

Grand Prix - Puchar Polski
Gorzów Wlkp., 14- - 15-4-2012

Konkurencja 32
2012-04-15 - 10:50

M czyzn, 400m dowolny

14 lat i starsi
Wyniki

Rekord Polski 14	4:08.01	BERNATOWICZ Sebastian	00802	Oswiecim	2008-07-05
Rekord Polski 15	4:01.28	WOJDAK Wojciech	03106	Oswiecim	2011-07-16
Rekord Polski 16	3:57.20	PIELOWSKI Krzysztof	00213	Gorzow Wlkp.	2007-12-01
Rekord Polski 17	3:53.66	PIELOWSKI Krzysztof	00213	Monterrey (MEX)	2008-07-08
Rekord Polski 18	3:49.72	SAWRYMOWICZ Mateusz	00116	Budapest (HUN)	2005-07-15
Rekord Polski 19 +	3:45.71	STANCZYK Przemyslaw	00116	Chiba (JPN)	2007-08-21

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
1.	PIELOWSKI Krzysztof	91	AZS UWM Olsztyn					3:58.60	784
	50m: 28.06 28.06	150m: 1:28.23	30.27	250m: 2:28.41	30.08	350m: 3:29.01	30.13		
	100m: 57.96 29.90	200m: 1:58.33	30.10	300m: 2:58.88	30.47	400m: 3:58.60	29.59		
2.	ZABOROWSKI Filip SSz	94	MKP Szczecin					3:58.75	783
	50m: 28.68 28.68	150m: 1:29.25	30.62	250m: 2:29.61	30.22	350m: 3:29.83	30.12		
	100m: 58.63 29.95	200m: 1:59.39	30.14	300m: 2:59.71	30.10	400m: 3:58.75	28.92		
3.	STA CZYK Przemyslaw	85	MKP Szczecin					3:59.34	777
	50m: 28.48 28.48	150m: 1:29.35	30.67	250m: 2:30.59	30.51	350m: 3:30.82	30.02		
	100m: 58.68 30.20	200m: 2:00.08	30.73	300m: 3:00.80	30.21	400m: 3:59.34	28.52		
4.	SZUBA Michał SWR	93	I sk Wrocław					3:59.40	776
	50m: 28.02 28.02	150m: 1:28.54	30.47	250m: 2:29.21	30.12	350m: 3:30.54	30.57		
	100m: 58.07 30.05	200m: 1:59.09	30.55	300m: 2:59.97	30.76	400m: 3:59.40	28.86		
5.	ZACZY SKI Karol	91	AZS AWF Katowice					4:02.23	749
	50m: 28.15 28.15	150m: 1:29.30	30.77	250m: 2:31.60	31.07	350m: 3:33.19	30.68		
	100m: 58.53 30.38	200m: 2:00.53	31.23	300m: 3:02.51	30.91	400m: 4:02.23	29.04		
6.	KACZMARSKI Marcin SSz	94	KSZO Ostrowiec Sw.					4:02.28	749
	50m: 27.99 27.99	150m: 1:29.23	31.01	250m: 2:31.26	30.71	350m: 3:33.48	31.42		
	100m: 58.22 30.23	200m: 2:00.55	31.32	300m: 3:02.06	30.80	400m: 4:02.28	28.80		
7.	FURTEK Paweł	95	I sk Wrocław					4:02.61	746
	50m: 28.03 28.03	150m: 1:29.42	30.91	250m: 2:31.43	30.99	350m: 3:33.08	30.60		
	100m: 58.51 30.48	200m: 2:00.44	31.02	300m: 3:02.48	31.05	400m: 4:02.61	29.53		
8.	KLICH Kacper SWR	94	AZS AWF Katowice					4:02.64	746
	50m: 28.76 28.76	150m: 1:30.59	30.92	250m: 2:32.60	30.91	350m: 3:33.92	30.46		
	100m: 59.67 30.91	200m: 2:01.69	31.10	300m: 3:03.46	30.86	400m: 4:02.64	28.72		
9.	BUJOCZEK Filip SWR	94	I sk Wrocław					4:04.75	726
	50m: 28.30 28.30	150m: 1:29.08	30.80	250m: 2:30.95	30.94	350m: 3:33.36	31.41		
	100m: 58.28 29.98	200m: 2:00.01	30.93	300m: 3:01.95	31.00	400m: 4:04.75	31.39		
10.	TOWAREK Sebastian SWR	93	I sk Wrocław					4:05.72	718
	50m: 28.74 28.74	150m: 1:30.71	31.02	250m: 2:33.28	31.41	350m: 3:36.43	31.41		
	100m: 59.69 30.95	200m: 2:01.87	31.16	300m: 3:05.02	31.74	400m: 4:05.72	29.29		
11.	HURA Bartosz	91	AZS UWM Olsztyn					4:05.76	718
	50m: 28.98 28.98	150m: 1:30.53	30.71	250m: 2:32.33	30.90	350m: 3:35.17	31.51		
	100m: 59.82 30.84	200m: 2:01.43	30.90	300m: 3:03.66	31.33	400m: 4:05.76	30.59		
12.	KAW CKI Radosław	91	KORNER Zielona Góra					4:06.17	714
	50m: 27.49 27.49	150m: 1:29.69	31.46	250m: 2:33.87	32.12	350m: 3:37.53	31.74		
	100m: 58.23 30.74	200m: 2:01.75	32.06	300m: 3:05.79	31.92	400m: 4:06.17	28.64		
13.	KUDŁA Łukasz SO	95	AZS AWF Katowice					4:06.39	712
	50m: 27.83 27.83	150m: 1:30.17	31.83	250m: 2:33.81	32.10	350m: 3:37.04	31.14		
	100m: 58.34 30.51	200m: 2:01.71	31.54	300m: 3:05.90	32.09	400m: 4:06.39	29.35		
14.	RYBI SKI Dawid SWR	93	I sk Wrocław					4:07.39	703
	50m: 28.75 28.75	150m: 1:29.91	30.95	250m: 2:31.87	30.83	350m: 3:35.91	32.32		
	100m: 58.96 30.21	200m: 2:01.04	31.13	300m: 3:03.59	31.72	400m: 4:07.39	31.48		
15.	BOROWICZ SKONECZNY Sylwester	92	AZS UWM Olsztyn					4:07.74	700
	50m: 29.00 29.00	150m: 1:31.69	31.41	250m: 2:34.64	31.47	350m: 3:37.32	31.37		
	100m: 1:00.28 31.28	200m: 2:03.17	31.48	300m: 3:05.95	31.31	400m: 4:07.74	30.42		

