

Zimowe Mistrzostwa Polski Juniorów Młodych - 15 lat
Gorzów Wlkp., 9- - 11-3-2012

Konkurencja 19
2012-03-10

Dziewcz t, 400m dowolny

15 lat
Wyniki Eliminacje

Rekord Polski Jun-15 lat 4:11.12 KILIJA SKA Donata 00612 Lodz 2010-11-21

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.	
1.	KARPISZ Milena		97	Pi tka Konstantynów Łódz.				4:24.44	701	A
	50m:	30.91 30.91	150m:	1:36.69 32.93	250m:	2:43.56 33.47	350m:	3:51.07 33.79		
	100m:	1:03.76 32.85	200m:	2:10.09 33.40	300m:	3:17.28 33.72	400m:	4:24.44 33.37		
2.	MAGNER Agata		97	Jordan Kraków				4:24.49	700	A
	50m:	30.60 30.60	150m:	1:36.73 33.19	250m:	2:43.86 33.75	350m:	3:51.99 34.21		
	100m:	1:03.54 32.94	200m:	2:10.11 33.38	300m:	3:17.78 33.92	400m:	4:24.49 32.50		
3.	BORKOWSKA Lucyna		97	Sambor Tczew				4:28.45	670	A
	50m:	31.15 31.15	150m:	1:38.88 33.89	250m:	2:47.47 34.15	350m:	3:55.88 34.00		
	100m:	1:04.99 33.84	200m:	2:13.32 34.44	300m:	3:21.88 34.41	400m:	4:28.45 32.57		
4.	NITA Anna		97	Pi tka Konstantynów Łódz.				4:30.53	654	A
	50m:	31.55 31.55	150m:	1:39.90 34.12	250m:	2:48.25 34.09	350m:	3:57.03 34.36		
	100m:	1:05.78 34.23	200m:	2:14.16 34.26	300m:	3:22.67 34.42	400m:	4:30.53 33.50		
5.	WÓJCIK Claudia		97	Warta Pozna				4:33.92	630	A
	50m:	31.77 31.77	150m:	1:39.67 34.45	250m:	2:49.88 35.20	350m:	3:59.71 34.83		
	100m:	1:05.22 33.45	200m:	2:14.68 35.01	300m:	3:24.88 35.00	400m:	4:33.92 34.21		
6.	PODLEWSKA Miriam		97	Posnania				4:35.62	619	A
	50m:	32.03 32.03	150m:	1:41.30 34.84	250m:	2:51.49 35.41	350m:	4:02.13 35.30		
	100m:	1:06.46 34.43	200m:	2:16.08 34.78	300m:	3:26.83 35.34	400m:	4:35.62 33.49		
7.	NOWAK Julia		97	Słowianka Gorzów Wlkp.				4:35.63	619	A
	50m:	31.77 31.77	150m:	1:41.23 34.64	250m:	2:51.48 34.83	350m:	4:01.53 34.85		
	100m:	1:06.59 34.82	200m:	2:16.65 35.42	300m:	3:26.68 35.20	400m:	4:35.63 34.10		
8.	KUBACKA Magda SO		97	Unia O wi cim				4:35.74	618	A
	50m:	31.33 31.33	150m:	1:39.88 34.83	250m:	2:50.44 35.15	350m:	4:01.41 35.50		
	100m:	1:05.05 33.72	200m:	2:15.29 35.41	300m:	3:25.91 35.47	400m:	4:35.74 34.33		
9.	WYSOCKA Klaudia		97	Siódemka Sopot				4:36.32	614	B
	50m:	32.57 32.57	150m:	1:42.62 35.21	250m:	2:52.69 34.97	350m:	4:02.05 34.47		
	100m:	1:07.41 34.84	200m:	2:17.72 35.10	300m:	3:27.58 34.89	400m:	4:36.32 34.27		
10.	RZEPA Marta		97	Pi tnastka Bydgoszcz				4:36.96	610	B
	50m:	31.65 31.65	150m:	1:41.48 35.30	250m:	2:52.21 35.47	350m:	4:03.35 35.45		
	100m:	1:06.18 34.53	200m:	2:16.74 35.26	300m:	3:27.90 35.69	400m:	4:36.96 33.61		
11.	LORANTY Patrycja		97	KSZO Ostrowiec w.				4:37.05	609	B
	50m:	31.33 31.33	150m:	1:40.30 34.90	250m:	2:50.91 35.12	350m:	4:02.27 35.73		
	100m:	1:05.40 34.07	200m:	2:15.79 35.49	300m:	3:26.54 35.63	400m:	4:37.05 34.78		
12.	ZI BA Katarzyna		97	Korner Zielona Góra				4:39.52	593	B
	50m:	32.32 32.32	150m:	1:43.37 35.81	250m:	2:54.87 35.65	350m:	4:06.07 35.76		
	100m:	1:07.56 35.24	200m:	2:19.22 35.85	300m:	3:30.31 35.44	400m:	4:39.52 33.45		
13.	ZAWOLIK Wiktoria		97	KSZO Ostrowiec w.				4:40.90	584	B
	50m:	31.54 31.54	150m:	1:40.77 34.86	250m:	2:52.37 35.80	350m:	4:05.10 36.32		
	100m:	1:05.91 34.37	200m:	2:16.57 35.80	300m:	3:28.78 36.41	400m:	4:40.90 35.80		
14.	ROSTOWSKA Wiktoria		97	MOS D browa Górn.				4:41.58	580	B
	50m:	31.51 31.51	150m:	1:40.71 34.78	250m:	2:52.48 36.43	350m:	4:05.95 36.50		
	100m:	1:05.93 34.42	200m:	2:16.05 35.34	300m:	3:29.45 36.97	400m:	4:41.58 35.63		
15.	MISTERKA Kamila		97	Trójka Łod				4:41.98	578	B
	50m:	32.55 32.55	150m:	1:44.38 36.19	250m:	2:56.29 35.74	350m:	4:07.65 35.62		
	100m:	1:08.19 35.64	200m:	2:20.55 36.17	300m:	3:32.03 35.74	400m:	4:41.98 34.33		
16.	LIWI SKA Marta		97	MOS D browa Górn.				4:43.42	569	B
	50m:	31.49 31.49	150m:	1:42.60 36.39	250m:	2:55.09 36.01	350m:	4:07.84 35.98		
	100m:	1:06.21 34.72	200m:	2:19.08 36.48	300m:	3:31.86 36.77	400m:	4:43.42 35.58		
17.	JASEK ALICJA		97	I sk Wrocław				4:43.97	566	R
	50m:	32.65 32.65	150m:	1:44.47 35.92	250m:	2:56.00 35.67	350m:	4:08.29 36.25		
	100m:	1:08.55 35.90	200m:	2:20.33 35.86	300m:	3:32.04 36.04	400m:	4:43.97 35.68		

