

Mi dzywoj. Dru yn. Mistrzostwa Młodzików - 13 lat  
Gorzów Wlkp., 28- - 29-6-2014

Konkurencja 7  
28-06-2014

Dziewcz t, 400m dowolny

13 lat  
Wyniki

Rekord Polski 13 lat 4:24.58 ANCZYKOWSKA Joanna Pozna 28-11-1991

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.
1.	SKOWRO	SKA Wiktoria	01	Słowianka Gorzów				<b>4:47.34</b>	545
	50m:	32.90 32.90	150m:	1:44.89 36.27	250m:	3:35.70 1:14.03	350m:	4:47.34 34.73	
	100m:	1:08.62 35.72	200m:	2:21.67 36.78	300m:	4:12.61 36.91	400m:	4:47.34	
2.	ZIELI	SKA Oliwia	01	MKP Szczecin				<b>4:52.51</b>	517
	50m:	32.96 32.96	150m:	1:46.43 36.95	250m:	3:01.37 37.48	350m:	4:16.37 37.36	
	100m:	1:09.48 36.52	200m:	2:23.89 37.46	300m:	3:39.01 37.64	400m:	4:52.51 36.14	
3.	KRAUZE	Alicja	01	WOPR Malbork				<b>4:52.87</b>	515
	50m:	33.19 33.19	150m:	1:47.99 38.18	250m:	3:03.10 37.40	350m:	4:17.21 36.87	
	100m:	1:09.81 36.62	200m:	2:25.70 37.71	300m:	3:40.34 37.24	400m:	4:52.87 35.66	
4.	WETT	Oliwia	01	Sambor Tczew				<b>4:54.37</b>	507
	50m:	32.80 32.80	150m:	1:47.68 38.10	250m:	3:03.30 37.60	350m:	4:18.41 37.19	
	100m:	1:09.58 36.78	200m:	2:25.70 38.02	300m:	3:41.22 37.92	400m:	4:54.37 35.96	
5.	MI	SKO Julia	01	Neptun Stargard				<b>4:57.40</b>	492
	50m:	32.90 32.90	150m:	1:47.94 38.45	250m:	3:05.26 38.82	350m:	4:21.84 38.26	
	100m:	1:09.49 36.59	200m:	2:26.44 38.50	300m:	3:43.58 38.32	400m:	4:57.40 35.56	
6.	ŁUSZCZY	SKA Natalia	01	Dwójka Morena Gda sk				<b>4:57.71</b>	490
	50m:	33.23 33.23	150m:	1:47.94 37.93	250m:	3:04.90 38.54	350m:	4:21.35 37.87	
	100m:	1:10.01 36.78	200m:	2:26.36 38.42	300m:	3:43.48 38.58	400m:	4:57.71 36.36	
7.	MARCZUK	Zuzanna	01	Neptun Stargard				<b>4:57.98</b>	489
	50m:	32.61 32.61	150m:	1:47.93 38.42	250m:	3:05.72 39.14	350m:	4:22.72 38.31	
	100m:	1:09.51 36.90	200m:	2:26.58 38.65	300m:	3:44.41 38.69	400m:	4:57.98 35.26	
8.	GRZESZAK	Wiktoria	01	Słowianka Gorzów				<b>5:00.34</b>	478
	50m:	34.23 34.23	150m:	1:51.11 38.62	250m:	3:08.88 39.06	350m:	4:25.55 38.23	
	100m:	1:12.49 38.26	200m:	2:29.82 38.71	300m:	3:47.32 38.44	400m:	5:00.34 34.79	
