

Sprawdzian wytrzymało ci i wszechstronno ci  
Szczecin/GorzówWlkp, 28- - 29-11-2013

Konkurencja 7  
2013-11-29 - 11:21

Dziewcz t, 400m dowolny

11 lat  
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.
1.	Górnicka Aleksandra		02	MKP Szczecin				<b>5:26.97</b>	370
	50m:	34.25 34.25	150m:	1:56.94	42.73	250m:	3:23.91 42.74	350m:	4:46.97 41.30
	100m:	1:14.21 39.96	200m:	2:41.17	44.23	300m:	4:05.67 41.76	400m:	5:26.97 40.00
2.	Chołuj Julia		02	MKP Szczecin				<b>5:28.10</b>	366
	50m:	36.95 36.95	150m:	2:00.52	42.05	250m:	3:25.41 42.99	350m:	4:44.08 37.06
	100m:	1:18.47 41.52	200m:	2:42.42	41.90	300m:	4:07.02 41.61	400m:	5:28.10 44.02
3.	Kałdun Ewelina		02	MKP Szczecin				<b>5:31.73</b>	354
	50m:	37.51 37.51	150m:	2:00.64	42.09	250m:	3:25.47 42.01	350m:	4:49.46 42.17
	100m:	1:18.55 41.04	200m:	2:43.46	42.82	300m:	4:07.29 41.82	400m:	5:31.73 42.27
4.	Michalak Anna		02	MKP Szczecin				<b>5:32.14</b>	353
	50m:	36.77 36.77	150m:	1:59.90	41.97	250m:	3:25.91 42.96	350m:	4:51.94 43.37
	100m:	1:17.93 41.16	200m:	2:42.95	43.05	300m:	4:08.57 42.66	400m:	5:32.14 40.20
5.	Kupis Aleksandra		02	MKP Szczecin				<b>5:33.55</b>	349
	50m:	37.30 37.30	150m:	2:01.61	42.24	250m:	3:27.61 42.81	350m:	4:52.64 41.88
	100m:	1:19.37 42.07	200m:	2:44.80	43.19	300m:	4:10.76 43.15	400m:	5:33.55 40.91
6.	Kulesza Weronika		02	Słowianka				<b>5:36.05</b>	341
	50m:	38.05 38.05	150m:	2:02.64	42.80	250m:	3:28.97 43.05	350m:	4:54.97 42.59
	100m:	1:19.84 41.79	200m:	2:45.92	43.28	300m:	4:12.38 43.41	400m:	5:36.05 41.08
7.	Van Dorne Natalia		02	Słowianka				<b>5:37.12</b>	338
	50m:	38.15 38.15	150m:	2:03.36	43.24	250m:	3:29.78 42.99	350m:	4:56.38 43.08
	100m:	1:20.12 41.97	200m:	2:46.79	43.43	300m:	4:13.30 43.52	400m:	5:37.12 40.74
8.	Haławczak Marcelina		02	MKP Szczecin				<b>5:44.61</b>	316
	50m:	38.60 38.60	150m:	2:04.41	43.68	250m:	3:32.51 44.22	350m:	5:01.41 43.63
	100m:	1:20.73 42.13	200m:	2:48.29	43.88	300m:	4:17.78 45.27	400m:	5:44.61 43.20
9.	Osuch Lucyna		02	Słowianka				<b>5:47.22</b>	309
	50m:	37.85 37.85	150m:	2:02.80	43.15	250m:	3:31.69 44.42	350m:	5:01.61 44.89
	100m:	1:19.65 41.80	200m:	2:47.27	44.47	300m:	4:16.72 45.03	400m:	5:47.22 45.61
10.	Izdebska Julia		02	MKP Szczecin				<b>5:49.80</b>	302
	50m:	39.07 39.07	150m:	2:06.58	43.49	250m:	3:34.77 44.43	350m:	5:06.87 45.35
	100m:	1:23.09 44.02	200m:	2:50.34	43.76	300m:	4:21.52 46.75	400m:	5:49.80 42.93
11.	Kałdun Karolina		02	MKP Szczecin				<b>5:50.32</b>	301
	50m:	38.71 38.71	150m:	2:08.16	45.39	250m:	3:38.97 45.96	350m:	5:08.03 43.40
	100m:	1:22.77 44.06	200m:	2:53.01	44.85	300m:	4:24.63 45.66	400m:	5:50.32 42.29
12.	Gryciuk Kinga		02	MKP Szczecin				<b>5:52.63</b>	295
	50m:	38.86 38.86	150m:	2:09.53	45.61	250m:	3:39.72 44.89	350m:	5:11.85 46.07
	100m:	1:23.92 45.06	200m:	2:54.83	45.30	300m:	4:25.78 46.06	400m:	5:52.63 40.78
13.	Korycka Zuzanna		02	Słowianka				<b>5:56.40</b>	286
	50m:	1:26.29 1:26.29	150m:	2:10.91		250m:		350m:	
	100m:		200m:	2:57.09	46.18	300m:	4:28.87	400m:	5:56.40
14.	Sokala Oliwia		02	MKP Szczecin				<b>5:57.56</b>	283
	50m:	41.93 41.93	150m:	2:10.83	44.79	250m:	3:43.32 46.26	350m:	5:13.89 44.81
	100m:	1:26.04 44.11	200m:	2:57.06	46.23	300m:	4:29.08 45.76	400m:	5:57.56 43.67
15.	Grzegolec Weronika		02	Słowianka				<b>5:58.09</b>	282
	50m:	38.26 38.26	150m:	2:10.00	46.92	250m:	3:41.80 45.99	350m:	5:14.37 46.17
	100m:	1:23.08 44.82	200m:	2:55.81	45.81	300m:	4:28.20 46.40	400m:	5:58.09 43.72
16.	Gabry Kamila		02	Słowianka				<b>6:05.12</b>	266
	50m:	41.20 41.20	150m:	2:13.94	46.75	250m:	3:48.30 47.12	350m:	5:21.71 46.29
	100m:	1:27.19 45.99	200m:	3:01.18	47.24	300m:	4:35.42 47.12	400m:	6:05.12 43.41
17.	Dziurleja Weronika		02	Słowianka				<b>6:05.27</b>	265
	50m:	40.62 40.62	150m:	2:13.52	47.01	250m:	4:32.58 46.32	350m:	6:05.27 45.98
	100m:	1:26.51 45.89	200m:	3:46.26	1:32.74	300m:	5:19.29 46.71	400m:	6:05.27

