

Zimowe Mistrzostwa Polski Juniorów Młodych - 15 lat  
Gorzów Wlkp., 9- - 11-3-2012

Konkurencja 20  
2012-03-10

Chłopców, 400m dowolny

15 lat  
Wyniki Eliminacje

Rekord Polski Jun-15 lat 3:54.17 KU WIK Maciej 00601 Poznan 2011-12-15

Punkt: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.	
1.	KATOLIK Bartosz		97	MOS D browa Górn.				<b>4:08.94</b>	624	A
	50m:	27.41 27.41	150m:	1:29.90	31.63	250m:	2:33.57	31.71	350m:	3:37.84 32.02
	100m:	58.27 30.86	200m:	2:01.86	31.96	300m:	3:05.82	32.25	400m:	4:08.94 31.10
2.	GOLENIEC Łukasz SO		97	Unia O wi cim				<b>4:11.14</b>	608	A
	50m:	28.23 28.23	150m:	2:02.95	31.82	250m:	3:07.38	32.21	350m:	
	100m:	1:31.13 1:02.90	200m:	2:35.17	32.22	300m:	3:39.32	31.94	400m:	4:11.14
3.	SZMAJDA Michał		97	Olimpijczyk Suwałki				<b>4:11.67</b>	604	A
	50m:	28.06 28.06	150m:	1:31.19	31.69	250m:	2:35.57	32.12	350m:	3:40.43 32.31
	100m:	59.50 31.44	200m:	2:03.45	32.26	300m:	3:08.12	32.55	400m:	4:11.67 31.24
4.	DYTKOWSKI Jan		97	KSZO Ostrowiec w.				<b>4:12.34</b>	599	A
	50m:	27.72 27.72	150m:	1:30.15	31.74	250m:	2:34.61	32.22	350m:	3:39.84 32.68
	100m:	58.41 30.69	200m:	2:02.39	32.24	300m:	3:07.16	32.55	400m:	4:12.34 32.50
5.	STANISZEWSKI Adam		97	Trójka Łód				<b>4:12.41</b>	598	A
	50m:	28.27 28.27	150m:	1:32.96	33.04	250m:	2:37.87	32.60	350m:	3:41.67 32.13
	100m:	59.92 31.65	200m:	2:05.27	32.31	300m:	3:09.54	31.67	400m:	4:12.41 30.74
6.	GRABCZAK Dawid		97	Wisła Puławy				<b>4:12.51</b>	598	A
	50m:	28.80 28.80	150m:	1:32.99	32.27	250m:	2:37.13	32.06	350m:	3:41.51 32.29
	100m:	1:00.72 31.92	200m:	2:05.07	32.08	300m:	3:09.22	32.09	400m:	4:12.51 31.00
7.	STACHOWIAK Łukasz		97	Cityzen Pozna				<b>4:13.86</b>	588	A
	50m:	29.21 29.21	150m:	1:33.58	32.38	250m:	2:38.03	31.81	350m:	3:42.67 32.33
	100m:	1:01.20 31.99	200m:	2:06.22	32.64	300m:	3:10.34	32.31	400m:	4:13.86 31.19
8.	OLIWA Michał		97	MKP Szczecin				<b>4:13.94</b>	588	A
	50m:	28.65 28.65	150m:	1:32.74	32.23	250m:	2:38.12	32.68	350m:	3:43.06 32.30
	100m:	1:00.51 31.86	200m:	2:05.44	32.70	300m:	3:10.76	32.64	400m:	4:13.94 30.88
9.	BRODOWSKI Jakub		97	Słowianka Gorzów Wlkp.				<b>4:15.88</b>	574	B
	50m:	28.67 28.67	150m:	1:32.96	32.66	250m:	2:38.68	32.65	350m:	3:43.93 32.60
	100m:	1:00.30 31.63	200m:	2:06.03	33.07	300m:	3:11.33	32.65	400m:	4:15.88 31.95
10.	BRUCHAJZER Dominik		97	MZOS Płock				<b>4:16.93</b>	567	B
	50m:	28.76 28.76	150m:	1:33.70	32.89	250m:	2:39.62	32.83	350m:	3:45.62 33.07
	100m:	1:00.81 32.05	200m:	2:06.79	33.09	300m:	3:12.55	32.93	400m:	4:16.93 31.31
11.	KOWALSKI Patryk		97	Unia Busko-Zdrój				<b>4:17.02</b>	567	B
	50m:	29.29 29.29	150m:	1:33.94	32.51	250m:	2:38.75	32.36	350m:	3:44.63 32.81
	100m:	1:01.43 32.14	200m:	2:06.39	32.45	300m:	3:11.82	33.07	400m:	4:17.02 32.39
12.	JASZCZAK Wiktor		97	I sk Wrocław				<b>4:17.11</b>	566	B
	50m:	28.73 28.73	150m:	1:33.98	32.68	250m:	2:40.27	32.96	350m:	3:46.19 32.85
	100m:	1:01.30 32.57	200m:	2:07.31	33.33	300m:	3:13.34	33.07	400m:	4:17.11 30.92
13.	PIE NIAK Jakub SO		97	Unia O wi cim				<b>4:17.16</b>	566	B
	50m:	1:01.15 1:01.15	150m:	2:06.59	32.96	250m:	3:13.12	33.35	350m:	
	100m:	1:33.63 32.48	200m:	2:39.77	33.18	300m:	3:45.58	32.46	400m:	4:17.16
14.	URAWICZ Mateusz		97	Pi tnastka Bydgoszcz				<b>4:17.67</b>	563	B
	50m:	29.18 29.18	150m:	1:34.64	33.15	250m:	2:39.89	32.48	350m:	3:45.42 33.23
	100m:	1:01.49 32.31	200m:	2:07.41	32.77	300m:	3:12.19	32.30	400m:	4:17.67 32.25
15.	POPILEC Michał		97	Gim 92 Warszawa				<b>4:19.39</b>	551	B
	50m:	28.80 28.80	150m:	1:34.56	33.54	250m:	2:41.74	33.31	350m:	3:48.31 33.24
	100m:	1:01.02 32.22	200m:	2:08.43	33.87	300m:	3:15.07	33.33	400m:	4:19.39 31.08
16.	GRZYWA Karol		97	Fala Kra nik				<b>4:19.45</b>	551	B
	50m:	28.49 28.49	150m:	1:33.63	33.14	250m:	2:40.02	33.11	350m:	3:47.12 33.85
	100m:	1:00.49 32.00	200m:	2:06.91	33.28	300m:	3:13.27	33.25	400m:	4:19.45 32.33
17.	BUJAK Piotr		97	Korona-Swim Kielce				<b>4:20.41</b>	545	R
	50m:	29.87 29.87	150m:	1:36.04	33.33	250m:	2:42.32	33.17	350m:	3:48.61 33.00
	100m:	1:02.71 32.84	200m:	2:09.15	33.11	300m:	3:15.61	33.29	400m:	4:20.41 31.80