9.	MIODEK	Karolina	01	abianka Gda sk				<b>5:00.55</b>	477
	50m:	33.72 33.72	150m:	1:48.53 37.61	250m:	3:05.42 38.29	350m:	4:23.11 38.98	
	100m:	1:10.92 37.20	200m:	2:27.13 38.60	300m:	3:44.13 38.71	400m:	5:00.55 37.44	
10.	SZELUGA	Wiktoria	01	Kormoran Olsztyn				<b>5:02.98</b>	465
	50m:	34.08 34.08	150m:	1:51.16 38.98	250m:	3:08.68 38.44	350m:	4:25.49 38.13	
	100m:	1:12.18 38.10	200m:	2:30.24 39.08	300m:	3:47.36 38.68	400m:	5:02.98 37.49	
11.	URBA	SKA Paulina	01	Słowianka Gorzów				<b>5:03.68</b>	462
	50m:	34.16 34.16	150m:	1:50.32 38.64	250m:	3:07.94 38.77	350m:	4:26.30 39.24	
	100m:	1:11.68 37.52	200m:	2:29.17 38.85	300m:	3:47.06 39.12	400m:	5:03.68 37.38	
12.	MARKUNAS	Julia	01	MKP Szczecin				<b>5:04.35</b>	459
	50m:	34.27 34.27	150m:	1:51.28 38.77	250m:	3:09.18 38.74	350m:	4:27.83 38.98	
	100m:	1:12.51 38.24	200m:	2:30.44 39.16	300m:	3:48.85 39.67	400m:	5:04.35 36.52	
13.	KUROPATWA	Weronika	01	abianka Gda sk				<b>5:05.62</b>	453
	50m:	34.62 34.62	150m:	1:51.49 39.01	250m:	3:10.09 39.53	350m:	4:28.24 38.63	
	100m:	1:12.48 37.86	200m:	2:30.56 39.07	300m:	3:49.61 39.52	400m:	5:05.62 37.38	
14.	KACZMAREK	Adrianna	01	Poznań				<b>5:06.93</b>	447
	50m:	34.00 34.00	150m:	1:53.22 40.59	250m:	3:13.20 40.21	350m:	4:31.54 38.60	
	100m:	1:12.63 38.63	200m:	2:32.99 39.77	300m:	3:52.94 39.74	400m:	5:06.93 35.39	
15.	KAPUSTA	Kinga	01	WOPR Malbork				<b>5:07.60</b>	445
	50m:	35.05 35.05	150m:	1:52.59 39.13	250m:	3:11.13 38.91	350m:	4:29.76 38.74	
	100m:	1:13.46 38.41	200m:	2:32.22 39.63	300m:	3:51.02 39.89	400m:	5:07.60 37.84	
16.	PRZYBYSZ	Olga	01	Akwawit Leszno				<b>5:07.65</b>	444
	50m:	35.07 35.07	150m:	1:51.63 38.72	250m:	3:10.65 39.57	350m:	4:29.24 38.90	
	100m:	1:12.91 37.84	200m:	2:31.08 39.45	300m:	3:50.34 39.69	400m:	5:07.65 38.41	
17.	KOSZELA	Martyna	01	abianka Gda sk				<b>5:08.21</b>	442
	50m:	34.82 34.82	150m:	1:54.24 40.02	250m:	3:13.38 38.89	350m:	4:31.44 38.63	
	100m:	1:14.22 39.40	200m:	2:34.49 40.25	300m:	3:52.81 39.43	400m:	5:08.21 36.77	