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Pozycja			Rok ur.				Czas	Pkt.
16.	WOJDAK Wojciech SO	96	BOSiR Brzesko			4:08.39	695	
	50m: 28.19 28.19	150m: 1:29.55	30.92	250m: 2:32.01	31.09	350m: 3:35.86	32.36	
	100m: 58.63 30.44	200m: 2:00.92	31.37	300m: 3:03.50	31.49	400m: 4:08.39	32.53	
17.	WYSOCZY SKI Mateusz SZG	93	Jordan Kraków			4:08.85	691	
	50m: 28.03 28.03	150m: 1:31.08	31.92	250m: 2:35.09	31.91	350m: 3:38.63	31.52	
	100m: 59.16 31.13	200m: 2:03.18	32.10	300m: 3:07.11	32.02	400m: 4:08.85	30.22	
18.	GIERACKI Bartosz SWR	95	I sk Wrocław			4:12.19	664	
	50m: 28.79 28.79	150m: 1:31.92	31.92	250m: 2:36.46	32.12	350m: 3:41.23	32.15	
	100m: 1:00.00 31.21	200m: 2:04.34	32.42	300m: 3:09.08	32.62	400m: 4:12.19	30.96	
19.	KRZYWIECKI Tomasz	89	MKP Szczecin			4:13.19	656	
	50m: 29.47 29.47	150m: 1:32.95	31.96	250m: 2:37.47		350m: 3:42.25	32.40	
	100m: 1:00.99 31.52	200m:		300m: 3:09.85	32.38	400m: 4:13.19	30.94	
20.	SZAMOTULSKI Wojciech	91	I sk Wrocław			4:16.85	628	
	50m: 28.73 28.73	150m: 1:31.89	31.85	250m: 2:36.63	32.52	350m: 3:43.58	33.65	
	100m: 1:00.04 31.31	200m: 2:04.11	32.22	300m: 3:09.93	33.30	400m: 4:16.85	33.27	
21.	MAJEWSKI Łukasz	96	Słowianka Gorzów			4:18.82	614	
	50m: 29.34 29.34	150m: 1:34.32	32.80	250m: 2:40.70	33.24	350m: 3:47.30	33.13	
	100m: 1:01.52 32.18	200m: 2:07.46	33.14	300m: 3:14.17	33.47	400m: 4:18.82	31.52	
22.	BOR Radosław SZG	93	KORNER Zielona Góra			4:19.01	613	
	50m: 29.39 29.39	150m: 1:34.01	32.47	250m: 2:39.44	32.74	350m: 3:45.64	33.31	
	100m: 1:01.54 32.15	200m: 2:06.70	32.69	300m: 3:12.33	32.89	400m: 4:19.01	33.37	
23.	PIETRZAK Dawid	97	Pi tnastrka Bydgoszcz			4:19.94	606	
	50m: 29.67 29.67	150m: 1:34.45	32.70	250m: 2:40.83	33.57	350m: 3:47.93	33.35	
	100m: 1:01.75 32.08	200m: 2:07.26	32.81	300m: 3:14.58	33.75	400m: 4:19.94	32.01	
24.	HOFFMANN Robert	95	Olimpia Pozna			4:20.42	603	
	50m: 29.15 29.15	150m: 1:34.48	32.67	250m: 2:40.44	33.33	350m: 3:48.19	33.51	