Zimowe Mistrzostwa Polski Juniorów Młodych - 15 lat  
Gorzów Wlkp., 9- - 11-3-2012

Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 15 lat

Pozycja			Rok ur.							Czas	Pkt.
18.	SOLA Kornel		97	Fala Kra nik						<b>4:21.05</b>	541 R
	50m:	29.08 29.08	150m:	1:34.92	33.64	250m:	2:41.21	32.20	350m:	3:48.51	34.08
	100m:	1:01.28 32.20	200m:	2:09.01	34.09	300m:	3:14.43	33.22	400m:	4:21.05	32.54
19.	ZUCHOWSKI Ernest		97	Delfin Gdynia						<b>4:21.62</b>	537
	50m:	29.22 29.22	150m:	1:34.21	32.96	250m:	2:41.56	33.95	350m:	3:49.20	33.79
	100m:	1:01.25 32.03	200m:	2:07.61	33.40	300m:	3:15.41	33.85	400m:	4:21.62	32.42
20.	SKRZYPCZAK Filip		97	Słowianka Gorzów Wlkp.						<b>4:21.85</b>	536
	50m:	29.22 29.22	150m:	1:34.77	32.99	250m:	2:41.58	33.62	350m:	3:49.28	33.86
	100m:	1:01.78 32.56	200m:	2:07.96	33.19	300m:	3:15.42	33.84	400m:	4:21.85	32.57
21.	KONOPKA Mateusz		97	Delfin Gdynia						<b>4:22.13</b>	534
	50m:	29.03 29.03	150m:	1:33.18	32.31	250m:	2:39.69	33.54	350m:	3:47.78	34.17
	100m:	1:00.87 31.84	200m:	2:06.15	32.97	300m:	3:13.61	33.92	400m:	4:22.13	34.35
22.	SOBALA Adam		97	Cityzen Pozna						<b>4:24.70</b>	519
	50m:	29.29 29.29	150m:	1:34.68	32.46	250m:	2:41.81	33.66	350m:	3:50.29	34.18
	100m:	1:02.22 32.93	200m:	2:08.15	33.47	300m:	3:16.11	34.30	400m:	4:24.70	34.41
23.	ZIELI SKI Cezary		97	Medyk Gi ycko						<b>4:25.55</b>	514
	50m:	29.04 29.04	150m:	1:37.03	34.35	250m:	2:45.01	33.84	350m:	3:53.57	34.12
	100m:	1:02.68 33.64	200m:	2:11.17	34.14	300m:	3:19.45	34.44	400m:	4:25.55	31.98
24.	LECHOWICZ Filip		97	Jordan Kraków						<b>4:25.86</b>	512
	50m:	30.51 30.51	150m:	1:38.19	33.98	250m:	2:45.84	33.72	350m:	3:54.14	34.10
	100m:	1:04.21 33.70	200m:	2:12.12	33.93	300m:	3:20.04	34.20	400m:	4:25.86	31.72
25.	ZWOLI SKI Marcin		97	MOS D browa Górn.						<b>4:26.38</b>	509
	50m:	29.72 29.72	150m:	1:37.87	34.43	250m:	2:45.45	33.22	350m:	3:53.79	34.09
	100m:	1:03.44 33.72	200m:	2:12.23	34.36	300m:	3:19.70	34.25	400m:	4:26.38	32.59
26.	OŁDAK Dominik SO		97	Unia O wi cim						<b>4:26.86</b>	506
	50m:	29.29 29.29	150m:	1:36.64	33.95	250m:	2:45.13	33.81	350m:	3:53.58	34.22