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Gorzów Wlkp., 28- - 29-6-2014

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.							Czas	Pkt.
18.	WAGNER Monika		01	Salmo ory						<b>5:08.68</b>	440
	50m:	34.12 34.12	150m:	1:52.01	39.49	250m:	3:11.49	39.49	350m:	4:30.14	39.42
	100m:	1:12.52 38.40	200m:	2:32.00	39.99	300m:	3:50.72	39.23	400m:	5:08.68	38.54
19.	MARSZAŁEK Anna		01	MKP Szczecin						<b>5:15.69</b>	411
	50m:	34.29 34.29	150m:	1:52.75	39.59	250m:	3:14.20	41.24	350m:	4:37.11	41.52
	100m:	1:13.16 38.87	200m:	2:32.96	40.21	300m:	3:55.59	41.39	400m:	5:15.69	38.58
20.	ROPELA Klaudia		01	abianka Gda sk						<b>5:16.65</b>	407
	50m:	35.91 35.91	150m:	1:56.09	40.28	250m:	3:16.85	39.79	350m:	4:38.09	40.13
	100m:	1:15.81 39.90	200m:	2:37.06	40.97	300m:	3:57.96	41.11	400m:	5:16.65	38.56
21.	KACZANOWSKA Maria		01	abianka Gda sk						<b>5:16.97</b>	406
	50m:	37.40 37.40	150m:	1:58.92	40.31	250m:	3:19.44	39.72	350m:	4:38.90	39.41
	100m:	1:18.61 41.21	200m:	2:39.72	40.80	300m:	3:59.49	40.05	400m:	5:16.97	38.07
22.	KAWCZY SKA Alicja		01	Warta Pozna						<b>5:17.09</b>	406
	50m:	35.61 35.61	150m:	1:56.77	40.90	250m:	3:18.52	40.75	350m:	4:39.49	40.26
	100m:	1:15.87 40.26	200m:	2:37.77	41.00	300m:	3:59.23	40.71	400m:	5:17.09	37.60
23.	KRZY A SKA Karolina		01	MKP Szczecin						<b>5:17.35</b>	405
	50m:	36.11 36.11	150m:	1:55.40	39.90	250m:	3:16.04	40.54	350m:	4:36.99	40.24
	100m:	1:15.50 39.39	200m:	2:35.50	40.10	300m:	3:56.75	40.71	400m:	5:17.35	40.36
24.	KIKEL Wiktoria		01	Znicz Koszalin						<b>5:18.21</b>	402
	50m:	35.63 35.63	150m:	1:55.14	40.55	250m:	3:18.25	41.33	350m:	4:39.73	40.28
	100m:	1:14.59 38.96	200m:	2:36.92	41.78	300m:	3:59.45	41.20	400m:	5:18.21	38.48
25.	KRÓL Wiktoria		01	Warta Pozna						<b>5:18.28</b>	401
	50m:	33.79 33.79	150m:	1:54.85	41.37	250m:	3:17.71	41.38	350m:	4:39.58	41.08
	100m:	1:13.48 39.69	200m:	2:36.33	41.48	300m:	3:58.50	40.79	400m:	5:18.28	38.70
26.	G SOWSKA Martyna		01	Delfin Toru						<b>5:18.90</b>	399
	50m:	36.07 36.07	150m:	1:56.57	40.26	250m:	3:18.54	40.30	350m:	4:41.51	42.25
	100m:	1:16.31 40.24	200m:	2:38.24	41.67	300m:	3:59.26	40.72	400m:	5:18.90	37.39
27.	POŁOCHACZ Aleksandra		01	MKP Szczecin						<b>5:21.25</b>	390
	50m:	37.48 37.48	150m:	1:59.17	41.08	250m:	3:20.35	40.77	350m:	4:43.09	41.66
	100m:	1:18.09 40.61	200m:	2:39.58	40.41	300m:	4:01.43	41.08	400m:	5:21.25	38.16
28.	ŁUKASZEWICZ Emilia		01	Warta Pozna						<b>5:22.01</b>	387
	50m:	33.73 33.73	150m:	1:56.03	42.15	250m:	3:21.14	42.65	350m:	4:43.26	40.70
	100m:	1:13.88 40.15	200m:	2:38.49	42.46	300m:	4:02.56	41.42	400m:	5:22.01	38.75
29.	B KOWSKA Julia		01	TRI-Team Rumia						<b>5:23.72</b>	381
	50m:	36.07 36.07	150m:	1:56.83	40.48	250m:	3:19.48	41.22	350m:	4:42.72	41.56
	100m:	1:16.35 40.28	200m:	2:38.26	41.43	300m:	4:01.16	41.68	400m:	5:23.72	41.00
30.	SIERPUTOWSKA Oliwia		01	Znicz Koszalin						<b>5:23.97</b>	380
	50m:		150m:			250m:			350m:	4:43.17	
	100m:		200m:			300m:			400m:	5:23.97	40.80
31.	TYLKIE Karolina		01	Jedynka Elbl g						<b>5:24.53</b>	378
	50m:	35.96 35.96	150m:			250m:	3:19.71		350m:		
	100m:		200m:			300m:	4:43.10	1:23.39	400m:	5:24.53	
32.	KRUPI SKA Laura		01	Kormoran Olsztyn						<b>5:26.66</b>	371
	50m:	36.55 36.55	150m:	2:00.07	41.94	250m:	3:24.22	42.00	350m:	4:47.64	41.34
	100m:	1:18.13 41.58	200m:	2:42.22	42.15	300m:	4:06.30	42.08	400m:	5:26.66	39.02
33.	WO NIAK Joanna		01	MKP Szczecin						<b>5:28.03</b>	366
	50m:	36.44 36.44	150m:	1:59.66	42.04	250m:	3:23.37	41.97	350m:	4:47.37	41.29
	100m:	1:17.62 41.18	200m:	2:41.40	41.74	300m:	4:06.08	42.71	400m:	5:28.03	40.66
34.	WIKTOR Marika		01	Kormoran Olsztyn						<b>5:28.74</b>	364
	50m:	35.89 35.89	150m:	1:57.16	41.57	250m:	3:21.95	42.72	350m:	4:48.07	43.02
	100m:	1:15.59 39.70	200m:	2:39.23	42.07	300m:	4:05.05	43.10	400m:	5:28.74	40.67
35.	RYBI SKA Weronika		01	Znicz Koszalin						<b>5:28.82</b>	364
	50m:	35.84 35.84	150m:	2:01.46	43.61	250m:	3:26.85	42.93	350m:	4:50.95	41.09
	100m:	1:17.85 42.01	200m:	2:43.92	42.46	300m:	4:09.86	43.01	400m:	5:28.82	37.87