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Pozycja			Rok ur.					Czas	Pkt.
18.	roda Dominika		02	MKP Szczecin				<b>6:06.92</b>	262
	50m:	39.06 39.06	150m:	250m:	350m:	400m:	6:06.92		
	100m:		200m:	300m:	4:31.31				
19.	Walkowiak Gabriela		02	MKP Szczecin				<b>6:11.21</b>	253
	50m:	42.72 42.72	150m:	2:19.01 48.80	250m:	3:55.15 47.75	350m:	5:27.98 45.49	
	100m:	1:30.21 47.49	200m:	3:07.40 48.39	300m:	4:42.49 47.34	400m:	6:11.21 43.23	
20.	Cajzner Magdalena		02	MKP Szczecin				<b>6:22.38</b>	231
	50m:	41.95 41.95	150m:	2:18.51 48.57	250m:	3:56.14 48.92	350m:	5:36.15 49.89	
	100m:	1:29.94 47.99	200m:	3:07.22 48.71	300m:	4:46.26 50.12	400m:	6:22.38 46.23	
21.	Miciak Agata		02	Słowianka				<b>6:27.15</b>	223
	50m:	40.95 40.95	150m:	2:17.81 49.45	250m:	3:58.91 50.64	350m:	5:38.83 48.97	
	100m:	1:28.36 47.41	200m:	3:08.27 50.46	300m:	4:49.86 50.95	400m:	6:27.15 48.32	
22.	Henkiel Julia		02	Słowianka				<b>6:27.22</b>	223
	50m:	39.31 39.31	150m:	2:16.33 50.05	250m:	3:57.27 50.67	350m:	5:38.49 50.59	
	100m:	1:26.28 46.97	200m:	3:06.60 50.27	300m:	4:47.90 50.63	400m:	6:27.22 48.73	
23.	Czepulanic Alicja		02	Słowianka				<b>6:28.17</b>	221
	50m:	42.79 42.79	150m:	2:21.03 49.71	250m:	4:00.70 50.14	350m:	5:38.76 48.67	
	100m:	1:31.32 48.53	200m:	3:10.56 49.53	300m:	4:50.09 49.39	400m:	6:28.17 49.41	
24.	Gawro ska Klaudia		02	Słowianka				<b>6:29.60</b>	219
	50m:	41.53 41.53	150m:	2:21.96 50.97	250m:	4:02.94 49.71	350m:	5:43.61 51.01	
	100m:	1:30.99 49.46	200m:	3:13.23 51.27	300m:	4:52.60 49.66	400m:	6:29.60 45.99	
25.	Pietrzykowska Natalia		02	MKP Szczecin				<b>6:32.55</b>	214
	50m:	39.70 39.70	150m:	250m:	350m:	400m:	6:32.55		
	100m:	1:27.55 47.85	200m:	3:09.30	300m:	4:53.83			
26.	Prusik Kamila		02	MKP Szczecin				<b>6:34.87</b>	210
	50m:	42.62 42.62	150m:	250m:	350m:	400m:	6:34.87		
	100m:	1:30.41 47.79	200m:	3:12.16	300m:	4:54.16 50.53			
27.	Bohdanowicz Anna		02	Słowianka				<b>6:40.05</b>	202
	50m:	43.76 43.76	150m:	2:25.28 50.86	250m:	4:08.88 51.57	350m:	5:51.70 50.65	