	100m: 1:01.81 32.66	200m: 2:07.11	32.63	300m: 3:14.68	34.24	400m: 4:20.42	32.23	
25.	ZIELI SKI Dawid	92	MKP Szczecin			4:21.92	593	
	50m: 29.51 29.51	150m: 1:35.89	33.67	250m: 2:41.29	32.32	350m: 3:47.46	33.13	
	100m: 1:02.22 32.71	200m: 2:08.97	33.08	300m: 3:14.33	33.04	400m: 4:21.92	34.46	
26.	KUBKOWSKI Bartłomiej SWR	95	I sk Wrocław			4:22.09	592	
	50m: 29.35 29.35	150m: 1:37.36	34.66	250m: 2:43.58	32.10	350m: 3:50.42	33.15	
	100m: 1:02.70 33.35	200m: 2:11.48	34.12	300m: 3:17.27	33.69	400m: 4:22.09	31.67	
27.	GO DZIK Damian	92	Warta Pozna			4:23.53	582	
	50m: 26.99 26.99	150m: 1:34.18	34.56	250m: 2:42.75	34.62	350m: 3:50.69	33.77	
	100m: 59.62 32.63	200m: 2:08.13	33.95	300m: 3:16.92	34.17	400m: 4:23.53	32.84	
28.	WILKOWIECKI Robert	94	MKP Szczecin			4:23.91	579	
	50m: 29.17 29.17	150m: 1:35.40	33.27	250m: 2:42.88	33.88	350m: 3:51.05	34.02	
	100m: 1:02.13 32.96	200m: 2:09.00	33.60	300m: 3:17.03	34.15	400m: 4:23.91	32.86	
29.	CHOLEWO Krzysztof	95	1 Ozarów Maz.			4:26.56	562	
	50m: 29.68 29.68	150m: 1:36.70	34.02	250m: 2:45.56	34.20	350m: 3:53.80	33.69	
	100m: 1:02.68 33.00	200m: 2:11.36	34.66	300m: 3:20.11	34.55	400m: 4:26.56	32.76	
30.	MULLER Maksym	97	Słowianka Gorzów			4:33.27	522	
	50m: 30.72 30.72	150m: 1:39.23	34.69	250m: 2:50.00	35.78	350m: 4:00.31	35.21	
	100m: 1:04.54 33.82	200m: 2:14.22	34.99	300m: 3:25.10	35.10	400m: 4:33.27	32.96	
31.	BRODOWSKI Jakub	97	Słowianka Gorzów			4:35.20	511	
	50m: 30.64 30.64	150m: 1:39.49	35.06	250m: 2:51.10	35.85	350m: 4:02.97	36.03	
	100m: 1:04.43 33.79	200m: 2:15.25	35.76	300m: 3:26.94	35.84	400m: 4:35.20	32.23	
32.	KO CIELAK Adam	96	Warta Pozna			4:35.57	509	
	50m: 29.53 29.53	150m: 1:36.94	34.74	250m: 2:49.83	36.81	350m: 4:02.21	35.97	
	100m: 1:02.20 32.67	200m: 2:13.02	36.08	300m: 3:26.24	36.41	400m: 4:35.57	33.36	
33.	SKRZYPCZAK Filip	97	Słowianka Gorzów			4:35.95	507	
	50m: 30.44 30.44	150m: 1:40.64	35.74	250m: 2:52.84	35.92	350m: 4:03.15	34.98	
	100m: 1:04.90 34.46	200m: 2:16.92	36.28	300m: 3:28.17	35.33	400m: 4:35.95	32.80	

