

Letnie Mistrzostwa Polski Juniorów Młodszych - 16 lat  
Gorzów Wlkp., 18 - 20-7-2014

Konkurencja 11  
2014-07-18

Dziewcz t, 400m zmienny

16 lat  
Wyniki Eliminacje

Rekord Polski 16 lat 4:48.17 CZOPEK Agnieszka 00106 Moskwa 1980-07-26

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.			
1.	MUSIOŁ	Wiktoria	SO	98	Unia O wi cim				<b>5:09.77</b>	650	A	
	50m:	31.67	31.67	150m:	1:47.53	39.63	250m:	3:10.32	44.31	350m:	4:33.15	37.32
	100m:	1:07.90	36.23	200m:	2:26.01	38.48	300m:	3:55.83	45.51	400m:	5:09.77	36.62
2.	KOTOWICZ	Anna		98	MOS Elk				<b>5:12.77</b>	632	A	
	50m:	31.99	31.99	150m:	1:52.55	43.81	250m:	3:15.85	42.51	350m:	4:37.49	37.07
	100m:	1:08.74	36.75	200m:	2:33.34	40.79	300m:	4:00.42	44.57	400m:	5:12.77	35.28
3.	GIEDZICZ	Katarzyna		98	Juvenia Białystok				<b>5:15.90</b>	613	A	
	50m:	32.55	32.55	150m:	1:51.81	42.28	250m:	3:18.14	45.00	350m:	4:40.69	37.52
	100m:	1:09.53	36.98	200m:	2:33.14	41.33	300m:	4:03.17	45.03	400m:	5:15.90	35.21
4.	MENDYK	Adrianna	SO	98	Wodnik Radom				<b>5:16.87</b>	607	A	
	50m:	32.41	32.41	150m:	1:49.73	39.77	250m:	3:14.41	45.64	350m:	4:39.03	39.07
	100m:	1:09.96	37.55	200m:	2:28.77	39.04	300m:	3:59.96	45.55	400m:	5:16.87	37.84
5.	HASPERT	Dorota	SO	98	Unia O wi cim				<b>5:19.04</b>	595	A	
	50m:	33.62	33.62	150m:	1:54.25	41.39	250m:	3:21.11	46.10	350m:	4:43.72	36.37
	100m:	1:12.86	39.24	200m:	2:35.01	40.76	300m:	4:07.35	46.24	400m:	5:19.04	35.32
6.	BEDNAREK	Aleksandra		98	Jedynka Łód				<b>5:21.35</b>	582	A	
	50m:	35.34	35.34	150m:	1:57.60	41.89	250m:	3:23.07	44.82	350m:	4:45.64	36.95
	100m:	1:15.71	40.37	200m:	2:38.25	40.65	300m:	4:08.69	45.62	400m:	5:21.35	35.71
7.	SAJECKA	Zofia		98	Skalar Warszawa				<b>5:21.50</b>	582	A	
	50m:	33.60	33.60	150m:	1:55.13	41.58	250m:	3:20.83	45.86	350m:	4:44.15	37.12
	100m:	1:13.55	39.95	200m:	2:34.97	39.84	300m:	4:07.03	46.20	400m:	5:21.50	37.35
8.	SMAGA	Anna		98	I sk Wrocław				<b>5:22.39</b>	577	A	
	50m:	33.09	33.09	150m:	1:56.85	42.05	250m:	3:24.45	46.89	350m:	4:46.76	36.47
	100m:	1:14.80	41.71	200m:	2:37.56	40.71	300m:	4:10.29	45.84	400m:	5:22.39	35.63
9.	JAROCHA	Wiktoria		98	KSZO Ostrowiec				<b>5:24.67</b>	565	R	
	50m:	33.62	33.62	150m:	1:55.46	41.37	250m:	3:24.31	47.48	350m:	4:49.05	36.77
	100m:	1:14.09	40.47	200m:	2:36.83	41.37	300m:	4:12.28	47.97	400m:	5:24.67	35.62
10.	KRZYWI	SKA	Sara	98	Juvenia Wrocław				<b>5:25.11</b>	562	R	
	50m:	33.57	33.57	150m:	1:55.12	42.38	250m:	3:22.40	46.59	350m:	4:48.18	38.66
	100m:	1:12.74	39.17	200m:	2:35.81	40.69	300m:	4:09.52	47.12	400m:	5:25.11	36.93
11.	KORAL	Julia		98	Górnik Radlin				<b>5:26.46</b>	555		
	50m:	35.72	35.72	150m:	2:00.13	40.68	250m:	3:25.73	45.17	350m:	4:49.45	37.72
	100m:	1:19.45	43.73	200m:	2:40.56	40.43	300m:	4:11.73	46.00	400m:	5:26.46	37.01
12.	MUZOLF	Weronika		98	MTS Kwidzyn				<b>5:26.74</b>	554		
	50m:			150m:			250m:			350m:		
	100m:	1:12.96		200m:	2:39.03		300m:	4:10.42		400m:	5:26.74	
13.	ZARYCHTA	Anita		98	Barakuda Starachowice				<b>5:27.65</b>	549		
	50m:	33.47	33.47	150m:	1:56.91	44.18	250m:	3:25.82	45.67	350m:	4:51.83	37.61
	100m:	1:12.73	39.26	200m:	2:40.15	43.24	300m:	4:14.22	48.40	400m:	5:27.65	35.82
14.	WIECZOREK	Magdalena		98	Fala Kra nik				<b>5:30.21</b>	537		
	50m:			150m:			250m:			350m:		
	100m:	1:15.77		200m:	2:41.67		300m:	4:14.30		400m:	5:30.21	
15.	GASIN	Nadia		98	Ikar Mielec				<b>5:30.49</b>	535		
	50m:	36.22	36.22	150m:	2:03.14	43.53	250m:	3:30.04	44.53	350m:	4:53.12	38.14
	100m:	1:19.61	43.39	200m:	2:45.51	42.37	300m:	4:14.98	44.94	400m:	5:30.49	37.37
16.	WLEZIE	Gabriela		98	AZS-AWF Wrocław				<b>5:31.14</b>	532		
	50m:	34.03	34.03	150m:	1:59.74	44.28	250m:	3:30.12	47.50	350m:	4:55.67	36.20
	100m:	1:15.46	41.43	200m:	2:42.62	42.88	300m:	4:19.47	49.35	400m:	5:31.14	35.47
17.	KOLBER	Roksana	SO	98	Unia O wi cim				<b>5:32.65</b>	525		
	50m:	34.42	34.42	150m:	1:58.84	45.87	250m:	3:30.96	47.28	350m:	4:57.11	38.83
	100m:	1:12.97	38.55	200m:	2:43.68	44.84	300m:	4:18.28	47.32	400m:	5:32.65	35.54