Mi dzywoj. Dru yn. Mistrzostwa Młodzików - 13 lat  
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Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.							Czas	Pkt.	
36.	KOŁODZIEJSKA Aleksandra		01	Dwójka Morena Gda sk						<b>5:29.20</b>	363	
	50m:	37.36	37.36	150m:	1:59.38	41.35	250m:	3:24.47	42.17	350m:	4:49.43	42.40
	100m:	1:18.03	40.67	200m:	2:42.30	42.92	300m:	4:07.03	42.56	400m:	5:29.20	39.77
37.	MATUSZEWSKA Katarzyna		01	Osowa Góra Bydgoszcz						<b>5:29.85</b>	360	
	50m:	35.86	35.86	150m:	1:56.06	40.57	250m:	3:20.98	43.28	350m:	4:47.59	43.25
	100m:	1:15.49	39.63	200m:	2:37.70	41.64	300m:	4:04.34	43.36	400m:	5:29.85	42.26
38.	LISOWSKA Karolina		01	WOPR Malbork						<b>5:30.88</b>	357	
	50m:	36.72	36.72	150m:	1:59.72	41.76	250m:	3:24.27	41.90	350m:	4:49.67	42.59
	100m:	1:17.96	41.24	200m:	2:42.37	42.65	300m:	4:07.08	42.81	400m:	5:30.88	41.21
39.	HINC Weronika		01	Rekin Bydgoszcz						<b>5:34.89</b>	344	
	50m:	37.05	37.05	150m:	2:00.14	42.29	250m:	3:26.51	42.67	350m:	4:53.28	43.56
	100m:	1:17.85	40.80	200m:	2:43.84	43.70	300m:	4:09.72	43.21	400m:	5:34.89	41.61
40.	JANKOWSKA Katarzyna		01	MMKS K dzierzyn-Ko le						<b>5:37.48</b>	336	
	50m:	37.83	37.83	150m:	2:03.59	43.42	250m:	3:31.90	43.96	350m:	4:57.94	42.77
	100m:	1:20.17	42.34	200m:	2:47.94	44.35	300m:	4:15.17	43.27	400m:	5:37.48	39.54
41.	KACPRZAK Paulina		01	MKP Szczecin						<b>5:37.96</b>	335	
	50m:	36.59	36.59	150m:	2:00.55	42.74	250m:	3:28.48	43.86	350m:	4:56.08	43.86
	100m:	1:17.81	41.22	200m:	2:44.62	44.07	300m:	4:12.22	43.74	400m:	5:37.96	41.88
42.	DELIJEWSKA Oliwia		01	Słowianka Gorzów						<b>5:38.28</b>	334	
	50m:	37.34	37.34	150m:	2:04.80	44.68	250m:	3:31.98	44.08	350m:	5:38.28	39.85
	100m:	1:20.12	42.78	200m:	2:47.90	43.10	300m:	4:58.43	1:26.45	400m:	5:38.28	
43.	SKOCZEK Julia		01	9 Kalisz						<b>5:38.32</b>	334	
	50m:	38.50	38.50	150m:	2:05.77	44.13	250m:	3:33.03	42.99	350m:	4:58.10	42.58
	100m:	1:21.64	43.14	200m:	2:50.04	44.27	300m:	4:15.52	42.49	400m:	5:38.32	40.22
44.	FRYDRYCH Nicole		01	SP 63 Bydgoszcz						<b>5:39.37</b>	331	
	50m:	35.82	35.82	150m:	1:57.38	42.23	250m:	3:25.31	44.42	350m:	4:54.64	45.04