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Pozycja				Rok ur.					Czas	Pkt.		
34.	ROSZKOWSKI Mikołaj			95	Warta Pozna				4:41.80	476		
	50m:	28.53	28.53	150m:	1:40.08	36.80	250m:	2:55.72	37.65	350m:	4:10.73	37.49
	100m:	1:03.28	34.75	200m:	2:18.07	37.99	300m:	3:33.24	37.52	400m:	4:41.80	31.07
35.	HORAŁA Damian			96	Warta Pozna				4:43.81	466		
	50m:	33.63	33.63	150m:	1:45.95	36.89	250m:	2:59.71	37.02	350m:	4:14.84	37.73
	100m:	1:09.06	35.43	200m:	2:22.69	36.74	300m:	3:37.11	37.40	400m:	4:43.81	28.97
36.	SZAMOTULSKI Krzysztof			96	Słowianka Gorzów				4:45.25	459		
	50m:	31.75	31.75	150m:	1:42.07	35.89	250m:	2:55.45	36.81	350m:	4:09.07	37.07
	100m:	1:06.18	34.43	200m:	2:18.64	36.57	300m:	3:32.00	36.55	400m:	4:45.25	36.18
37.	ADAMCZYK Michał			97	Słowianka Gorzów				4:46.61	452		
	50m:	33.59	33.59	150m:	1:46.05	37.11	250m:	3:00.00	37.46	350m:	4:14.56	37.55
	100m:	1:08.94	35.35	200m:	2:22.54	36.49	300m:	3:37.01	37.01	400m:	4:46.61	32.05
38.	RACZKOWSKI Piotr			96	Olimpijczyk Suwałki				4:49.19	440		
	50m:	30.51	30.51	150m:	1:42.40	37.07	250m:	2:56.57	37.30	350m:	4:11.41	37.42
	100m:	1:05.33	34.82	200m:	2:19.27	36.87	300m:	3:33.99	37.42	400m:	4:49.19	37.78