	100m:	1:34.42 50.66	200m:	3:17.31 52.03	300m:	5:01.05 52.17	400m:	6:40.05 48.35	
28.	Korzeniewska Aleksandra		02	Słowianka				<b>6:41.32</b>	200
	50m:	45.09 45.09	150m:	2:28.73 51.76	250m:	4:12.56 51.91	350m:	5:55.41 51.37	
	100m:	1:36.97 51.88	200m:	3:20.65 51.92	300m:	5:04.04 51.48	400m:	6:41.32 45.91	
29.	Wietecha Gabriela		02	MKP Szczecin				<b>6:54.40</b>	182
	50m:	43.55 43.55	150m:	2:28.88	250m:	4:14.49 53.66	350m:	6:03.74 52.68	
	100m:		200m:	3:20.83 51.95	300m:	5:11.06 56.57	400m:	6:54.40 50.66	
30.	Jurczyk Wiktoria		02	MKP Szczecin				<b>7:05.24</b>	168
	50m:	46.61 46.61	150m:	2:36.08 54.84	250m:	4:26.17 54.47	350m:	6:15.79 55.68	
	100m:	1:41.24 54.63	200m:	3:31.70 55.62	300m:	5:20.11 53.94	400m:	7:05.24 49.45	
31.	Szczudło Joanna		02	Słowianka				<b>7:18.21</b>	153
	50m:	47.58 47.58	150m:	2:39.13 55.63	250m:	4:32.02 55.70	350m:	6:24.14 56.90	
	100m:	1:43.50 55.92	200m:	3:36.32 57.19	300m:	5:27.24 55.22	400m:	7:18.21 54.07	
32.	Korsak Aleksandra		02	Słowianka				<b>7:20.46</b>	151
	50m:	48.11 48.11	150m:	2:37.89 54.88	250m:	350m:	6:25.31 55.79		
	100m:	1:43.01 54.90	200m:	3:34.07 56.18	300m:	5:29.52	400m:	7:20.46 55.15	
33.	Wilk Weronika		02	MKP Szczecin				<b>7:40.40</b>	132
	50m:	46.61 46.61	150m:	2:43.93 59.38	250m:	4:43.29 1:00.29	350m:	6:47.33 1:01.89	
	100m:	1:44.55 57.94	200m:	3:43.00 59.07	300m:	5:45.44 1:02.15	400m:	7:40.40 53.07	
34.	Kopczy ska Karina		02	MKP Szczecin				<b>7:47.82</b>	126
	50m:	45.90 45.90	150m:	250m:	350m:	400m:	7:47.82		
	100m:		200m:	3:29.21	300m:	6:18.90			

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Konkurencja 7, Dziewcz t, 400m dowolny

PK	Morel Gabriela			03	Słowianka					<b>6:10.89</b>	253	
	50m:	43.05	43.05	150m:	2:16.35	46.84	250m:	3:51.00	46.76	350m:	5:25.22	47.16
	100m:	1:29.51	46.46	200m:	3:04.24	47.89	300m:	4:38.06	47.06	400m:	6:10.89	45.67

PK	Mazur Sandra			03	Słowianka					<b>6:51.32</b>	186	
	50m:	45.75	45.75	150m:	2:29.29		250m:			350m:		
	100m:			200m:			300m:			400m:	6:51.32	