

Zimowe Mistrzostwa Polski Juniorów Mł - 16 lat
Gorzów Wlkp., 14- - 16-3-2014

Konkurencja 11
2014-03-14

Dziewcz t, 400m zmienny

16 lat
Wyniki Finał

Rekord Polski 16 lat 4:42.49 JEDRZEJCZAK Otylia 00811 Spała 1999-12-18

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.
Finał A									
1.	KWIATEK Miriam		98	Gilus Gilowice				4:54.29	697
	50m:	31.68 31.68	150m:	1:42.63 36.47	250m:	3:02.79 42.51	350m:	4:19.77 34.57	
	100m:	1:06.16 34.48	200m:	2:20.28 37.65	300m:	3:45.20 42.41	400m:	4:54.29 34.52	
2.	MUSIOŁ Wiktoria SO		98	Unia O wi cim				4:58.89	666
	50m:	30.56 30.56	150m:	1:44.72 38.47	250m:	3:05.95 43.50	350m:	4:25.21 35.53	
	100m:	1:06.25 35.69	200m:	2:22.45 37.73	300m:	3:49.68 43.73	400m:	4:58.89 33.68	
3.	SMAGA Anna		98	I sk Wrocław				5:00.51	655
	50m:	31.87 31.87	150m:	1:47.68 38.08	250m:	3:09.45 44.08	350m:	4:27.25 34.16	
	100m:	1:09.60 37.73	200m:	2:25.37 37.69	300m:	3:53.09 43.64	400m:	5:00.51 33.26	
4.	MENDYK Adrianna SO		98	Wodnik Radom				5:03.39	636
	50m:	31.27 31.27	150m:	1:46.51 38.12	250m:	3:08.15 43.47	350m:	4:28.03 36.36	
	100m:	1:08.39 37.12	200m:	2:24.68 38.17	300m:	3:51.67 43.52	400m:	5:03.39 35.36	
5.	SAJECKA Zofia		98	Skalar Warszawa				5:04.44	630
	50m:	31.32 31.32	150m:	1:48.35 39.69	250m:	3:11.22 44.45	350m:	4:29.90 34.89	
	100m:	1:08.66 37.34	200m:	2:26.77 38.42	300m:	3:55.01 43.79	400m:	5:04.44 34.54	
6.	GIEDZICZ Katarzyna		98	Juwenia Białystok				5:08.04	608
	50m:	31.71 31.71	150m:	1:48.89 40.77	250m:	3:12.51 43.64	350m:	4:32.76 36.83	
	100m:	1:08.12 36.41	200m:	2:28.87 39.98	300m:	3:55.93 43.42	400m:	5:08.04 35.28	
7.	HASPERT Dorota SO		98	Unia O wi cim				5:10.48	594
	50m:	32.89 32.89	150m:	1:50.85 39.23	250m:	3:14.64 44.33	350m:	4:35.45 35.81	
	100m:	1:11.62 38.73	200m:	2:30.31 39.46	300m:	3:59.64 45.00	400m:	5:10.48 35.03	
DYSKW.	BEJUK Oliwia O 4		98	Słowianka Gorzów				5:05.77	
	50m:	32.34 32.34	150m:	1:49.72 39.44	250m:	3:11.49 42.54	350m:	4:31.12 36.42	
	100m:	1:10.28 37.94	200m:	2:28.95 39.23	300m:	3:54.70 43.21	400m:	5:05.77 34.65	
Finał B									
9.	KORAL Julia		98	Górnik Radlin				5:12.86	580
	50m:	33.75 33.75	150m:	1:53.10 39.09	250m:	3:14.82 42.18	350m:	4:36.55 37.53	
	100m:	1:14.01 40.26	200m:	2:32.64 39.54	300m:	3:59.02 44.20	400m:	5:12.86 36.31	
10.	KOLBER Roksana SO		98	Unia O wi cim				5:17.85	553
	50m:	33.29 33.29	150m:	1:53.99 42.52	250m:	3:20.51 44.54	350m:	4:42.34 36.69	
	100m:	1:11.47 38.18	200m:	2:35.97 41.98	300m:	4:05.65 45.14	400m:	5:17.85 35.51	
11.	ZARYCHTA anita		98	Barakuda Starachowice				5:18.98	548
	50m:	33.73 33.73	150m:	1:54.65 42.25	250m:	3:22.01 44.99	350m:	4:45.18 36.78	
	100m:	1:12.40 38.67	200m:	2:37.02 42.37	300m:	4:08.40 46.39	400m:	5:18.98 33.80	
12.	GASIN Nadia		98	Ikar Mielec				5:24.94	518
	50m:	35.19 35.19	150m:	1:59.81 42.36	250m:	3:24.40 42.33	350m:	4:48.09 38.78	
	100m:	1:17.45 42.26	200m:	2:42.07 42.26	300m:	4:09.31 44.91	400m:	5:24.94 36.85	
13.	RANACHOWSKA Julita		98	BUKS Warszawa				5:28.45	502
	50m:	34.58 34.58	150m:	1:58.24 41.18	250m:	3:27.11 46.00	350m:	4:51.15 36.43	
	100m:	1:17.06 42.48	200m:	2:41.11 42.87	300m:	4:14.72 47.61	400m:	5:28.45 37.30	
14.	SZCZECI SKA Paulina		98	Polonia Warszawa				5:33.83	478
	50m:	35.71 35.71	150m:	1:59.78 42.75	250m:	3:29.52 47.18	350m:	4:55.57 38.96	
	100m:	1:17.03 41.32	200m:	2:42.34 42.56	300m:	4:16.61 47.09	400m:	5:33.83 38.26	
15.	ŁOSAK Wiktoria		98	KSZO Ostrowiec w.				5:35.65	470
	50m:	35.70 35.70	150m:	2:01.73 43.73	250m:	3:32.28 47.55	350m:	4:59.30 37.26	
	100m:	1:18.00 42.30	200m:	2:44.73 43.00	300m:	4:22.04 49.76	400m:	5:35.65 36.35	
16.	JERUZAL Jowita		98	Trójka Łód				5:35.71	470
	50m:	35.56 35.56	150m:	1:59.72 42.23	250m:	3:32.24 49.92	350m:	5:00.31 36.99	
	100m:	1:17.49 41.93	200m:	2:42.32 42.60	300m:	4:23.32 51.08	400m:	5:35.71 35.40	