Letnie Mistrzostwa Polski Juniorów Młodszych - 16 lat  
Gorzów Wlkp., 18- - 20-7-2014

Konkurencja 11, Dziewcz t, 400m zmienny, Eliminacje, 16 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	BŁU	Barbara Bo ena	98	Olimpijczyk Suwałki				<b>5:34.71</b>	515
	50m:	34.41 34.41	150m:	1:58.00 42.45	250m:	3:27.36 46.39	350m:	4:55.43 39.60	
	100m:	1:15.55 41.14	200m:	2:40.97 42.97	300m:	4:15.83 48.47	400m:	5:34.71 39.28	
19.	ŁUCZY	SKA Martyna	98	oliborz Warszawa				<b>5:35.61</b>	511
	50m:	35.21 35.21	150m:	2:02.68 46.14	250m:	3:32.30 46.44	350m:	5:00.13 39.90	
	100m:	1:16.54 41.33	200m:	2:45.86 43.18	300m:	4:20.23 47.93	400m:	5:35.61 35.48	
20.	JERUZAL	Jowita	98	Trójka Łód				<b>5:46.96</b>	463
	50m:	34.61 34.61	150m:	1:58.02 42.03	250m:	3:36.41 53.28	350m:	5:08.29 37.57	
	100m:	1:15.99 41.38	200m:	2:43.13 45.11	300m:	4:30.72 54.31	400m:	5:46.96 38.67	
DYSKW.	SZCZECI	SKA Paulina	98	Polna Warszawa				<b>6:08.34</b>	
	Z 1								
	50m:	39.79 39.79	150m:	2:14.08 47.25	250m:	3:48.94 47.42	350m:	5:22.68 46.63	
	100m:	1:26.83 47.04	200m:	3:01.52 47.44	300m:	4:36.05 47.11	400m:	6:08.34 45.66	