

Zimowe Mistrzostwa Polski Juniorów Młodych - 15 lat
Gorzów Wlkp., 9- - 11-3-2012

Konkurencja 12
2012-03-09

Chłopców, 400m zmienny

15 lat
Wyniki Eliminacje

Rekord Polski Jun-15 lat 4:26.19 MIKOŁAJEWSKI Mariusz 00414 Gorzow 2005-11-25

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.	
1.	PIETRZAK Dawid		97	Pi tnastka Bydgoszcz				4:34.56	631	A
	50m:	28.71 28.71	150m:	1:37.21	35.64	250m:	2:51.48	38.99	350m:	4:03.55 32.64
	100m:	1:01.57 32.86	200m:	2:12.49	35.28	300m:	3:30.91	39.43	400m:	4:34.56 31.01
2.	RADUCKI Arkadiusz		97	Warta Pozna				4:39.13	600	A
	50m:	30.57 30.57	150m:	1:41.75	35.42	250m:	2:57.15	40.07	350m:	4:08.14 31.78
	100m:	1:06.33 35.76	200m:	2:17.08	35.33	300m:	3:36.36	39.21	400m:	4:39.13 30.99
3.	SZMAJDA Michał		97	Olimpijczyk Suwałki				4:43.38	573	A
	50m:	29.31 29.31	150m:	1:38.92	35.94	250m:	2:56.94	42.01	350m:	4:12.75 33.04
	100m:	1:02.98 33.67	200m:	2:14.93	36.01	300m:	3:39.71	42.77	400m:	4:43.38 30.63
4.	GOLENIEC Łukasz SO		97	Unia O wi cim				4:43.40	573	A
	50m:	30.16 30.16	150m:	1:42.97	37.85	250m:	3:00.44	40.62	350m:	4:12.74 31.05
	100m:	1:05.12 34.96	200m:	2:19.82	36.85	300m:	3:41.69	41.25	400m:	4:43.40 30.66
5.	MULLER Maksym		97	Słowianka Gorzów Wlkp.				4:44.20	568	A
	50m:	30.04 30.04	150m:	1:42.44	37.52	250m:	2:57.52	37.83	350m:	4:10.87 33.85
	100m:	1:04.92 34.88	200m:	2:19.69	37.25	300m:	3:37.02	39.50	400m:	4:44.20 33.33
6.	KOPCZY SKI Franciszek		97	Avia widnik				4:44.83	565	A
	50m:	28.99 28.99	150m:	1:40.10	37.61	250m:	2:58.13	41.18	350m:	4:13.49 33.03
	100m:	1:02.49 33.50	200m:	2:16.95	36.85	300m:	3:40.46	42.33	400m:	4:44.83 31.34
7.	GRABCZAK Dawid		97	Wisła Puławy				4:45.32	562	A
	50m:	30.33 30.33	150m:	1:42.65	36.61	250m:	2:58.98	40.03	350m:	4:12.98 33.05
	100m:	1:06.04 35.71	200m:	2:18.95	36.30	300m:	3:39.93	40.95	400m:	4:45.32 32.34
8.	FR TCZAK Mateusz		97	Jedynka Łód				4:48.89	541	A
	50m:	29.99 29.99	150m:	1:41.19	35.61	250m:	2:59.51	39.94	350m:	4:15.79 33.16
	100m:	1:05.58 35.59	200m:	2:19.57	38.38	300m:	3:42.63	43.12	400m:	4:48.89 33.10
9.	NOWODWORSKI Dawid		97	MOS D browa Górn.				4:49.50	538	B
	50m:	29.32 29.32	150m:	1:40.68	36.84	250m:	2:59.08	41.61	350m:	4:16.07 33.78
	100m:	1:03.84 34.52	200m:	2:17.47	36.79	300m:	3:42.29	43.21	400m:	4:49.50 33.43
10.	ADAMCZYK Michał		97	Słowianka Gorzów Wlkp.				4:51.03	529	B
	50m:	30.50 30.50	150m:	1:42.89	37.63	250m:	3:01.33	41.42	350m:	4:18.25 34.07
	100m:	1:05.26 34.76	200m:	2:19.91	37.02	300m:	3:44.18	42.85	400m:	4:51.03 32.78
11.	WAJDA Tomasz		97	Korona Kraków				4:53.43	516	B
	50m:	31.76 31.76	150m:	1:46.69	38.42	250m:	3:06.51	41.91	350m:	4:22.28 33.18
	100m:	1:08.27 36.51	200m:	2:24.60	37.91	300m:	3:49.10	42.59	400m:	4:53.43 31.15
12.	LECHOWICZ Filip		97	Jordan Kraków				4:53.45	516	B
	50m:	33.69 33.69	150m:	1:48.11	36.10	250m:	3:06.15	41.74	350m:	4:21.89 32.87
	100m:	1:12.01 38.32	200m:	2:24.41	36.30	300m:	3:49.02	42.87	400m:	4:53.45 31.56
13.	RUSZKOWSKI Kacper SO		97	Unia O wi cim				4:54.44	511	B
	50m:	30.36 30.36	150m:	1:44.05	38.47	250m:	3:05.32	43.84	350m:	4:22.37 33.55
	100m:	1:05.58 35.22	200m:	2:21.48	37.43	300m:	3:48.82	43.50	400m:	4:54.44 32.07
14.	SZUTKO Mateusz		97	ak Biała Podlaska				4:54.67	510	B
	50m:	31.58 31.58	150m:	1:45.95	37.78	250m:	3:07.23	44.26	350m:	4:22.88 33.15
	100m:	1:08.17 36.59	200m:	2:22.97	37.02	300m:	3:49.73	42.50	400m:	4:54.67 31.79
15.	BUJAK Piotr		97	Korona-Swim Kielce				4:59.68	485	B
	50m:	31.68 31.68	150m:	1:47.41	37.96	250m:	3:08.48	43.52	350m:	4:27.01 33.49
	100m:	1:09.45 37.77	200m:	2:24.96	37.55	300m:	3:53.52	45.04	400m:	4:59.68 32.67
16.	NAGI Mateusz SO		97	Unia O wi cim				5:00.09	483	B
	50m:	33.03 33.03	150m:	1:50.17	39.05	250m:	3:09.24	40.74	350m:	4:26.00 34.69
	100m:	1:11.12 38.09	200m:	2:28.50	38.33	300m:	3:51.31	42.07	400m:	5:00.09 34.09
17.	SZEL G Ernest		97	KSZO Ostrowiec w.				5:00.86	479	R
	50m:	32.30 32.30	150m:	1:47.81	37.88	250m:	3:08.93	44.11	350m:	4:27.79 34.99
	100m:	1:09.93 37.63	200m:	2:24.82	37.01	300m:	3:52.80	43.87	400m:	5:00.86 33.07