	100m:	1:15.15	39.33	200m:	2:40.89	43.51	300m:	4:09.60	44.29	400m:	5:39.37	44.73
45.	WŁODARCZYK Agnieszka		01	Nielba W growiec						<b>5:40.45</b>	328	
	50m:	37.92	37.92	150m:	2:03.90	43.93	250m:	3:33.66	45.22	350m:	5:01.22	43.70
	100m:	1:19.97	42.05	200m:	2:48.44	44.54	300m:	4:17.52	43.86	400m:	5:40.45	39.23
46.	LU YNA Alicja		01	Salmo ory						<b>5:41.07</b>	326	
	50m:	37.56	37.56	150m:	2:02.40	42.26	250m:	3:29.94	42.57	350m:	4:56.65	42.82
	100m:	1:20.14	42.58	200m:	2:47.37	44.97	300m:	4:13.83	43.89	400m:	5:41.07	44.42
47.	HOLAK Marta		01	Osowa Góra Bydgoszcz						<b>5:41.88</b>	324	
	50m:	38.15	38.15	150m:	2:06.34	44.38	250m:	3:33.35	43.57	350m:	5:00.60	42.93
	100m:	1:21.96	43.81	200m:	2:49.78	43.44	300m:	4:17.67	44.32	400m:	5:41.88	41.28
48.	MICHALAK Wiktoria		01	9 Kalisz						<b>5:43.11</b>	320	
	50m:	37.54	37.54	150m:	2:04.59	43.88	250m:	3:33.81	44.29	350m:	5:02.40	44.25
	100m:	1:20.71	43.17	200m:	2:49.52	44.93	300m:	4:18.15	44.34	400m:	5:43.11	40.71
49.	PIETRAS Agnieszka		01	MMKS K dzierzyn-Ko le						<b>5:43.92</b>	318	
	50m:	37.66	37.66	150m:			250m:	3:32.52	44.08	350m:	5:01.55	44.19
	100m:	2:04.00	1:26.34	200m:	2:48.44		300m:	4:17.36	44.84	400m:	5:43.92	42.37
50.	ABI SKA Kamila		01	Delfin Toru						<b>5:44.23</b>	317	
	50m:	36.92	36.92	150m:	2:03.59	44.12	250m:	3:32.88	45.04	350m:	5:03.03	44.18
	100m:	1:19.47	42.55	200m:	2:47.84	44.25	300m:	4:18.85	45.97	400m:	5:44.23	41.20
51.	CZARNIAWSKA Małgorzata		01	Słowianka Gorzów						<b>5:47.84</b>	307	
	50m:	39.38	39.38	150m:	2:08.24	44.16	250m:	3:37.44	44.34	350m:	5:06.66	44.73
	100m:	1:24.08	44.70	200m:	2:53.10	44.86	300m:	4:21.93	44.49	400m:	5:47.84	41.18
52.	IGNACZAK Natalia		01	Akwawit Leszno						<b>5:49.29</b>	303	
	50m:	41.47	41.47	150m:	2:10.20	44.77	250m:	3:39.51	45.24	350m:	5:08.44	44.26
	100m:	1:25.43	43.96	200m:	2:54.27	44.07	300m:	4:24.18	44.67	400m:	5:49.29	40.85
53.	TROIA Delfina		01	Kormoran Olsztyn						<b>5:49.80</b>	302	
	50m:	39.33	39.33	150m:	2:09.42	45.63	250m:	3:40.44	44.74	350m:	5:08.94	42.64
	100m:	1:23.79	44.46	200m:	2:55.70	46.28	300m:	4:26.30	45.86	400m:	5:49.80	40.86