	100m:	1:02.69 33.40	200m:	2:11.32	34.68	300m:	3:19.36	34.23	400m:	4:26.86	33.28
27.	HAHN Jakub		97	Jedynka Łód						<b>4:28.90</b>	495
	50m:	30.22 30.22	150m:	1:38.90	34.87	250m:	2:47.59	34.47	350m:	3:56.12	34.29
	100m:	1:04.03 33.81	200m:	2:13.12	34.22	300m:	3:21.83	34.24	400m:	4:28.90	32.78
28.	KA MIERCZAK Miłosz		97	Delfin Toru						<b>4:29.12</b>	494
	50m:	29.59 29.59	150m:	1:37.36	34.46	250m:	2:46.37	34.39	350m:	3:55.20	34.38
	100m:	1:02.90 33.31	200m:	2:11.98	34.62	300m:	3:20.82	34.45	400m:	4:29.12	33.92
29.	OSI SKI Adrian		97	Delfin Toru						<b>4:29.26</b>	493
	50m:	29.98 29.98	150m:	1:37.17	33.76	250m:	2:45.90	34.56	350m:	3:54.80	34.67
	100m:	1:03.41 33.43	200m:	2:11.34	34.17	300m:	3:20.13	34.23	400m:	4:29.26	34.46
30.	LIWI SKI Marcin		97	Wodnik rem						<b>4:29.71</b>	490
	50m:	28.94 28.94	150m:	2:11.50	1:09.31	250m:	3:20.70	34.76	350m:		
	100m:	1:02.19 33.25	200m:	2:45.94	34.44	300m:	4:29.71	1:09.01	400m:	4:29.71	
31.	NAGI Mateusz SO		97	Unia O wi cim						<b>4:29.84</b>	490
	50m:	29.90 29.90	150m:	1:37.01	34.02	250m:	2:46.90	34.78	350m:	3:56.35	34.69
	100m:	1:02.99 33.09	200m:	2:12.12	35.11	300m:	3:21.66	34.76	400m:	4:29.84	33.49
32.	SZPYRA Łukasz		97	Słowianka Gorzów Wlkp.						<b>4:30.38</b>	487
	50m:	30.40 30.40	150m:	1:38.61	34.18	250m:	2:48.55	34.97	350m:	3:58.47	35.24
	100m:	1:04.43 34.03	200m:	2:13.58	34.97	300m:	3:23.23	34.68	400m:	4:30.38	31.91
33.	GÓRSKI Marcin		97	MKP Szczecin						<b>4:30.80</b>	485
	50m:	30.32 30.32	150m:	1:40.02	35.19	250m:	2:48.92	34.71	350m:	3:57.87	34.29
	100m:	1:04.83 34.51	200m:	2:14.21	34.19	300m:	3:23.58	34.66	400m:	4:30.80	32.93
34.	KONDRASIUJ Jan		97	Gim 92 Warszawa						<b>4:30.84</b>	484
	50m:	29.74 29.74	150m:	1:38.43	34.90	250m:	2:48.26	35.17	350m:	3:58.01	34.60
	100m:	1:03.53 33.79	200m:	2:13.09	34.66	300m:	3:23.41	35.15	400m:	4:30.84	32.83
35.	MACHOWSKI Filip		97	Ikar Mielec						<b>4:31.86</b>	479
	50m:	29.44 29.44	150m:	1:37.55	34.30	250m:	2:48.35	35.47	350m:	3:59.53	35.36
	100m:	1:03.25 33.81	200m:	2:12.88	35.33	300m:	3:24.17	35.82	400m:	4:31.86	32.33