Zimowe Mistrzostwa Polski Juniorów Młodych - 15 lat
Gorzów Wlkp., 9- - 11-3-2012

Konkurencja 12, Chłopców, 400m zmienny, Eliminacje, 15 lat

Pozycja	Rok ur.								Czas	Pkt.		
18.	MACHOWSKI Filip		97	Ikar Mielec				5:01.86	474	R		
	50m:	31.90	31.90	150m:	1:48.25	38.24	250m:	3:09.01	42.74	350m:	4:27.34	35.41
	100m:	1:10.01	38.11	200m:	2:26.27	38.02	300m:	3:51.93	42.92	400m:	5:01.86	34.52
19.	STARUCH Jan		97	Kormoran Olsztyn				5:04.51	462			
	50m:	31.74	31.74	150m:	1:49.37	41.33	250m:	3:10.05	41.61	350m:	4:28.89	37.32
	100m:	1:08.04	36.30	200m:	2:28.44	39.07	300m:	3:51.57	41.52	400m:	5:04.51	35.62
20.	KOWALCZYK Jakub		97	Nawa Skierniewice				5:04.95	460			
	50m:	33.80	33.80	150m:	1:50.58	40.00	250m:	3:10.30	39.98	350m:	4:29.96	37.36
	100m:	1:10.58	36.78	200m:	2:30.32	39.74	300m:	3:52.60	42.30	400m:	5:04.95	34.99
21.	ROMANOWSKI Kamil		97	Delfin Toru				5:06.91	451			
	50m:	32.04	32.04	150m:	1:50.83	39.91	250m:	3:11.98	41.46	350m:	4:30.69	36.83
	100m:	1:10.92	38.88	200m:	2:30.52	39.69	300m:	3:53.86	41.88	400m:	5:06.91	36.22
22.	SZAFARCZYK Igor		97	Korona-Swim Kielce				5:07.54	449			
	50m:	34.55	34.55	150m:	1:51.50	38.17	250m:	3:12.28	42.81	350m:	4:32.19	38.17
	100m:	1:13.33	38.78	200m:	2:29.47	37.97	300m:	3:54.02	41.74	400m:	5:07.54	35.35
23.	BATKO Daniel		97	Jordan Kraków				5:07.67	448			
	50m:	33.66	33.66	150m:	1:51.38	38.60	250m:	3:13.15	43.73	350m:	4:33.33	35.93
	100m:	1:12.78	39.12	200m:	2:29.42	38.04	300m:	3:57.40	44.25	400m:	5:07.67	34.34
24.	WŁODARCZYK Stanisław		97	MKP Szczecin				5:07.90	447			
	50m:	30.10	30.10	150m:	1:47.38	41.69	250m:	3:09.75	41.91	350m:	4:30.28	37.22
	100m:	1:05.69	35.59	200m:	2:27.84	40.46	300m:	3:53.06	43.31	400m:	5:07.90	37.62
25.	B CZKOWSKI Bartosz		97	Warszawianka				5:13.65	423			
	50m:	33.63	33.63	150m:	1:52.94	39.94	250m:	3:15.74	44.69	350m:	4:38.18	36.38
	100m:	1:13.00	39.37	200m:	2:31.05	38.11	300m:	4:01.80	46.06	400m:	5:13.65	35.47
26.	POPŁAWSKI Łukasz		97	Wodnik Włocławek				5:50.14	304			
	50m:	38.22	38.22	150m:	2:12.07	47.53	250m:	3:43.55	45.04	350m:	5:10.59	41.53
	100m:	1:24.54	46.32	200m:	2:58.51	46.44	300m:	4:29.06	45.51	400m:	5:50.14	39.55