.44
100m: 1:13.29 39.35	200m: 2:36.86 40.89	300m: 4:10.17 47.49	400m: 5:20.92 35.31
14. ZAWOLIK Wiktoria	97 KSZO Ostrowiec w.	<b>5:21.27</b>	536 B
50m: 34.31 34.31	150m: 1:55.16 40.22	250m: 3:22.46 45.86	350m: 4:46.23 35.90
100m: 1:14.94 40.63	200m: 2:36.60 41.44	300m: 4:10.33 47.87	400m: 5:21.27 35.04
15. CAŁKA Anna	97 Pływak Bochnia	<b>5:22.83</b>	528 B
50m: 32.43 32.43	150m: 1:51.82 41.08	250m: 3:17.46 45.88	350m: 4:44.95 38.87
100m: 1:10.74 38.31	200m: 2:31.58 39.76	300m: 4:06.08 48.62	400m: 5:22.83 37.88
16. BO EK Dominika SO	97 Unia O wi cim	<b>5:24.04</b>	522 B
50m: 33.95 33.95	150m: 1:55.41 41.29	250m: 3:22.73 47.51	350m: 4:47.59 37.54
100m: 1:14.12 40.17	200m: 2:35.22 39.81	300m: 4:10.05 47.32	400m: 5:24.04 36.45
17. NAGÓRSKA Monika	97 Pi tnastrka Bydgoszcz	<b>5:27.15</b>	508 R
50m: 33.88 33.88	150m: 1:58.13 42.59	250m: 3:24.53 44.28	350m: 4:48.84 38.22
100m: 1:15.54 41.66	200m: 2:40.25 42.12	300m: 4:10.62 46.09	400m: 5:27.15 38.31

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Pozycja	Rok ur.						Czas	Pkt.
18. SZTANDERA Daria	97 9 Kalisz						<b>5:28.13</b>	503 R
50m: 37.03 37.03	150m: 1:59.11	40.83	250m: 3:27.60	48.42	350m: 4:51.85	37.43		
100m: 1:18.28 41.25	200m: 2:39.18	40.07	300m: 4:14.42	46.82	400m: 5:28.13	36.28		
19. MARZEC Paulina	97 Salos Cortile Kielce						<b>5:34.44</b>	475
50m: 35.13 35.13	150m: 1:57.72	42.50	250m: 3:28.04	46.66	350m: 4:55.70	38.54		
100m: 1:15.22 40.09	200m: 2:41.38	43.66	300m: 4:17.16	49.12	400m: 5:34.44	38.74		
20. PRZYMUS Agata	97 Start Łód						<b>5:35.16</b>	472
50m: 35.03 35.03	150m: 1:59.56	42.09	250m: 3:30.38	49.65	350m: 4:58.75	38.22		
100m: 1:17.47 42.44	200m: 2:40.73	41.17	300m: 4:20.53	50.15	400m: 5:35.16	36.41		
21. MACIEJEWSKA Joanna	97 Lublinianka						<b>5:37.55</b>	462
50m: 36.48 36.48	150m: 2:03.29	43.41	250m: 3:32.54	46.75	350m: 4:59.30	38.34		
100m: 1:19.88 43.40	200m: 2:45.79	42.50	300m: 4:20.96	48.42	400m: 5:37.55	38.25		
22. KOLECEK Natalia	97 Vega Dobrodzie						<b>5:49.39</b>	417
50m: 36.47 36.47	150m:		250m:		350m: 4:31.26	51.43		
100m: 1:19.93 43.46	200m: 2:50.01		300m: 3:39.83		400m: 5:49.39	1:18.13		