Zimowe Mistrzostwa Polski Juniorów Młodych - 15 lat  
Gorzów Wlkp., 9- - 11-3-2012

Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 15 lat

Pozycja			Rok ur.				Czas		Pkt.
36.	SKUZA Krzysztof		97	1 O arów Maz.			<b>4:32.27</b>	477	
	50m: 30.79	30.79	150m: 1:38.87	34.51	250m: 2:48.75	35.11	350m: 3:58.68	35.14	
	100m: 1:04.36	33.57	200m: 2:13.64	34.77	300m: 3:23.54	34.79	400m: 4:32.27	33.59	
37.	BATKO Daniel		97	Jordan Kraków			<b>4:32.37</b>	476	
	50m: 30.55	30.55	150m: 1:39.79	34.80	250m: 2:49.69	34.90	350m: 3:59.45	34.31	
	100m: 1:04.99	34.44	200m: 2:14.79	35.00	300m: 3:25.14	35.45	400m: 4:32.37	32.92	
38.	B CZKOWSKI Bartosz		97	Warszawianka			<b>4:34.84</b>	463	
	50m: 30.65	30.65	150m: 1:39.25	34.67	250m: 2:49.51	35.11	350m: 4:00.72	35.69	
	100m: 1:04.58	33.93	200m: 2:14.40	35.15	300m: 3:25.03	35.52	400m: 4:34.84	34.12	
39.	CICHO Maciej		97	Trójka Łód			<b>4:35.05</b>	462	
	50m: 30.27	30.27	150m: 1:38.93	35.07	250m: 2:49.98	35.72	350m: 4:00.95	35.49	
	100m: 1:03.86	33.59	200m: 2:14.26	35.33	300m: 3:25.46	35.48	400m: 4:35.05	34.10	
40.	OSSES Filip		97	Warta Pozna			<b>4:35.42</b>	461	
	50m: 30.90	30.90	150m: 1:39.18	34.60	250m: 2:49.86	35.52	350m: 4:00.98	35.46	
	100m: 1:04.58	33.68	200m: 2:14.34	35.16	300m: 3:25.52	35.66	400m: 4:35.42	34.44	
41.	MACIEJEWSKI Pawel		97	Kormoran Olsztyn			<b>4:36.34</b>	456	
	50m: 30.60	30.60	150m: 1:38.99	34.99	250m: 2:49.18	35.42	350m: 4:00.61	35.95	
	100m: 1:04.00	33.40	200m: 2:13.76	34.77	300m: 3:24.66	35.48	400m: 4:36.34	35.73	
42.	PLUTA Piotr		97	Korner Zielona Góra			<b>4:36.78</b>	454	
	50m: 30.08	30.08	150m: 1:38.92	35.18	250m: 2:49.80	35.77	350m: 4:02.03	36.48	
	100m: 1:03.74	33.66	200m: 2:14.03	35.11	300m: 3:25.55	35.75	400m: 4:36.78	34.75	
43.	LECHOWICZ Artur		97	Jordan Kraków			<b>4:36.82</b>	454	
	50m: 31.69	31.69	150m: 1:42.66	35.70	250m: 2:52.92	35.06	350m: 4:03.44	35.18	
	100m: 1:06.96	35.27	200m: 2:17.86	35.20	300m: 3:28.26	35.34	400m: 4:36.82	33.38	
44.	K PI SKI Michał		97	Start Łód			<b>4:36.99</b>	453	
	50m: 30.81	30.81	150m: 1:39.48	35.01	250m: 2:50.52	35.19	350m: 4:02.79	35.72	