Mi dzywoj. Dru yn. Mistrzostwa Młodzików - 13 lat  
Gorzów Wlkp., 28- - 29-6-2014

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
54.	WOLI SKA	Zuzanna	01	MKP Szczecin				<b>5:51.69</b>	297
	50m:	38.11 38.11	150m:	2:04.87 44.05	250m:	3:34.77 45.26	350m:	5:07.73 46.45	
	100m:	1:20.82 42.71	200m:	2:49.51 44.64	300m:	4:21.28 46.51	400m:	5:51.69 43.96	
55.	NIESIOŁOWSKA	Patrycja	01	abianka Gda sk				<b>5:54.59</b>	290
	50m:	38.88 38.88	150m:	2:06.14 44.82	250m:	3:36.84 45.23	350m:	5:09.22 46.65	
	100m:	1:21.32 42.44	200m:	2:51.61 45.47	300m:	4:22.57 45.73	400m:	5:54.59 45.37	
56.	RÓ A SKA	Zuzanna	01	Znicz Koszalin				<b>5:59.40</b>	279
	50m:	41.17 41.17	150m:	2:14.65 46.32	250m:	3:48.10 46.25	350m:	5:17.73 43.84	
	100m:	1:28.33 47.16	200m:	3:01.85 47.20	300m:	4:33.89 45.79	400m:	5:59.40 41.67	
57.	SZUBARTOWSKA	Pola	01	Rekin Bydgoszcz				<b>5:59.91</b>	277
	50m:	39.39 39.39	150m:	2:11.08 46.71	250m:	3:44.99 46.70	350m:	5:17.31 45.41	
	100m:	1:24.37 44.98	200m:	2:58.29 47.21	300m:	4:31.90 46.91	400m:	5:59.91 42.60	
58.	MICHALAK	Martyna	01	SP 63 Bydgoszcz				<b>6:05.42</b>	265
	50m:	40.74 40.74	150m:	2:10.47 45.55	250m:	3:46.47 48.07	350m:	5:19.16 46.60	
	100m:	1:24.92 44.18	200m:	2:58.40 47.93	300m:	4:32.56 46.09	400m:	6:05.42 46.26	
59.	ŁAGOWNIK	Alicja	01	Dwójka Morena Gda sk				<b>6:07.98</b>	259
	50m:	41.60 41.60	150m:		250m:	3:49.27 46.67	350m:	5:24.76 47.57	
	100m:	1:28.01 46.41	200m:	3:02.60	300m:	4:37.19 47.92	400m:	6:07.98 43.22	
60.	LISI SKA	Zuzanna	01	Osowa Góra Bydgoszcz				<b>6:09.05</b>	257
	50m:	41.30 41.30	150m:	2:15.29 47.53	250m:	3:50.48 47.58	350m:	5:26.64 48.16	
	100m:	1:27.76 46.46	200m:	3:02.90 47.61	300m:	4:38.48 48.00	400m:	6:09.05 42.41	
61.	JANKOWSKA	Malwina	01	Kormoran Olsztyn				<b>6:17.18</b>	241
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	6:17.18	
62.	KUBICKA	Małgorzata	01	Osowa Góra Bydgoszcz				<b>6:29.38</b>	219
	50m:	40.92 40.92	150m:	2:16.57 48.13	250m:	3:57.08 49.70	350m:	5:41.13 54.78	
	100m:	1:28.44 47.52	200m:	3:07.38 50.81	300m:	4:46.35 49.27	400m:	6:29.38 48.25	