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Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja			Rok ur.						Czas	Pkt.
18.	OLEJNICZAK Zuzanna	97	Jedynka Łód						4:44.31	564 R
	50m: 32.65 32.65		150m: 1:43.52	35.67	250m: 2:56.20	36.25	350m: 4:09.35	36.39		
	100m: 1:07.85 35.20		200m: 2:19.95	36.43	300m: 3:32.96	36.76	400m: 4:44.31	34.96		
19.	BOROWSKA Beata	97	Wilanowia Warszawa						4:46.61	550
	50m: 31.59 31.59		150m: 1:43.02	36.10	250m: 2:56.03	36.55	350m: 4:09.89	36.87		
	100m: 1:06.92 35.33		200m: 2:19.48	36.46	300m: 3:33.02	36.99	400m: 4:46.61	36.72		
20.	OLCZYK Martyna SO	97	Unia O wi cim						4:48.02	542
	50m: 32.17 32.17		150m: 1:43.76	36.40	250m: 2:57.38	36.97	350m: 4:12.02	37.55		
	100m: 1:07.36 35.19		200m: 2:20.41	36.65	300m: 3:34.47	37.09	400m: 4:48.02	36.00		
21.	MARZEC Sara SO	97	Unia O wi cim						4:48.53	539
	50m: 32.37 32.37		150m: 1:43.58	35.92	250m: 2:57.64	37.15	350m: 4:12.46	37.34		
	100m: 1:07.66 35.29		200m: 2:20.49	36.91	300m: 3:35.12	37.48	400m: 4:48.53	36.07		
22.	BO EK Dominika SO	97	Unia O wi cim						4:51.01	526
	50m: 32.62 32.62		150m: 1:46.23	37.54	250m: 3:00.90	37.38	350m: 4:15.73	37.30		
	100m: 1:08.69 36.07		200m: 2:23.52	37.29	300m: 3:38.43	37.53	400m: 4:51.01	35.28		
23.	MILISZEWSKA Justyna	97	Siódemka Sopot						4:51.23	524
	50m: 33.49 33.49		150m: 1:47.18	37.32	250m: 3:01.82	37.29	350m: 4:15.67	36.90		
	100m: 1:09.86 36.37		200m: 2:24.53	37.35	300m: 3:38.77	36.95	400m: 4:51.23	35.56		
24.	KURKIEWICZ Kamila SO	97	Unia O wi cim						4:51.40	523
	50m: 32.18 32.18		150m: 1:44.75	36.76	250m: 2:59.00	37.38	350m: 4:14.43	38.06		
	100m: 1:07.99 35.81		200m: 2:21.62	36.87	300m: 3:36.37	37.37	400m: 4:51.40	36.97		
25.	KOTO SKA Dominika	97	Wodnik Police						4:52.31	519
	50m: 33.71 33.71		150m: 1:48.03	37.22	250m: 3:01.14	36.26	350m: 4:15.58	36.94		
	100m: 1:10.81 37.10		200m: 2:24.88	36.85	300m: 3:38.64	37.50	400m: 4:52.31	36.73		
26.	KRÓLAK Martyna	97	Korner Zielona Góra						4:53.27	513
	50m: 33.65 33.65		150m: 1:47.38	37.11	250m: 3:02.37	37.68	350m: 4:17.52	37.51		
	100m: 1:10.27 36.62		200m: 2:24.69	37.31	300m: 3:40.01	37.64	400m: 4:53.27	35.75		
27.	CEKAŁA Aleksandra	97	Juvenia Wrocław						4:54.07	509
	50m: 32.42 32.42		150m: 1:45.31	36.67	250m: 3:01.00	38.04	350m: 4:17.36	38.04		
	100m: 1:08.64 36.22		200m: 2:22.96	37.65	300m: 3:39.32	38.32	400m: 4:54.07	36.71		
28.	SOBOTNICKA Angelika	97	Słowianka Gorzów Wlkp.						4:54.34	508