	100m: 1:04.47	33.66	200m: 2:15.33	35.85	300m: 3:27.07	36.55	400m: 4:36.99	34.20	
45.	HODUR Filip		97	1 O arów Maz.			<b>4:37.18</b>	452	
	50m: 30.87	30.87	150m: 1:38.96	34.66	250m: 2:49.91	35.69	350m: 4:01.75	35.91	
	100m: 1:04.30	33.43	200m: 2:14.22	35.26	300m: 3:25.84	35.93	400m: 4:37.18	35.43	
46.	CZERWI SKI Piotr		97	Astoria Bydgoszcz			<b>4:38.95</b>	443	
	50m: 29.77	29.77	150m: 1:37.14	34.71	250m: 2:49.11	36.42	350m: 4:02.85	36.77	
	100m: 1:02.43	32.66	200m: 2:12.69	35.55	300m: 3:26.08	36.97	400m: 4:38.95	36.10	
47.	SZYMULA Maciej		97	WOPR Malbork			<b>4:39.07</b>	443	
	50m: 31.78	31.78	150m: 1:41.72	35.03	250m: 2:52.61	35.90	350m: 4:04.71	36.73	
	100m: 1:06.69	34.91	200m: 2:16.71	34.99	300m: 3:27.98	35.37	400m: 4:39.07	34.36	
48.	JONAS Dawid		97	Słowianka Gorzów Wlkp.			<b>4:39.47</b>	441	
	50m: 30.43	30.43	150m: 1:41.52	36.49	250m: 2:54.21	35.90	350m: 4:06.15	36.19	
	100m: 1:05.03	34.60	200m: 2:18.31	36.79	300m: 3:29.96	35.75	400m: 4:39.47	33.32	
49.	W GLARZ Kamil SO		97	Unia O wi cim			<b>4:39.56</b>	440	
	50m: 31.34	31.34	150m: 1:42.40	36.14	250m: 2:53.50	35.61	350m: 4:04.44	35.60	
	100m: 1:06.26	34.92	200m: 2:17.89	35.49	300m: 3:28.84	35.34	400m: 4:39.56	35.12	
50.	TUCZKO Jan		97	Delfin Gdynia			<b>4:40.21</b>	437	
	50m: 31.03	31.03	150m: 1:41.21	35.33	250m: 2:53.69	36.61	350m: 4:05.83	35.99	
	100m: 1:05.88	34.85	200m: 2:17.08	35.87	300m: 3:29.84	36.15	400m: 4:40.21	34.38	
51.	MALINOWSKI J drzej		97	Delfin Toru			<b>4:41.17</b>	433	
	50m: 31.62	31.62	150m: 1:42.56	35.84	250m: 2:53.55	35.39	350m: 4:05.22	36.10	
	100m: 1:06.72	35.10	200m: 2:18.16	35.60	300m: 3:29.12	35.57	400m: 4:41.17	35.95	
52.	GROTEK Łukasz		97	MOSiR Mysłowice			<b>4:41.43</b>	432	
	50m: 31.80	31.80	150m: 1:43.76	35.92	250m: 2:56.57	36.27	350m: 4:08.09	35.32	
	100m: 1:07.84	36.04	200m: 2:20.30	36.54	300m: 3:32.77	36.20	400m: 4:41.43	33.34	
53.	ZIMNICKI Patryk		97	Foka Sandomierz			<b>4:41.52</b>	431	
	50m: 31.78	31.78	150m: 1:43.77	36.48	250m: 2:56.18	36.02	350m: 4:08.35	35.61	
	100m: 1:07.29	35.51	200m: 2:20.16	36.39	300m: 3:32.74	36.56	400m: 4:41.52	33.17	