	50m: 33.00 33.00		150m: 1:46.68	37.43	250m: 3:01.35	37.26	350m: 4:17.62	38.29		
	100m: 1:09.25 36.25		200m: 2:24.09	37.41	300m: 3:39.33	37.98	400m: 4:54.34	36.72		
29.	MOSKAL Karolina	97	Jordan Kraków						4:54.82	505
	50m: 34.26 34.26		150m: 1:48.13	37.12	250m: 3:03.24	37.84	350m: 4:18.35	37.68		
	100m: 1:11.01 36.75		200m: 2:25.40	37.27	300m: 3:40.67	37.43	400m: 4:54.82	36.47		
30.	PRZYMUS Agata	97	Start Łód						4:54.99	505
	50m: 33.48 33.48		150m: 1:47.87	37.27	250m: 3:02.93	37.54	350m: 4:17.93	37.91		
	100m: 1:10.60 37.12		200m: 2:25.39	37.52	300m: 3:40.02	37.09	400m: 4:54.99	37.06		
31.	KOLECEK Natalia	97	Vega Dobrodzie						5:02.52	468
	50m: 33.51 33.51		150m: 1:48.57	38.20	250m: 3:05.95	38.79	350m: 4:24.43	39.57		
	100m: 1:10.37 36.86		200m: 2:27.16	38.59	300m: 3:44.86	38.91	400m: 5:02.52	38.09		
32.	CHOROMA SKA Natalia SO	97	Unia O wi cim						5:05.59	454
	50m: 34.74 34.74		150m: 1:51.64	39.19	250m: 3:08.57	38.81	350m: 4:26.98	39.59		
	100m: 1:12.45 37.71		200m: 2:29.76	38.12	300m: 3:47.39	38.82	400m: 5:05.59	38.61		
33.	TROJGO Bogna	97	Gim 92 Warszawa						5:06.74	449
	50m: 32.92 32.92		150m: 1:47.69	37.89	250m: 3:06.62	39.75	350m: 4:25.73	39.68		
	100m: 1:09.80 36.88		200m: 2:26.87	39.18	300m: 3:46.05	39.43	400m: 5:06.74	41.01		
34.	KNIFEL Monika	97	Jedynka Łód						5:06.75	449
	50m: 34.27 34.27		150m: 1:52.25	39.52	250m: 3:10.17	38.84	350m: 4:27.42	38.40		
	100m: 1:12.73 38.46		200m: 2:31.33	39.08	300m: 3:49.02	38.85	400m: 5:06.75	39.33		
35.	GUTKOWSKA Zuzanna	97	Dwójka Morena Gda sk						5:07.78	444
	50m: 33.80 33.80		150m: 1:52.12	39.96	250m: 3:10.50	38.79	350m: 4:29.57	39.48		
	100m: 1:12.16 38.36		200m: 2:31.71	39.59	300m: 3:50.09	39.59	400m: 5:07.78	38.21		

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Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja				Rok ur.					Czas	Pkt.		
36.	WI NIEWSKA Ilona			97	Płetwal Mława				5:14.90	415		
	50m:	35.08	35.08	150m:	1:52.50	39.20	250m:	3:13.06	40.67	350m:	4:35.21	41.29
	100m:	1:13.30	38.22	200m:	2:32.39	39.89	300m:	3:53.92	40.86	400m:	5:14.90	39.69
37.	SZNAJDER Kamila			97	Wodnik Krosno				5:18.01	403		
	50m:	35.19	35.19	150m:	1:53.22	39.59	250m:	3:14.34	40.58	350m:	4:38.21	42.65
	100m:	1:13.63	38.44	200m:	2:33.76	40.54	300m:	3:55.56	41.22	400m:	5:18.01	39.80
38.	PARKOT Hanna			97	Kapry-Armexim Pruszków				5:41.60	325		
	50m:	35.06	35.06	150m:	1:56.77	41.65	250m:	3:25.95	45.23	350m:	4:56.96	45.66
	100m:	1:15.12	40.06	200m:	2:40.72	43.95	300m:	4:11.30	45.35	400m:	5:41.60	44.64