Zimowe Mistrzostwa Polski Juniorów Młodych - 15 lat  
Gorzów Wlkp., 9- - 11-3-2012

Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 15 lat

Pozycja	Rok ur.						Czas	Pkt.
54. KAMI SKI Marcin	97 Marlin Gryfino						<b>4:43.21</b>	424
50m: 31.49 31.49	150m: 1:42.83	36.21	250m: 2:55.64	36.32	350m: 4:09.45	36.66		
100m: 1:06.62 35.13	200m: 2:19.32	36.49	300m: 3:32.79	37.15	400m: 4:43.21	33.76		
55. PŁOSKO Rafał	97 Motyl Stalowa Wola						<b>4:44.54</b>	418
50m: 31.18 31.18	150m: 1:41.96	35.71	250m: 2:55.06	36.75	350m: 4:08.46	36.74		
100m: 1:06.25 35.07	200m: 2:18.31	36.35	300m: 3:31.72	36.66	400m: 4:44.54	36.08		
56. KACZOROWSKI Jakub	97 oliborz Warszawa						<b>4:45.95</b>	411
50m: 31.80 31.80	150m: 1:44.49	36.81	250m: 2:57.49	36.82	350m: 4:10.94	36.63		
100m: 1:07.68 35.88	200m: 2:20.67	36.18	300m: 3:34.31	36.82	400m: 4:45.95	35.01		
57. GIERULA Bartosz	97 Juvenia Białystok						<b>4:46.92</b>	407
50m: 30.63 30.63	150m: 1:41.74	36.06	250m: 2:55.75	37.24	350m: 4:10.67	37.31		
100m: 1:05.68 35.05	200m: 2:18.51	36.77	300m: 3:33.36	37.61	400m: 4:46.92	36.25		
58. GÓRSKI Grzegorz	97 MKP Szczecin						<b>4:47.93</b>	403
50m: 32.02 32.02	150m: 1:43.45	36.25	250m: 2:57.59	37.49	350m: 4:11.72	37.23		
100m: 1:07.20 35.18	200m: 2:20.10	36.65	300m: 3:34.49	36.90	400m: 4:47.93	36.21		
59. LIPKA Łukasz	97 Salos Cortile Kielce						<b>4:48.87</b>	399
50m: 32.58 32.58	150m: 1:45.00	36.68	250m: 2:59.61	37.24	350m: 4:13.04	36.97		
100m: 1:08.32 35.74	200m: 2:22.37	37.37	300m: 3:36.07	36.46	400m: 4:48.87	35.83		
60. SKOWRO SKI Konrad	97 Słowianka Gorzów Wlkp.						<b>5:00.46</b>	355
50m: 32.38 32.38	150m: 1:45.90	37.40	250m: 3:02.74	38.62	350m: 4:21.78	39.66		
100m: 1:08.50 36.12	200m: 2:24.12	38.22	300m: 3:42.12	39.38	400m: 5:00.46	38.68		
61. STECKO Michał	97 Kapry-Armexim Pruszków						<b>5:11.75</b>	317
50m: 30.94 30.94	150m: 1:42.75	36.48	250m:		350m: 4:51.87			
100m: 1:06.27 35.33	200m: 2:57.92	1:15.17	300m:		400m: 5:11.75	19.88		
DYSKW. SKŁODOWSKI Paweł	97 1 O arów Maz.						<b>4:32.61</b>	
O 4								
50m: 30.32 30.32	150m: 1:39.69	34.79	250m: 2:50.73	35.94	350m: 4:00.15	34.51		
100m: 1:04.90 34.58	200m: 2:14.79	35.10	300m: 3:25.64	34.91	400m: 4:32.61	32.46		